



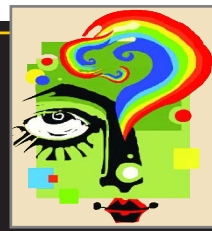
THE TIMES OF INDIA

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**TODAY'S
EDITION**

► We tell you how scribbling daily notes in class is a safe space for children to write, express and document their own progress

PAGE 2


► An educationist shares tips on how to take care of our mental health while battling tough times

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► India crush Sri Lanka by an innings and 222 runs, lead two-match series 1-0

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STUDENT EDITION
MONDAY, MARCH 7, 2022

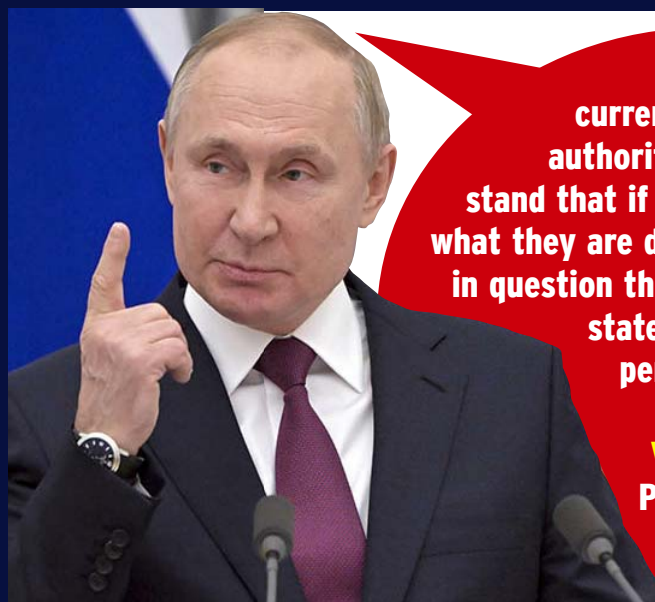


Russia-Ukraine conflict escalation would cause 'devastating' economic damage: IMF

The IMF has warned that the already "serious" global economic impacts of the war in Ukraine would be "all the more devastating", should the conflict escalate. Even as forecast remains subject to "extraordinary uncertainty, the economic consequences" of the invasion launched last week by Russia on its eastern European neighbour "are already very serious," the IMF said in a statement. The IMF said emergency financial assistance requested by Ukraine, already reported on February 25, amounted to \$1.4 billion, adding the request could be brought before the executive board as early as next week. "The sanctions on Russia will also have a substantial impact on the global economy and financial markets, with significant spillovers to other countries," the IMF said. It noted "a sharp mark-down in asset prices as well as the ruble exchange rate" already, with the full scope of the "unprecedented" sanctions' impact too early to call.

CLICK HERE: PAGE 1 AND 2

WAR OF WORDS ESCALATES AS RUSSIAN OFFENSIVE AGAINST UKRAINE CONTINUES



The current (Ukrainian) authorities must understand that if they continue to do what they are doing, they are putting in question the future of Ukrainian statehood. And if this happens, they will be fully responsible
VLADIMIR PUTIN, President, Russia

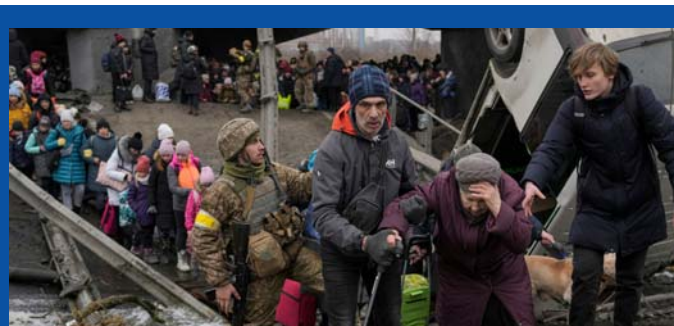
Every metre of our Ukrainian land won by protest and humiliation of the invaders is a step forward, a step towards victory for our entire state. This is a chance to live. Ukrainians! In all our cities where the enemy entered... feel it. Go on the offensive
VOLODYMYR ZELENSKY, President, Ukraine



Putin likens sanctions to a 'Declaration of War'

Russian President Vladimir Putin threatened the existence of Ukrainian statehood as his army's invasion of the neighbour faced stiff resistance on Sunday, and his economy is increasingly asphyxiated by sanctions. In the latest efforts to freeze Moscow out of the world economy, US-based card payment giants Visa and Mastercard announced they will suspend operations in Russia, while world leaders vowed to act over the intensifying onslaught. Kyiv has urged the West to boost military assistance to the besieged country, including warplanes, with President Volodymyr Zelenskyy pleading for Eastern European neighbours to provide Russian-made planes that his citizens are trained to fly.

