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Family TIME

STUDENT EDITION

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WEB EDITION

5 LEARNINGS GRANDPARENTS CAN IMPART TO THEIR GRANDKIDS

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In the recently-aired 'Maan Ki Baat', PM Narendra Modi advised children to learn from the experiences of their grandparents and elders—to interview them about their life, learnings and struggles.

The PM's message comes at a time when both the senior citizens and kids are forced to stay indoors, courtesy the coronavirus pandemic. So, what better time to bond with them and learn from their experiences... Here's what kids can learn from them to become better individuals.

COPING WITH CRISIS AND ADVERSITY

1 "This generation has seen a prosperous world; they haven't seen a world without glitzy malls and fancy outings. Grandparents and elders should narrate stories about their childhood and youth to kids (not in a preachy way) to make them understand how they connected with loved ones without any gadgets, and over simple meals, as it was a world devoid of malls, coffee houses and designer brands," advises child psychiatrist Dr Jitendra Nagpal. This will make our kids understand how they can live and laugh, despite the uncertainties of life, he adds.



Photo: Getty Images

CONNECTING WITH EXTENDED FAMILY MEMBERS

2 When grandpas and grandmas talk about the family tree, it's a fun experience for kids. Tell youngsters all about your extended family members; their personal anecdotes and other details. Teaching kids about family relations will make their emotional life richer. Research shows that when children hear interesting stories of different family members—their trials and tribulations—it equips them to handle hardships later in life. It also ignites in them a desire to connect with their family living apart.

SKILLS TO BECOME SELF SUFFICIENT

3 Simple everyday skills, like sewing a button or learning a family recipe, empowers children. It makes them more independent. So, besides pampering grandkids, do teach them skills you know, like growing potatoes in the backyard, fixing their own meal, etc. "Kids are more receptive to elders, if they teach them in a fun way rather than making the learning exercise a 'task'," suggests Nagpal. So, laugh together and have fun, while the kids learn.

THE ART OF WRITING HANDWRITTEN LETTERS

4 This generation is tech savvy, true. But isn't it special to send a handwritten note or letter than a text message to a friend or relative? Teach your grandkids the lost art of letter writing. You could begin by making them write small letters to each other on weekends.

THE WISDOM THAT WE CAN'T HAVE IT ALL

5 Today's children live in a high pressure world, where they are expected to know it all and have it all—from best school bags to shining sports trophies. However, it's not possible to win all the time, and sometimes people have to live with what they get. "Do explain your grandkids that they may have to hear 'No', or face failures as they grow up," says Nagpal. That's alright, because it's crucial to know that life is about success and failures, winning moments and heartbreaks, he stresses.

How do you bond with your grandparents? Share your views, videos of not not less than 2 minutes at toinie175@gmail.com/times-nie175@gmail.com. We will feature you.



HARBHAJAN SINGH

Born on July 3, 1980, Harbhajan is one of India's greatest off-spinners. Affectionately referred as Bhajji by his teammates, Harbhajan made his Test and One Day International debuts in early 1998. His career was initially affected by investigations into the legality of his bowling action. However, in 2001, Harbhajan's career was resuscitated, after Indian captain Sourav Ganguly called for his inclusion in the Border-Gavaskar Trophy team. In that series victory over Australia, Harbhajan took 32 wickets. He also became the first Indian bowler to take a hat-trick in Test cricket.

COMPETITION

World's largest logic and coding championship

The World's First Logic and Coding Championship for kids organised by EdTech startup WhiteHat Jr, kick-started on June 30 in India and the US. The championship, open to all students, will conclude on July 4. Kids aged 5-14 years can participate in the championship; four winners across different age groups will receive a lifetime scholarship (\$20,000 per year) for their education till grade XII.

