



THE TIMES OF INDIA

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**TODAY'S
EDITION**

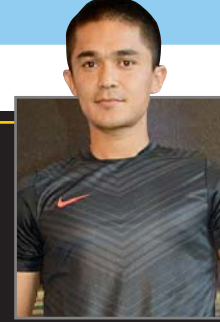
➤ Check out on how to deal with second-hand stress

PAGE 2


➤ Students share their views on why they miss their school days, and much more

PAGE 3


➤ India beat Bangladesh in FIFA World Cup qualifier

PAGE 4

STUDENT EDITION

WEDNESDAY, JUNE 9, 2021


WEB EDITION
CLICK HERE: PAGE 1 AND 2

WHAT

The finance ministers from the Group of Seven (G7) rich nations have said that they are close to a landmark accord setting a **global minimum corporate tax rate**, an agreement that could form the basis of a worldwide deal. It is a tax aimed at discouraging multinationals from shifting profits and tax revenues to low-tax countries regardless of where their sales are made. In other words, it will squeeze more money out of multinational companies such as Amazon and Google and reduce their incentive to shift profits to low-tax offshore havens. This essentially means hundreds of billions of dollars could flow into the coffers of governments left cash-strapped by the pandemic.

WHY

According to experts, the current global tax rules, which date back to the 1920s, struggle with multinational tech giants who sell services remotely and attribute much of their profits to intellectual property held in low-tax jurisdictions. Therefore, major economies are aiming to discourage multinationals from shifting profits. It has led to income from intangible sources such as drug patents, software and royalties on intellectual property to



GLOBAL MINIMUM TAX

X-PLAINED

migrate to these jurisdictions, allowing companies to avoid paying higher taxes in their home countries.

HOW

will it work: The global minimum tax rate would apply to overseas profits. Governments could still set whatever local corporate tax rate they want, but if companies pay lower rates in a particular country, their home governments could "top-up" their taxes to the minimum rate, eliminating the advantage of shifting profits.

WHAT DOES ALL OF THIS MEAN FOR INDIA?

For India, if an income is paid from here to a country where the rate of tax is less than 15% (Ireland, Luxembourg, Netherlands for instance) India will have the right to tax that income.

Quote unquote



Eradicating Covid-19 from the world is not currently a reasonable target. People will have to learn to live with the infectious disease, as there will be new variants emerging. This will be the pattern for the future. This virus isn't going away any time soon, there will be variants emerging. Humanity will have to learn how to co-exist with this virus, preventing it from spiking and then surging and causing hotspots of disease, and we're going to have to be able to do this for the foreseeable future. When we're dealing with pandemics, it's a joint effort between the national governments and the WHO. We are mutually dependent on each other and no nation is let off the hook

David Nabarro, special envoy to the World Health Organisation



WhatsApp unveils new 'Fast Playback' feature for voice message


TECHAWAY

To allow the users to increase the playback speed of voice messages, Facebook-owned WhatsApp has rolled out a new 'Fast Playback' feature aimed at those who rely on long voice messages. WhatsApp's Fast Playback feature lets you change playback speed between the default 1x setting, to 1.5x speed or 2x speed, without changing the pitch of someone's voice. It is simple to use – as you press play on a voice message you will see the playback speed appear, which is set to 1x by default. Simply touch the speed to increase the speed to 1.5x or 2x, the company said in a statement.

■ WhatsApp voice messages let you speak to friends and family whenever it suits you and lets them listen whenever it suits them, while still giving everyone a more personal connection than you get from a text message

■ Users can simply open an individual or group chat, touch the microphone icon and slide up to lock hands-free recording. However, it can be hard to find the time to listen to a long voice message

Princess Diana's wedding dress goes on display in London



The dress which Princess Diana wore at her 1981 wedding to Prince Charles went on public display recently at the late princess' former home in London. The taffeta-ruined white dress designed by David and Elizabeth Emanuel, with its 25 foot (8 metre) sequin-encrusted train, helped seal the fairytale image of the wedding of Lady Diana Spencer and the heir to the British throne. Her sons, Prince William and Prince Harry, have loaned their mother's wedding dress for the exhibition 'Royal Style in the Making'. The exhibit also features sketches, photographs and gowns designed for three generations of royal women, including Princess Margaret and the Queen Mother. It runs until January 2, 2022.

