



THE TIMES OF INDIA

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**TODAY'S
EDITION**

➤ Raised by a single mum, Namanbir, a student from Chandigarh, talks about why he invented an app called Shield for women
PAGE 2



➤ An educator talks about why it is essential to adopt Babu's principles in today's world
PAGE 3



➤ Top-seeds Daniil Medvedev, Pliskova roll to wins at Indian Wells
PAGE 4



STUDENT EDITION
MONDAY, OCTOBER 11, 2021



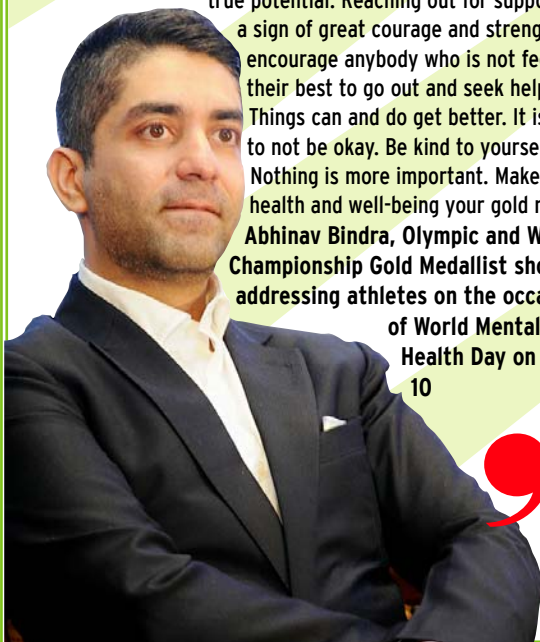
ANSHU MALIK

[CLICK HERE: PAGE 1 AND 2](#)


QUOTE UNQUOTE

“Athletes are trained and socially-conditioned to channelise physical stress while silencing the mind, their feelings, and emotions. The sports industry has ended up prioritising medals over all else. The pressure to focus on the outcome can drive athletes towards developing a one-track mind, ignoring every aspect of their life other than sport, performance and winning. We must take better care of our sportspeople and create mental wellness programmes designed for athletes. Excellence has to be holistic. Prioritise your well-being – physical, emotional, and mental – to give yourself the best chance of realising your true potential. Reaching out for support is a sign of great courage and strength. I encourage anybody who is not feeling their best to go out and seek help. Things can and do get better. It is okay to not be okay. Be kind to yourself. Nothing is more important. Make your health and well-being your gold medal.”

Abhinav Bindra, Olympic and World Championship Gold Medalist shooter, addressing athletes on the occasion of World Mental Health Day on Oct 10



Spotlight MUKESH AMBANI JOINS BEZOS, MUSK IN WORLD'S EXCLUSIVE \$100 BILLION CLUB



Mukesh Ambani, Asia's richest person, has joined Jeff Bezos and Elon Musk in the world's most-exclusive wealth club with a fortune of at least \$100 billion. The chairman of Reliance Industries Ltd entered the rarefied group of 11 men, as his conglomerate's stock climbed to a record on Friday. He's now worth \$100.6 billion, according to the Bloomberg Billionaires Index, after his wealth increased by \$23.8 billion this year.

Since inheriting the oil-refining and petrochemicals businesses of his late father's empire in 2005, Ambani, 64, has been seeking to transform the energy giant into a retail, technology and e-commerce titan. His telecommunications unit, which started services in 2016, is now the dominant carrier in the Indian market

