



THE TIMES OF INDIA

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**TODAY'S
EDITION**

➤ Want to save
phone battery?
Switch off your WiFi
when not in use

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➤ Kalpana Chawla, the first Indian
woman to travel to space, still
continues to inspire Gen Z with her
aspirations and determination to
achieve them

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➤ Egypt, Senegal reach
semifinals in African
Cup of Nations

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STUDENT EDITION

TUESDAY, FEBRUARY 1, 2022


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Budget session of Parliament commences with President's address

Kovind on the government's achievements

President Ram Nath Kovind on Monday highlighted the achievements of the Modi government's mega Covid-19 vaccination drive, and noted that 150 crore doses were administered to the country's citizens in a record time. In his address to the joint sitting of both Houses of Parliament, Kovind said the ₹ 64,000 crore PM Ayushman Bharat Health Infrastructure Mission will prepare the country for a health crisis in the future. He also lauded 'Digital India' initiative, saying that the Centre is working on developing 5G. The President of India also said that the government has given training to thousands of women self-help group members to include them as 'Banking Sakhi'.



WHY DOES THE PRESIDENT ADDRESS PARLIAMENT?

1 Article 87 of the Indian Constitution provides two instances when the President specially addresses both the Houses of Parliament. The President of India addresses both the Rajya Sabha and the Lok Sabha at the beginning of the first Session after each

general election when the reconstituted Lower House meets for the first time. The President also addresses both the houses at beginning of the first session of each year. **2** The President's speech essentially highlights the government's policy priorities and plans for the upcoming year. The address provides a broad framework of the government's agenda and direction. (Source: PRS)

The Budget Session of Parliament began on Monday with President Ram Nath Kovind's address. The first part of the Union Budget session of Parliament will be held from January 31 to February 11 and the second part of the Budget session will take place from March 14 to April 8...

X-PLAINED: ECONOMIC SURVEY

ECONOMIC SURVEY PROJECTS 8-8.5% GDP GROWTH FOR FY 2022-23

India's economic growth is expected to remain in the range of 8 to 8.5 per cent in 2022-23 as against a projected growth of 9.2% in the current financial year and a sharp contraction witnessed in 2020-21, according to the Economic Survey 2021-22 tabled in Parliament on Monday. Agriculture and allied sectors have been the least impacted by the pandemic and the sector is expected to grow by 3.9% in 2021-22. In the education sector, the survey also highlights the initiatives undertaken for the students during the pandemic...

WHAT
WHO
WHAT
HOW

IS ECONOMIC SURVEY: The Economic Survey is a report card of the economy to push through reform ideas. Unlike in the past, some of the major reform initiatives outlined in the survey were implemented by the government this year to help the economy recover swiftly from the devastating impact of the Covid pandemic. It is tabled in Parliament by the finance minister, a day before the Union Budget presentation.

PREPARES IT: Traditionally, the survey is prepared by the Chief Economic Advisor (CEA). However, this year, it was prepared by principal economic adviser and other officials, as the post of CEA remained vacant after Krishnamurthy Subramanian's term ended in December. The government appointed Dr V Anantha Nageswaran as the new CEA on January 28.

IS THE PURPOSE OF ECONOMIC SURVEY: The Economic Survey throws light on the trends in different sectors and tracks the state of the country's economic performance in the past one year. In other words, it reviews the country's economic development over the past 12 months. Apart from this, it summarises how the different development projects of the country perform, highlighting the government's policy initiatives.

IS IT DOCUMENTED: After Arvind Subramanian took charge as the CEA of the country, the Economic Survey became a two-volume report and his successor KV Subramanian continued the same trend. The first volume generally has chapters on the future course of the economy. Therefore, the first volume provides a scope for the CEAs to narrate their views. The second volume lists the country's economic developments over the past year. The principal focus of the second volume is to explain the immediate economic issues faced by the different sectors with the help of statistical data. It throws light on the major challenges anticipated along with the solutions presumed.



Trends and practices

The first economic survey was released in the financial year (FY) 1950-51. In the next 14 years that followed, it was presented along with the Union Budget. Starting from 1964, it preceded the Budget and was released a day before the Budget session in Parliament.

Is releasing the Economic Survey mandatory for the government?
The Indian Constitution neither binds the government to present the Economic Survey nor is the government obliged to go with its recommendations. It is completely left to the government to decide if it will adopt or reject the suggestions made in the Economic Survey. It serves as the vehicle to promote economic reforms

Students' expectations from Budget 2022

TAX REBATE FOR THE SALARIED CLASS

The pandemic has hit the salaried class immensely. I seriously feel the tax rebate limit should be increased from ₹1.5 lakhs to ₹2 lakhs or more. Also, the taxation rates' slabs should be changed so that taxpayers with incomes around more than ₹10 lakhs benefit and have more money to spend. Besides, the standard deduction limit needs to increase for the salaried class so that their purchasing power increases, which in turn will boost our economy.

