



# THE TIMES OF INDIA

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**TODAY'S  
EDITION**

➤ Know all about Soba noodles, one of the most-delicious cuisines of Japan, and how it helps in maintaining your weight  
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➤ Educators and students share their views on issues engulfing the country and the world  
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➤ Premier League: Chelsea seize top spot after dramatic win over Southampton  
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**STUDENT EDITION**

MONDAY, OCTOBER 4, 2021



## NAME INDIA'S YOUNGEST-EVER T20I CAPTAIN

**CLUE 1:** The 25-year-old was born in Mumbai, Maharashtra.

**CLUE 2:** The left-hander became the first Indian to play in UK's KIA Super League, in 2018.

**CLUE 3:** In the same year, she was adjudged the ICC Women's Cricketer of the Year and the ICC Women's ODI Player of the Year.

Answer : **SMRITI MANDHANA**. The opener became the first Indian woman cricketer to score a Test century in Australia – her maiden hundred in the longest format – on the second day of the ongoing pink ball Test versus Australia in Carrara

[CLICK HERE: PAGE 1 AND 2](#)
**KIDS OF  
2021**

## TO BEAR 7 TIMES AS MANY HEATWAVES... TWICE AS MANY WILDFIRES... 3 TIMES MORE DROUGHTS AS THEIR GRANDPARENTS



# THE HEAT IS ON

A new study has warned that children born in 2021 will live on average through seven times as many heatwaves, twice as many wildfires, and nearly three times as many droughts, as their grandparents. The study, which looked at how people in different age groups around the world will be affected by climate change-induced disasters across their lifetimes, claimed that young people and children will fare disproportionately worse, especially those in the developing countries. The results highlight a severe threat to the safety of young generations and call for drastic emission reductions to safeguard their future.

In sub-Saharan Africa, 172 million children may experience 50 times more heatwaves and a six-fold increase in extreme events in their lifetimes compared to the 53 million children in the same age group in Europe and Central Asia

### MEANWHILE, EARTH IS LOSING ITS GLOW

Warming ocean waters have caused a drop in the brightness of the Earth, according to a study, which found that our planet is now reflecting about half a watt less light per square metre than it was 20 years ago. The study used decades of measurements of earthshine – the light reflected from Earth that illuminates the surface of the Moon. They found that Earth is now

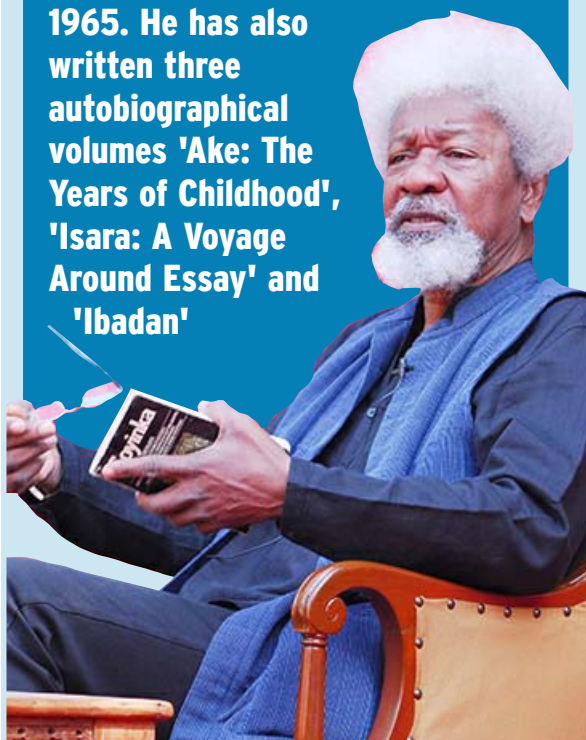
reflecting about half a watt less light per square metre than it was 20 years ago, with most of the drop occurring in the last three years of earthshine data. That is the equivalent of 0.5 per cent decrease in the Earth's reflectance, according to the researchers. Earth reflects about 30 per cent of the sunlight that shines on it, they noted. They noted that two things affect the net sunlight reaching the Earth: the sun's brightness and the planet's reflectivity

## Nobel laureate Wole Soyinka is back with a new novel after nearly 50 years

A new novel, 'Chronicles from the Land of the Happiest People on Earth', released recently, marks the return of Africa's first Nobel laureate in Literature Wole Soyinka after a hiatus of almost 50 years, publishing house Bloomsbury India announced. The Nigerian novelist, equally well-known for his poems, plays and essays, wrote his last novel 'Season of Anomy' in 1973. An 'unforgettable portrait' of contemporary Nigeria, Soyinka's latest work is both a "gripping whodunit" and a "sharply satirical" state-of-the-nation novel.



