



# THE TIMES OF INDIA

[www.toistudent.com](http://www.toistudent.com)
**TODAY'S EDITION**

➤ Check out five musical podcasts that have the potential to teach and delight audience

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➤ Know about your friends' weekend plan  
➤ What are you reviewing this week?

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**STUDENT EDITION**

THURSDAY, FEBRUARY 11, 2021


**WEB EDITION**
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## FSSAI NOTIFIES REGULATIONS TO LIMIT trans fat in food items

The food regulator Food Safety and Standards Authority of India (FSSAI) has said that regulations to limit the content of trans fat in all the food items have been notified...

Under the regulation notified on December 29 last year, the FSSAI said, it has limited industrial TFA (trans fatty acids) to not more than 3 per cent in all fats and oils by January 2021, and not more than 2 per cent by January 2022

The Food Safety and Standards (Prohibition and Restrictions on Sales) Second Amendment Regulations, 2021, was notified earlier this month

This regulation states that all the food products, in which edible oils and fats are used as an ingredient, should not contain industrial trans fatty acids more than 2 per cent by mass of the total oils/fats present in the product, on and from January 1, 2022

It also defines industrial trans fatty acids as "all the geometrical isomers of mono-unsaturated and polyunsaturated fatty acids having non-conjugated, interrupted by at least one methylene group, carbon-carbon double bonds in the trans configuration." It, however, excludes trans-fatty acids from dairy, meat, fish and their products

■ Industrial trans fats are produced by adding hydrogen to liquid vegetable oils to make them solid, thereby increasing their stability at room temperature

■ Trans fats are largely present in partially-hydrogenated vegetable fats/oils, vanaspati, margarine and bakery shortenings. They are found in baked and fried foods

■ According to 2017 estimates, every year more than 1.5 million deaths in India is attributed to coronary heart diseases, of which nearly 5 per cent (71,000) are due to trans fats intake

India joins the club of around 40 countries that have already enacted policies best suited to eliminate trans fats, and would be among the first countries in Asia after Thailand in achieving policies to eliminate trans fat



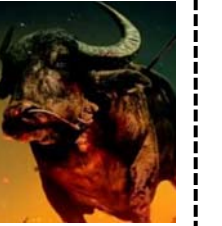
■ Elimination of industrial TFA has been recognised as one of the modifiable risk factors to prevent heart diseases

■ In 2018, the WHO had called for the elimination of industrially-produced trans fat from the food supply by 2023 and released an action package 'REPLACE' for the same



**'JALLIKATTU' OUT OF THE OSCARS RACE, FAILS TO MAKE THE CUT**

Jallikattu, India's official entry in the Best International Feature category at the 93rd Academy Awards, is out of the Oscars race but the country is still in the fray, with short film 'Bittu' advancing to the next round in the Best Live Action Short Film segment. Thomas Vinterberg's 'Another Round' has made it to the shortlist.



**Now, a made-in-India WhatsApp alternative for govt officials**

If reports are to go by, some government officials have started using a desi alternative to WhatsApp. Called Sandes, it could change the game for WhatsApp, feel many. The government had confirmed on working on a WhatsApp-like feature last year. With the latest developments, it seems that the app is ready and going through the initial testing phase by the ministry officials. According to a report, currently, the use of Sandes is restricted to government officials only.

**ICC TEST RANKINGS: VIRAT KOHLI DOWN TO FIFTH, JOE ROOT MOVES UP TO THIRD**

Indian skipper Virat Kohli was on Wednesday pushed to the fifth spot by his English counterpart Joe Root, who rose two rungs to third in the latest ICC Test rankings for batsmen, even as Jasprit Bumrah and R Ashwin moved up in the bowlers' chart.



Kohli, who scored 11 and 72 in the opening Test against England, has 852 points. Root, who helped his team to a memorable 227-run victory in Chennai that kept England in contention for the ICC World Test Championship final, has reached 883 rating points



## ELON MUSK TO OFFER \$100 MILLION PRIZE FOR 'BEST' CARBON CAPTURE TECH

Tesla Inc chief and billionaire entrepreneur Elon Musk, who had promised a \$100 million prize for the development of the "best" technology to capture carbon dioxide emissions, few days back, has now revealed more details about the competition. In his tweet, he has mentioned that the 'XPrize' team will manage the \$100mn carbon capture prize.