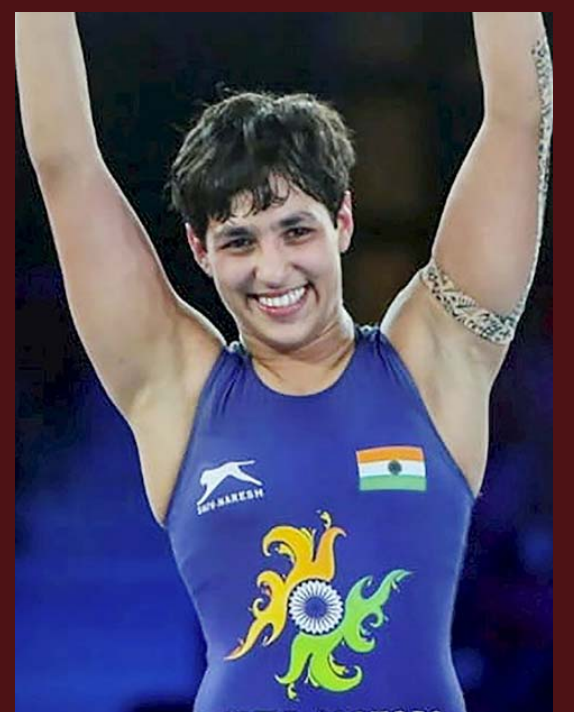
RICHEST INDIAN

1 Ambani, India's richest person since 2008, also topped the Forbes' 2021 list of the wealthiest Indians, followed by Gautam Adani, who is next on the list with a net worth of \$74.8 billion

2 The total worth of India's 100 richest saw a 50 per cent gain, from the previous year, according to Forbes

3 On the Forbes list, as many as 61 billionaires added at least a billion or more to their existing wealth, while more than 80 per cent of those on the rich list saw an increase in their fortunes

First Indian woman to win a silver medal in the World Wrestling Championships



Twenty-year-old Anshu Malik has scripted history, as she became the first Indian woman wrestler to win a silver medal in the World Championships. She lost her final bout 1-4 to two-time Olympic medalist Helen Maroulis at the World Championships in Oslo, Norway. Meanwhile, another Indian grappler Sarita Mor (59kg) also won a bronze medal for the nation.

■ Anshu, a cadet World champion and a junior World's silver medalist, was the third Indian to reach the final of the World championships after 2010 champion Sushil Kumar and 2018 silver medalist Bajrang Punia

■ Other Indian women grapplers who have won bronze medals in the past are Geeta Phogat (2012), Babita Phogat (2012), Pooja Dhanda (2018) and Vinesh Phogat (2019)

IN OTHER NEWS

2 metres distance not enough without Covid-19 mask: Study



enough without masks. Wearing a mask indoors can reduce the contamination range of airborne particles by about 67 per cent, they said.

In a new study, researchers have warned that to prevent the spread of Covid-19 indoors, the two metres physical distancing guideline is not



■ While most public health guidelines recommend physical distancing of two metres for people from different households, researchers say distancing alone is not enough to prevent the spread of Covid-19

■ While ventilation, a person's posture, and mask-wearing impacted the spread of the bio-contaminants significantly, the impact of age and gender was marginal, researchers found

■ Coughing is one of the main sources of the spread of airborne viruses from symptomatic individuals

JIM CORBETT PARK MAY BE RENAMED 'RAMGANGA NATIONAL PARK'

Jim Corbett National Park, a world-renowned tiger reserve in Uttarakhand, may be renamed as Ramganga National Park in the future. Union minister of state for forest and environment Ashwini Kumar Choubey hinted about the change in the name of India's first national park, which is spread over an area of about 521 km. He recently mentioned it in a museum guest book on his tour of the park.



If the Jim Corbett park's name is changed, it will not be the first time. The park, which was named Hailey National Park at its inception in 1936, was renamed after hunter-turned-conservationist Jim Corbett two decades later. However, for some time in between it was also named Ramganga National Park as the Ramganga, a tributary of the Ganges, passes through it

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SPORTS

Indian Olympic Association in talks with International Committee for 2036 Olympics

Indian Olympic Association (IOA) president Narinder Batra on Saturday said the organisation is in talks with the International Olympic Committee for a possible bid by India to host the 2036 summer games, and Ahmedabad's Motera stadium is the best venue for an opening ceremony. Olympic games can be hosted in three or four cities in India, and the IOA is in talks with the IOC about India's possible bid for 2036, Batra said. The chances of India getting the opportunity were bright, he added.

TOURISM

India to reopen for foreign tourists from October 15

The Centre has announced its decision to start issuing tourist visas

to foreigners, starting from October 15, 2021. This decision was taken to boost inbound tourism to India. As per the ministry of home affairs (MHA), this will be applicable to foreign tourists who are travelling to India through charter flights. It also said that others who are coming in through regular flights will be permitted entry from November 15.