I wonder where the green grass went: Ruskin Bond shares a poem on environmental loss in the hills

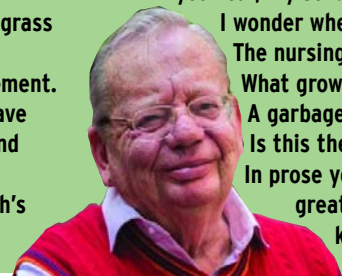
Author Ruskin Bond has made hundreds of readers fall in love with forests, mountains and nature through his writings. But in a new poem that he shared on the occasion of World Environment Day on June 5, Bond lamented

the present-day situation of Dehradun and Mussoorie. Calling them the "Twin cities of happiness", Bond shared a poem titled 'Dirge of Dehra Dun' on his official Instagram account recently.


BOOK

Remembering the good old days of Dehradun, the poem reads:
"I wonder where the green grass went,
All buried under the new cement.
I wonder where the birds have flown,
They have gone to find another home.
I wonder where the footpath's gone,

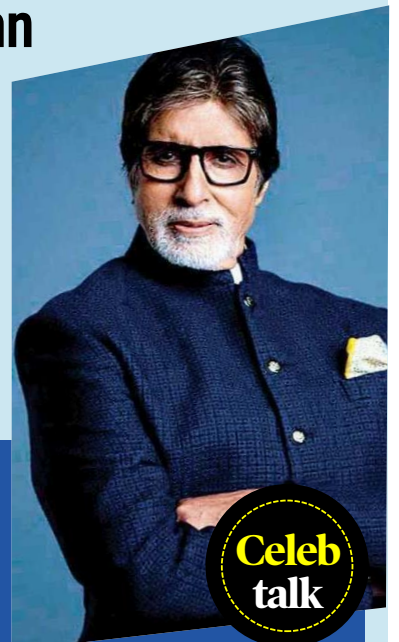
Right underneath your car, my son.
I wonder where the old folks go,
The nursing homes GB surely know.
What grows so fast before my eyes?
A garbage dump, a million flies.
Is this the place you celebrate?
In prose you made it sound so great!
It was.....before I knew it was fate."



Even though conditions on Covid may decline, do not be lax: Amitabh Bachchan

Actor Amitabh Bachchan has reminded netizens that they should not be lax about Covid protocols even if restrictions are being eased. "Even though conditions on Covid, in some locations may be seeing a decline .. PLEASE DO NOT be lax .. keep the protocol .. Wash hands, wear masks, keep the distance, control travel to the very essentials, and follow the time limits .. and get VACCINATED," Amitabh Bachchan tweeted on Tuesday.

The actor also shared his prayers for those who are suffering. He wrote: "Yes for those that suffer and have suffered our prayers are relentless .. the loss is immeasurable and beyond repair .. the concern for them shall continue in whatever way we can..."


Celeb talk

CBSE 12 BOARD EXAM 2021: PRACTICAL TO BE HELD ONLINE; LAST DATE TO UPLOAD MARKS EXTENDED

The Central Board of Secondary Education (CBSE) had instructed its schools to upload the school-based assessment of class XII by June 11 through the Board's website. However, some schools have not been able to complete the school-based assessments in various subjects due to the pandemic. Therefore, CBSE now permits schools (pending with practicals/internal assessment) to conduct the same in only online mode and upload marks by June 28. "In subjects where the external examiner has not been appointed, the concerned school teacher of the subject will conduct the internal assessment based on the instructions given in curriculum in an online mode and upload the marks awarded at the link provided by the Board," said CBSE in a letter sent to schools.



HOW TO DEAL WITH SECOND-HAND STRESS

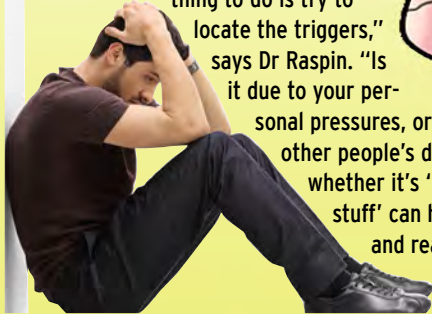
Soaking up on other people's negative emotions hugely impacts our own well-being. But there are ways to identify and control it

Emotions are contagious. Just like the flu, we 'catch' and absorb what others are actually feeling. There's a term for it, too – second-hand stress. In other words, the tension and pressure we experience because of other people's behaviour.