Meanwhile, Putin escalated warnings against NATO, threatening a wider war, if a no-fly zone is set up, as his forces resumed their offensive. The strategic city of Mariupol on the Azov Sea has for days been under siege and without electricity, food and water



UKRAINE CITY MARIUPOL TRIES AGAIN TO EVACUATE CIVILIANS

The Ukrainian port city of Mariupol, which is surrounded by Russian troops, said it will restart efforts to evacuate civilians, after earlier efforts were scuppered by ceasefire violations. The first ceasefire attempted in Ukraine to evacuate desperate civilians collapsed on Saturday amid ongoing shelling, as Russian and Ukrainian officials traded blame and Moscow tightened its grip on the war-battered country's strategic seacoast. Meanwhile, Russia has claimed to have destroyed a key Ukrainian air base in a long-distance precision strike. Ukraine, on the other hand, claimed that 11,000 Russian soldiers have been killed in the on-going war



India tries to negotiate for a safe corridor in Sumy

The government on Saturday said it is in touch with authorities in Russia and Ukraine to facilitate a ceasefire in Ukraine's conflict zone and ensure safe evacuation of Indian students trapped in the northeastern city of Sumy. According to the MEA, over 20,000 Indians have left Ukraine since India issued initial advisories. So far, 13,300 Indians have been evacuated from Ukraine on 63 flights operating under the government's 'Operation Ganga'. Of these 63 flights, 15 had landed in the 24 hours till Saturday evening, bringing back some 3,000 Indians. Meanwhile, on Sunday, New Delhi sent humanitarian assistance to Ukraine via Poland

WAR calling

HUNDREDS OF MEN LINE UP TO JOIN UKRAINIAN ARMY
Hundreds of men have been lining up in Kyiv to join the Ukrainian army. An order from Ukraine's government prohibited men between the ages of 18 and 60 from leaving the country to keep them available for military conscription

UKRAINIAN REFUGEES NEAR 1.5 MILLION

The number of Ukrainian refugees reached nearly 1.5 million on Sunday as Russia continued its attack 11 days after invading Ukraine. Ukrainians, who could escape, spilled into neighbouring Poland, Romania, Slovakia, and elsewhere. Ukrainian negotiators said a third round of talks with Russia on a ceasefire would go ahead on Monday, although Moscow was less definitive.

Mithali Raj becomes first woman cricketer to appear at six Cricket World Cups

Indian women's cricket team skipper Mithali Raj on Sunday became the first woman, and the third cricketer ever to appear at six ICC Women's Cricket World Cups. Leading India in the opening game of their World Cup campaign, the 39-year-old could manage just nine runs in 36 deliveries as she was caught by Pakistan Diana Baig off Nashra Sandhu's bowling on Sunday. The right-hander now equals Australian legend Belinda Clark by captaining at her fourth ICC Women's World Cup. Clark and Mithali stand as the only two players to have captained their country at more than two World Cups.

Spotlight

India hammered Pakistan in their opening match of the tournament at the Bay Oval in Mount Maunganui on Sunday.
(More on Page 4)



■ Former Pakistan cricketer Javed Miandad appeared in the first six Men's Cricket World Cups between 1975 and 1996 ■ Sachin Tendulkar began his World Cup career in 1992. By the time Tendulkar's fairy-tale finish came in 2011, Mithali had already captained India at a World Cup after having made her tournament debut in 2000



Do you have a right to feed STRAY DOGS?

The Supreme Court on Friday stayed an order of the Delhi high court, which allowed stray dogs to be fed in every residential society. The Court issued notice to the Animal Welfare Board of India and others on a petition challenging the Delhi high court order relating to the feeding of stray dogs.



THE ORDER: ■ The HC had in July said that animals have a right under law to be treated with compassion, respect and dignity, and protection of such beings is the moral responsibility of each and every citizen, including the governmental and non-governmental organisations ■ It had said that community dogs have the right to food, and citizens have the right to feed community dogs but in exercising this right, they should not impinge upon the rights of others.

THE PLEA: The petitioner contended that the high court order is based upon several "blatantly misleading, irrelevant and factually incorrect statements and misinformation with regard to dog behaviour, problems associated with stray dogs, information regarding dogs, and as also with respect to the existing laws"

₹6,800 CRORE

The amount, which the creators on the video streaming platform YouTube, contributed to India's GDP, says a new report by Oxford Economics, an independent consulting firm. It supported over ₹6.83 lakh full-time equivalent jobs in India in 2020, the report added.