**FOR A CAUSE**

■ The \$100 million prize will be given away in a four-year global competition to find a way to reduce carbon dioxide from the Earth's atmosphere. "This is not a theoretical competition; we want teams that will build real systems, which can make a measurable impact and scale to a gigaton level," Musk said in a statement

■ Full guidelines of the competition will be announced on April 22. The competition will last for four years through the Earth Day, 2025, XPrize, which will be organising the competition, said

■ The top 15 teams will

receive \$1 million, while 25 student scholarships worth \$200,000 will also be distributed to the competing student teams

■ The grand prize winner will get \$50 million, while the second place holder will get \$20 million; \$10 million will go to the third place holder

■ To win the competition, the teams would have "to create and demonstrate a solution that can pull carbon dioxide directly from the atmosphere or oceans and lock it away permanently in an environmentally-benign way," XPrize added

**DID YOU KNOW?** Capturing planet-warming emissions is becoming a critical part of many plans to keep climate change in check, but very little progress has been made on the technology to date, with efforts focussed on cutting emissions rather than taking carbon out of the air. The International Energy Agency said late last year that a sharp rise in the deployment of carbon capture technology was needed, if countries are to meet net-zero emissions target



## RANVEER SINGH-STARRER '83 TO RELEASE IN THEATRES IN JUNE 2021: REPORT


**MOVIES**

If Bollywood sources are to go by, Ranveer-starrer '83 is all set to release in theatres in June this year. "Reliance, along with the many other producers of the film, have decided to release the sports flick in the month of June. It makes sense, as normalcy would have kicked in firmly by then. Also, getting it in theatres before, in April, is not feasible, as 'Sooryavanshi' is releasing on April 2," Bollywood Hungama quoted a source as saying.

The sports drama film, which was earlier scheduled for a theatrical release on April 10, 2020, was pushed to December 25 due to Covid-19 pandemic. In November 2020, the film was again delayed to the first quarter of 2021. The makers are yet to give a final release date

## TOM HOLLAND would love to play JAMES BOND

'Spider-Man' star Tom Holland says he would love to suit up and play British spy James Bond in future. The 24-year-old actor, who is best known for essaying the role of Peter Parker/ superhero Spider-Man in the Marvel Cinematic Universe, quipped, at 5' feet-6 inches, he will be a "really short" Agent 007. "Ultimately as a young British lad, who loves cinema, I'd love to be James Bond. So, you know, I'm just putting that out there. I mean I look pretty good in a suit! I'd be like a really short James Bond," Holland said.



■ The actor was last seen in the psychological thriller 'The Devil All the Time', which released on Netflix in

**September**

■ Before starring in the third chapter of 'Spider-Man', Holland will again change gears with crime drama 'Cherry', in which he will reunite with Russo Brothers after 'Avengers: Endgame', and 'Chaos Walking', a sci-fi action adventure thriller



**FACTOID**  
**£2,62,000 (₹2.61 CRORE)**

Price of a cow bred in Central England that was sold at an auction recently. Named after Spice Girl, Posh Spice, the four-month-old Wilodge Poshspice, a pedigree heifer, has broken the world sales record. The previous best breed was sold for £1,31,250 in 2014.

Post Spice has not only broken the world sales record but has also become UK and Europe's most-expensive bovine animal





# FIVE MUSIC PODCASTS

Good news parents! There is a way to give kids a screen break without forgoing engrossing and educational content. Podcasts, and in particular musical ones, offer a dynamic, attention-grabbing learning opportunity that by their very nature, incite a theatre in the minds of little listeners. Below are some hidden gems of musical podcasts that have the potential to teach and delight...

## for Kids

### DAVID WALLIAMS' MARVELLOUS MUSICAL PODCAST

**1** David Walliams, the English comedian, children's author and television personality, is perfectly suited to host this utterly silly yet somehow thorough romp through classical music history. Walliams deftly engages his audience with historical adventures, telling stories of the piano, Franz Liszt and Wolfgang Amadeus Mozart with the help of cartoonish scenes and goofy reenactments from across the eras of musical history. This 10-part program manages to pack a joke into every beat without feeling forced, and provides a rare example of humour in a children's program that tickles kids and adults alike.



### THE MUSIC PODCAST FOR KIDS!

**3** In this music education podcast, the hosts explain a different musical topic every episode. Whether its tackling rock, jazz or country, or instruments like the trumpet and electric guitar, this podcast explores the history, mechanics and application of every musical topic imaginable. With a joke of the day submitted by young listeners and silly antics between the hosts, this show balances information and entertainment.