Psychologist Dr Courtney Raspin explains, "Your body goes into a fight or flight response to manage the stress cues from others, just as if you were experiencing your own anxiety. Second-hand stress can have the same effect on your body, too, causing your heart to beat faster, etc. It can negatively affect your physical and emotional health." These six steps will help you spot the signs:

IDENTIFY IT - WHOSE STRESS IS IT?

"If you notice yourself feeling overwhelmed and tense, the first thing to do is try to locate the triggers," says Dr Raspin. "Is it due to your personal pressures, or could you be absorbing other people's distress? Identifying whether it's 'your stuff' or 'their stuff' can help you feel in control and ready to devise a plan and move forward."



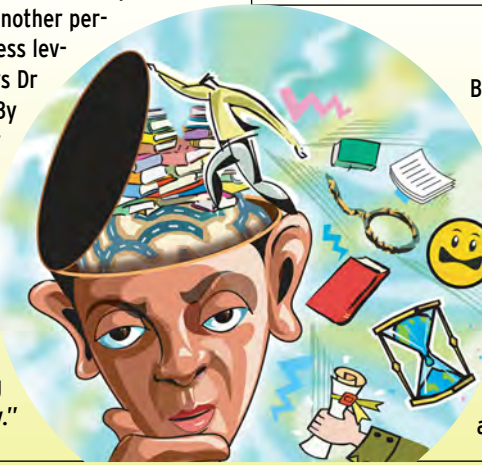
MENTAL HEALTH

DECIDE THE NEXT STEP

If you identify that the stress is because of other people's behaviour, you have some choices. "Your immediate instinct may be to solve the problem (fight), or avoid the source of stress (flight)," says Dr Raspin. "Both responses are normal. It will depend largely on how you usually cope with stress." "If someone close, who's normally relaxed, is going through a tough time, it's reasonable to try to help. However, if you constantly have a negative person near you, it's in your best interest to step away – view it as self-protection from this negativity."

KNOW HOW TO HELP OUT

"Sometimes, it takes very little to reduce another person's stress levels," says Dr Raspin. "By successfully helping them, you will boost your connection to them, and you can eliminate the second-hand stress coming your way."



BE KIND - TO YOURSELF AND OTHERS

"It's frustrating wanting to help but not being able to. We can end up getting angry with ourselves for not being good enough and angry with others for draining us," says Dr Raspin. "Neither of these responses are good for our own stress levels. It takes time to learn healthy boundaries. It's essential you forgive yourself if you allow those boundaries to be violated," he adds.

SET BOUNDARIES

Be careful not to continue taking on other people's problems. "Pay attention to your body when it tells you that somebody's invading your emotional space. This includes demands on your time and energy and not taking no for an answer. If you constantly put your needs aside to deal with theirs, it's a sign that your emotional boundaries are likely being pushed."



Pet's Corner

Summer diet for your pets

Like us, our pets too need good food to stay fit in warm summer months. Here are healthy and safe foods that are great to cool down your pet and keep them nourished and strong



Watermelon

Watermelons are 90% water and so they make an ideal summer food for all pets. They are super hydrating, packed with potassium and vitamins like B6, A and C. But always remember to remove all the seeds from the watermelon before letting your pet eat it. Watermelon seeds, actually any kind of seeds in fruits, can cause intestinal blockage and are harmful for pets.

Yoghurt and buttermilk

Buttermilk and yogurt are a must-have for the summers. The cool bacteria solves a lot of problems related to heat. The lactic acid bacteria present in yoghurt and buttermilk are beneficial for your pet's gastrointestinal system. It is also a natural probiotic and keeps the gut healthy and safe.

Cucumber

This water-rich veggie contains vitamins like B1, B7, C and K along with copper, magnesium and potassium. This is the perfect snack for your pet during the summer, especially if they need to lose a few kilos. The carbohydrates content and sugar level in cucumber is very low and that makes it guilt-free and a healthy snack.

Coconut water

It's well known that coconut water is a refreshing summer drink, but did you know that your pet can enjoy it too? Coconut water is completely safe for your pets, is full of electrolytes, calcium, potassium and Vitamin C and that will keep your pet well hydrated. If your pet is unwell, you can dilute coconut water with 25% of water to make it easier to drink.

Mango

Ripened mangoes minus their seed and outer peel is completely healthy for pets. Mango is rich in vitamins like A, B6, C, E, antioxidants, flavonoids and fibre. All this goodness

packed together makes mango a great summer food for pets.