Naina Mehta, class IX, DPS Mathura Road, New Delhi

**Madam FM,
We Wish...**

HEALTH IS CONSIDERED AS 'REAL' WEALTH

I hope this year's Budget focuses on improving the medical infrastructure and Research and Development (R&D). The Covid-19 not only taught us the importance of investing in R&D but also exposed our vulnerability towards medical infrastructure. The Budget, should, therefore, have a blueprint on the ways to encourage R&D in the health sector.

Aarya Rajesh Bhanushali, class XI, Thakur College of Science and Commerce, Mumbai

EDUCATION SECTOR GETS TOP PRIORITY

It's unfortunate that even after years of independence, our education sector hasn't got its proper due, and we were exposed when the pandemic hit us. Lack of proper infrastructure deprived many students, especially from government and rural schools, from learning. The number of dropouts increased. With online becoming the new normal, we expect the finance minister to allocate funds for better infrastructure in the education sector. Besides, the standard of education in maths, science, and English, which are crucial in an IT-driven world, has to be raised. Libraries are not well equipped and utilised, and laboratories contain old and obsolete equipment. The Budget should fund schools accordingly.

Kevin Jacob Gilbert, class X, Chavara International Academy, Muvattupuzha, Ernakulam

INFLATION IS KEPT AT BAY

We expect some relief in terms of inflation. Inflation is at an all-time high. Basic needs like household gas, petrol, electricity, and above all food items should be made affordable to the common man. Moreover, the complex Goods and Services Tax structure (GST) should be simplified. Its complex nature has made it difficult for the common man and the business community to accept and understand it.

Gurupran Singh Sawhney, class IX, Strawberry Fields High School, Chandigarh

PAYBACK TAX IS THE NEED OF THE HOUR

I feel the government should impose some kind of 'payback' tax on the business firms that recruit students for their businesses, as education is highly subsidised in India. For every graduate recruited by the IT, pharma or any sector, the company should pay back some money to the colleges, especially the government colleges, from which the students are recruited.

Jai Sohan Kumar Vattam, class XII, HPS, Ramanthapur, Hyderabad

'Spider-Man' firmly perched at No 1; 'Scream' remains at No 2

Tom Holland and Zendaya-starrer 'Spider-Man: No Way Home' closed another weekend at the No 1 spot of the box-office collections in the seventh week of its theatrical run, reports 'Variety'. The Marvel superhero was briefly deposed from his stronghold by Paramount's 'Scream', but the 'friendly neighbourhood' spider bounced back to the top of the box-office last weekend ending the short-lived competition. 'Spider-Man: No Way Home' is projected to rake in an additional \$10.4 million over the weekend, a mere 26 per cent drop from its previous weekend. With January witnessing a scarcity of high-profile theatrical releases, 'Spider-Man: No Way Home' remains the primary attraction for movie-goers after the holiday season.

Entertainment

WhatsApp group admins will soon be able to delete messages for all

Meta-owned instant messaging app WhatsApp is working on a new feature that would allow group admins on WhatsApp to delete messages for other members of the group as well. According to WhatsApp tracker WABetaInfo, a user will see the 'This was deleted by an admin' message whenever any admin deletes a particular message. "If you are a group admin, you will be able to delete any message for everyone in your groups, in a future update of WhatsApp beta for Android," WABetaInfo said in a tweet.

TECHAWAY

■ Once rolled out, it would be easier for group admins to delete obscene or objectionable messages
■ WhatsApp is also developing the ability to add two-step verification to its desktop app and web version

PANCH KOSHAS OF YOGA

Pancha kosha is the concept in yoga philosophy that there are five layers of awareness through which all experiences are filtered.

The concept of pancha kosha originated from Taithtiriya Upanishad, a Vedic era Sanskrit text embedded within the Yajurveda.

According to the Yoga philosophy, our physical body is divided into three bodies and five layers of self or being.

These 5 layers are called as the five "koshas" or sheaths.

Each person has a physical body (made of matter), an astral body (containing prana and thoughts) and a causal body (which contains the quality of spirit.)

These must be addressed for overall healing to take place.

These layers move from the outermost physical body to the deep spiritual core.

OUR BODY'S PANCH (FIVE) KOSHAS (SHEATHS)

1 ANNAMAYA KOSHA THE PHYSICAL BODY

Represents the skin, muscles, tissue, fat and bones. When you pinch your arm and feel the skin and muscle under your fingers, you engage with annamaya kosha. We spend the most time here, thinking and taking care of our physical body, locked in our physical senses.