### KIDS Q THE MUSIC

**5** Should you name your instrument? How can you tame the butterflies in your stomach before a performance? And how can you make instruments sound like animals? On this show, the mother-daughter duo Rebecca and Zara Lane ask musical performers, composers, conductors and young musicians all the right questions about classical music learning and performance. Whether they are asking conductor Andrés González what he is actually doing when he waves his arms around in front of the orchestra, or composer Iman Habibi how he can tell if his work will sound good before it has ever been played, their interviews are always imbued with the unique fun and curiosity of a program made for and by kids.



### SPARE THE ROCK, SPOIL THE CHILD



**2** Every Sunday tap into an indie music hour that just so happens to be made for kids but has the vibe of a local college radio station (one with age-appropriate subjects, lyrics and guest DJs). Each weekly episode is organised into 'sets' and has well-curated tunes to help introduce your child to cool bands like They Might Be Giants and musicians such as Andrew Bird, guaranteeing your child will stay engaged. And if you have a budding DJ on your hands, check out 'The Saturday Morning Cereal Bowl' which provides two hours of 'kindie music from today to yesterday' once a week out of Chattanooga State Community College in Tennessee.

### NOODLE LOAF

**4** Noodle Loaf is a play based world of music, created by musician, early childhood music educator and children's book author, Dan Saks. In roughly 12-minute bites, this interactive podcast lets younger children participate in the 'Noodle Loaf Choir'. Hosted by Saks, a musician and music education specialist (as well as a dad), this show uses 'echo songs' to get those 6-years-old and under to participate in the singalongs, themed in such a way that they provide both learning and great rhythmic practice. If you haven't heard it yet, include in your to-do list.



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Photo: FREEPIK

### RECIPE

## Healthy Beetroot Halwa

If you have only tried gajar halwa before this, get set for this recipe where instead of carrots, beetroots are used to make a delicious halwa.

#### INGREDIENTS

- Grated beetroot (approximately five) - 4 cups
- Ghee - 2 tbsp
- Sugar - 5 tbsp
- Cardamom powder - 1 tsp
- Finely chopped cashew nuts (fried or roasted) - 2 tbsp
- Full fat milk - 1 + cups
- Handful of cashew nuts - for garnishing

#### HOW TO MAKE

Wash beetroot in running water. Peel them and slice off the bottom part and grate



them. Now, heat some ghee in a non-stick frying pan. Add grated beetroot and cook for about three to four minutes, stirring occasionally. Add sugar, milk, cardamom powder, and cover with a lid. Let it simmer for 10 minutes. Stir occasionally. Remove the lid, stir continuously and cook till the liquid mostly evaporates. Garnish with cashew nuts and serve hot or freeze for a while if you like it cooler. TNN

### STAY HEALTHY

## Foods with more Vitamin C than an orange

#### PAPAYA

Studies show that eating papaya can improve your digestion, brighten your skin, clear your sinus and strengthen your bones. One cup papaya has 88.3 mg of vitamin C.



#### PINEAPPLE

Pineapple has bromelain, a digestive enzyme that helps break down food and reduces bloating. Bromelain acts as a natural anti-inflammatory agent that helps you recover faster after a tough workout. One serving of pineapple contains 78.9 mg of vitamin C.



**K**eeping our immunity up and about has been one of the top priorities since the onset of the coronavirus pandemic. Vitamin C has a big role in boosting immunity. Talking about vitamin C, the first food that comes to our mind is orange. No doubt orange is abundantly rich in vitamin C, but there are many other daily foods that are packed with more vitamin C than an orange. Check them out and include in your daily diet for your share of vitamin C.



Photo: GETTY IMAGES

#### RED BELL PEPPER

Red bell pepper is low in calories and densely rich in various nutrients. This helps improve your mood and thus make for ultimately happy food. 100 grams of red bell pepper contains around 127.7 mg of vitamin C.



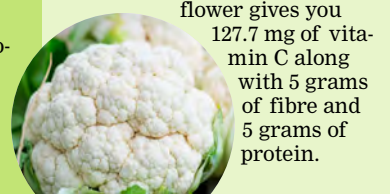
#### MANGO

Mango is abundantly rich in Vitamin A. One medium-sized mango has around 122.3 mg of vitamin C.



#### CAULIFLOWER

Whether roasted or steamed, eating a small head of cauliflower gives you 127.7 mg of vitamin C along with 5 grams of fibre and 5 grams of protein.