■ A 'creative entrepreneur' stands for YouTube creators, regardless of their gender identity, with at least 10,000 subscribers on their largest channel, and for creators with fewer subscribers, who receive funds directly from YouTube, generate funds from other sources with their YouTube videos and / or permanently employ other people to support their YouTube activities
■ Interestingly, the number of channels in India with over 100,000 subscribers stands at 40,000, which marks a growth of over 45%, year on year

FACTOID

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ONLINE TOI STUDENT EDITION

THEME FOR INTERNATIONAL WOMEN'S DAY 2022: #BREAKTHEBIAS

"She wasn't looking for a knight. She was looking for a sword." -Atticus

Come celebrate International Women's Day with us and our list of Wonder Women from India and the world

What to expect

Inspiring profiles
■ Stories of courage, of women who thought differently, those who broke the glass ceiling, and those who challenged stereotypes

The Next Gen
■ Along with established names, we bring you the change of guard, girls who are well on their way to become the icons of tomorrow

Our Poll
■ Nearly 12k plus students and teachers took our poll to tell us their most inspiring women from all walks of life. We share the findings

Love is success
■ How is it when one loves what they do. It changes the way they approach it. Featuring real-life stories of those who converted their passion into success

PLUS : Trivia | Voices | Icons and MORE

ONLINE
The celebrations continue online as we profile women and girls who are all set to #breakthebias

MARK YOUR DATE
MARCH 8, 2022

HISTORY HAS IT



THE FIRST ALPHABET – PHOENICIAN ABJAD

The first known civilisation to create a purely phonetic system, completely independent of a pictographic or syllabic system, was the Phoenicians. Around the 15th century BCE, Phoenicians created an alphabet made purely of consonants – an abjad – in which one symbol represented one consonantal sound. It consisted of 22 letters and was written from right to left. Its origin can be traced to Egyptian hieroglyphs and its influences can be seen in the Greek alphabet, which adopted the Phoenician method of writing.

inscribed on oracle bones. Chinese characters, called logograms by linguists, are used in numerous languages across Asia, most notably the languages of China and Japan. An estimated 1.34 billion people around the world use the Chinese alphabet—also known as hanzi, kanji or hanja—for written communication. It is considered among the oldest continuously used forms of writing in the world.

ARABIC

Arabic is the third most widely used script in the world. Around 660 million individuals use Arabic script to communicate in a number of languages, including: Urdu, Pashto, Arabic, Punjabi, Persian, Malaysian, and Kurdish (to name a few). Unlike the other previously mentioned scripts, Arabic is written from right to left.

DEVANAGARI

Devanagari script is used to communicate in around 120 languages, including Nepali, Hindi, Sanskrit, and Marathi. Estimates suggest that around 608 million people around the world utilise Devanagari on a regular basis, making it the fourth most widely used script in the world. This script is written and read from left to right and can be easily recognised by its circular-like shapes and straight-lined outlines.

THE BENGALI ALPHABET

An estimated 300 million people use this syllabic alphabet, which is derived from the Brahmi alphabet and is closely related to Devanagari. The current form of the Bengali alphabet first appeared in 1778 and was slightly modernised in the 19th century.

WRITTEN WORD

PICS: ISTOCK

Why **CLASSROOM JOURNALING** is great

Scribbling daily notes in class is a safe space for children to write, express and document their own progress

Students of all ages can learn a lot from keeping a regular journal. When teachers introduce the idea of journaling into their classroom, they're often searching for reflective journal writing tips for students. These are the ideas that will help students become motivated to formulate opinions, express themselves openly, and write 'reflectively'.

Most writing is creative writing, where you describe something that happened or you make up a story. However, reflective writing gives the writer insights and can lead to further learning. Reflective writing can also be analytical when applied to critical thinking or processing used in research.

Here are 5 reasons all children must cultivate the habit of reflective journaling:

Active learning: It allows students to advance from passive learners to active learners. Through the

process of journaling, students begin to problem-solve on their own.

Getting over fears: By getting your thoughts down on paper, you can gain a deeper understanding of the causes of your own internal conflicts, while you also explore the external challenges you're facing. Your problems, fears, and concerns will come to the surface so you can start to address them and visualise solutions.

Boosts memory: Research has shown that writing information down by hand is an effective way to commit ideas to memory. As a student, you will need to memorise information to pass your exams. Consider integrating journaling into your life as a way to improve your memory.

Creates confident writers: Some students feel they don't have a knack for writing. Journaling breaks down some of those walls. Teachers can provide writing prompts for students to choose from or allow them to reflect on a certain quote.

Develops critical thinking: Reflective journals foster a greater understanding of new ideas. Students can use this opportunity to think deeper about new discoveries, recording personal observations and added research on the topic.