WORD WATCH

FARRAGO:
Means a confused mixture; hodgepodge

BOOK REVIEW

A BRIEF HISTORY OF TIME: FROM THE BIG BANG TO BLACK HOLES
by Stephen Hawking

Written by Stephen Hawking, - arguably the best-known and most brilliant theoretical physicist of modern times, - the book, using simple language, explains basic concepts of space-time, quantum physics and the theory of relativity- the two major aspects of modern physics, with great simplicity. UDISHA TIWARI, class X, City Montessori School, Gomti Nagar Extension, Lucknow



ENVIRONMENT

Ecosystem destruction may increase risk of pandemics: Study

Environmental degradation, including deforestation, land use change and agricultural intensification, may make pandemics more likely and less manageable, according to a study. The study presents the hypothesis that disease risks are "ultimately interlinked" with biodiversity and natural processes, such as the water cycle.



➤ The researchers used a framework designed to analyse and communicate complex relationships between society and the environment

➤ They concluded that maintaining intact and fully functioning ecosystems, and their associated environmental and health benefits is key to preventing the emergence of new pandemics

➤ Ecosystems naturally restrain the transfer of diseases from animals to humans, but this service declines as ecosystems become degraded

➤ The researchers said, the lesson from the Covid-19 pandemic is that societies need to "build back better" globally, including protecting and restoring damaged ecosystems, keeping the many values of nature and human rights at the very forefront of environmental, and economic policy-making

FACTOID \$84 MN

Price of a triptych by Francis Bacon that was auctioned at the Sotheby's recently. The British artist's work, inspired by Greek playwright, Aeschylus', 'Oresteia', is one of the 28 large-scale triptychs - a painting in three parts - created by Bacon between 1962 and 1991. It previously belonged to a Norwegian art collector, and had an estimated value of \$60-\$80 million

FACEBOOK LAUNCHES AVATARS IN INDIA

Facebook has announced the launch of Avatars in India. The company said, Avatars will allow users to create a digital persona that's 'uniquely representative' of them, and will enable them to share a range of emotions and expressions in a fun and personalised way.

TECH BUZZ



● Facebook said, people can now make an Avatar, a cartoon-like version of themselves by choosing from a variety of faces, hairstyles and outfits that have been specially customised for India. They will also be able to use their Avatar in Facebook comments, stories, profile picture and Facebook Messenger chat windows and can even share it on WhatsApp chats. ● Avatar creator can be accessed from bookmarks in the Facebook app as well as from the comment composer.

● To create their avatar, go to the mobile device's Facebook or Messenger comment composer; click on the "smiley" button, and then the sticker tab ● Click "Create Your Avatar"! Or find the avatar creator in the Bookmarks section in the Facebook app ● Avatar creation from Messenger is currently available on Android, but will be rolled on iOS soon, Facebook said.

NEWS IN BRIEF

[CLICK HERE FOR MORE](#)

RAVINDRA JADEJA, THE 'MOST VALUABLE' PLAYER OF 21ST CENTURY: WISDEN

Team India's all-rounder Ravindra Jadeja has been named as the country's 'Most Valuable Player' of the 21st century by Wisden India. Jadeja's rating was an astounding 97.3, second only to Sri Lanka's former spinner, Muttiah Muralitharan.

SPORTS

Jadeja, who made his debut at the international level in 2009, has been an integral part of the national side in all three forms of the game. He remains a vital contributor in all departments of the game, and was last seen in action during India's two-match Test series versus the Kiwis



ALLOW RETESTS IN CLASSES IX & XI: CBSE TO SCHOOLS



The Central Board of Secondary Education (CBSE) has again written to its affiliated schools to allow students who have failed in classes IX and XI to reappear for the examination. The schools have been asked to conduct online/off-line/innovative tests for such students and decide on their promotion based on the tests. In its first letter on May 13, the

EDUCATION

board had said that this was a one-time measure adopted in view of the Covid-19 situation. The CBSE had been receiving queries from the students and parents, following which it decided to allow retests.

GEAR UP FOR POST-PANDEMIC RELEASES! 'SOORYAVANSHI' TO HIT THEATRES ON DIWALI, '83' ON CHRISTMAS

Akshay Kumar's much-awaited cop drama, 'Sooryavanshi' will hit the theatres on Diwali, while Ranveer Singh-starrer, '83' will release on Christmas this year, Reliance Entertainment has announced.