#### BROCCOLI

Broccoli has cancer-preventing properties. One serving of this cruciferous vegetable has 132 mg of vitamin C and fibre.



#### STRAWBERRIES

One cup of strawberries has around 87.4 mg of vitamin C. Not just this, strawberries provide you with decent doses of folate and other compounds that promote heart health. Strawberries can also make your pearly white shine.



### THE ULTIMATE READING LIST FOR

## MIDDLE GRADE BOOKWORMS!

### THE ICKABOG

by J K Rowling

A fearsome monster threatens the kingdom of Cornucopia.



Ages 8 to 18

### LITTLE LEADERS

by Vashti Harrison

The biographies of 40 African-American women who made a difference.



Ages 8 to 12

### AMARI AND THE NIGHT BROTHERS

by B B Alston

Amari Peters competes for a spot at the Bureau of Supernatural Affairs.



Ages 8 to 12

### WONDER

by R J Palacio

A boy with a facial deformity starts school.



Ages 8 to 12

### REFUGEE

by Alan Gratz

Three children in three different conflicts look for safe haven.



Ages 9 to 12



## ANNUAL DAY FETE

**Pallavi International School  
Keesara**

**P**allavi International School, Keesara celebrated its first Annual Day with great zeal and enthusiasm. The event was celebrated on a virtual platform due to the pandemic restrictions. This year the theme for the annual day was 'Life is Beautiful' which was presented meticulously through a spectacular performance by the students from pre-primary to class VII.

The programme commenced with the lamp lighting ceremony followed by an invocation dance by Aditi of class IV. The chief guest for this year's annual day was E Ramesh Kumar, IAS, a 1999 batch officer of Madhya Pradesh cadre.

Headmistress Grecilda Rose welcomed the gathering and introduced the chief guest. This was followed by the speech of the chief guest who laid focus on the requirement of holistic development besides academic growth. Chairman, Pallavi Group of Schools, M Komaraiah, motivated everyone towards giving their best. Academic director Sudha shared



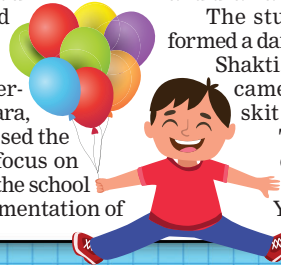
her motivational ideas and thoughts. She began with a meaningful shloka 'Kutumbaka jeevanam mama' which means family is life. She also laid stress upon living our lives to king size and believing in love, peace and happiness. Director, Pallavi International School, Keesara, Sushil Kumar addressed the gathering by laying focus on the infrastructure of the school and successful implementation of

online classes.

This was followed by a spectacular display of performances including singing, dancing, art, music and drama by students.

The students of class VII performed a dance which depicted Naari Shakti. The students of class VI came up with a value based skit 'Mobile Mania'.

The programme concluded with the vote of thanks by head girl M Yugala.



## SPORTSMANSHIP SPIRIT IN THE ONLINE ARENA

**Gitanjali Vedika  
Hyderabad**

**P**laying games has a huge impact on the holistic development of a child. Sports enhances students' stamina, develops confidence, improves concentration and inculcates team spirit. Gitanjali Vedika rolled out the platform for the overall personality development of students by organising the much-awaited Annual Sports Day. Though it was a virtual celebration, the students' zeal, excitement and love for sports created the same atmosphere as on campus.

Introducing the event, Ananya of class VI took the audience through the virtual sports journey of Gitanjali Vedika 2020-21 and shared the multitude of sports activities like yoga, gymnastic, hula hoop, balancing the basketball which the students demonstrated.

The programme was carried forward by head boy Tanush. He welcomed the gathering and accentuated on the importance of sports.

The programme began with the traditional lamp lighting followed by a prayer song by the choir and a welcome dance which was presented by



the students of class III and IV. Vais-hanavi, disciplinary in-charge of the school, spoke about the significance of sports in our lives.

World skating champion Anup Kumar Yama was the guest of the day. The chief guest, management, principal Sonia Nagpal and coordinator Nitasha Karan took the salute of the impressive march-past of the students. Anup Kumar shared his experiences and inspired students to be fit and active.

This was followed by the oath taking ceremony under the guidance of

Jai Karan.

An energizing display of activities performed by the students set the tone for the rest of the event. The students from classes I to VI accepted number of challenges like lock the knees with a ball, throw the ball in the box, toss the ball with paper, towel folding, one leg balancing, flamingo balance test, mountain climber, plate tapping test and many more. Students faced these challenges with sportsmanship spirit and bagged medals for their conscientious performances.