WRITING SYSTEMS OF THE WORLD

Writing has been around for over 5000 years, but there is a wider variety of unique writing systems than you might think

Writing renders language visible; while speech is ephemeral, writing is concrete and, by comparison, a writing system is a method of representing the sounds of a language by written or printed symbols, for instance the Roman alphabet. Let's learn more about some of the most commonly used writing systems around the world:

LATIN ALPHABET

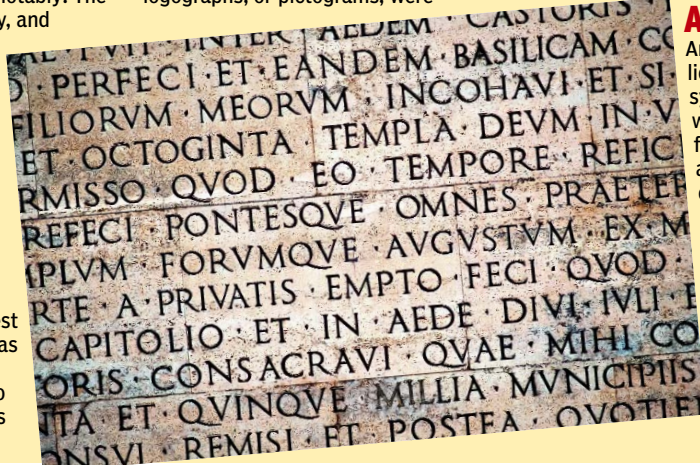
The Latin alphabet is the most widely used script, with nearly 70 percent of the world's population employing it. Latin is used to write a minimum of 305 languages. This script originated in present-day Italy and has since spread

around the world with the help of several historic events, most notably: The Roman Empire, Christianity, and European colonisation. It commonly consists of 26 letters and is the basis for the International Phonetic Alphabet, which is used to relate the phonetics of all languages.

CHINESE CHARACTERS

Chinese writing is the oldest system in the world that has hardly changed in the last 4,000 years. It is thought to have originated as pictures

around 2,000 BC. The earliest known logographs, or pictographs, were



QUOTE UNQUOTE

FAMOUS AND INSPIRING WORDS ON PEACE

"Peace is the only battle worth waging"
— Albert Camus

"It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it."
— Eleanor Roosevelt

"Peace cannot be kept by force, it can only be achieved by understanding"
— Albert Einstein

"Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal."
— Martin Luther King Jr.

"Peace is a fulltime job. It's protecting civilians, overseeing elections, and disarming ex-combatants. Peace, like war, must be waged."
— George Clooney

"The more we sweat in peace, the less we

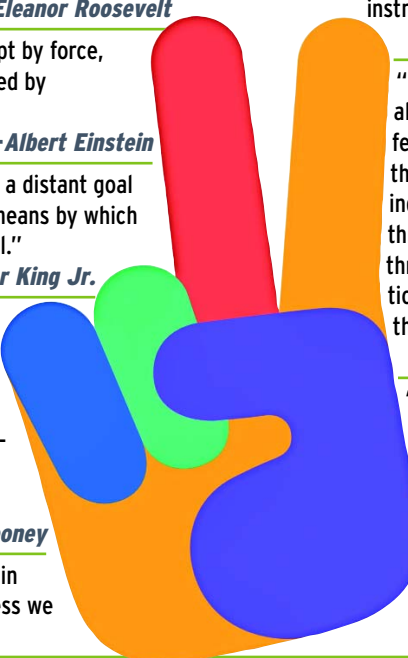
bleed in war."

— Vijaya Lakshmi Pandit

"The most valuable possession you can own is an open heart. The most powerful weapon you can be is an instrument of peace."
— Carlos Santana

"Peace does not mean an absence of conflicts; differences will always be there. Peace means solving these differences through peaceful means; through dialogue, education, knowledge; and through humane ways."
— Dalai Lama

"I was once asked why I don't participate in anti-war demonstrations. I said that I will never do that, but as soon as you have a pro-peace rally, I'll be there."
— Mother Teresa



WORD GETS AROUND

8 TERMS TO MAKE YOU MONEY WISE

Broad money: The amount of money in a country's economy, measured by counting money kept by banks and people.

Gig economy: A way of working that is based on people having temporary jobs or doing separate pieces of work, each paid separately, rather than working for an employer.

Econometrics: The testing of the performance of economies and economic theories using mathematical methods

Shrinkflation: The situation when the price of a product stays the same but its size gets smaller

Standard of living: The amount of money and comfort people have in a particular society

Uberize: To change the market for a service by introducing a different way of buying or using it, especially using mobile technology

Downcycle: A time when there is less economic activity, or when prices or values of something are falling or low:

Disposable income: Money available after one pays taxes and obligatory bill payments.



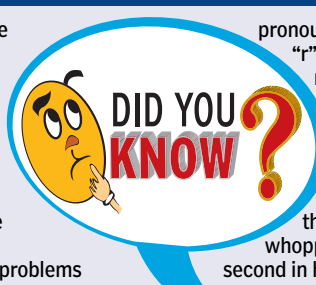
TONGUE TWISTERS MAKE GREAT ORATORS

Tongue twisters don't make a lot of sense, but they are filled with repeated sounds making them extremely helpful in speech therapy. Basically, a tongue twister works the same way as physical exercise. The more you practice, the better your pronunciation will be.