2 PRANAMAYA KOSHA ASTRAL BODY

Represents the subtle body - the circulatory system for prana, or "life-force energy." It also includes blood, and lymph. Overall, it controls our bodily and spiritual rhythm.

3 MANOMAYA KOSHA ASTRAL BODY

Represents the deep connect between the mind, emotions and nervous system. It is the coordination between the emotional and physical body. It's this layer where you move from physical feeling to emotional feeling.

4 VIJNANAMAYA KOSHA ASTRAL BODY

In this kosha we reach our intellect. It is associated with awareness, insight and consciousness. Instead of simply feeling or acting, we choose to feel or act with intention. It stems from a deeper and more subtle layer of self.

5 ANANDAMAYA KOSHA CASUAL BODY

Represents the pure and radiant bliss. You may experience a connection with all things, liberation from suffering and a deep meditative state. The Anandamaya Kosha is synonymous with joy, love, and peace.

Benefits of understanding our koshas

Knowing your koshas gives access to your inner bliss and gives feelings of joy, inner peace, and contentment into your life.

To balance these bodies, we need to regularly practice...

- Yoga Asanas or exercises
- Proper diet (vegetarian)
- Pranayama and Meditation

Like other elements of the subtle body, the koshas provide a philosophical framework through which we view our experiences of the human body. Each layer/sheath can be made accessible through practice. The deeper state of awareness is often reached through yoga and meditation.

SNEHAL GARG, Yoga facilitator, Birla Open Minds International School, Kollur, Hyderabad

SAVE ENERGY

SWITCH OFF WIFI WHEN NOT IN USE

IMPACT OF IDLE OPERATION OF WIFI DEVICES ON POWER CONSUMPTION AND CARBON FOOTPRINT

THE PROJECT

The online world of schools and offices has made the usage of internet mandatory. All the family members are working from home, be it children or adults. To connect so many devices (laptops, desktops, mobiles, etc) and using high-speed uninterrupted internet is possible only through WiFi routers/modems. However, people do not use internet 24/7, especially at night when they are asleep. If WiFi devices are used judiciously by switching off whenever not required, it will result in substantial power savings. This will have a global effect as it will result in reduction of carbon footprint, even though power saving at the individual level may be small.

OBJECTIVE

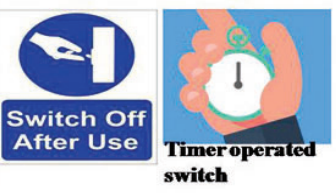
Our project aims at statistically analysing the impact of idle operation of WiFi routers on reduction in power consumption and subsequently carbon footprint. Also suggest a simple device like a timer/switch with a programming option to minimise idle operation.

METHODOLOGY

- 1 Study the power consumption in the most commonly used WiFi devices at home.
- 2 Statistically analyse the pattern of power consumption.
- 3 Study the built-in system of switch-on/ switch-off mode in the commonly used WiFi devices.
- 4 Enhance awareness amongst teachers-parents-students community.
- 5 Estimate the impact on power consumption and carbon footprint.



WiFi device On always-huge loss of energy



Saving of water, coal, electricity and environment

SIGNIFICANCE AND IMPACT

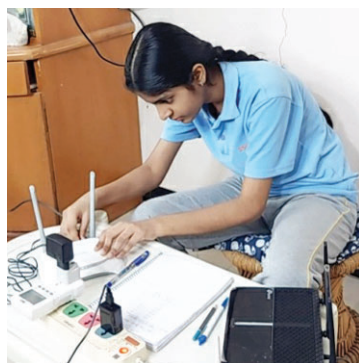
After working on our project, following were the observations that we made:

- 1 Based on the data in the public domain (internet) and the estimation of power consumption by the measurements we did at home, we estimate that by switching off WiFi devices for 8 hours a day, 300 days per year, 6.1 lakhs mega watt hours energy is saved.

- 2 With the above saving we can power 3.5 lakhs families for the whole year in India.

- 3 Coal consumption reduction in tonnes @ 0.7 kg/kWh of power

S.No	Details	India
1.	No. of families using WiFi devices	26 crores
2.	Even With 25% of families using 1 WiFi device	6.5 crores
3.	Avg energy saved per day 3.95 W * 8 hrs (idle)	205.4 crores
4.	Conversion to megawatt hour (/1000000)	2054 mWh



generation would be 4.3 lakhs tonnes in India.

- 4 Based on our calculations, the reduction in carbon footprint in Karnataka and India would be 29100 tonnes/ mWh and 550000 tonnes/ mWh per year, respectively.