### BOOK: PERCY JACKSON AND THE OLYMPIANS

**W**ritten by my favourite author, Rick Riordan, Percy Jackson and the Olympians is a marvelous book series, which I am sure will take you to the spell binding world of the gods and titans and absolutely blow your mind into smithereens!

It all starts when Percy Jackson, a boy with a bad record for being expelled from every school he has ever attended due to strange and rather unusual happenings like his Algebra teacher turning into a monster, learns that his long gone father who he has never met is Poseidon, the god of the sea. He sets off to Camp Half-Blood, where he meets his friend Annabeth, with his mother and best friend Grover Underwood, who reveals that he is a satyr. The adventure begins!

There are five books in this series and I think that the author has truly surpassed himself by writing this series. Two movies have been made based on this series. But, I would say with my eyes shut that the books are more absorbing and magical than the movies will ever be and are better than the movies in every way. I think this series is a must-read and I would recommend it at any time.

**ISHAN SEJUSH**, class V,  
The Global Edge School, Kokapet



## Imbibing the values of Netaji

**E**ven after more than a century has passed, his words still ignite the fire of national spirit in every Indian mind. Such was the uncompromising and defiant patriotism of Netaji Subhas Chandra Bose which has made him a hero of every Indian youth. The saga of his valour and passion towards his motherland has become the topic of many literary artists - poets, dramatists, authors and so on.

To commemorate his 125th birth anniversary and pay homage to this great soul, students of Gitanjali Devashray prepared a special virtual assembly presentation. The children reflected upon his childhood

days of academic brilliance followed by his success in the ICS examination which had brought him a life of comfort. But his principles of sacrifice and to work towards a greater truth, Independence of India, made him ignore all worldly pleasures and serve the country.

Children also brought to light his attributes of patience, diplomacy, revolutionary idealism, unflinching determination, leadership which were a source of inspiration not only for the soldiers of the Indian National Army, but also for every Indian of present day. *"The tyrant dies, and his rule is over; the martyr dies and his rule begins."*

**Gitanjali Devashray**

**Hyderabad**



### WEEKEND PLAN

### Playtime at farm



**W**e had an exciting weekend recently as our family friends visited our home near our farm after a long time. We prepared food at home and went to our farm to have lunch under a big mango tree. There we children played hide and seek as there were many places to hide. We also played with the goats and spent time with the friendly cows. The next day we headed to the beach and enjoyed our time there building sand castles,

chasing crabs and of course playing in water till we got tired. After reaching home, we watched our favourite movies. Post lunch we took some rest and then went out cycling. Finally, at night after having dinner we waved goodbye to our friends and slept early, all set to kickstart the coming week.