Blueberries

These berries are full of nutrients and loved by most pets! Blueberries are high in fibre and vitamin C and low in fat, they also help in increasing antioxidants in the blood. Since they are low in calories and sugar, they make a perfect feel good treat for summer.

Ginger

Ginger is soothing for your pet's stomach and has anti-inflammatory properties. You can add ginger in the frozen treats you make for them or in coconut water. Adding ginger to your pet's regular diet helps in keeping their tummy cool.

Ice cream

Pets can be given an occasional scoop of vanilla ice cream or mango slush, but not frequently as most pets can't handle lactose. Check for pet-friendly ice cream or make one at home. **RECIPE:** Puree a ripe banana with some frozen yogurt and refrigerate for a day. Add a pinch of cinnamon powder for taste and nutrition. **TW**

HEALTH BYTES

Are you ready for

Moong Dal Protein Pizza?



PROTEIN IS CRUCIAL FOR GROWING CHILDREN!

Makhija also informed via her post that 85% people think protein leads to weight gain and is important only for bodybuilders. Clearing all the myths regarding protein, she mentioned that **proteins are crucial macro nutrients and are important at all stages but especially in growth phases for children.** So, children and teens should have enough protein-rich foods for good growth. Here's a simple, healthy and delicious 'Protein Pizza' recipe made with moong dal. Try it out and get your share of protein.

Protein is the building block of the human body. And it often happens that in the rush of life we don't calculate our daily protein intake. According to a recent post by nutritionist Pooja Makhija, 73% of Indians are deficient in protein and more than 90% are unaware of its daily requirement. The post also mentions that 72% of people believe protein is difficult to digest and so must be avoided at night completely, while 79% believe that protein is expensive to procure.

WHAT DO YOU NEED?

- > 1 cup soaked green moong dal
- > 2 green chillies
- > 1-inch ginger
- > 2 tbsp coriander leaves
- > Salt to taste
- > 1/2 tsp baking soda
- > 2 tbsp pizza sauce
- > 2-4 mushrooms
- > 2 jalapenos
- > 2 olives
- > 2 tbsp green capsicum
- > 2 tbsp cheese



MAKE THIS PIZZA IN 5 STEPS

1. Take a blender jar, add soaked moong dal, green chillies, ginger, and coriander leaves and blend it to a smooth paste.
2. Now add salt and baking soda.
3. Heat a pizza pan, and pour the paste in the form of a pizza and cook on both sides, using enough oil.
4. Once done, add pizza sauce and toppings of mushroom, jalapeno, olives, green capsicum and cheese.
5. Cover the lid and cook for another 3-5 minutes. Serve hot.



QUIZ TIME (BOTANY)

Q.1) What is the meaning of Aistroemeria?
A. Purity B. Love
C. Friendship D. Honesty

Q.2) Which are the most popular spring flowers of all time?
A. Tulip B. Rose
C. Marigold D. Lotus

Q.3) What is the genus name of sunflower?
A. Viola
B. Dianthus
C. Nelumbo
D. Helianthus

Q.4) Female parts of a flower are called...
A. Carpels B. Sepals
C. Branch D. petal

Q.5) Which of the following flowers does not bloom throughout the year i.e., is season-specific?
A. Gerberas B. Delphiniums
C. Carnation D. delphiniums

ANSWERS

1. C) Friendship 2. A) Tulip
3. D) Helianthus 4. A) Carpels
5. B) Delphiniums

KNOWLEDGE BANK (NATURE)

Amanita phalloides

Commonly known as death cap, it is a deadly poisonous basidiomycete fungus mushroom. Widely distributed across Europe, ingesting one death cap mushroom is enough to kill a healthy adult. In fact, people are also advised not to touch it. In some cases, the death cap has been introduced to new regions with the cultivation of non-native species of oak, chestnut and pine.



GRAMMATICAL MISTAKES

1. CENT/SCENT

THE RULES:

■ 'Cent' a monetary unit in various countries, equal to one hundredth of a dollar, euro, etc. ■ 'Scent' a distinctive smell, especially one that is pleasant, etc.

HOW NOT TO DO IT:

■ It was taken at a Lakers game with 50 scent and Kobe Bryant. ■ The room was filled with the cent of roses.

HOW TO DO IT PROPERLY:

■ It was taken at a Lakers game with 50 Cent and Kobe Bryant. ■ The room was filled with the scent of roses.