MEGHANA VANI BHUKYA SAISREE, class VII B
Sishu Griha Senior School, Bengaluru

Of artists & various schools of thought

Paper set by Jigna Gaudana, Udgam School For Children, Ahmedabad

Attempt all questions.

Answer the following questions.

- Q1.** I am a creative combination of Gujarat manuscript paintings, local folk art and Mughal art of Aurangzeb's time. Who am I?
a) Rajasthani School of Miniature Paintings
b) Jain School of Miniature Paintings
c) Rajput School of Miniature Paintings
d) Pahari School of Miniature Paintings

- Q2.** Select the name of the Kings after which The Pala school got its name.
a) Dhilman and Vittapal
b) Dharam Pal and Vittapal
c) Dharam Pal and Dev Pal
d) Dev Pal and Vittapal

- Q3.** "Six ladies are wearing skirts, riding on the horses and playing Polo on the flat green ground." Identify the painting and its artist.
a) Chaugan Players, Dana
b) Chandbibi playing Polo, Unknown
c) Chaugan Players, Unknown
d) Chandbibi Playing Polo, Dana

- Q4.** To add a right amount of beauty and grace to a painting refers to what?
a) Varnika Bhanga
b) Roopa Bheda
c) Lavanya Yojnam
d) Pramana

- Q5.** Name the painting which is belonged to Hyderabad school.
a) Hazrat Nizamuddin Auliya and Amir Khuro
b) Chand Bibi playing Polo
c) Lady and Myna
d) Ragini Pat-Hansika

- Q6.** The pointed nose and protruding eye were become an established feature of my School of Art. Identify me.
a) Pala School of Art
b) Jain School of Art
c) Mughal School of Art
d) Deccan School of Art

- Q7.** I was not a subject of Rajasthani School of Miniature Paintings.
a) Baramasa
b) Krishna Bhakti Cult
c) Jataka stories
d) Lives of Saints

- Q8.** Pala school manuscripts were written related to _____ theme.
a) Buddhist
b) Jainism
c) Hinduism
d) All the above

- Q9.** Which sub school's artists were wonderful

at portraying the elephants in their paintings?

- a) Mewar School
b) Kota School
c) Jaipur School
d) Bundi School

- Q10.** Which painting is belonged to Provincial Mughal School?
a) Krishna lifting mount Goverdhana
b) Kabir and Raidas
c) Falcon on a Bird-rest
d) Marriage procession of Dara Shikoh

- Q11.** Tonal values help to create _____.
a) Three dimensional form
b) A contrast of light and dark
c) A sense of depth and distance
d) All of the above

- Q12.** Please choose the right combination for the painting - "Maru Ragini".
a) Ruknuddin, Bikaner School

- b) Ali Raza, Bikaner School
c) Sahibdin, Mewar School
d) Manohar, Mewar School

- Q13.** Which artist was awarded with the title 'Nadir - Ul - Asr' and he signed with his title on one of his famous paintings?
a) Miskin - Krishna lifting Mount Goverdhana
b) Mansoor - Falcon on a Bird-rest
c) Ramdas - Birth of Salim
d) Abdul Hasan - Squirrel on a Chenar tree

- Q14.** The use of beetle wings for shining colours and droplets of thick white paint are the trademark of _____ School of art.
a) Kangra
b) Basohli
c) Mewar
d) Kulu Mandi

- Q15.** "The female characters are tall and slender, wearing a long scarf around the body and braided a long pigtail ending in a tassel". - These are the features of _____ school.
a) Bijapur
b) Ahmadnagar
c) Golconda
d) Hyderabad

These questions are meant for practice purpose only. Students are advised to check format, syllabus and marks for Board test papers with their teachers. Questions have been given by teachers and NIE is not responsible for them.



The 73rd Republic Day was celebrated with patriotic fervour by UNICENT School, Nagole which was live-streamed from the school.

The unfurling of the national flag by Academic Coordinator Reshma Satav marked the beginning of the celebration. She welcomed and addressed the gathering and highlighted the significance of the event while emphasising on the responsibilities of students in absorbing the ideas and principles of the country.

This was followed by a student's speech on the implications of Republic Day for the younger generation. A spectacular dance was performed by Manvita of class II. A video was presented on

Mihit Kashyap M, UNICENT School
Nagole, Hyderabad

the War Memorial which depicted the sacrifices and the strength of the Indian armed forces. The celebration was shifted to a virtual mode with class and group assemblies.

The regular proceedings of the assembly were held, and speeches and short videos on the landmarks and rich culture of our motherland were played. Patriotic songs and dances were also presented by students. Quizzes were conducted to deepen the knowledge of the students about our country. The principal addressed the students, teachers and parents, heralding the glory of our country and evoking the feeling of patriotism in everyone's hearts.