**SANJANA**, class V A, BVBPJ Jubilee Hills,  
Hyderabad

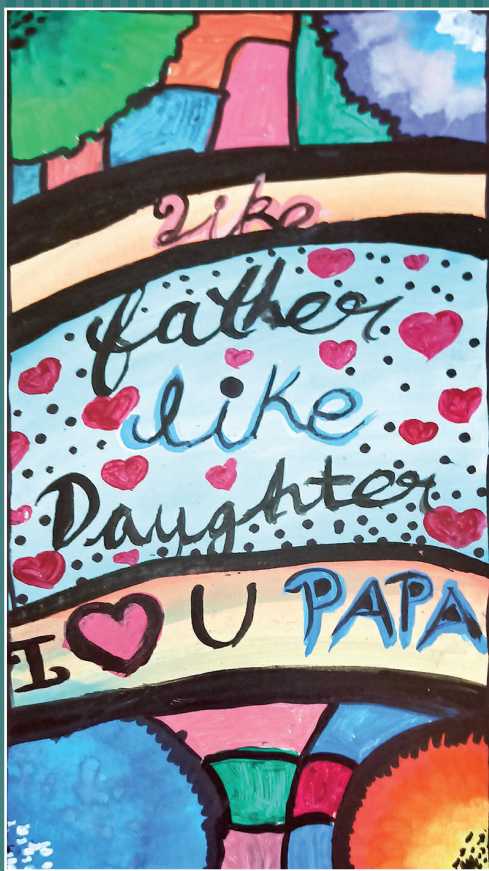
## Painters' Gallery

**CLEAN & GREEN:**  
**M CHARITA**, class IX A, Delhi  
Public School, Nadergul

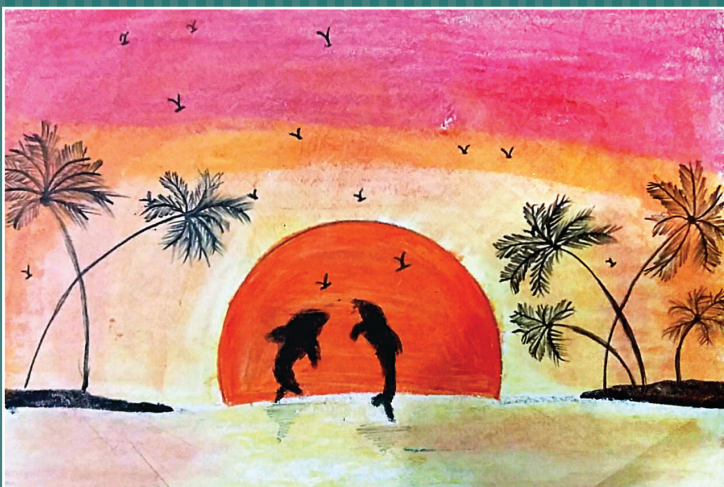
**STRONG ROOTS:**  
**MOHD AYAAN**, class VII A,  
DDMS P Obul Reddy Public  
School, Hyderabad

**ARTISTIC: C JUNALI**,  
class VII B, DPS Mahendra Hills

**SUNDANCE: NADA YASMEEN**, class X,  
Springfields School, Tolichowki



**BOND OF LOVE: DEEP JOT KAUR**, student,  
Scholars International School, Alkapur  
Township



### LIFE

What's that?  
Does it have a meaning or a purpose?  
What's the essence of it?  
Often these questions strike my mind  
Then I answer myself  
An astounding tour,  
With an astonishing aim  
Different for everyone  
Mixture of many good and bad experiences  
And ups and downs  
Actually a rainbow with beautiful and optimistic seven colours  
Some say it is an exam or a testing period and is full of challenges, Is it so?  
I think it could be, But what I say is  
Questions in the exam sheet are different for everyone  
Even the time for exam is different for everyone  
So write your own exam  
And in your own way



**SHAZIA ANAM RAZA**, class X B, Literary Secretary,  
Madina Public School, Hyderabad

### GO CORONA GO

Go Corona Go, Go, Go, Go,  
Go Corona Go, Go, Go, Go,  
Go Corona Go, Go, Go, Go,  
The Virus Corona came from Wuhan- a place which is in China.  
We were in homes because of lockdown.  
A Mask Year, I name the year 2020  
The Corona travelled everywhere.  
We missed our friends, school and many more things.  
The year 2020, was worst year for everyone.  
We were not able to celebrate our festivals.  
Go Corona Go, Go, Go, Go,  
We spent our time with our family.  
Now, Prime Minister-Mr Narendra Modi, of our country is working hard and he is now on a success path by developing a Vaccine.  
We are happy that soon will meet the missing things.  
The past is in the past,  
Leave us Corona, Leave.  
Leave us Corona, Leave.  
Leave us Corona, Leave.

**PRIYANSHI BHATNAGAR**, class IV B, Delhi Public  
School, Miyapur

### IN THE TIME OF DARK

In the time of dark,  
When you feel the invisible air around you whispering  
And A sudden increase of coldness around you.  
When mystery makes the windows rattle and  
With every sound, your heart misses a beat, at such times,  
You do not know what lies in the dark  
And fear turns into your companion  
But nothing to worry about,  
Go lie beside your mother  
The warmth of her doesn't permit the fear to come close to you  
Keep your ear on her chest,  
Every heart beat you hear pledges to protect you no matter what  
The voice of her turns the whispers of the dark into a lullaby of love.

**MANYA SAHASRA**, class IX D, Bhavans Sri  
Ramakrishna Vidhyalaya, Sainikpuri, Hyderabad



# WHERE ARE DADDY HUNDREDS?



**Notwithstanding India's remarkable series win over Australia on the recent tour Down Under, their entire batting unit has managed just one individual century over the last 11 Test innings since the tour of New Zealand in February 2019**

Former India spinner Pragyan Ojha believes it's only a matter of time before Shubman Gill hits a big knock

## ROHIT IS NOT EXACTLY A TEST OPENER: PRABHAKAR

Left-handed batsman Washington Sundar came close to scoring a ton in the first innings of the first Test against England, which ended with a 227-run defeat for India on Tuesday, but ran out of partners and remained unbeaten on 85. Rishabh Pant and Shubman Gill too have scored in the nineties. But a big innings like what England captain Joe Root has been playing over the last three Tests has eluded India.