Soyinka, 87, became the first African writer to win the Nobel Prize for Literature in 1986. His first novel, 'The Interpreters', was published in 1965. He has also written three autobiographical volumes 'Ake: The Years of Childhood', 'Isara: A Voyage Around Essay' and 'Ibadan'



## FB TO LET YOU MAKE GROUP CHATS ACROSS INSTAGRAM, MESSENGER

Facebook will now let users start cross-app group chats between Messenger and Instagram, the company has announced. With this update, people will be able to start group chats between their Instagram and Messenger contacts. Facebook said that over 70 per cent of eligible people on Instagram have updated to the new Messenger experience to enjoy new features like cross-app communication. The company also said it is introducing polls to your Instagram DMs and group chats with friends across Messenger and Instagram, making it easier for the group to decide, which new show is most binge-worthy or which restaurant you all go to next weekend. Users will still have the same controls over who can reach them.



## Blue Origin's first astronaut spaceflight breaks four Guinness World Records titles

Blue Origin, the aerospace company founded by Jeff Bezos, has broken four Guinness World Records titles with their successful first human flight to space on July 20, 2021...

### THE RECORDS



#### OLDEST PERSON IN SPACE

Wally Funk (USA, b February 1, 1939) was 82 years 169 days old on the day of the flight

#### FIRST SIBLINGS IN SPACE AT THE SAME TIME

Blue Origin founder Jeff Bezos and his brother Mark (both USA) are the first siblings to go to space together

#### YOUNGEST PERSON TO GO TO SPACE

Oliver Daemen (Netherlands) is the youngest person to go to space at the age of just 18 years 334 days

#### FIRST SUBORBITAL SPACECRAFT TO CARRY PAYING CUSTOMERS

With Oliver on board, New Shepard became the first suborbital spacecraft to carry paying customers



## Historic bridge from 'WINNIE THE POOH' can be yours

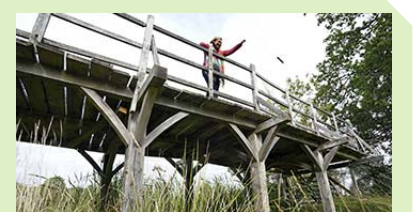
The adventures of the honey-loving bear 'Winnie the Pooh' have captivated children – and their parents – for nigh-on 100 years. Fans now have a chance to own a central piece of Pooh's history, when a countryside bridge from southern England goes up for auction next week. "Offering it at auction is probably the biggest opportunity globally for people to reach out and be able to buy it and put it in a museum," said James Rylands of Summer Place Auctions, which has previously auctioned items, including 20 tons of the Berlin Wall.

The author of the hugely popular Pooh series of books, A A Milne, often played with his son, Christopher Robin, at the bridge in the 1920s. It became a regular setting for the adventures of Pooh and his friends in the series that launched in 1926

**1** The bridge, originally called Posingford Bridge, was built around 1907 and officially renamed Poohsticks Bridge in 1997 by the late author's son, whose toy animals were the basis of the Pooh series

**2** It was then taken down in 1999 after being worn out by visitors and was replaced by a newer structure funded largely by the Disney corporation

**3** The original bridge was dismantled and stored in Ashdown Forest Centre in the southern county of East Sussex, until the local Parish Council recently gave permission for it to be



restored and rescued. The bridge, which measures 8.87 metres long by 4.5 metres wide, has now been fully restored using local oak for any missing elements

**4** The auction coincides with the centenary of Pooh's arrival in the world when Christopher Robin received a fluffy teddy bear from the luxury department store Harrods on his first birthday



## FOOD FACTS

## What are Soba noodles?



## WHAT IS IT?

Buckwheat is also known as 'Soba' in Japanese. Soba noodles are a quintessential part of Japanese cuisine and are prepared in many ways. These thin noodles are also called Juwari Soba noodles, which are made using water and buckwheat and are usually cooked with veggies, broth and meat. However, there are various types of soba noodles, but what makes them great for health is the presence of buckwheat, which is rich in beneficial plant compounds nutrients, antioxidants and vitamins. Buckwheat is also great for gut health.

Can you imagine eating a delicious spicy bowl of noodles without gaining weight? Well, this may sound strange, but adding Soba noodles to your diet can help you maintain weight without giving up your love for noodles

## HOW TO COOK?

The best way to cook soba noodles at home is by adding to a pot of water, stirring them occasionally to prevent sticking. Lastly, keep a close watch as these noodles take less time to cook and must have a nice chewy and firm texture. Run the noodles through cold water and pair them with your favourite delicacies.

## HOW IS IT SERVED IN JAPAN?

Soba noodles are served with a classic Japanese tea known as Sobayu, which is a traditional way of serving these noodles. Sobayu is the noodle cooking water, which is mixed with a leftover dipping sauce called Tsuyu. This classic tea is rich in vitamin B and other essential minerals, which makes this Japanese noodle meal a powerhouse of nutrition.