PATRIOTIC SPIRIT SOARS

In keeping with this year's Republic Day theme "Sampoorna Bharat" and coinciding with Prime Minister's call for celebrating 'Azaadi Ka Amrit Mahotsav', Delhi Public School, Nacharam under the able leadership of Principal Sunitha Rao organized a slew of activities for various class levels to commemorate the 75th year of Independence and the 73rd Republic Day.

All the online activities planned were age-appropriate and included flag-making for the students of pre-primary and junior school, poster-making for students of classes III to VIII, and essay-writing and slogan-writing competitions for students of classes IX to XII. Students from different schools and class levels participated enthusiastically in the various activities, which highlighted the nationalistic emotion and patriotic fervour.

The little ones from pre-primary and junior school made innovative

Delhi Public School
Nacharam

tri-colours using different materials available at home ranging from pop-sicle sticks, grains, colour papers, etc. The theme for poster-making was 'Incredible India' and students created colourful posters depicting the unique culture and varied heritage of Incredible India. The middle school and secondary school students also participated in the slogan-writing competition by giving attractive and catchy slogans for the Republic Day. The students of secondary and the senior secondary school participated in an essay writing competition on the theme of Republic Day.

Principal Sunitha Rao commended the efforts of the students, teachers and most importantly parents in making the pre-republic activities a huge success.



This Republic Day, the students of Gitanjali Vedika took a moment to appreciate the freedom they have and the Constitution that protects it.

The day was celebrated virtually through a compilation of videos presented to the students and parents. The Pre-Primary and class III students started off the presentation with slogans, poems, and skits. A few sentences to make everyone aware of the significance of Republic Day.

They also dressed up in the colours of the Tricolour to show their patriotism. To bring in some energy, students of

classes I, II and IV performed Zumbaa and patriotic mashup dances.

Class V students educated one and all about the momentous day when India became

a Republic, and once again reminded us all of the sacrifices made by the freedom fighters. Class VII students showed their talent through a short film that emphasized the struggles of freedom fighters and their zeal that brought about the Constitution that we have today. The highlight of the day was the gymnastics performance that the middle schoolers took part in.

Gitanjali Vedika



The Pallavi International School, Gandipet celebrated the 73rd Republic Day with great pomp and splendour. The programme started on campus at 8:30 am with the flag hoisting by the Chief Guest, Ashok Mutavarapu, Enforcement Officer in Enforcement Directorate, and Meetal Archit, Principal, Pallavi International School, Gandipet.

The programme was then conducted online with various energy packed dances, speeches, and activities for students and parents. The Voice of Change activity was organised for the parents. Alisha and her mother were a part of this activity.

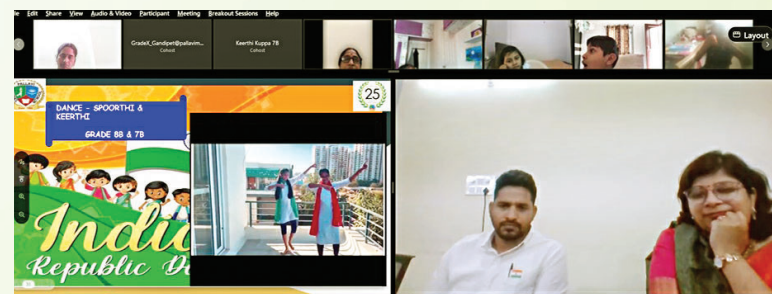
Homage was paid to late General Bipin Rawat, and the numerous Army, Navy and Air Force personnel who sac-

Pallavi International School
Gandipet

rificed their lives in order to protect our country.

Harini Reddy of class X enlightened the audience with the information on the history of parades. This was followed by Vande Mataram sung by Chaitra and video presentation on how the army celebrates the Independence Day by Head Girl Prarthana. Dances, poem recitations, speeches and the display of the art and crafts by the students followed.

The programme concluded with the vote of thanks by Raja Rajeswari, the CCA incharge, PIS, Gandipet.



Sister Nivedita School celebrated Republic Day with immense patriotic fervour and zeal. The occasion was graced by the presence of Dr V Kondal Rao, founder chairman of Sister Nivedita School, Professor K Yadigiri, the former Vice Chancellor in charge of Telugu University, Dr Rafia Sultana, and former Director of Sister Nivedita College.

In presence of the dignitaries, management, teachers and staff members, the national flag was hoisted adhering to all Covid-19 safety protocols.