WORD WISE

Grotesque: Comically or repulsively ugly or distorted, a very ugly or comically distorted figure or image, general adjective for the strange, mysterious, ugly magnificent, fantastic, unpleasant, disgusting, etc.

Synonyms words: Ugly,

Hideous, Abnormal, Odd, Strange, Weird

Examples: ■ **Grotesque** profiteering aside, life release ceremonies can devastate the eco-system. ■ At least Jake Gyllenhaal shaved off his **grotesque** face scarf this year.

ONLINE CLASSES



Class class, online class, I miss my offline class.
Every day I see all my friends away,
But I want to meet them, talk and play.
In this online I like many things,
Of the children who do naughty things
Some are playing, some are eating
Most of them are writing and chatting.
Teachers are speaking, sweetly softly
Parents are also studying and watching.
Teachers are working all day long
For the growth and benefit of all.
Class class online class
I wish to go back to my school
Now I want the regular class.

ANURAG, class IV, Jain Heritage A Cambridge School, Kondapur

SUMMER, PARADISE FOUND

As the Earth tilts towards the sun,
Dazzling sunrays pass through the canopy reflecting the days of fun.
The precious gold gives birth to the king of fruits,
And our appetite rich in shakes and smoothies needs no substitutes.
The lineaments of summer are different for all phases of lifespan,
Relaxing on the couch with AC switched on for an old man;
To an adult, it's all about less work and scrumptious cuisine,
A carefree vacation and mouth-watering ice-creams for a teen;
The bright sunshine of desert and the cold breeze of the beach,
Many places like the diverse colours in a palette to reach;
Hearth of affection and life, the sun, spreads burning love to earth,
Relish it to the fullest as its truly worth!
All of us miss the heat outdoors as we are all locked indoors!

M SHRADDHA REDDY, class XII, P Obul Reddy Public School, Hyderabad

RAIN, THE PRICELESS GIFT OF NATURE

Little drops, Little drops, That cherish the hearts
up and down, up and down hop the kids

Shows that age is just a number
Not a limit for excitement
There falls a drop on the leaf, on the roof, on the leaves
And everywhere

Increasing and increasing!!
The cool breeze that hugs the hearts

Everyone is equal for nature, regardless of rich or poor
The pleasant earthy smell of soil can be memorable
how advanced we grow!!

R SREE LASYA, class VIII, Sister Nivedita School, Ameerpet

Implementing EFSP for better learning



SUDHA TURAGA,
Director Academics,
DPS & Pallavi Group of
Institutions

To understand the importance of communication and its impact, we, a team of seven members of Research and Resource Centre of Pallavi Educational Institutes, started English for Specific Purpose (EFSP) under my guidance.

For any organisation to be successful all the stakeholders need to be skillful especially with communication. So, effective planning and execution shaped up and lasted for nearly eight to nine months. We had regular online sessions with the teachers of Pallavi Institutes. Today we realise that the unprecedented lockdown time was used in a fruitful way, honing the

English language.

EFSP has been a beautiful journey. Learning and teaching English are being done with current topics and articles from newspapers, magazines and of course online resources and news channels as well.

Brainstorming and thinking out of the box with short Ted talks, customised power point presentations, videos, interactive games, conversations, listening and speaking activities in breakout rooms of zoom platform are also impactful.

Sometimes repeating the important fundamental points patiently also shows results. Fun with vocabulary, grammatical points, pronunciation not leaving few tongue twisters, interacting with

stories, narratives, nuances of letter writing, notice writing, report writing are part of it.

On the other hand, we definitely had our own set of challenges. There are a wide group of non-English subject teachers, so to bring them out of their shell, to shed their inhibitions to speak was a task in itself. Once we developed the rapport with them, we took off to give our best. Sessions were effective and fun, where the participants had the inner drive, a yearning to learn and strive. In the end it was their hard work and perseverance coupled with right attitude that paved way to the learning.

Assessment with Google forms both formative and summative and the need for analysis always drove us to assess their level and design the modules well.

To instil skills for independent learning that is futuristic, both self and peer assessments were encouraged.

Innovative method of facilitating self-directed learning with reading material, weblinks and rubrics on the topic 'Extroverts and Introverts' was given. With an open ended 'WebQuest' a self-assessment tool was designed.

This journey and experience of EFSP also reminds me of Henry Ford, - "Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young."