What is more, tongue twisters were – and probably still are – used by actors before a representation, by politicians before a speech and even by news anchors before going live.

If you are having problems

pronouncing certain sounds like "s", "r", "l" or "th", practicing with the right tongue twisters can ameliorate your speech impediment. When it comes to tongue twisters and talking fast, we can't help but think about Eminem. Did you know that he manages to rap with a whopping speed of 11.4 syllables per second in his song "Rap God"? Phew.



Queries relating to language skills

Do you find grammar confusing? Do you get stuck with words when writing a letter, an essay or a blog? Do you have a fear of public speaking? Or do you simply want to improve your communication skills? Times NIE is here to help you to master the intricacies of the English language. Just shoot us your queries on toinie175@gmail.com



A ROOM OF YOUR OWN

Online teaching brought new techniques of teaching into each house. Google classrooms, Zoom, and Microsoft Teams became household names. As a teacher, I have been using MS Teams for more than a year now and I must say that the features offered by this platform are simply superb. All our work remains highly organised.

One of the features is the 'Breakout Rooms'. Here, while in the main meeting, the organiser, that is the teacher, can create groups of students, and put them in separate rooms or meetings, for a certain period of time. This feature is useful during group work. The organiser can visit each room and check the work. After the stipulated period of time all return to the main meeting. This feature made me re-



MEGHANA KUTHE,
The Shri Ram
Universal School,
Hyderabad

Just like Breakout Rooms in MS Teams, we have so many breakout rooms in our minds. The number depends on us, also when to be in which room and for how much time are also decided by us.



alise that we have so many breakout rooms in our minds. Their number depends on us also when to be in which room and for how much time is also decided by us. Depending on our interests, duties, we create rooms and label them as family duties, children's education, invest-

ments, career, our hobbies, and duties at the workplace, vacation, shopping and so many more. We visit almost all of these 'breakout rooms' every day and how long to be there is also decided by us.

Many times, physically we do a particular task but mentally we keep on moving from one room to another. The reasons for that could be because we are multitasking, and also as adults, we have many responsibilities. In addition, sometimes we are not interested to be in a particular room. So, to balance our tasks, we keep moving from one room to the other. Here the organiser and attendee are one, so it is easy to move. While switching over from one room to another, I would like to be in my special breakout room created only for me. I would do all those things that would make me happy and would just be with myself in that room. Would it not be nice to remain in that room forever? No, then the importance of having that special room would be lost. So, create as many rooms as per your requirements, but have a special 'Breakout Room' for yourself and stay happy.

UPPING SKILLS WITH STORIES

'Mankind has always been attracted to its stories'.

- S** - Special
- T** - Think
- O** - Open-Minded
- R** - Reflective
- Y** - Young

Stories are always special to us. Stories let us 'Think', stories instruct us to be 'Open-Minded', stories make us 'Reflective', stories let us explore our 'Younger Self'.

"Age is just a number" even in the case of storytelling. It plays a crucial role for any age, it lets us develop our concentration, listening skills, and our thinking skills.

Any skill we conquer can be expressed and enacted in the form of a story, this arrangement of learning



DIVYA KUNCHALA,
Homeroom Teacher
class I, Silver Oaks
International High
School, Mighty Oaks
Campus, Hyderabad

this would be by asking the listener to enact the role of any character they liked throughout the story. For instance, delivering the "Caption Line" for the main character. This lets them grasp the main idea behind the story.

"Storytelling is the most powerful way to put ideas into the world today - Robert McAfee Brown"

Let's Love Our Stories - Let's Listen To Our Stories.

will be held with the listener till the end of time.

While elucidating a concept/form of a story we should focus on the key point of how to create interest in one's inner-self, how we can hook the listener, how we can relate/connect with the listener. A great way to achieve

Awards for plantation drives on campus

Pallavi Model School Alwal, Pallavi Engineering College Nagole, Pallavi International School, Gandipet, Keesara were felicitated with CII Haritha Haram Awards 2021 by minister for IT and industries KT Rama Rao at the CII Telangana state annual meeting.

Malka Komaraiah, chairman Pallavi Group of Schools, Malka Yasasvi, Chief Operating Officer DPS & Pallavi Group of Institutions and Sushil Kumar, Director Pallavi Group received the awards.

Raju, Principal of Pallavi Engineering College Nagole, Meetali Archit, Principal of Gandipet branch, Sunir Nagi, Principal of Alwal branch and Grecilda Rose, Headmistress of Keesara branch were also there to receive the award along with the management members.



Pallavi Group of Institutions Hyderabad

Delhi Public School Nacharam, Mahendra Hills and Nadergul were presented the Haritha Haram awards by minister for IT and industries KT Rama Rao at the CII Telangana state annual meeting and Telangana Leadership Summit India@75: Catalyzing Change for New India.