The remaining programmes were organized virtually. A plethora of activities was presented by the students

Sister Nivedita School

to infuse the spirit of unity, brotherhood and patriotism among children. The students presented videos showcasing the history and significance of Republic Day, followed by a motivational talk, highlighting the duties and rights of citizens.

The energetic dance performance by the children kept the flame of patriotism alive. The songs presented by the students mesmerized the crowd. Students dressed as Bipin Chandra Pal, Dadabhai Naoroji, W C Bannerjee, Subramanya Bharathi and Bhagat Singh, depicted their contribution to the freedom struggle which touched the soul of everyone.

Children showcased their creativity by making beautiful tri-colours. School Correspondent Rtn. Hari Hara Prasad and Principal Dr. T Lalitha Kumari inspired the students with their motivational speeches. They highlighted the importance of the day and urged the students to prepare themselves to be the pillars of the nation and uphold the values of the country. Prof. Yadagiri emphasised on the need for teachers to impart character and knowledge in students. He had also extended his wishes to teachers for their untiring contribution during this pandemic.

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The best gift in life

My inspiring icon is always my mother because she understands me, a friend in partner for walks, chirpy conversations and she always extends a helping hand whenever I am in need and always there besides me.

Right from my first grade of school, she has supported and helped me to handle issues and problems with ease and taught me how to value and cherish life. My mom is the person whom I look up to and she is the most important person in my life because I am who I am, because of my mother.

She is my guide and my pillar of support and always tries to help me to be a better version of myself. From my childhood until now, she has bought me a lot of books to read and inculcated in me the habit of reading. She bought me some intellectual games to enhance my skills and encouraged me to partic-



MY MOTHER
INSPIRING ICONS

ipate in activities. I do everything with utmost passion and commitment. I just love to make my mom happy.

I want her to be proud of me. I want her to feel I am the best child in the world. I will do everything for that. I am disciplined and treat others with respect and behave well in school, I don't engage in unnecessary arguments or fights and I obey the rules.

My mom is the best gift that god has ever given me.

LEKHANA, class IV, Taiwan, Silver Oaks International School, Mighty Oaks Campus, Hyderabad

YOGA AND DIET IN FIGHT AGAINST COVID



In today's Covid pandemic situation, many people along with their families have suffered many health issues not only physically but also mentally and emotionally. According WHO, health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.

Did you know your immune system is the lock for your healthy lifestyle and yoga and diet acts as the keys to the lock? The main job of the

body's immune system is to protect you from infection and disease. It does so by attacking whatever it perceives as an invader (antigens), such as bacteria, viruses, cancer cells, and allergens.

How does yoga help with immunity? Yoga brings the change gradually. In

early stages, yoga helps to improve flexibility and posture as well as decreases stress and provides a sense of peace. But in longer duration it improves the body's immune system and immune responses. Most effective yoga techniques for the immune system are the combination of yoga asanas, pranayama and meditation.

Along with yoga, a healthy diet plays a major role to maintain the immune system of the body. Diet should include a wide variety of fruits and vegetables especially green leafy vegetables, Vitamin C fruits such as citrus fruits, lemon, oranges, tangerines etc.

Indian spices such as garlic, ginger,

turmeric have antioxidant and anti-inflammatory properties that help boost immune system. Healthy fats must be considered from foods such as nuts, dry fruits and fish. To maintain healthy bacteria in gut probiotics such as yoghurt should be opted as it can be great source of vitamin D which regulates immune system to boost our body's natural defenses against diseases.

These nutrients help the immune system in several ways: working as an antioxidant to protect healthy cells, supporting growth and activity of immune cells, and producing antibodies. Epidemiological studies find that those who are poorly nourished are at greater risk of bacterial, viral, and other infections.

P. SARADA, Principal, Gautami Vidya Kshetra, Hyderabad



WEST INDIES WINS FIFTH T20



West Indies's players pose with the winning trophy

JASON HOLDER, AKEAL HOSEIN HAUL TAKES TEAM TO SERIES VICTORY

Pacer Jason Holder took four wickets in four balls to blow up the last over of England's run chase as West Indies won the fifth Twenty20 game by 17 runs to capture the series 3-2. Jason Holder's fifer and Akeal Hosein's four-wicket haul helped West Indies defeat England by 17 runs in the fifth and final.

West Indies won the toss, chose to bat and scored 179-4 at the Kensington Oval. In reply, England was all out for 162 with one ball left after entering the final over at 160-6 and needing 20 runs to win. In that last over, Holder first claimed the wicket of Chris Jordan (7) caught on the fence, immediately followed by the key dismissal of Sam Billings (41 runs off 28 balls) before golden ducks for Adil Rashid and Saqib Mahmood.

