STUDENT EDITION

TUESDAY, AUGUST 11, 2020

INSPIRED READING

IN THE LEAD-UP TO THE

INDEPENDENCE DAY

Faith and Freedom: Gandhi in

continues to offer in dealing with the contemporary problems. Written by one

of India's leading historians, this book

is a must-read for everyone interested

in understanding the political landscape

t vividly describes Calcutta, Bengal

and India in the 1930s and 1940s and

the early years after Independence.

Krishna's memories of growing up and

National Army (INA) officers in 1945-46,

and the Partition and Independence in Delhi in 1947. Illustrated with old photo-

graphs, this memoir is a valuable historical record told in flowing literary style.

(Krishna Bose was married to Sisir Kumar Bose, son of nationalist leader Sarat

Chandra Bose and nephew of Netaji Sub-

Article 370: Explained for the

This book seeks to explain the issues sur-

rounding Article 370 and 35A of the Con-

stitution, making readers informed about

this important constitutional, political

and legal matter. The author writes in a

simple and lucid language, making the

issues accessible to the common man.

Bridge Across the Rivers:

Jain & Tripti Jain

Partition Memories from the

Two Punjabs - edited by Jasbir

his collection seeks to debate is-

ARTICLE

Common Man by Sumit Dutt

Lost Addresses: A Memoir

of India, 1934-1955 by

History by Mushirul Hasan

his book of-

meticu-

historical

lously-researched

account of Ma-

hatma Gandhi,

background, cam-

paigns, impact on

Indian life, and the

guidance he still

of modern India.

Krishna Bose

coming of age are set in the social, cul-

tural and political

milieus of the time.

She relives how she

experienced the

World War II, the

Quit India move-

ment of 1942, the

Bengal Famine of 1943-44, the Red Fort trials of the Indian

has Chandra Bose.)

n August 2019,

the state of J&K

was reconstitut-

ed into two union

territories, Jammu

& Kashmir and

Ladakh, abrogating

its special status, and

integrating it into

the Indian union.

Majumder

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NOT 'PANDEMIC', 'CORO-NA' OR 'COVID-19', BUT '2020' COULD BE THE **WORD OF THE YEAR**

t is admittedly too early to guess what will be declared as the word or phrase of the year, with Covid-19, social distancing, pandemic, corona, PPE, WFH, quarantine, isolation, superspreader, asymptomatic, herd immunity, and other such words gone viral. Well, that is only one part of the story of this year. The profusion of calamitous events-floods, bushfires, supercyclones, landslides, earthquakes, locust attacks, plane crashes, protests and sit-in, deadly gas leaks, chemical blasts, economic downturn, layoffs and many more, have given enough reasons to the experts to propose the numeronym, '2020' as a possible word of the year. Any why not? argue many netizens across the globe.

2020 is not a neologism(a newly- coined word or expression), like hashtag (American Dialect Society's choice for 2012) or Brexit (Collins dictionary's 2016 laureate), and when pronounced as twenty-twenty, it is currently defined as "meeting a standard of normal visual acuity" or "marked by facilely accurate discernment" ■ There is no single word yet for "unending series of disastrous events", but 2020 should fit the bill – across languages, feel many

What's your take? Share your views at toinie175@gmail.com

India is ready

he Centre has framed a plan to re-open the schools modalities of the plan have been discussed by the group of secretaries attached to the Group of Minister Harsh Vardhan. The decision is likely to be notified as part of the final unlock guidelines to be issued later this month, which after August 31. Sources said the final decision would be left to

Broad standard operating procedures (SOPs) would be issued for the schools and educational institutions. This follows a guick survey conducted earlier in July by the department of school education. Though the survey had indicated that parents are not in favour of sending their children to schools, the state governments have argued before the Centre that the students of economically-weaker sections are suffering



- The guidelines, which have been vetted by the ministry of human resource development and the health ministry, recommend the opening of schools, and running them in a phased manner
- For the first 15 days, students of classes X to XII, would be asked to attend school. Different sections of a class would get particular days to attend school
- In a school, if class X has four sections, half the students of sections A and C would
- come on particular days, and the remaining on the other days The number of school hours would be restricted from 5-6 to 2-3 hours of physical
- attendance
- break in between for sanitisation
- school, and is likely to continue with the online classes