India's top five batsmen, who have the responsibility of scoring the bulk

of runs, managed just one hundred and nine half-centuries across seven innings in Australia, discounting the second innings in the second Test in Melbourne where India had a target of just 70.

The opening partnerships have been abysmal: 16, 27, 30, 8, 0, 7, 0, 16, 70, 71, 11, 18, 19 and 25, just two 50-run partnerships in 14 innings. "If you have someone like Rohit Sharma, who has not exactly been a Test opener, to face the new ball, then the batting structure gets affected. Opening in Test match-

es is a professional and specialised job. Rohit is a great batsman but he is not exactly a Test opener. He was not groomed as an opener," former India all-rounder Manoj Prabhakar, who has in the past opened for India, told IANS.

Rohit did well in 2019 when he was promoted up to open in Visakhapatnam against South Africa, getting scores of 176, 127, 14, 212, 6 and 21, totalling 556 at an average 92.66, at home. But since then, he has scored 26, 52, 44, 7, 6 and 12, at an average of 24.50.

## WE WANT BIG PARTNERSHIPS, FOCUS NOT ON CENTURIES: KOHLI

Gill, who made his debut at Sydney, has been getting half-centuries but the job of an opener is to get the ball off for the middle-order batsmen. Former India batsman Anshuman Gaekwad says the toss mattered in Chennai a lot. "It happens. I think it was the toss that made the difference. If India had won the toss, things might have been different," he said. India skipper Virat Kohli also hinted at it. "If you look at the second innings of both sides, they were both struggling," Kohli told the media on Tuesday.

However, that doesn't explain India's inability to get centuries in previous games. Kohli said that he is not overly worried about individual players' failure or ability to get centuries. "Whether someone has scored a century in the last five games doesn't matter to us. We want to be able to get long partnerships. In that process, if people get to a big milestone it is good," the India skipper said.

"Even if someone had gotten a hundred in either innings we would have

still pretty much been behind the game. That is something we need to understand rather than thinking about milestones instead of thinking about what we couldn't achieve as batsmen in terms of scoring centuries."

But as Joe Root has shown over the last three Test matches, two against Sri Lanka and one against India, big centuries do matter. His 228, 186 and 218 have helped England score big in the first innings and register big victories.

# Clamour for Kuldeep's inclusion in 2nd Test grows louder



If you are not confident about playing him, don't carry him as a tourist or a passenger. I can't think of a reason why he's not played, except that they might not be happy with his performance in the nets. And if that is so, the team management should inform the selectors. Yadav will be the X-factor (for England) as there are not many Chinaman bowlers around. Ideally, I would like to see a leg-spinner in the XI against England.

**MANINDER SINGH,**  
former India left-arm spinner

Maybe they will bring Kuldeep Yadav for the next Test in place of Nadeem or Washington Sundar, whoever it is. But they need to look at dismissing England for lesser than what they scored in the first Test. I think Shahbaz Nadeem got just a little bit nervous. I'm not even talking about the way he bowls but the no-balls, it's always an indication that the bowler is a little too anxious.

**SUNIL GAVASKAR,**  
former India captain

Chinaman bowler Kuldeep Yadav has played six Test matches in four different countries, since making his debut early in 2017. His last Test was the fourth and final match against Australia in 2019 in Sydney, where he took five wickets in the only innings he bowled. Since then he has been forgotten, though he watched India succumb to England from the dressing room in the first Test in Chennai

## INDIA HAS NO OPTION BUT TO PLAY KULDEEP YADAV: PRASANNA

In six Tests, 26-year-old Yadav has bagged 24 wickets at an average of 24.13, and is still reckoned as the X-factor and a dangerous bowler for batsmen around the world. After India's embarrassing 227-run defeat at the MA Chidambaram Stadium in Chennai on Tuesday, voices seeking Yadav's inclusion in the Indian XI for the second Test, beginning at the same venue on Saturday, have started growing.

Legendary Indian off-spinner Erapalli Prasanna said the team should play Yadav in the second Test. "Now, we have no choice but to give him a chance. He should be given a fair deal. There was a lack of spinning (penetration) in this particular first Test match," Prasanna told IANS.