Since the onset of the pandemic, yoga has become a part of the daily routine for many people. Those who do not like gymming, often turn to yoga for their daily dose of physical and mental activity. But, because it's a science of the body and mind, here are 11 don'ts of yoga you must keep in mind before practising yoga next time

## 11 DON'TS OF YOGA



## DO NOT OVEREXERT

Even if you are performing some simple asanas, do not overexert yourself. On the scale of 1 to 10, where 1 is the easiest, every asana you perform does not have to be 10. Some can be 8, 7 or even lesser. Also, it depends on your body and daily routine.

## WEATHER

Do not perform yoga in extreme weather conditions, like when it is too hot, too cold or too humid.

## MIND YOUR BREATH

Breathing plays a vital role in yoga practice. One should not hold their breath unnaturally until instructed by the trained. Breathe normally unless any special instructions are given.

## YOGA AFTER MEALS

Do not perform yoga right after having meals. Wait for at least 2-3 hours so that the food can settle down by the time you start your practice.

## SAY NO WHEN UNWELL OR EXHAUSTED

Many people take yoga practice as a light one, which is not true. Yoga sessions can make you sweat like anything. So, when you are tired or ill, avoid practising yoga so as not to overexert your body.

## DO NOT WEAR TIGHT CLOTHES

Say no to shoes and tight clothing while performing yoga. Tight upper back clothing can restrict the movement of the rib cage and lung that can result in incomplete breathing.

## MENSTRUATION YOGA

Do not do the 'feet up' (inverse) poses while menstruating. Perform simple relaxation and breathing poses while you are on your periods.

## POST YOGA WORKOUT

It is suggested not to perform any high-intensity workout post-yoga session. Perform it before the yoga session if you are planning to.

## WATER

Do not drink too much water in between the yoga practice. You can have some sips in between to overcome your thirst. Having too much water can make you feel heavy and hinder your practice.

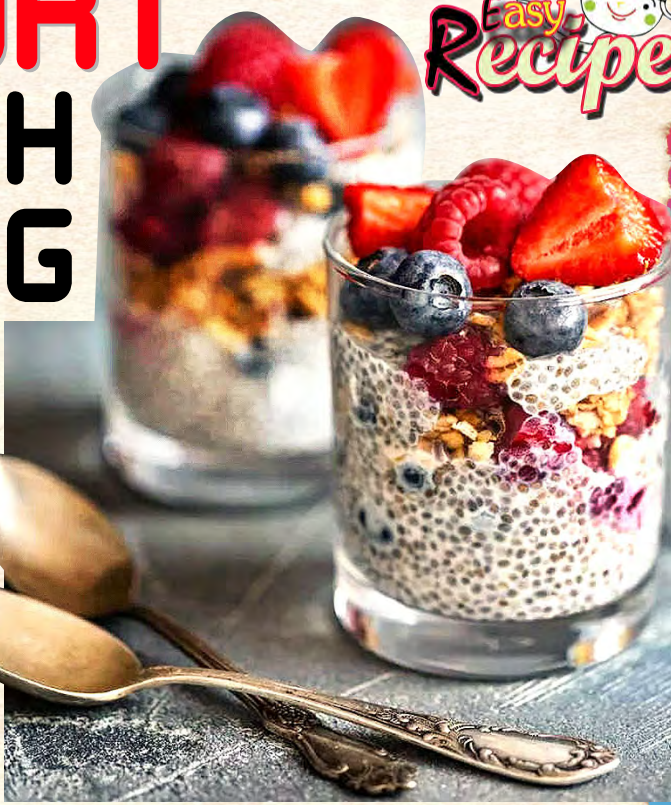


## YOGHURT CRUNCH PUDDING

Want to enjoy a healthy dessert after a leisurely meal? Try this pudding recipe

## INGREDIENTS

- 2 cup yoghurt (curd)
- 4 tablespoon honey
- 1/4 cup pomegranate seeds
- 1 Pinch powdered cinnamon
- 1 cup breadcrumbs
- 1/4 cup strawberry
- 1/4 cup blueberry
- 1 tablespoon chia seeds



## HOW TO MAKE

## STEP 1

Mix the ingredients In a bowl, add yoghurt and honey. Mix them well. Now add chia seeds, a pinch of cinnamon powder, chopped strawberries, blueberries and pomegranate. Save some of the fruit for garnish. Mix everything well.

## STEP 2

Layer it up Now take a dessert bowl or glass and add a layer of breadcrumbs at the bottom and press it down properly with a spoon. Add a scoop of the yoghurt mixture and level it. Now add another layer of breadcrumbs and flatten it out. Again add a layer of fruit yoghurt. Repeat these steps to fill the bowl/glass till the top.

## STEP 3

Garnish and serve Garnish with leftover fruits and serve. Enjoy the yummy and healthy dessert pudding.