Sources indicated that the Centre would recommend it and state governments may take a final deci-SION SEEING THE COVID-19 CASELOAD, AND THE POPULAR OPINION OF SCHOOL MANAGEMENTS AND PARENTS

- All schools are likely to run in shifts 8 am to 11 am and 12 to 3 pm, with a one-hour
- The schools would be advised to run on 33% capacity of teaching staff and students
- The government is not in favour of calling pre-primary or primary school students to

NIA DACOSTA TO DIRECT 'CAPTAIN MARVEL' SEQUEL **FOR MARVEL STUDIOS**

ENTERTAINMENT

he sequel to Brie Larson's, 'Captain Marvel' is moving forward at the Marvel Studios with the hiring of filmmaker Nia DaCosta. According to The Hollywood Reporter, the director will helm the project with a script by Megan McDonnell, who is currently a writer on the upcoming Disney Plus Marvel series,

■ DaCosta made a promising debut with her 2018 feature, 'Little Woods'. starring Tessa Thompson, and is currently making waves with her upcoming supernatural slasher film, 'Candyman' ■ DaCosta will be the first Black woman to direct a Marvel Studios film. She is also the fourth woman, after Boden, Cate Shortland ('Black Widow') and Chloe Zhao ('Eternals'), to take on the directing job at the studio

'WandaVision'.

Larson will reprise her superhero character of Carol Danvers aka Captain Marvel in the sequel. In 'Captain Marvel', Carol Danvers was a human, who became involved in the war between two alien races— the Kree and shape-shifting Skrulls. Surviving an explosion tied to an alien engine imbued her with incredible power, turning her into Captain Marvel, and making her one of the most powerful heroes in the Marvel Universe

'Captain Marvel 2' will be released on July 8, 2022

MUKESH AMBANI ECLIPSES RICHEST EUROPEAN TO BECOME WORLD'S NO 4

Reliance Industries chairman, Mukesh Ambani has surged past France's Bernard Arnault, Europe's wealthiest man, to cement his place in the top 5 richest club

■ Ambani is now worth \$80.6 billion, after amassing \$22 billion this year, according to the Bloomberg Billionaires Index. That gives him a bigger wealth pile than Arnault, whose LVMH Moet Hennessy Louis Vuitton SE has suffered from customers curbing high-end fashion purchases faster than the company can cut costs. ■ India's richest person has already surpassed some of the biggest tycoons in the recent weeks, including Silicon Valley titans, such as Elon Musk and Alphabet Inc cofounders Sergey Brin and Larry Page, as well as the Oracle of Omaha, Warren Buffett



ly create a free Adobe Acrobat PDF from any Microsoft Office or image file simply by typing PDF.new into Chrome and uploading the desired file, thanks to a collaboration between Google and Adobe. One can also type Sign.new into the browser to create a PDF form that you can fill, sign, save and send. If you have a massive PDF file that you just need to make manageable, just type CompressPDF.new to reduce its file size for easy sending or sharing.

7 ou can now easi-

To use it, all you need to do is drag and drop a document and watch it transform into a highquality, professional-looking PDF, Adobe said in a blog post-If you want to easily create stand out social media content with Adobe Spark Post, just type Create.new into the browser, and you are immediately taken into Spark, where you can unleash your creative potential One can start designing from thousands of templates, and choose from millions of images, icons, and stickers, in addition to your own logos, colours and fonts In addition to the new shortcuts, Adobe is launching a plethora of free PDF actions this year – giving everyone access to 20 free, super simple Acrobat online tools in 2020



'Vaccine nationalism' not good for the world: WHO

he World Health Organisation (WHO) has warned against vaccine nationalism, cautioning rich nations that if they keep treatments to themselves, they cannot expect to remain safe, if poor countries remain exposed. Tedros Adhanom Ghebreyesus, the director general of the WHO said, it would be in the interest of the wealthier nations to help every country protect itself against the dis-

IN THE NEWS



Several countries are racing to find a vaccine for the coronavirus, which has killed more than 7,00,000 people globally

For the world to recover faster, it has to recover together, because it's a globalised world: the economies are inter-twined. Part of the world or a few countries cannot be a safe haven and



recover. Covid-19 could be less when countries, who have the funding, generously help other countries. Covid-19 pandemic can not be defeated in a divided

Tedros Adhanom breyesus, director general, WHO



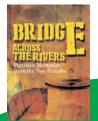
DEBATE

Has the pandemic widened the gap between the rich and the poor nations? Share your views at toinie175@gmail.scom



sues, and throws light on discourses, other than those of violence and darkness, working with a chronology, located in time. The narra-

tives unfold expectation, hope and harmony, violence, psychological fallouts, gender issues, and questions of guilt and reflection.