The award was received by

Pro Vice Chairman Malka Komaraiah, Yasasvi Malka COO DPS & Pallavi Group of Institutions & Sunitha Rao Principal DPS Nacharam, Jyothi Turaga Principal DPS Nadergul, under Educational Institutions category for taking up Telangana - Haritha Haram scheme on a large scale during the year 2021 and for initiating green initiatives in the schools.

CII acknowledged the mass plantation drive adopted by the schools.

The other dignitaries present were Dr Krishna Ella, Chairman & Managing Director Bharat Biotech International Ltd, Sameer Goel, Chairman, CII Telangana & Managing Director, Coromandel International Ltd, CK Rangathan, Chairman, CII South-



Delhi Public School
Nacharam, Mahendra Hills
and Nadergul

ern Region & Chairman and Managing Director Cavinkare Pvt Ltd, Jayesh Ranjan, IAS, Principal Secretary, Industries & Commerce and IT, E&C departments Government of Telangana, Vagish Dixit, Vice Chairman, CII Telangana & Managing Director Alpha India Pvt Ltd.

Express YOURSELF

MY CHANGING PERSPECTIVES

The last two years have been very different than what we call "usual life." I have realised that I experienced many changes in myself and the things surrounding me.

Talking about the pandemic makes me sad, so let us leave that. Now, about my own self. I have become very impatient, especially when things don't go the right way for me.

However, there aren't only cons, there are pros in my changing personality too. I am trying to stay positive and calm in difficult situations.

Secondly, there has been a vast change in my outlook. I have started seeing things like life and education from a different perspective than before. I have also started desiring to stay solitary.

Whenever I am sad, angry, happy or going through any emotion, I have these philosophical moments, where I need freedom. I like to sit alone and let those thoughts flow through my mind.

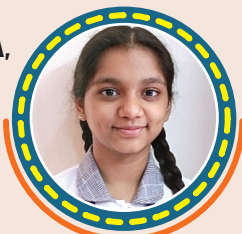


I realise some things which nobody knows about - the ways of this world, the ways of different types of people, my own ways, etc. I have started asking questions to myself about myself, this world, for instance who exactly am I? Why am I here? What is

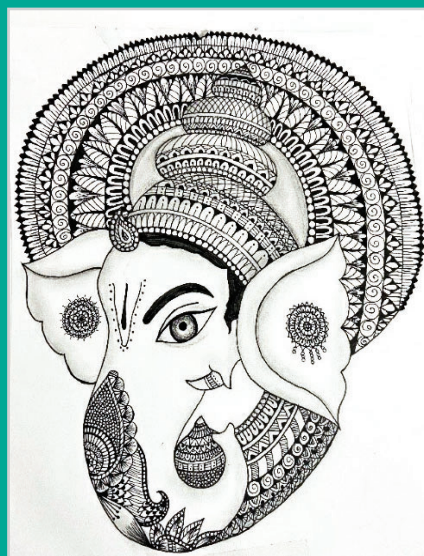
my purpose? Is there anyone apart from my family who is really trustworthy? Is this world really like I view it? Am I forgetting the dark sides of this world? Do we need to look out? The list might never end!

The thing I am happiest about, is how I have started to express myself by writing articles, poems, etc. These are reaching the right platform where everyone can read it. I hope my writings are analysed deeply by people so that they understand the hidden meanings, because my works focus on this life and world. To sum it all up, I have changed a lot and I am happy about many of these changes.

BHAVYA MANGRAUTHIA,
class VIII-A, Delhi
School of
Excellence,
Attapur,
Hyderabad



Painters' Gallery



EYE FOR DETAIL: SRIKSHETRA CH,
class VII-C, Bharatiya Vidya Bhavans Public
School, Vidyashram, Jubilee Hills

MINDFULNESS AND ME



It's a hectic world, so in order to adapt to that we have learned to direct our minds towards multiple things at once. For instance, while doing school work, we watch the television, or plan our day while listening to a podcast. But in the hustle to complete the necessary things, we forget to live in the moment.

We might not be content because the present time is hard and things may not be well in our life, but when we accept it and pass through the difficult times it is called "Mindfulness". It isn't about being happy and smiling all the time as we all go through rough patches in our lives. What it does mean is being there, being present, dedicating yourself to whatsoever it is.

The best way to practice mindfulness is by meditation. For this you have to focus on an "anchor" which can be anything really, it can be your breath, a sound or even your own body. We should set aside at least 20 minutes a day for this benefiting activity.

Many say that mindfulness helps us to respond rather than react and I have noticed this tenfold. I'm certain it's saved me from some arguments over the years with various people. Even though the purpose of mindfulness isn't to feel happy all the time, since practicing I've noticed more happy moments. Days which I might have written off as awful in the past, weren't so awful.

Mindfulness is now being examined scientifically and has been found to be a key element in stress reduction and overall happiness. So, be mindful and be happy.