ENTERTAINMENT

'Sooryavanshi', directed by Rohit Shetty, was scheduled to release on March 24 and Kabir Khan-helmed '83' was set to hit the screens on April 10.



➤ Both the movies were indefinitely postponed due to the coronavirus pandemic, which led to theatres shutdown across the country and in other parts of the world
➤ 'Sooryavanshi' is the third film in Shetty's cop universe, after Ajay Devgn's, 'Singham' and Ranveer-starrer, 'Simmba'
➤ '83' chronicles India's first World Cup win under the captaincy of Kapil Dev in 1983

WHAT TO DO BEFORE OPENING ONLINE ORDERS



Photo: Getty Images

Online shopping has become the norm in the pandemic life. While there are conflicting versions with some study saying that packets are safe to open right away, and others saying it may carry some risk of infection, it's better to be cautious than letting your guard down. So, follow these steps and continue with your online shopping spree...

Online payment only

Try to opt for 'no-contact delivery' and pay for your orders online. Though you can always wash your hands after handling cash, it's best to go for digital payments in the current situation. It's hassle free too.

Limit contact with delivery personnel

It is advisable to keep a stool or a bench near your entrance gate (either outside or inside, depending on the layout of your home), where delivery people can leave the packets.

STAY SAFE

This is to ensure that you limit the contact with any outside person. If you cannot leave it outside your house, keep it in a place inside your house, where no one touches it immediately.

Sanitising the packet

If it's an essential commodity, like grocery and medicines, spray sani-

tiser on the packet, keep it aside for at least two hours. This will ensure that any kind of contamination, if any, is reduced, and not spread on any other possible surfaces in the house.

Leave non-essentials untouched for 24 hours

For non-essential commodities, such as clothes, accessories and decor items, it is advisable to follow the 24-hour rule. Keep the packet untouched for one complete day in a secure place (away from small kids and pets). There is usually a seven-day return policy that comes with every item, so you have enough time to try it and return if you don't like it after seeing it.

The TINTIN Adventure Trail

IN THE NEWS FOR:

Tintin cover that mocked Hitler's Germany to be auctioned.

WHAT: A Tintin story cover that mocked Hitler's German expansionism could be sold for more than 350,000 euros (\$395,000) when it is put up for auction in Paris this month. **Belgian cartoonist Hergé who created the boy detective was taking a dig at the Nazi leader through 'King Ottokar's Sceptre' after Hitler's annexation of Austria in 1938.** Tintin and Snowy find them-



Alembick's beard to steady himself.

THE DRAWING: Is one of the classic cartoon images that were to be a part of a major sale at Artcurial auction house in the French capital.

Did you know? Franquin was one of the most influential post-war comic book artists and Marsupilami often appeared alongside the characters Spirou and Fantasio, which he drew from 1949 to 1969

tal. The event was postponed in March due to the covid-19 pandemic. According to reports by AFP, a painting of Asterix and Obelix by their creator Albert Uderzo for a 1966 colouring book is also going under the hammer and is expected to sell for up to 25,000 euros.

Are You A TINTIN FAN? Let us know what is your favourite book from the series and why. We will be celebrating a Tintin (and Snowy) day soon! To participate send us your email at timesnie175@gmail.com. Subject: Tintin



Tips for parents navigating online learning with their children...



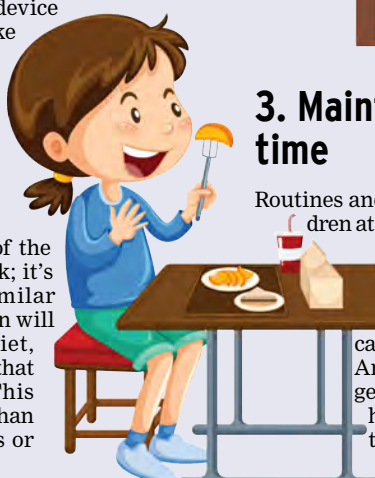
1. Distraction free

A 'digital quarantine' might be necessary to keep your child's attention focused on their school work. You should limit their use of their devices, other than what is needed to complete their work, until their assignment is done. If you choose, you can allow your child to play on a device during a designated break, but make them aware that they only have a limited amount of time, and then it is back to work.