Meet the winners of 'AatmaNirbhar' app innovation challenge

he winners of a challenge envisaged to showcase India as one of the leading app developing countries globally were announced in nine categories on Friday that saw short video app, Chingari, news app, Logically, and health app, StepSetGo emerge as the top players in their categories, among others.

'AatmaNirbhar Bharat App Innovation Challenge' was launched by PM Narendra Modi on July 4, which saw participation from 6,940 tech entrepreneurs and startups across the country. ➤The challenge had entries for nine different categories, namely business, eLearning, entertainment, games, health, news, office and work from home, others and social.



- In the social category, Chingari emerged as the top winner, followed by writing app, Your Quote and Koo, which allows people to follow top Indians, and news in Indian languages
- In the business category, the top three winners were Zoho Invoice, Books and Expense, Mall 91, and GimBooks - Easy Invoice Manager, respectively.
- The e-Learning category also had three winners with Disprz, Kutuki Kids Learning app, and Hello English: Learn English, taking the first, second and third positions, respectively.
- In the news category, Logically was followed by IsEqualTo, which offers daily news, quiz and general knowledge for students.
- In the entertainment category, the top three winners were CaptionPlus, Meme Chat, and FTC Talent, respectively.
- In the games category, the top three winners were Hitwicket Superstars - 3D cricket Strategy Game; ScarFall- The Royale Combat; and World Cricket Championship 2a"WCC2, respectively.

2021 WOMEN'S CRICKET WORLD **CUP IN NZ MOVED TO 2022**



he Women's Cricket World Cup in February in New Zealand has been postponed for a year. Also, the men's Twenty20 World Cup in Australia that had been pushed from October-November this year to the same time in 2021, was delayed by another year to 2022. India, which was to host the T20 World Cup in 2021, will stage it as planned, with all the 16 teams, which qualified for the 2020 edition participating in India.

qualifying process for the 2022 T20 WC, the **International Cricket** Council said. ■The Women's WC will be played in Feb-March, 2022■The qualifying event for the remaining three places will be held next year

■ There will be a new

READ AND LEARN

Quick Tips to E AUTHOR COLUMN **Better Creative**

Richa Gupta, a former academician and author of 'Slices of Life' (2020) and 'Skeins' (2018). shares tips on how to improve your creative writing skills



reative writing is expressing yourself through imaginative writing in any genre such as essays, stories, novels, poems and plays. To be an effective creative writer, you need a vivid imagination, strong language skills and sensitive observation of the world around you. Here are some tips to develop your skills in creative writing.

Read a lot, and enjoy reading books

The most important technique to improve your language skills, imagination and knowledge base is to read widely and read the books of good authors. Many youngsters lose interest in reading because they try to read books they find difficult to understand. If the original classics are beyond your comprehension, read their simplified versions; and read various genres in lucid language: poems, short stories, novels, essays, sci-fi biographies, non-fiction, blogs and articles on different topics.

Build a strong vocabulary

While reading, try to figure out the meaning of unfamiliar words from the context and confirm your guess by looking up a dictionary. Words that you understand intuitively will become part of your active vocabulary. Play word games such as scrabble with a strong adversary.