TAMANNA KAPOOR, class VIII-C, Delhi Public School, Nacharam



Wars are destructive

Looking at the events occurring in modern times, I've noticed that money, fame, power are what controls everyone. We totally stopped looking for aspects such as seeking respect, being kind, etc. In the past few years, there were many occasions where we thought World War III might occur, be it the conflict between the USA and Iran or now Russia and Ukraine. It has always been best for us to avoid wars at any cost as we are the ones who are going to be affected through these traumatising disasters.

In the ongoing war between Ukraine and Russia, we've seen many

children getting orphaned and many families destroyed. These wars not only affect a person physically but it also mentally. It is said "health is a state of being mentally, physically and socially fit," so can we consider anyone under the pressure of war being healthy? The answer is 'no'. Looking at all these consequences we can say that wars can be for sure avoided. We should not let our temper and ego destroy us.

DEVEESRI SISTLA, class IX,
Gautami Vidya
Kshetra



HELPING HANDS

On the day of Makar Sankranti, I noticed a pigeon hanging upside down in my balcony as its wings had got caught in the glass coated string (manjha, used to fly kites) and was struggling to free itself.

The poor bird was bleeding and in a very vulnerable condition. Everytime we reached out to help him, it panicked and got further entangled. Eventually, he calmed down and my mother slowly removed the string around his neck which was choking him.

We were shocked to see his injuries. We cleaned his wounds and applied anti-septic lotion on it. Later, we offered him

some grains and water. I arranged a cardboard box for his safety as a temporary house.

The next day, we noticed that his wounds had started healing and on the third day, he was able to fly. I was very happy to have rescued an injured pigeon and help it recover.

I would like to advise my dear friends to not fly kites during the morning and the evening times as the pigeons have to travel a long distance to collect food in the morning and they return in the evening.

ANAYA BISARIA, class III-ROSE, Sister Nivedita School



MADRID ROUTS SOCIEDAD

Fight back to make it to top of La Liga, set up CL decider with PSG

Real Madrid enjoyed the perfect preparation for Paris Saint-Germain by thrashing Real Sociedad 4-1 on Saturday to move eight points clear at the top of La Liga. Madrid had to come from behind at the Santiago Bernabeu as two scintillating long-range strikes from Eduardo Camavinga and Luka Modric turned the game on its head. After his midfielders scored just before halftime to overturn an early spot kick by Mikel Oyarzabal, Karim Benzema added a second-half penalty to put the result beyond doubt and take his league-leading goal tally to 20. Marco Asensio then finished off the demoralized visitors.

TIMELY STRIKES

Everything seems easier with the 36-year-old Modric, whose own wonder-goal was the highlight of another mesmeric display, for which he earned a standing ovation from the home crowd in the second half.

Camavinga's strike, his second goal for Madrid, was timely given the 19-year-old may have to start against PSG on Wednesday, with Toni Kroos, absent here, struggling with a hamstring strain. "Camavinga is definitely an option," said Madrid coach Carlo Ancelotti. Benzema looks sharp again

after recovering from his own hamstring injury last month. Benzema has three goals in his last three games, and had two disallowed against La Real before finally scoring from the spot.

CRITICAL GAME AHEAD

Madrid will prepare for Wednesday's critical game against Paris Saint-Germain with the French powerhouse holding a 1-0 advantage going into the return leg of their Champions League round-of-16 tie. The comeback over Sociedad lifted Madrid eight points clear of second-placed Sevilla, which a day before was held to a scoreless draw at Alavés.

Before kickoff, both teams posed with shirts and large signs reading "Everyone for Ukraine" in Spanish to protest Russia's invasion of its neighbor. Madrid's backup goalkeeper Andriy Lunin, who is Ukrainian, was among the players. Fans at the Santiago Bernabeu also held up large cards with either the yellow or blue colors of the Ukrainian flag.

At the end of the game and with the stadium mostly empty, Madrid's players came back out onto the pitch to salute the ultras behind the goal. "The thanks to the fans was an idea that came from the players," said Ancelotti. "After this game they believe more in what we can do on Wednesday." AGENCIES

PL: MANE STRIKES TO DOWN WEST HAM

Liverpool rode their luck in a 1-0 victory over West Ham

United in the Premier League on Saturday to turn up the heat on leaders Manchester City, who face a derby showdown on Sunday. Sadio Mane's 12th league goal of the season, tucked away midway through the first half, proved just about enough to secure the win as Liverpool narrowed City's lead at

the top to three points with both teams having 11 games left to play. The goal in the 27th minute take their points tally to 63 and the side is positioned in second place in the standings. The defeat leaves West Ham still two points outside the top four, having played more games than all their rivals for a place in next season's Champions League.