Inbound travel will commence with all Covid related protocols in place. These protocols issued by the ministry of health and family welfare, from time to time, must be followed by all the foreign tourists, as well as carriers carrying them into the country, and all the stakeholders at the landing stations



No time for the battery to die: Bond's Aston Martin GOES ELECTRIC

Daniel Craig may be saying goodbye as James Bond, but his iconic Aston Martin is about to be given a new lease of life, for an ultra-cool \$1 million. Bond actually drove a DB5, which features again in the latest Bond movie, 'No Time To Die'. But the DB6 is regarded by many as the epitome of British motoring style since it was first unveiled in 1965. In a modern twist, the DB5 and DB6 are now being retrofitted to reappear in limited numbers as electric cars. "For the women and men of tomorrow, this, electrified, is what you should be driving," said David Lorenz, CEO and founder of Lunaz, which specialises in making classic cars electric as the wheel of a DB6.

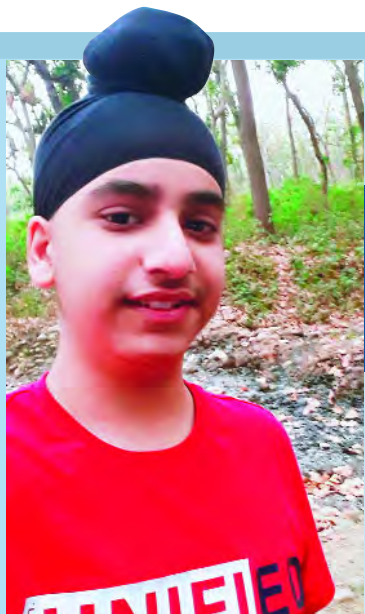
1 Lunaz, based near Silverstone, home of the British Grand Prix, is producing limited numbers of an electric DB6

2 Each electrified Aston Martin DB6 will undergo an exhaustive bare-metal restoration that Lunaz calls 're-manufacturing'

3 Technological upgrades include the latest brakes, suspension and steering, along with air conditioning and the electronic infotainment systems

4 The electric power-trains give the car a range of 255 miles

STUDENT INNOVATION



malini.menon@timesgroup.com

I WISHED TO PROVIDE A 'VOICE' SHIELD to women in emergency situations: Namanbir

At the age of four, he lost his father and saw his mother single-handedly conquering various challenges at different phases of his life. It gradually turned him into a 'feminist son', as he proudly says it aloud, and talks about how he felt the urge to make single women in India safe—like his mom, who overcame various hurdles alone in this male-dominated world.

Namanbir Singh, a class X student of Tender Heart School, Chandigarh, started researching on what are the key areas that make women insecure and he found—lack of stability, inability to defend themselves when in emergency, a proper government support system for abandoned or single women—were some of the core concerns. As each day passed, and he saw his mom growing as a person and going from strength to strength, Singh says he was sure of what he wanted to do—build a voice recognition app that can secure single women in times of emergency by shouting out 'Help' or 'Bachao'. Talking to Times NIE, he explains how a very strong idea can lead to a revolutionary change.



TELL US HOW YOU STARTED WORKING ON THIS APP?

My mother inspired me to take up a woman's cause and this led me to the first step of researching. I studied extensively various issues faced by women and found that they felt most vulnerable when on a lonely street or in enclosed places or while travelling in a cab. At times of emergency, if they needed to call out, they had to rely on the power button or unlock their phones to request help from a trusted source, which took 2-3 seconds. This made me realise that in times of crisis, there is a possibility that one can't access the phone at all, and hence, the need for an app that can recognise when one shouts for 'help'. This led me to SHIELD—a voice recognition safety app for women. Then, came the next step, design and development. I used FIGMA, a collaborative interface design tool, for design and it took two weeks to develop the entire app in Android studio using Java and Kotlin.

IF YOU WERE TO ADVISE ADULTS ON TECHNOLOGY, WHAT WOULD IT BE?

I would tell them to use technology for good, but don't be so dependent on them that you become redundant. Make sure your brain can control technology and not the other way round.

WHAT ARE THE CHALLENGES?

When you are building an app on security, it should be foolproof. You have to think of all possible dangers and understand all things that a criminal can do. Hence, the purpose of SHIELD was that it should be quick in action and not dependent on a device. So, even if the assaulter takes your phone away, if it is within the range, then your voice of help can be recognised and an instant message will be sent to your kin. Initially, I thought of a WhatsApp message, but then that took more data and hence, I stuck to a message.

WHAT ABOUT DATA PRIVACY?

Yes, we took that into account, especially at a time when data theft is common. Hence, we added a feature called 'protection on', which means that only when this is working can the app use your microphone features. Also, if someone wants to set a timer on, then she can do so for the hours spent outside the house. We currently have 1,100 users and we hope more women get to know of this app.