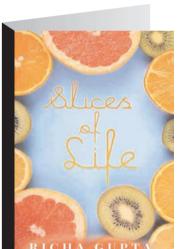
Practice writing

Do graded exercises in

creative writing, and learn to write dialogue such that it sounds natural. There are several websites and workbooks that provide prompts, pictures and story starters to trigger your imagination. Start with writing based on a guided framework of visual or written cues, such as a series of pictures. Then, proceed to writing on the basis of a stimulus such as a leading or concluding sentence. Finally, write a creative piece on a topic. Get constructive feedback from an expert at each stage

Strengthen your knowledge of grammar and punctuation

First, jot down your thoughts and then



refine your writing. Do take criticism positively aluate its veracity and learn from it. There is always scope for

Learn the basic rules of grammar and punctuation so that you can correct all the errors in grammar, spelling and punctuation. Revise your writing after a few days to make the writing flow smoothly and enhance

the content.

Remember the principles of good story writing

Develop realistic characters placed in a recognisable geographical and social milieu and familiarise readers with their thoughts and feelings. The start of the story must be attention-grabbing. Include an element of mystery to hook the readers and keep them guessing.

Start by writing about what you know

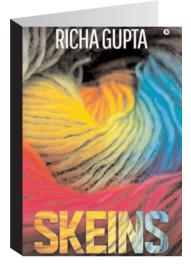
In the beginning, write about the world you know with characters you are familiar with and linked to topics of your interest. When you write on an unfamiliar topic, do thorough research to make it plausible.

Add a twist at the end

Try to build up a short story to an anti-climax so that something unexpected happens at the end. For inspiration, read the stories of Hector Hugh Munro, better known by his pen-name Saki, who used this device with mastery.

Understand the use of figures of speech

Start with writing simple sentences but as you become an advanced writer, understanding and using metaphors, similes, personification, puns and extended metaphors will enrich your prose whereas using additional rhetorical devices such as oxymoron, alliteration, euphe-



mism, hyperboles, transferred epithet and metonymy will enrich your verse.

Take criticism positively

When you write for an audience, readers will react differently and there may be criticism as well as appreciation. Take criticism positively, evaluate its veracity and learn from it. Remember that there is always scope for improvement.

ToiStudent presents NEP 2020. Our educators decode the way forward as envisaged in the National Education Policy of 2020 in this video presentation.

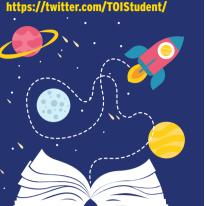
WHEN: We are live at 3 pm on August 11 (today).

WHERE: Watch the video at https://www.youtube.com/channel/UCyT6h6Z3gq94BAhHqG5m-Ag Subscribe for more such videos, discussions and movie screenings.

Have something to add? 1. Send us a video on your thoughts about the policy and whether you think this is the way forward for the education sector.

2. Make sure the video is clear and crisp. Do not exceed 2 minutes. 3. Send your video to

Meanwhile join the discussion on our hashtag **#FutureForward** on





Supriya.sharma2@timesgroup.com

ating less and still putting on weight? Have low stamina, weak bones and frequent low back pain and headaches? Congrats. You've just won yourself a spot in the 21 st century tired people's club. "I meet people in their early 20s and teens who can't even climb stairs or walk a kilometer. They are clocked out even before they touch midday," says Gagan Arora, a Delhi-based fitness trainer.

Fatigue has become one of this century's most debilitating yet underrated conditions, affecting the youth physically, emotionally and mentally. While getting the hourglass figure is still the driving factor for a huge chunk of the population, most strive to just get the basic, everyday fitness

need to stay in one spot. "Although we have more health clubs than ever and new fitness programs are being introduced almost every month, people are still getting unfit and fighting health issues. A huge population is lacking basic cardio respiratory endurance and strength required to perform daily chores effortlessly," adds Arora. Agrees Raoul Hirani, strength and conditioning coach, "The biggest problems people come to me with are mobility issues. People have incorrect postures and flawed squat patterns."

GET STARTED

Exercise is a must. The energy you produce when exercising breeds more energy, not caffeine and sugar. "We need to rethink and redesign our schedule to squeeze in some



SAY NO TO

SODAS: Drink plenty of water throughout the day that you never crave for any sweetened/aerated drinks/ packaged fruit juices.

STARCH: Prefer wholegrain food items over refined flour.

PACKAGED FOOD: They are high in preservatives and excess salt.