THE INSPIRING STORY BEHIND GITA RAHASYA

World renowned social activist and a great leader Bal Gangadhar Tilak was lodged in Mandalay Prison Burma from 1908 to 1914. There he wrote the famous book Gita Rahasya.

The point of the discussion is definitely not about the contents of the book but the other aspects which I would like to highlight.

The script which was more than 400 pages was written by Tilak in pencil. The pencil would be only about two inches in length and would be sharpened by the jail authorities as he was not allowed to use a razor or cutter. On his release from prison, all

Padma Ponnada, Teacher, Gitanjali Senior School Begumpet

his belongings were returned but the manuscript he had completed during his term was not returned. Upon reaching home when he was sitting with his friends, one of them expressed concern about the book being retained by the British Jail authorities as immense hard work had gone into the writing it.

But, Tilak replied, "Don't worry, even if the script is not returned I will be able to rewrite the whole script with-



out any deviation from the original copy."

We can find a takeaway from this small story in our present scenario. Tilak had put his heart and

soul in writing the book. He was so confident of rewriting the humongous Gita Rahasya easily.

In the backdrop of examinations getting cancelled and future being uncertain, students and parents are dissatisfied, disappointed but why not the entire teaching machinery go back and think about putting their heart and souls to learning? The outcome will be magnificent.

That is Karma, preached by Bal Gangadhar Tilak, the great teacher.



A COOL TRIP TO SIKKIM

The Social Science classes sparked my curiosity about different places and states in the country. So I requested my parents to take me to a place in any other state other than Telangana where I live. We then decided to go to Sikkim during the summer holidays.

Our journey started with a flight and then by road. Though it was summer in Hyderabad, it was cold in Sikkim. As soon as we reached our hotel rooms, we took out the jackets from the luggage and wore them. The hot green tea at the resort also warmed us up for the sightseeing ahead.

People in Sikkim



speaking both Nepali and Hindi fluently. I like their traditional dress which I wore twice during our stay.

The roads are narrow but very clean. We noticed that most of the

shops, hotels are run by women, and men drive the four-wheelers for the tourists. We stayed in Gangtok and visited Pelling, Nathang Valley and Namchi. The most exciting place was Nathang Valley as it was located on a higher altitude and I experienced snowfall there for the first time in my life. We went on a ride on yaks and indulged in snowfights. My parents also enjoyed playing in snow like children. On the way back we were very scared as the roads were too narrow. We stopped at a small tea stall and enjoyed having hot noodles and momos.

We returned to Hyderabad with a bagful of wonderful memories of a beautiful state.

ARUNIMA KOMARAVELLY, class V G, Jubilee Hills Public School, Hyderabad



Painters' Gallery



BEAUTY UNFURLED: SAHITHI SAI SRI GUDLA,
class VII, FIITJEE World School, Hyderabad



FINE DESIGN: SATWIK PADHI,
class VIII H, Bhavans Sri Rama Krishna Vidyalaya, Sainikpuri

IDYLLIC: SHARANYA BASU,
class IX E, P Obul Reddy Public School



India's First-Ever Free Olympiad For Public Speaking

It's time for an olympiad for the skills that matter the most for a child's growth and success i.e. communication skills.

Win exciting cash prizes:

- 1st Prize - INR 2000
- 2nd Prize - INR 1000
- 3rd Prize - INR 500

Participation certificates for all students.

[Register Here](#)



For age group 4 - 13 years

INDIA BEAT BANGLADESH 2-0 IN WORLD CUP QUALIFIER

Talisman Sunil Chhetri handed India the first win in six years in FIFA World Cup qualifiers as his brace downed Bangladesh 2-0 in their preliminary round match on Monday

Chhetri broke the deadlock in the 79th minute when he headed in Ashique Kuruniyan's cross from the left. He then sealed the result by curling in a shot from long range in added time. Starting the match on the bench, second-half substitute Ashique delivered a cross from the left for Chhetri, who, after a bursting run and from an acute angle, headed in brilliantly from behind Topu Barman, at the Jassim Bin Hamad Stadium. It was Chhetri again as he rounded off his night with another fine strike in extra time (90+2) after receiving the ball from Suresh Singh from the right flank. The double strikes meant India registered their first win in what was turning out to be one of their worst World Cup qualifying campaigns in many years. It was also their first victory in World Cup qualifiers away from home in 20 years. Their last victory in World Cup qualifiers was a 1-0 result against Guam in November 2015 in Bengaluru.