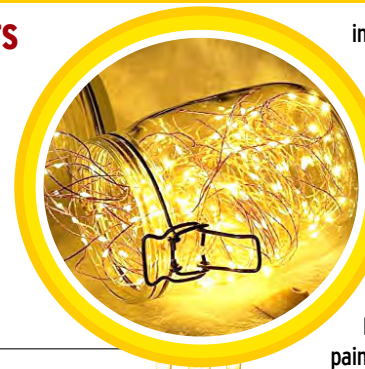
## INDOOR LIFE

## DIY tips for ECO-FRIENDLY INTERIORS

PLANNING TO MAKE ENVIRONMENT-FRIENDLY CHANGES TO YOUR HOME DECOR? THESE EASY TIPS CAN ADD A SUSTAINABLE TOUCH

## FUN WITH FAIRY LIGHTS

Wrap fairy lights around dried bark as a decor item. You can either paint a stack of dried branches in a single hue or keep a raw, withered bark aside. Once dried, wrap fairy lights around it and hang it in an empty corner to give the space a cosy, comfortable feel. Voila, a stunning nook is ready!



in a neutral colour or wrap a pretty cloth around it, hang it on your accent wall and tie the macrame wall piece to it. You have an accent wall ready. You can also cut jute ropes in varying lengths and hang your favourite photographs on them.

## REUSE OLD JARS

Don't throw away empty jars or old water bottles. Take one such empty container and paint it in your favourite colour or wrap with paper that has quirky designs. Put a succulent in the jar and place it on your work desk or bedside table. You can even use the jar as a storage box for your knick-knacks.

## UTILISE SPARE HANGERS

Got a macrame wall piece but can't find the right way to hang it? Don't stress, paint that spare hanger

## PANDEMIC LIFESTYLE

## TIPS FOR A TENSION-FREE FAMILY HOLIDAY



Parents want to go on a relaxing holiday with their kids but with Covid-19 still around, there are safety concerns of travelling with children. However, by assessing a few variables, parents can make informed decisions about their travel plans

## How much risk does Covid-19 pose for kids?

Children develop severe symptoms of Covid-19 far less commonly than adults, and their fatality rate is also much lower. However, some children do suffer from long Covid - the lingering effects of Covid-19 are still not fully understood. But even when children do not get seriously ill or show symptoms, they can still transmit the virus to other children and adults. The rate of child-to-adult transmission of SARS Cov-2 is roughly half the rate of adult-to-child transmission. So, while the risk is low for children, transmission to other kids and adults is still a serious concern.

## Are outdoor events safe?

Being outdoors is safer than being indoors. Outdoors, the virus disperses quickly, greatly reducing the chances of exposure. But be wary of distance. Sitting near other people for several hours outdoors, like at a match or a music festival, could still carry some risk.

## What steps can lower the risk of infection?

Every parent will need to weigh the risks and make their own decisions. Travelling will inevitably lead to exposure to unvaccinated kids and adults. But the risk will be determined by the extent of that exposure. Consider using masks even indoors, whenever possible.

## Are road trips safer than air travel?

With air travel, families need to consider the number of people they are exposed to in airports, as well as on the airplane. In airports, travellers are exposed indoors to many people, potentially from different parts of the country and the world. But the risk is reduced by the requirement to wear a mask at all times. In general, travelling by road is safer, with exposure limited to infrequent rest stops and short meal breaks.

## What kind of gatherings are safe right now?

When people travel, they come into contact with strangers, friends and extended family whom they could not encounter at home. These interactions, what epidemiologists call 'mixing', increase the chances for people to be exposed to SARS-CoV-2. The vaccination status of the people encountered, the nature of that encounter and the duration of the encounter can all affect risk. If you are near many people for several hours, the risk is greater than if you are near a few people for less time. If almost everyone you'll come to know with is vaccinated, the risk will be very low.



# UPHOLDING THE ESSENCE OF GANDHI'S TEACHINGS



**Sujatha VP, Principal, Delhi World School**  
Chintal, Hyderabad

Delhi World School celebrated Babu's 152nd birth anniversary and as part of an ongoing programme on learning and inculcating Gandhian values, the students of DWS skillfully portrayed 'Gandhiji's Call For Freedom'.

The special assembly held was a sincere effort by the DWSians to give a deep insight into the life and times of Mahatma Gandhi. The assembly began with an auspicious note with the morning prayer and a special tribute to our Father of the Nation.

This was followed by taking the oath of non-violence where the students solemnly put their hands on their hearts and promised that they would avoid violence, keep their surroundings clean and follow Gandhi's principles in their life. Students articulated Gandhi's ideology and contributions towards Indian independence. They communicated the philosophical and pragmatic ideals of Gandhi and presented glimpses of Gandhiji's life such as Non-Violence and Swadeshi movements. The school principals and the management also conveyed their best wishes on the occasion of Gandhi Jayanti.

**Silver Oaks International School**  
Hyderabad



Imbibing the Gandhian principles in right earnest, which we call as the Mantras of Mahatma, we at Silver Oaks are moving ahead into a bright future by appreciating and inculcating the values of Mahatma Gandhi.