ARTIFICIAL SWEETENERS: Diet colas and artificial sweeteners contain less calories but have adverse effects on

movement on daily basis. Simple tasks like to do their household chores and professional jobs better. "Doing the kind of work I do, there's always a lot of load on my back. I started functional training recently with the prime objective of not losing weight but to strengthen my back and get overall endurance," shares Mansi Midha, a Delhi-

TOO MUCH TO HANDLE

based photographer.

Today's adrenaline-fuelled lifestyle leaves less room for physical movement. There is so much to do — the endless updates to read and like, emails to respond to, photos to post, and with it all, rarely a full night's rest. Even technology is working around our ridiculous

standing, walking few steps every hour, climbing stairs or 10 minutes of morning/evening yoga can deliver positive health benefits than being sedentary all day," says Arora. Do not get too ambitious if you seek everyday strength.

insulin levels.



Success Stories



STUDENT: Soumya Sucharita

CLASS: X-C **BOARD:** CBSE

Potter book?

97%

Quiz time

Q.1) Which is the first Harry

B. HP and the Philosopher's Stone

C. HP and the Chamber of Secrets

D. HP and the God of small Things

of Robert Louis Stevenson,

writer of 'Treasure Island'?

A. Scottish B. Welsh

which Bronte sister?

D. None of the above

A. Anne B. Charlotte C. Emily

C. Irish D. French

Q.2) What was the nationality

Q.3) 'Jane Eyre' was written by

A. HP and the Goblet of Fire

BOOKS AND AUTHORS

Dwibedy

SCHOOL: Oasis School, Hyderabad

Your initial reaction on hearing the news? At first I was in a state of shock for a while. But then reality hit me and I was so happy that I started to cry. It was a pleasant feeling never felt before.

What do you attribute your success to? It definitely would be my interest to score well. What I believe is that things turn out good if you really want them to. Hard work, stress management, organisa-

tional skills, perfection and time management are some other attributes I would like to add.

Q.4) What is the book 'Lord of

A. A round trip around the USA B. A

swarm of killer flies C. Schoolboys on

a desert island D. None of the above

Geoffrey Chaucer's Canterbury

Q.5) In which century was

the Flies' about?

Tales written?

A. 13th-14th B. 14th-15th

C. 15th-16th **D.** 16th-17th

Your message to the students appearing for the boards?

My first and foremost advice would be to stay calm and composed and not stress. It's just another exam which you have to appear for. Work hard from the beginning and stay focused. Concentrate and be dedicated while studying. Frankly speaking, studying hours do not make a difference, studying methods do.

Your next step?

Method of study is crucial, not hours of study

I am continuing my studies with the science stream (MPC). I am an IIT aspirant and also want to appear for the civil service examinations.



Soumya is cre-

persistent with a tremen-

dous spirit of confidence

ative, curious, and

CURRICULUM EXERCISES

Q1. What is the frequency range of the IEEE 802.11a standard?

Q2. Fill in the blanks: A. Potassium nitrate is used

B. Permanent hardness of water may be removed by the addition of ____.

Q3. Identify the following monument.



Answer: (1) 5GHz (2) A) Fertilisers B) Sodium carbonate (3) Bibi Ka Maqbara

EXPLORE YOUR CREATIVI

Develop a story based on the pictures in around 250 words. Send your entry along with your name, class, school and picture at toinie175@gmail.com





1) amldse

A: damsel B: perfection C: glorious D: query

2) yrpdami

A: depend B: pyramid C: confidence ANSWERS

1) A: damsel 2) B: pyramid

THE PERSONALITY



18th Chief Minister of Maharashtra

Answer: Devendra Fadnavis

ANSWERS

1. B) HP and the Philosopher's Stone 2. A) Scottish 3. B) Charlotte 4. C) Schoolboys on a desert island 5. A) 13th-14th

HOW NOT TO DO IT:

COMMON GRAMMATICAL



Formerly' is something that happened before. **■ 'Formally'** (adj) in a formal manner.



It was a custom **formally** observed.

HOW TO DO IT PROPERLY: ■ The store was **formally** opened on Tuesday.

It was a custom **formerly** observed. ■ Gaidar was **formerly** the vice governor of the Kirov Region.

He was formally certified as a CA.

MUM'S THE WORD Meaning: To keep quiet. To say nothing.

IDIOM OF THE DAY