India in the race for Asian Cup 2023

India are already out of contention for a berth in next year's World Cup but remain in the reckoning for a place in the 2023 Asian Cup. A confident India found themselves pressing in the opposition half after Chhetri's 73rd goal in international football and the move worked for beleaguered coach Igor Stimac as the captain scored his and the team's second just before the final whistle. Despite being ahead, India looked to add to their tally with both Ashique and Chhetri linking up well, even as most of the Bangladesh players moved up in search of an equaliser. In the end, the equaliser did not materialise but India surely ended on a high, giving their campaign the much-needed boost after a series of winless outings. With his two goals, international football's second highest scorer among ac-

MOST INTERNATIONAL GOALS (ACTIVE PLAYERS)

NAME	COUNTRY	GOALS
Cristiano Ronaldo	Portugal	103
SUNIL CHHETRI	INDIA	74
Ali Mubkhout	UAE	73
Lionel Messi	Argentina	72
Robert Lewandowski	Poland	66

It was tough, frustrating at times. We missed a lot of chances, could have done a lot of things better but in the end, we are happy that we got the three points which were needed. To win full three points and game is always sweet. I'm really happy that we also kept a clean sheet.

SUNIL CHHETRI

tive players, Chhetri more than made up for the fumble in the 63rd minute when the unmarked captain missed a free header after a fine ball from Brandon Fernandes.

India started off cautious

Stimac made three changes from the side that took on Qatar in the last match. The Blue Tigers made a cautious start, playing it among themselves while looking for gaps. In the 2nd minute,

Rakib Hossain was flashed the yellow for a tackle on Brandon Fernandes. India's first real chance came in the 15th minute when Brandon's through ball between the two central defenders found Manvir Singh in the clear inside the box. With only the rival goalkeeper Anisur Rahaman to beat, Manvir failed to go for it quickly enough and allowed the rival defence to regroup in time.

India faced early hiccups

Bangladesh had a close shave in the 35th minute when Chinglensana Singh's header off a Brandon corner was cleared on the line by Riyadul Hasan. Changing over, Mohammed Yasir came in for Udanta Singh, and Ashique replaced Bipin in the 46th minute. On the hour mark, India brought in their third substitute - Liston Colaco coming in for Manvir. Almost immediately, rival captain Jamal Bhuyan was flashed the yellow after Suresh had sped past him on the right flank. Off the resultant free-kick, Brandon did manage to find an unmarked Chhetri in the box but his header was off target. Glan Martins' long-range effort won India a corner in the 73rd when it deflected off a rival defender over the goal-line. But India's agony continued as Subhashish Bose, all unmarked, failed to guide his header into the goal. A minute later Asahique was shown the yellow card for a foul on Riyadul. India finally broke the deadlock when the skipper connected with an Ashique cross from an acute angle to send the ball past Bangladesh goalkeeper Rahman. Bangladesh began to throw bodies forward in search of the equaliser, but were often thwarted by the Indian defence.

India to play Afghanistan next

India moved to six points from seven matches, while Bangladesh are at two points seven matches. India next play Afghanistan in their last group league match on June 15.

NADAL MARCHES INTO QUARTER-FINALS

Rafael Nadal reached the French Open quarter-finals for the 15th time with a straight sets win over Italy's Jannik Sinner

The king of clay continues to stay on course for a 14th Roland Garros title and record-setting 21st Grand Slam. Third seed Nadal downed 19-year-old Sinner 7-5, 6-3, 6-0 and goes on to face 10th-seeded Diego Schwartzman of Argentina who he defeated in the semi-finals last year. Nadal has now won 104 matches at Roland Garros against just two defeats since his 2005 debut while Monday's victory extended his run of consecutive sets won in Paris to 35.

The 35-year-old Spanish world number three is seeded to face Novak Djokovic in the semi-finals. Nadal had beaten Sinner in the quarter-finals in Paris in 2020 as well as at this year's Italian Open. Sinner, the 18th seed, led 5-3 in the first set but that was as good as it got as Nadal raced away with 16 of the last 19 games. He hit 31 winners with the Italian claiming just 10 points in the third set.

I started well but was a little too defensive. I gave him the chance to come inside the court and play his best shots. That was a mistake. I broke back at 5-4 in the first set and the match changed after that. I played at a great level.