Celebrating the 152nd birth anniversary of Mahatma Gandhi, we had an awe-inspiring event at our school. Beginning with delightful speeches by our principal Seetha Murthy and Director Dha-

nunjaya Vallabhaeneni, we got to know about how our school deeply connects to the Gandhian principles.

Moving on, we had a graceful dance performance by a group of 12th graders on a compilation of songs which had been composed by the school community, a few years back. Thereafter, we were shown a beautiful portrait of Gandhiji which had been collectively made by the school members and decorated it with flowers

made by each one of us.

We then moved into a magnificent musical assembly where everybody sang along with the school choir to pay their sincere tributes to Mahatma Gandhi. Hereafter, we had another breathtaking dance performance which made us take pride in the school's culture. In the closure, we had a witty Nukkad Natak which also had a message to deliver on the seven sins as per Mahatma Gandhi.



**Venkatakrishna Kammari, Vice Principal, Delhi World School**  
Shadnagar

October 2nd is declared as the International Day of Non-Violence by the United Nations in Mahatma Gandhi's honour. This day provides an excellent opportunity for the world to pay tribute to this great leader. This year marks the 152nd anniversary of Gandhi's birth.

Gandhi was certainly the most prominent leader in the Indian Independence struggle. He is called the "Father of the Nation" because of his persistent efforts towards securing India's independence.

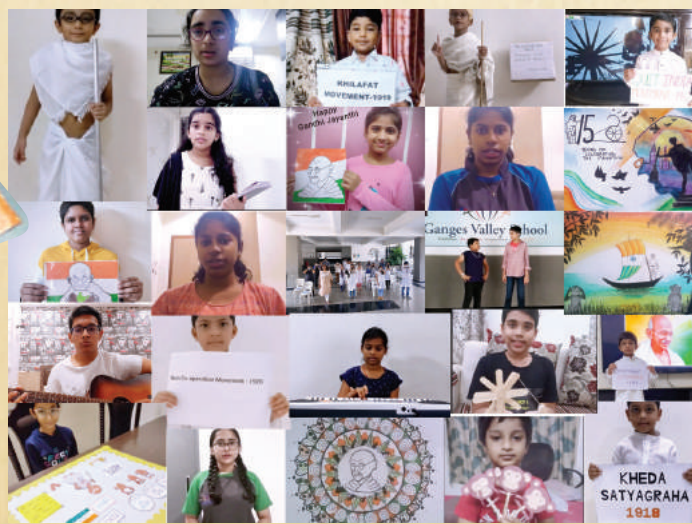
Gandhi strictly believed in the philosophy of Ahimsa (non-violence). As a result, he promoted the fight against British rule in a peaceful manner. Furthermore, Gandhi's peaceful

protests and movements were highly effective. His methods and plans were very efficient. Due to his incredible effectiveness, Gandhiji became an inspiration for other world leaders.

Gandhi was bestowed with another title, that of Mahatma. The meaning of the word Mahatma is a great soul. The students and staff of Delhi World School, Shadnagar celebrated Gandhi Jayanti in an effort to promote and instill the great leader's values and principles.



ART BY: BUSHRA AFSHAN SHAIK, Gautami Vidya Kshetra



**Ganges Valley School**  
Hyderabad

Gangans reiterated the timeless teachings of Gandhiji by celebrating Gandhi Jayanti online and offline. This year the students of classes I, IV, IX and X together showcased an hour-long programme that rejuvenated the viewers with Gandhiji's views about the world wherein people live in unity, fostering the bond of universal brotherhood and rejoicing in peace and harmony.

The programme they came up with included a skit presentation and creative art works. A few shared their thoughts about Gandhiji. The presentation on the lesser known facts about Gandhiji aroused everyone's curiosity. Every bit of the celebration encapsulated the importance of the Gandhian way and Gandhiji's teachings and was presented through the trendy genres that the youngest Indians take an interest to.

See No Evil, Hear No Evil, Speak No Evil - the importance of this learning

from Gandhiji's monkeys was propounded on this occasion as a maxim to be followed by the students. All those good deeds that we do in our daily life are rooted in the values of determination, tolerance, honesty, courage and transparency that we possess. These values build us as strong individuals who can contribute to the well being of our nation. These celebrations are important to advocate the significance of values that are timeless and perennial and thus form a sensible future generation.



## Express YOURSELF

### FOR A PEACEFUL WORLD

Peace is a common desire shared by all. The founding of the United Nations is an example of this universal desire. Keeping peace and developing friendly relations among nations are among the main objectives of the United Nations. Peace is about transforming our societies and uniting our global community to work together for a more just and sustainable world for all.

The International Day of Peace observed on September 21 every year was established to promote global ceasefire and non-violence. The UN called on all member states, organisations and individuals to commemorate the day in a manner that is appropriate. In many countries, local civic groups and schools hold special events and ceremonies. The true meaning of the day lies in the participation of people around the world, gathering to think about the meaning of peace and their commitment to its realization.