IT'S TRENDING...

GlassHair effortlessly

Do you want to add extra shine to your hair? Straight out of Hollywood, #GlassHair trend has been a celebrity favourite on the red carpet. Frizz? No way! Blunt ends? Definitely no! Pale colour? Nope. Instead, you'll enjoy a shiny, smooth mane as this treatment makes your hair look healthy again.

Despite its name, this hair trend isn't about using glass to style your hair, so what is glass hair? It's the art of using products to give your hair a mirrored, glass-like surface that reflects light from all angles. Whether you have a long or short bob, the gloss finish will create a halo-like effect around your face!



HERE ARE FIVE TIPS TO ACHIEVE THE #GLASSHAIR LOOK

- For hair to shine beautifully, it needs to be in good condition and well cared for. The look will be impossible to achieve if your hair is dried out or frizzy.
- Your hair washing routine should include shampoo, conditioner and a hair treatment once a week.
- It is best to use all products from one care line, as they are optimally coordinated with each other.
- A fresh haircut also would do wonders. It's best to go for a hairstyle that is all one length since layers will cause the light to reflect differently, meaning the effect won't be as dramatic.
- Opt for products that smooth your hair, so you'll have no flyaways ruining your silky mane. Always remember to apply heat protection before styling.

Why Drinking Hot Tea Cools You Down

REVELATION

While you might be tempted to reach for a cold drink to help cool you down, surprisingly hot drinks such as teas and coffees may actually be more effective.

A study in 2012 by researchers from the University of Ottawa looked at the effect of drinking hot drinks on body temperature. The results revealed that a hot drink can cool you down, but only in dry conditions.

Speaking to the Smithsonian Mag, Dr Ollie Jay, one of the authors of the study, explained: "If you drink a hot drink, it does result in a lower amount of heat stored inside your body, provided the additional sweat that's produced when you drink the hot drink can evaporate."

Essentially, when you

ingest a hot drink, you start sweating more. If the sweat is able to evaporate, it actually cools you down, more than compensating for the added heat to the body from the fluid.



While sweating can be embarrassing, it's an essential bodily function to help keep us cool.

As the sweat evaporates from the surface of your skin, it removes excess heat by converting the water from a liquid to a vapour. However, in humid con-

ditions this cooling effect is less effective, so drinking hot drinks won't help to cool you down.

Dr Jay explained: "On a very hot and humid day, if you're wearing a lot of clothing, or if you're having so much sweat that it starts to drip on the ground and doesn't evaporate from the skin's surface, then drinking a hot drink is a bad thing."

"The hot drink still does add a little heat to the body, so if the sweat's not going to assist in evaporation, go for a cold drink."

Overall, the lesson learned is that in hot, dry conditions, drinking hot drinks will cool you down, but if you're in a humid location, it's best to stick to cold beverages.

Every family has a special way of celebrating birthdays. While some people prepare delicious kheer, others pamper the birthday boy or girl and their family and friends with sumptuous cakes and other delicacies. But are you aware of interesting culinary cultures from around the world? Here's a round-up of fun food traditions that will leave you drooling

Birthday food traditions FROM DIFFERENT COUNTRIES

CULTURE COOL

PRINCESS CAKE

Have you always been fascinated with princess stories and felt like one on your birthday? Then you will be amazed at this Swedish birthday tradition of preparing a Princess cake to add sweetness to celebrations. This beautiful cake is prepared with soft sponge cake, fruit jams, pastry cream, whipped cream and marzipan on a layer on the top to add an eye-grabbing touch to the cake.

BRIGADEIRO

In Brazil, birthdays are celebrated with delicious sweet balls known as Brigadeiro. These delicious sweets are prepared with condensed milk, butter, chocolate and covered with colourful sprinkles and nuts.



SWEET MOCHI CAKES

Japan is known for their healthy eating and the same can be seen in their birthday traditions as well! They make small bite-sized sweet Mochi cakes to celebrate the birthday rather than relishing a huge cake. These small rice cakes are made with sweet rice, soy flour and delightful stuffings like red bean paste.



OTO

Breakfast in bed is heavenly, but in Ghana birthdays are celebrated with a mouth-watering breakfast recipe known as Oto. Made with fresh locally produced yams, which are boiled, mashed with a melange of spices and seasonings like onions, salt, and powdered shrimp, Oto is served with hard boiled eggs. The addition of egg in this dish represents the transformation from childhood to adulthood.