2. A designated space

Many adults have a specific area of the home in which they do their work; it's important that you create a similar space for your child. Your children will achieve their best work in a quiet, comfortable, and dedicated space that is strictly devoted to learning. This space should be a different set-up than where they normally play games or watch television.



3. Maintain breaks such as snack time

Routines and schedules are extremely important for children at school, and this is no different in their at-home school. Children will function best if they maintain their routine as close to normal as possible. Setting alarms similar to those they would encounter at school can be helpful for keeping them on a schedule. Around lunch time, encourage them to get up, get some fresh air, go for a walk or bike ride, or have a snack so that they are not sedentary for the entire day.

4. Mix screen time with old school learning mediums

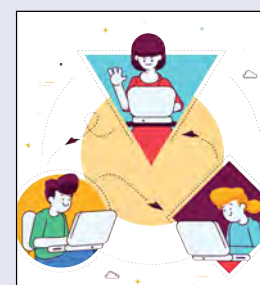
Excessive screen time can have adverse impact on young brains, so it's important to mix learning styles. It's likely that children will want to continue to use a screen of some sort during their breaks from school activity, so it's important to limit screen time by mixing in old school mediums as well. Hopefully, teachers have sent home hard copy packets that they are able to work from. If not, print out anything you can for your child. As much as possible, parents should encourage print and book reading and, if possible, request textbooks from your child's school.

5. Keep in touch with other parents

Social distancing is important during this time, but staying in touch with others via virtual communication is crucial. Each parent that has a child home is going to be going through a new experience. Check in with other parents to see what they've found effective, and ask if they need help as well.



6. Allow them to interact with friends via video chats



Your children are used to lots of social contact at school, so they will definitely feel the effects of being distanced from them even after a few days. While it might not be safe for your kids to see their friends in person, you should allow them to interact with them online, beyond social media or text messaging. Video chats are often the closest thing to seeing someone in person, and are a great way to get in social time without endangering yourself or others. If your child does not regularly video chat with their friends, you can speak with other parents to set up a video chat playdate.

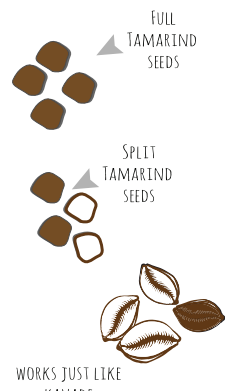
7. Don't underestimate the power of a schedule

If you and your children are all doing work from your home, it's likely that this is the first time that has ever happened. A schedule, for your work and your child's work, is extremely important. To start, experts recommend keeping them on the same or similar sleeping schedule that they have when they are going into school. If a schedule was not provided by their teachers, help them write one for not only each day, but each week, as well. Having a clear vision of what is expected of your child will help them see that just because they are home does not mean they don't have work to do. Experts recommend helping them prioritise and learn to create goals, tasks, and deadlines, just like adults do when they go to work.

CHOWKABARA: PLAY AND LEARN ABOUT THIS GAME

Chowkabara is a very popular race game played using cowrie shells, which are also called kavade in kannada. A game that is enjoyable by young & old, it is a perfect game for the entire family to play together.

Do you know that in the early days pottery pieces, bones, tamarind seeds, dung pieces, nuts, pulses and stones were used as playing material? You could do something similar for your game now! Collect 4 different kinds of seeds or stones or dals as pawns & get ready to play. Dont have kavade? Split any seed - tamarind, parijatha, asoka and they work the same way as kavade.