Kuldeep was selected for Australia's tour recently but he wasn't played in any of the four Tests, despite all the preferred players being sidelined with injuries. India preferred off-spinner R Ashwin, off-spinner Washington Sundar, and Ravindra Jadeja while Yadav watched India win their second consecutive Test series Down Under from the dressing room. Former India left-arm spinner Maninder Singh, too, threw his weight behind Yadav, and said if he's not in the Indian team's scheme of things he should not be carried as a passenger.

"In the Chennai Test, (left-arm spinner) Ravindra Jadeja was missed. Had he been in the side, the game would have been far more interesting

than it was. And, if I were the captain, I'd have Washington (Sundar, off-spinner) at one end and specifically tell him to bowl a tight line," said 80-year-old Prasanna, who bagged 189 wickets in 49 Tests.

"I would tell him that because he is not a big spinner of the ball, and he couldn't turn the ball on this wicket; he's a tight bowler and definitely an excellent bat. So, Washington needs to be in the side, and I would preferably use him from the pavilion, and operate the two other spinners from the other end," said the Bangalore-based Prasanna. Will one of the 'other' spinners be Yadav in the second Test against Joe Root's England starting in Chennai on Saturday?

## QUIZ TIME!

**Q1:** Who took the fastest 150 wickets in One Day Internationals?

- a) Brett Lee ☐ b) Mitchell Starc ☐  
c) Trent Boult ☐ d) Saqlain Mushtaq ☐

**Q2:** Who won the 2016 US Open singles title?

- a) Rafael Nadal ☐ b) Novak Djokovic ☐  
c) Stan Wawrinka ☐ d) Andy Murray ☐

**Q3:** Which of the following two players hold the record of most ducks in ICC Men's T20 World Cup?

- a) Tanvir Afzal and Andre Fletcher ☐  
b) Luke Wright and Ashish Nehra ☐

- c) Lendl Simmons and Sanath Jayasuriya ☐  
d) Shahid Afridi and Tillakaratne Dilshan ☐

**Q4:** Who was the runner-up in the first Women's Wimbledon Cup?

- a) Maud Watson ☐ b) Lillian Watson ☐  
c) Blanche Bingley ☐ d) Laura Knight ☐

**Q5:** Who is the fastest to 7000 runs in Test cricket?

- a) Virender Sehwag ☐ b) Steven Smith ☐  
c) Sachin Tendulkar ☐ d) Wally Hammond ☐

**Q6:** Who is the 2014 NBA Rookie of the Year?

- a) Michael Carter-Williams ☐ b) Ja Morant ☐  
c) Karl-Anthony Towns ☐ d) Andrew Wiggins ☐

**Q7:** When did Garbine Muguruza win her 1st Wimbledon championship?

- a) 2016 ☐ b) 2017 ☐ c) 2018 ☐ d) 2019 ☐



Garbine Muguruza

**Q8:** Who won the 2017 Women's Australian Open singles title?

- a) Sloane Stephens ☐ b) Jelena Ostapenko ☐  
c) Garbine Muguruza ☐ d) Serena Williams ☐

**Q9:** Who is Russia's first-ever skater to achieve the feat of winning Olympic gold and the World Figure Skating Championship?

- a) Alexandra Trusova ☐ b) Alena Kostornaia ☐  
c) Evgenia Medvedeva ☐ d) Alina Zagitova ☐

**Q10:** Who holds the record of most catches in One Day Internationals?

- a) Mahela Jayawardene ☐  
b) Sachin Tendulkar ☐ c) Ricky Ponting ☐  
d) Mohammad Azharuddin ☐

**Q11:** Who was the youngest cricketer to have captained a team in Test matches?

- a) Mansur Ali Khan Pataudi ☐ b) Rashid Khan ☐  
c) Tatenda Taibu ☐ d) Waqar Younis ☐

**Q12:** Who was the runner-up in the first Men's Wimbledon championship?

- a) Frank Hadow ☐ b) William Marshall ☐  
c) Spencer Gore ☐ d) John Hartley ☐

**ANSWERS:** 1 b) Mitchell Starc  
2 c) Stan Wawrinka  
3 d) Shahid Afridi and Tillakaratne Dilshan  
4 b) Lillian Watson 5 b) Steven Smith  
6 a) Michael Carter-Williams  
7 b) 2017 8 d) Serena Williams  
9 d) Alina Zagitova  
10 a) Mahela Jayawardene  
11 b) Rashid Khan 12 b) William Marshall