The 2021 theme for the International Day of Peace is "Recovering better for an equitable and sustainable world". So, let's celebrate peace by standing up against acts of hate online and offline, and by spreading compassion, kindness, and hope in the face of the pandemic.



**KRIPI POOSA, Delhi Public School, Nacharam**

### GANDHIJI

The cruel British, who had beaten us up with guns They treated as if our lives were jokes and puns When bombs and fires didn't work against them The massacres stuck to our hearts like gum Then there was the rise of the mahatma Who introduce the weapons Ahimsa and Satyagraha They had more power than the bombs and all

Then came the British's fall He had peace struggled for Independence A free nation for every descendant Very wise words came from this very wise man He was certainly the man who fight without a plan

He was Gandhi ji, Who helped made India free He might be dead without a life But he is always in our heart I will tell it crossed with a knife Injustice damaged his heart And fought for equality since the start He was the great Gandhi ji

Who is the father of the nation which is now free

**VIJAYA KUMAR ARJUN, class X D, Bharatiya Vidya Bhavans Public School (Vidyasharam), Jubilee Hills**

## Painters' Gallery



**ONE-HORNED WONDER: RHEA PERVELA, class VII A, Gitanjali School, Begumpet**



**NATION'S ICON: P SAI SREE, class IV, Little Flower High School, Abids**

## THE EDUCATIONIST

### HAPPINESS BACK ON CAMPUS!

Now that children have started trickling back into the classes, it is an absolute delight to see them. Though we have been meeting them regularly online, the charm of meeting them in person, despite the mask and the social distancing, is a privilege that we, Shri Educators, are savouring to the fullest.

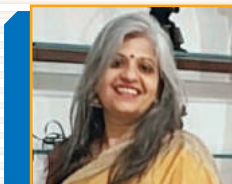
The lifeless campus is suddenly buzzing; it's almost as if a fairy has sprinkled magic dust over the school bringing it to life.

The excited squeals, the pitter patter of little feet, the peals of laughter seem like music from another era; there is a realisation that these are sounds that we have been pining to hear.

The connect with the students, which we had consciously worked on during the online classes, has strengthened further with both the teacher and the taught realising that life has given all of us a second chance.

Many a new discoveries and innovations were made during the days of the lockdown,

yet the joy of face to face teaching and learning is a different ball game. It is sheer joy to see the expressions of the child and be able to get instant feedback on the classroom transaction.



**USHA RAMASWAMY, Senior School Head, The Shri Ram Universal School, Hyderabad**

As educators, we need to be conscious not to fritter away the learnings of the pandemic; thus, a concerted effort is being made to continue to embed tech tools in the classes. We should also create more opportunities for collaboration for students so that the gap in their socio-emotional development is filled.

At The Shri Ram Universal School Hyderabad, we are focusing more on enabling the children to transition back into their old routine rather than on academics. Thus, a lot of emphasis is on co-curricular activities.

Indeed, happiness is back on campus and we are excited to be embarking on the road ahead with our mantra being learn, unlearn and relearn.

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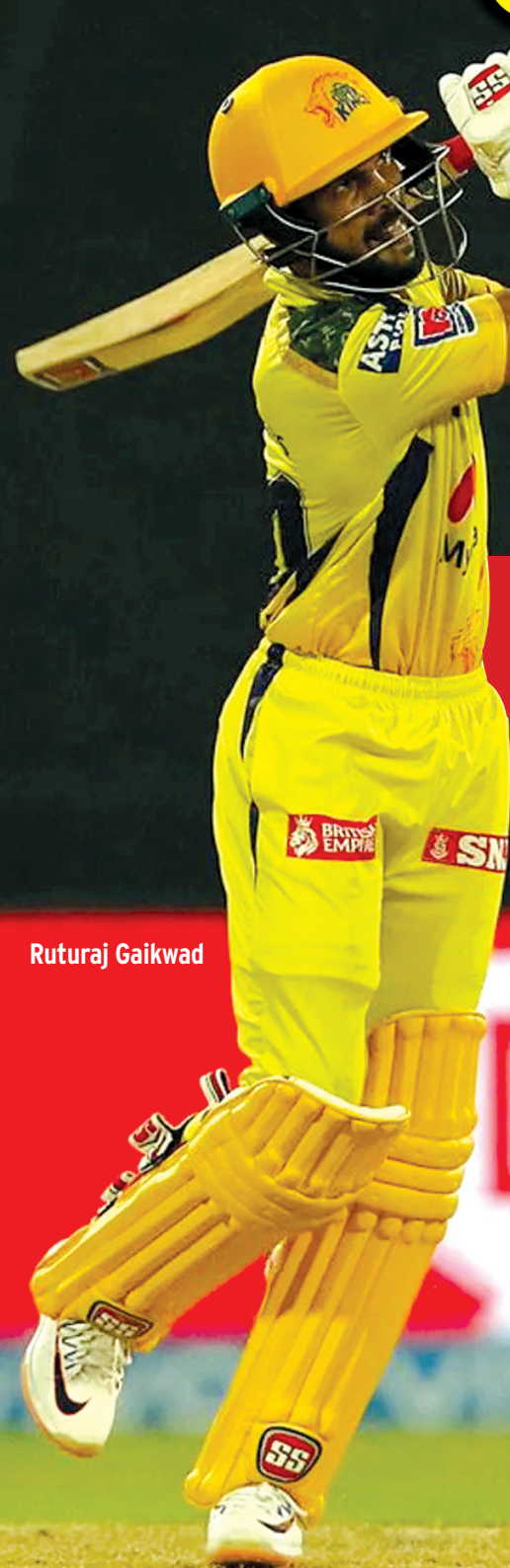
- ✓ 5 Hours Live Class
- ✓ Class Videos
- ✓ PPT Slides
- ✓ Certificate
- ✓ Quiz competition & prizes