RAFAEL NADAL

DJOKOVIC SURVIVES MUSSETTI SCARE

If the first two sets of Monday's fourth-round meeting were a trailer to the 19-year-old Lorenzo Musetti's career, it might be a show worth waiting for. On court Philippe Chatrier, however, it was not to be. The world No. 1 Novak Djokovic stuck to his lines assiduously until the Italian threw in the towel and limped off the court. Djokovic came through 6-7 (7), 6-7 (2), 6-1, 6-0, 4-0 in three hours and 27 minutes to take his place in the last eight, where he'll play another Italian Matteo Berrettini.

INDIA'S TOUR OF SL IN JULY

India will play three ODIs and as many T20 Internationals in Sri Lanka between July 13 to 25, broadcaster Sony announced on Monday.

Indian selectors are expected to pick plenty of fringe players for the limited overs tour with Shikhar Dhawan and Hardik Pandya in the fray for leading the side. A fully-fit Shreyas Iyer is another captaincy option.

Sony Sports announced the schedule via social media. The ODIs will take place on July 13, 16 and 18 while

the T20Is will be played on July 21, 23 and 25. The venues for the games are yet to be announced. It will be a rare occasion when India squads will be playing in different countries at the same time. The Virat Kohli-led side will be preparing for the five-match Test series against England at the same time.

The Test squad is already in the UK for the World Test Championships final against New Zealand from June 18 while the England series begins on August 4.



QUIZ TIME!

Q1: In which country were the first Olympic Games held?

- a) Australia ☐ b) Japan ☐
c) Germany ☐ d) Greece ☐

Q2: How long is an Olympic swimming pool?

- a) 50 meters ☐ b) 40 meters ☐
c) 40 meters ☐ d) 20 meters ☐

Q3: What term is used in tennis for 40-40?

- a) Deuce ☐ b) Love ☐
c) Ace ☐ d) None of the above ☐

Q4: Which one is the oldest football club in India

- a) Mohammedan S C ☐ b) East Bengal F C ☐
c) Mohun Bagan A C ☐ d) Mahindra United ☐

Q5: Who was the highest run scorer from India in World Cup Cricket final match, 1983?

- a) M Amarnath ☐ b) Kapil Dev ☐
c) Sunil Gavaskar ☐ d) K Srikkanth ☐

Q6: With which Formula 1 team did Lewis Hamilton begin his career with?

- a) McLaren ☐ b) Mercedes ☐
c) Renault ☐ d) Red Bull ☐

Q7: When Phil Mickelson won the US PGA Championship, he became golf's oldest Major winner - beating who?

- a) Tom Morris Snr ☐ b) Julius Boros ☐
c) Arnold Palmer ☐ d) Jack Nicklaus ☐



Photo: AFP

Q8: Who is the first Indian woman to win an Asian Games gold in 400m run?

- a) M L Valsamma ☐ b) Kamaljit Sandhu ☐
c) P T Usha ☐ d) K Malleswari ☐

Q9: Which player was the first to win five straight Wimbledon tennis titles?

- a) John McEnroe ☐ b) Jimmy Connors ☐
c) Bjorn Borg ☐ d) Ivan Lendl ☐

Q10: Who holds the record for the youngest golfer ever to win the U.S. Junior Amateur title?

- a) Tiger Woods ☐ b) Rory McIlroy ☐
c) Phil Mickelson ☐ d) Earl Woods ☐

Q11: Which team clinched the 2019 Ranji Trophy?

- a) Bengal ☐ b) Saurashtra ☐
c) Vidharbha ☐ d) Railways ☐

Q12: Which Indian squash player won the 2019 Seattle Open title?

- a) Saurav Ghosal ☐ b) Ramit Tandon ☐
c) Cyrus Poncha ☐ d) Harinder Pal Sandhu ☐

Q13: What is the total number of gold medals won by the Indian Hockey Team in the Olympics?

- a) 8 ☐ b) 12 ☐ c) 6 ☐ d) 9 ☐

ANSWERS: 1. d) Greece 2. a) 50 meters 3. a) Deuce
4. c) Mohun Bagan A C 5. d) K Srikkanth
6. a) McLaren 7. b) Julius Boros 8. b) Kamaljit Sandhu
9. c) Bjorn Borg 10. a) Tiger Woods 11. c) Vidharbha
12. b) Ramit Tandon 13. a) 8