INDIAN WOMEN CRUSH PAK

BEGIN WORLD CUP CAMPAIGN ON HIGH NOTE AFTER WOBBLY START TO 107-RUN VICTORY

The Indian team thrashed arch-rivals Pakistan by 107 runs to begin their campaign in the ICC Women's World Cup on a rousing note at Mount Maunganui, New Zealand, on Sunday, the much-anticipated face-off ending in a no contest.

Opting to bat after the coin landed in India's favour, in-form opener Smriti Mandhana, Sneha Rana and Pooja Vastrakar struck useful half-centuries to help their team recover from an early wobble and post 244 for seven at the Bay Oval. Chasing a tricky target of 245, the Pakistan team fell way short of the mark and was all out for 137 in 43 overs, losing its 11th straight game against India in the 50-over format.

Left-arm spinner Rajeshwari Gayakwad did the star turn with the ball, returning with excellent figures of 4/31 after her full quota of 10 overs. Seasoned pacer Jhulan Goswami bowled very well to finish the game with impressive figures of 2/29, while

there were also two wickets for Rana (2/27), capping off her fine all-round show.

Put under pressure

To start with however, the Indians found themselves under pressure after opener Shafali Verma was dismissed for a duck in the third over. A 92-run stand between Mandhana (52 off 75 balls) and Deepti Sharma (40 off 57) helped steady the ship.

However, Pakistan came back strongly by claiming a flurry of wickets, including the scalps of skipper Mithali Raj (9) and her deputy Haremanpreet Kaur (5). After the early dismissal of Shafali, the duo of Mandhana and Deepti got together to first steady the innings and then build a foundation for Rana and Vastrakar to take their team closer to 250. Rana (53 not out) and Vastrakar (67) shared a crucial 122-run partnership – the highest for the seventh wicket in ICC Women's World Cups – to help boost the India total. The stand between Rana and

"I'm very happy, my first Player of the Match award, in my first WC game. The plan was to somehow try and get to 200. I like to bat in pressure situations, even in domestics, I told Sneha (Rana) to keep the partnership going."

POOJA VASTRAKAR

Vastrakar hit Pakistan hard as they were hoping to restrict India after reducing them to 116 for four at one point.

For Pakistan, spinners Nida Dar (2/45) and Nushra Sandhu (2/36) snared two wickets each.

In reply, Pakistan were precariously placed at 78 for five at the halfway point in their innings, 167 runs away from a win. India were rewarded for some tight bowling early on, limiting Pakistan to just 26 for no loss at the end of the powerplay. The pressure got to the openers as Javeria Khan departed in the 11th over, trying to take the aerial route. After that, the Indian spinners continued to keep a lid on the scoring. **m**



India's Rajeshwari Gayakwad (L) celebrates with Smriti Mandhana



Pooja Vastrakar

INDIA BEAT SRI LANKA BY AN INNINGS



Ravindra Jadeja (3L) celebrates with teammates after the dismissal of Sri Lanka's Lahiru Kumara during the third day of the first Test cricket match between India and Sri Lanka at the Punjab Cricket Association Stadium in Mohali.

FOR FULL STORY CLICK HERE:

Hosts India defeated Sri Lanka by an innings and 222 runs inside three days in the opening test at Mohali on Sunday to take a 1-0 lead in the two-match series. Sri Lanka made 178 in their second innings after getting bundled out for 174 in the

first. India, who declared their first innings on 574-8, enforced the follow-on. Left-arm spinner Ravindra Jadeja, who scored an unbeaten 175, picked up four wickets in the second innings for a match haul of nine. Off-spinner Ravichandran Ashwin took 4-47. REUTERS

QUIZ TIME!

Q1: Who was the first hockey player to be awarded the Padma Shri?

- Dhyan Chand
- Balbir Singh
- Leslie Walter Claudius
- Dhanraj Pillay

Q2: How many players are there in each Kho-Kho team?

- 12
- 9
- 11
- 10

Q3: Upper cut is related to which game?

- Boxing
- Cricket
- Swimming
- None of these

Q4: Who is known as the hockey wizard of India?

- Vijay Kumar
- Samaresh Jung
- Major Dhyanchand
- None of these

Q5: In which state did the game of polo originate?

- Bihar
- Manipur
- Assam
- Karnataka

Q6: India's Unnati Hooda represents the country in which game?



Photo: TOI

- Badminton
- Cricket
- Tennis
- Hockey

Q7: Where was the game of Kabaddi originally played?

- China
- Japan
- India
- Russia

Q8: Where did 'Supermax cricket', the modern version of cricket, start?

- Russia
- Australia
- New Zealand
- India

Q9: What is the normal duration of an international football match?

- 45 minutes
- 60 minutes
- 80 minutes
- 90 minutes

ANSWERS: 1. b. Balbir Singh

- b. 9
- a. Boxing
- c. Major Dhyanchand
- b. Manipur
- a. Badminton
- c. India
- b. Australia
- d. 90 minutes