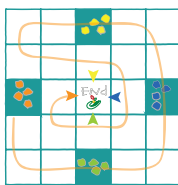


OBJECTIVE:

Race your four pawns to the winning end square, before your opponents.

GAME PLAY:

- Start by placing all 4 pawns in your home square.
- Movement of pawns is anti-clockwise starting from the home square, and is based on the kavade count. Direction of movement is shown below, for Player 1



- A pawn is cut when an opponent pawn lands in the same square. The cut pawn is returned to the home square. Home squares are safe squares.
- Before your pawns can enter the inner squares, you must cut at least one opponent pawn.
- You get an extra turn when you throw a 4 or 8, or when a pawn is cut. The same pawn or any other pawn can be played in the extra turn.
- You have to get the exact number to enter the winning square.

Note:

If you throw either a 4 or 8 three times consecutively, you lose that turn.

Ask your grandparents how they used to play this game. Along with variations in the game rules, you will surely hear some lovely stories! Tell us all about it :)

Courtesy: www.kavade.org - a store in Bengaluru that helps families & friends to come together, over simple pastime pleasures, like Ancient Board Games.

Quiz time

CURRENT AFFAIRS

Q.1) India and France explore 3rd country projects in which of the following regions?

- Western Indian Ocean region
- Central Indian region
- Northeast Indian region
- South Central region

Q.2) Who has become the most expensive bowler in T20 International cricket?

- Pat Cummins
- Kasun Rajitha
- Kagiso Rabada
- Jasprit Bumrah

Q.3) The unmanned X-37B space plane which landed in Florida recently has made a record of how many days in orbit?

- 780 B. 440 C. 980 D. 180



The US Air Force's secretive X-37B Orbital Test Vehicle landed on Nov 2, 2019, after more than two years in orbit

ANSWERS

1. A) Western Indian Ocean region 2. B) Kasun Rajitha 3. A) 780

CHECK YOUR APTITUDE

1) A sum of money is to be distributed among A, B, C, D in the proportion of 5 : 2 : 4 : 3. If C gets ₹1000 more than D, what is B's share?

- ₹500
- ₹1500
- ₹2000
- None of these

2) In a mixture of 60 litres, the ratio of milk and water

2 : 1. If this ratio is to be 1 : 2, then the quantity of water to be further added is:

- 20 litres
- 30 litres
- 40 litres
- 60 litres

3) If 6 men and 8 boys can do a piece of work in 10 days while 26 men and 48 boys can do the same in 2 days, the time taken by 15 men and 20 boys in doing the same

type of work will be:

- 4 days
- 5 days
- 6 days
- 7 days

ANSWER:
1. ₹2000
2. 60 litres
3. 4 days



BIRDS

Vogelkop Superb Bird of Paradise

Also known as Lophorina Niedda, this is a new species with low female population. The

male is black with an iridescent green crown, blue-green breast cover and a long velvety black cape covering its back. It is known for its bouncy 'smiley face' and distinctive dance. The female is a reddish-brown bird with a brownish barred buff.

There is the most bizarre and elaborate courtship displays in the avian world. They can be found across the rain forests of New Guinea and Indonesia. The average female rejects 15-20 potential suitors before consenting.

KNOWLEDGE BANK

JUMBLED WORDS

- 1) Goanride A: Divergent B: Grandiose C: Sidekick D: Organised
- 2) Lteretud A: Tattered B: Reduction C: Cluttered D: Littered

ANSWERS

- 1) D: Organised 2) C: Cluttered

COMMON GRAMMATICAL MISTAKES

1. CAPITAL/CAPITOL

THE RULES:

- "Capital" is a stash of money or the government headquarters of a state.
- "Capitol" is a building.

HOW NOT TO DO IT:

- Park Police found an abandoned vehicle, with an assault rifle inside it, near a bridge leading out of the nation's **capitol** to Virginia.

HOW TO DO IT PROPERLY:

- Park Police found an abandoned vehicle, with an assault rifle inside it, near a bridge leading out of the nation's **capital** to Virginia.