IN EXCLUSIVE CLUB

Holder joined an exclusive club when Mahmood's inside edge nicked leg stump. Lasith Malinga, Rashid Khan and Curtis Campher are the only other bowlers in men's cricket to take four-in-four in a T20 international. Holder did not get a chance to go for five wickets in five balls with no England batters left. The all-rounder finished with 5-27 from 2.5 overs.

"Bowling the last over just added to it, I'm happy that I was given the responsibility. I am feeling good about my role in the team, I pass on my experience, pride myself as a complete team player, just want to put my hand up, even when I'm not bowling, I can share a few things with the younger lot. A lot of thanks to the management and the staff. Big thumbs-up to the ECB and the English guys, they aren't just great players, but they're good and humble people," he added.

DIDN'T ADAPT WELL

James Vince top-scored for England with 55 off 35 but was one of left-arm spinner Akeal Hosein's four wickets after holing out. Hosein took 4-30 from four overs. England stand-in skipper Moeen Ali said that his side didn't adapt well to the playing conditions against West Indies during the fifth and final T20I here at the Kensington Oval on Monday.

"I thought West Indies were the better team tonight. We didn't adapt well to the conditions, we played well but fell short in the end. It's something we need to work on, thought we bowled reasonably well today, but Powell and Pollard played some superb shots, we will come back better though with the experience. It seemed like that, the new ball came nicely, and was difficult when it became softer. But they were really good at adjusting to those," said Moeen Ali after the game.

"It's been a great lesson, these are the conditions we want to get better, we're good when the pitch is flat. Reece Topely was fantastic with the new ball and Adil Rashid was so good throughout the series. It's great fun as a captain, but Morgs is a brilliant captain," he added.

SPINNERS FRUSTRATE WI

Earlier, West Indies had been frustrated by England's spinners but captain Kieron Pollard (41 not out off 25) and Rovman Powell (35 not out off 17) shared an undefeated fifth-wicket stand of 74 in just over five overs to give the hosts a reasonable target to set England. The pair added a whopping 66 in the final 24 balls.

Rashid (2-17) leapfrogged Jordan as England's leading T20 wicket-taker with 81 wickets. Liam Livingstone collected identical figures as the pair and spinner Moeen Ali yielded just 54 off 10 overs. AGENCIES

A classic finish wasn't the best start, but I just wanted to stay in the game. Did not work well yesterday, but was totally opposite tonight. I was a bit disappointed with the no-ball, I look to be disciplined, but then to get the next five balls perfectly was nice. Was just pumped up, I

love to play at Kensington Oval, we've the best fans in the world, credit to the English fans for coming in as well. A lot of hard work, can improve on my death bowling, add some variations. But I'm gaining confidence and so is the captain in me.

JASON HOLDER



Photo: AFP

EGYPT, SENEGAL INTO SEMIFINALS

African stars and Liverpool teammates Mohamed Salah, Sadio Mane one game away from facing each other in continent's biggest game

The biggest stars of African soccer are on course to meet in their continent's biggest game. Mohamed Salah's Egypt and Sadio Mane's Senegal reached the African Cup of Nations semifinals on Sunday. One more win for both teams will see the Liverpool pair meet in the final.

Egypt will play host Cameroon, a repeat of the 2017 final that Cameroon won. That game on Thursday will also be a clash between the two most successful sides in African Cup history with 12 titles between them.

Inspired comeback for Egypt

Salah scored the equalizer and created the winner to inspire Egypt's comeback to beat Morocco 2-1 after extra time in the day's first quarter-final.

Egypt fell behind to an early penalty won by Achraf Hakimi and converted by Sofiane Boufal in the seventh minute. Egypt captain Salah reacted quickly to knock in a rebound to make it 1-1 in the 53rd and sent in a per-

TITLE CHASE

■ Senegal plays Burkina Faso in the first semifinal on Wednesday, when Mane's team will be aiming to make a second straight final. Senegal hopes to finally win one this year to get rid of its unwanted label as the best team to never win an African title.

■ Egypt hasn't won the African Cup since its record-extending seventh title in 2010. Salah made his debut for the national team the year after that triumph and is still searching for a first major title with his country. So is Liverpool teammate Mane, but Senegal's wait has been longer.

■ Egypt and Cameroon will meet at the tournament's main Olembe Stadium across town in Yaounde.

fect low cross for Trezeguet to tap in near the end of the first half of extra time. Egypt was left to rely on third-choice goalkeeper Mohamed Sobhy for most of extra time after an injury to Mohamed Abou Gabal.

Substitutes shine for Senegal

Mane set up Famara Diedhiou for Senegal's opener in a 3-1 win over Equatorial Guinea.