## IPL 2.0

# CSK FACE IN-FORM DC IN BATTLE OF TOP TWO

Former champions Chennai Super Kings will look to quickly recover from their loss in the previous match



Ruturaj Gaikwad

Photo: ANI

**C**SK and DC have been the two most dominating teams in the UAE leg, having lost just one match so far to sail into the play-offs and both would look to finish in the top two as it will give them two shots at reaching the finals. After finishing at the bottom last season, CSK scripted a superb turnaround as they became the first team to qualify for the play-offs but the Mahendra Singh Dhoni-led side was done in by a sensational performance from Rajasthan Royals on Saturday. Despite posting 189-4, CSK failed to defend the score as Yashasvi Jaiswal and Shivam Dube scripted a sensational chase to overhaul the target in 17.3 overs. It was their first defeat in the UAE and third from 12 matches this season as CSK bowlers found the going tough with dew setting in the second half, making the chase slightly easier for the RR batting unit.

## CSK TO AVOID HICCUPS

Dhoni's men will have to adapt to the conditions quickly to avoid any such hiccup in the play-offs. CSK's batting has been sensational this season with Ruturaj Gaikwad being in the form of his life as he tops the batting chart with 508 runs.



It was his 60-ball unbeaten 101 that had powered CSK to 189-4 against RR and even though the team lost the match, Gaikwad remains the biggest threat for any opposition. He has formed a formidable pairing with South African great Faf du Plessis at the top, while the likes of Moeen Ali, Ambati Rayudu, Ravindra

It was a bad toss to lose to start off, but I feel the Royals' batters batted really well. Around 250 may have been about right on that surface (laughs). There was dew and the ball started coming on well, still you needed to bat well and that's what they did. An ideal start in a tall chase where they took the game on in the PP

CSK captain, MS DHONI on loss to RR

Jadeja and Dhoni have chipped in and bailed out the team whenever required. In the bowling department too, pacers Josh Hazlewood, Deepak Chahar, Dwayne Bravo and Shardul Thakur have been among wickets, while Jadeja and Ali have used their spin wisely. However, apart from Thakur, none of the bowlers could stop the marauding RR batsmen and they would look to quickly forget their last outing before taking on Delhi.

## DC'S TOP ORDER CONCERNS

Led by Rishabh Pant, DC have looked determined to complete the job after finishing runners-up last year. Just like CSK, Delhi too have 18 points from nine wins and three losses from their 12 games. After losing to Kolkata Knight Riders, Delhi bounced back with a four-wicket win over defending champions Mumbai Indians in their last game. However, Delhi batsmen struggled to get going in the last two games. While against KKR, DC lost wickets regularly and couldn't get the acceleration, Pant and Shreyas Iyer came to the rescue in their last game after a top-order collapse in the slow conditions of Sharjah. Despite the absence of their seam-bowling all-rounder Marcus Stoinis, who is nursing a hamstring injury, Delhi have done well so far.



Rishabh Pant

Photo: PTI

## ARSENAL'S momentum halted by BRIGHTON in stalemate

The teams played out an uninspiring 0-0 draw at a rain-drenched Amex Stadium

**G**raham Potter's men enjoyed the upper hand for large parts of the game but lacked a killer touch as the Gunners failed to build on last weekend's impressive north London derby win over Tottenham. Albion fans will be encouraged as their team climbed to fifth spot, two points behind leaders Chelsea, while Arsenal moved up to ninth. Mikel Arteta accepted his team's below-par performance only merited a point, with Arsenal's tally of five goals from their opening seven league games their lowest total since the 1986/87 season. "I was more concerned about the way we played. We didn't make enough right decisions," he told the BBC. "Every time there was

a duel where we could escape pressure and attack open spaces, we came up short and against this structure we had to do better. "I don't think we deserved to win the game. We have to take the draw with the performance we had and improve."

The Seagulls had made their best start to a Premier League campaign after winning four of their opening five games and hosted the Gunners while above them in the table for the first time since 1982. But Arsenal had won their previous four matches in all competitions after their worst start to a league campaign for 67 years. Bukayo Saka threatened in the first minute, embarking on a mazy run and working goalkeeper Robert Sanchez, but

Arsenal faded in a half Brighton dominated. Leandro Trossard flashed a shot wide after beating the offside trap and cutting inside from the right. Aaron Ramsdale almost cost his team when he dropped Neal Maupay's cross, but Lewis Dunk blazed over.

Pierre-Emerick Aubameyang hit the post with a header in the 23rd minute but the more energetic hosts continued to impress. Trossard went close again as his deflected shot narrowly cleared the crossbar following Lallana's cross. Emile Smith had Arsenal's clearest chance in the second half after being released by Thomas Partey but ignored teammate Saka and fired straight at Sanchez from a tight angle. **AFP**



Bukayo Saka

Photo: AFP



Timo Werner

## CHELSEA seize top spot after dramatic win over SOUTHAMPTON

Timo Werner's late goal inspired a controversy-filled 3-1 win for Chelsea

**T**homas Tuchel's side ended a frustrating week on a high note thanks to Werner's contribution to a dramatic finale at Stamford Bridge. After successive 1-0 defeats against Manchester City and Juventus, the Blues were in danger of another disappointing result with just minutes remaining in rain-soaked west London. Trevoh Chalobah's early opener for Chelsea had been cancelled out by a James Ward-Prowse penalty in the second half. But Ward-Prowse was sent off for an ugly lunge on Jorginho and Chelsea took full advantage as Werner restored their lead with six minutes left before Ben Chilwell wrapped up the points. Chelsea sit two

points clear of second-placed Liverpool, with Jurgen Klopp's side able to regain pole position if they beat champions Manchester City on Sunday. Failure to defeat a Southampton side still seeking their first league win this season would have raised serious questions about the European champions. So it was a huge relief for Tuchel to get back on track heading into the international break as Chelsea put one of their rare blips of the German's reign behind them. Frustrated by what he labelled a "strange display" against Juventus on Wednesday and an equally lacklustre loss to City last weekend, Tuchel made five changes in a bid to shake up his "tired" team.

Ruben Loftus-Cheek was handed his first league start for

Chelsea since September 2020, while Jorginho, Kai Havertz and Marcos Alonso were among those dropped. Tuchel showed he had not lost his midas touch as three of the players he brought into the team combined for the ninth-minute opener. Teenage right-back Tino Livramento, who left Chelsea in the close-season, made an incisive raid that forced a panicked foul from Chilwell in the penalty area. Atkinson pointed to the spot and Ward-Prowse stepped up to send Edouard Mendy the wrong way with the penalty. But Ward-Prowse could have no complaints when Atkinson sent him off after consulting the pitchside monitor to review a nasty foul that left substitute Jorginho writhing in pain with 14 minutes left. That proved the turning for Chelsea. **AFP**

## QUIZ TIME!

**Q1:** The term "Tee" is used commonly in which among the following sports?

- Tennis
- Polo
- Golf
- Racing

**Q2:** Which of these was the first Indian to win an Olympic medal?

- K D Jadhav
- P T Usha
- Leander Paes
- Dhyan Chand

**Q3:** World's highest Hockey ground is located in:

- Chail
- Shilaroo
- Parwanoo
- Delhi

**Q4:** What is the other name of Sir Garfield Sobers Trophy?

- ICC Cricketer of the Year Awards
- ICC Test Captain of the Year
- Spirit of the Cricket Awards
- Test Player of the Year Award

**Q5:** Which Indian was the first to win an individual gold medal at any Olympic Games?

- Muhammad Aslam
- Rajyavardhan Singh Rathode
- Abhinav Bindra
- Mohammed Shahid

**Q6:** In the year 1985 Marita Koch set the current world record in the 400m women. What time did she clock?

- 47.60 seconds
- 48.99 seconds
- 49.50 seconds
- 49.60 seconds



Marita Koch

**Q7:** "National Football Museum", which keeps the FIFA collection, is located in which country?

- Switzerland
- Canada
- England
- France

**Q8:** How many medals has India Men's Hockey team won at Asian Games till date?

- 11
- 9
- 3
- 15

**Q9:** Which team won the Women's Hockey World Cup 2018?

- Netherlands
- Australia
- Argentina
- Germany

**Q10:** Which weight category was removed from the AIBA World Boxing Championships in 2011?

- Featherweight
- Light Middleweight
- Bantamweight
- Welterweight

**ANSWERS:** 1. c. Golf 2. a. K D Jadhav 3. b. Shilaroo 4. a. ICC Cricketer of the Year Awards 5. c. Abhinav Bindra 6. a. 47.60 seconds 7. c. England 8. d. 15 9. a. Netherlands 10. a. Featherweight