Mane's pass opened up Equatorial Guinea's defense for center forward Diedhiou to score in the 28th. Senegal appeared in control but got a first warning when captain Kalidou Koulibaly had a penalty awarded against him in the 50th minute. It was canceled by referee Victor Gomes after he saw on VAR that Koulibaly's right hand was down by his side when the ball struck it.

Equatorial Guinea scored seven minutes later but the introduction of Kouyate and Sarr as substitutes paid off. Kouyate put Senegal ahead when he pounced on a miscued defensive header. Sarr finished after brilliant work by Salio Ciss. AP



Mohamed Salah

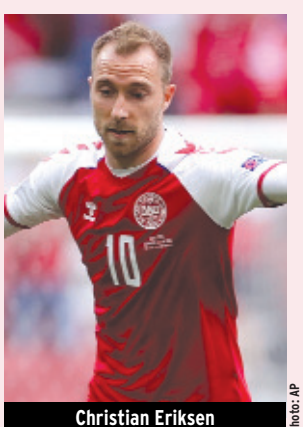
Photo: AFP

ERIKSEN JOINS BRENTFORD MONTHS AFTER EURO 2020 COLLAPSE

Denmark midfielder Christian Eriksen joined Premier League club Brentford on Monday, seven months after he suffered a heart attack during a European Championship match.

Eriksen, who collapsed during the game against Finland in Copenhagen and was given life-saving CPR treatment, has signed for Brentford as a free agent for the rest of the season. "I'm happy to announce I've signed for Brentford and can't wait to get started," Eriksen said.

The former Tottenham Hotspur and Inter Milan player is now fitted with a special heart-starting device known as an Implantable Cardioverter Defibrillator (ICD). Eriksen, 29, has not played a competitive match since his collapse, although he has been training with his former



Christian Eriksen

Photo: AP

club Ajax Amsterdam to build up his fitness.

Inter Milan terminated his contract in December because the ICD device is not permitted in Serie A. Eriksen played 26 games for Inter as they won the Italian top-flight title in 2021 for the first time in 11 years. REUTERS

QUIZ TIME!

Q1: Which is the second-largest multi-sport event after the Olympic Games?

- European Games
- Pan American Games
- Asian Games
- Commonwealth Games

Q2: Who became the first tennis player to win a medal at four separate Olympic games, as well as the first player in the Open Era to win an Olympic medal in all three events (singles, doubles, mixed)?

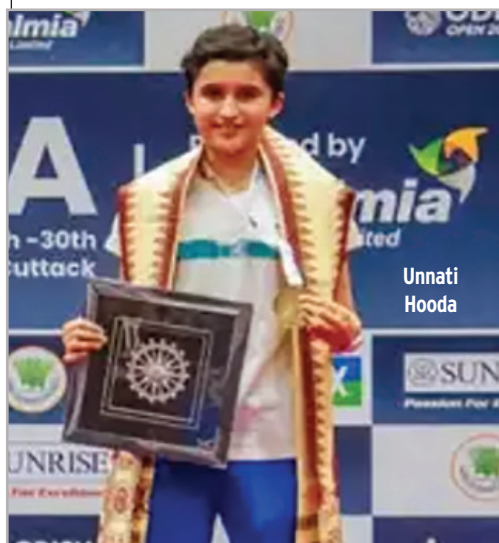
- Serena Williams
- Venus Williams
- Steffi Graf
- Maria Sharapova

Q3: Who became the second Indian badminton player to have won the All England Open Badminton Championships?

- Prakash Padukone
- Parupalli Kashyap
- Pullela Gopichand
- Chetan Anand

Q4: Unnati Hooda clinched her Q4: first international crown at the Odisha Open Super 100 badminton tournament. Whom did she beat in the final?

- Malvika Bansod
- Smit Toshniwal
- Treesa Jolly
- Gayatri Gopichand



Q5: Who won the gold medal in women's singles in the 2019 World Table Tennis Championships?

- Ding Ning
- Chen Meng
- Wang Manyu
- Liu Shiwen

Q6: Who among the following is the only player to complete a Grand Slam in tennis in a Junior discipline?

- Stefan Edberg
- Rod Laver
- Ivan Lendl
- Boris Becker

Q7: The first official handball match was played in which country?

- Switzerland
- Germany
- Canada
- England

Q8: Grand Slam is used in which of the following games?

- Lawn Tennis
- Football
- Badminton
- All of the above

ANSWERS: 1. c. Asian Games
2. b. Venus Williams 3. c. Pullela Gopichand
4. b. Smit Toshniwal 5. d. Liu Shiwen
6. a. Stefan Edberg 7. b. Germany
8. a. Lawn Tennis