VLAAI

In the Netherlands, the birthday tradition emphasises sharing and caring. So, they prepare a huge pie known as Vlaai, which looks like a huge tart made with a variety of fillings like berries, plums and apricots. This huge sweet treat measures around 26-31 centimeters in diameter!



LONGEVITY NOODLES

Chinese birthday traditions will leave you drooling, if you are a fan of noodles with eggs. According to Chinese culinary culture, birthdays are celebrated with a special noodle recipe known as the 'Longevity Noodles' made with wheat flour, eggs, soy sauce, veggies and oriental spices. This classic birthday recipe is symbolic of long life, and it is believed that eating these noodles brings a prosperous future.



SANDWICHES DE MIGA

Are you a fan of delicious sandwiches? Then this birthday tradition from Argentina will satiate your soul as well as palate. Yes, in Argentina a hearty sandwich named Sandwiches de Miga is prepared especially as a birthday treat. Layered with meats, eggs, cheese, tomatoes, green peppers, tuna, lettuce, butter and Miga, which is a special kind of thin, crustless bread, it is a hearty meal.



PAYESH

This Indian dessert is an inseparable part of the Bengali cuisine and is usually prepared on birthdays as a blessing for the bright future of the person whose birthday is being celebrated. Made with creamy milk, rice, ghee, jaggery and cardamom pods, this thick creamy dessert is rich and decadent.



SEAWEED SOUP

It is a quintessential part of the South Korean culinary culture. The seaweed soup is especially prepared on birthdays; it isn't sweet, but its nutrient rich composition and delightful taste makes it a treat for the palate. It is believed in South Korea that eating healthy on this day brings a happy future.



Kudos to the teaching fraternity

Teaching is known to be one of the noblest yet one of the least recognized professions of the world. These great teachers, The Heroes, who were never cognizant of the technology took up this challenge of teaching on a digital platform head-on during this ongoing pandemic with élan.

Words fail to express the amount of hard work they put in to finish all the unending tasks assigned to them just to give shape to the careers of the millions of students who get trained under their vibrant leadership.

Yes, a teacher is also a leader who leads the team of students and grooms them to face the realistic world with utmost confidence. I

MAHEJABEEN,
Principal, MS
Creative High
School
Akbarbagh
(Girls), Malakpet



salute each and every teacher who is struggling to educate the children during these trying times. Let's pay a fitting tribute to all of them today and everyday. Merci for your mentorship and inspiration, my teaching fraternity!

Your are the real heroes, you deserve the best!

Last but not the least, no technology can dare to replace a teacher. Jai Hind!



THE EDUCATIONIST

COVID-19 LOCKDOWN: TIME FOR SELF-DISCOVERY



SHAZIA
JIWANI,
Counseling
Psychologist,
Niraj Public
School

The Covid-19 lockdown provided a platform to students to reflect on themselves and their lives, thereby leading to self awareness. Self awareness is by far the most important and primary reason that helps human beings realise their full potential and discover their hidden-creative self.

During the lockdown, students were able to allow themselves to manifest into action what they truly wanted. Social isolation causes a "neural signature" in the brain. Students who

report loneliness or social isolation experience more activity perhaps reflecting greater self-focus.

As we gain a deeper understanding of social isolation, we understand that it can impact our psychological and neurological health. There are studies that show the correlation between forced social isolation and

brain activity. One of the studies found that an acute period of social isolation followed by a cue to trigger social connectedness (i.e, an image of people engaged in their favourite social activity) resulted in increased activity in the neurons which are involved in cravings and reward. This concludes that forced social isolation affects Brain Activity.

To sum it up, it is only when one becomes self-aware that one takes steps to stop filling the void inside and develop healthy ways to experience oneself.



A VIBRANT FLORAL FEST



The colourful festival of Bathukamma was celebrated by students of Sree Narayana Vidya Bhavan. The celebrations started off with a prayer song by class IX students followed by a speech on the significance of Bathukamma by class X student Vaishnavi.

Educational secretary S Vijayan spoke about the importance of the festival and Telugu teacher Anitha shared how a wide variety of flowers are used to make the Bathukmmas. This was very helpful for students who were eager to put together the floral arrangements this festive season.

Following this, teachers and class X girls danced around the

G Leena Manojini,
class IX, SNVB, Sree
Narayana Vidya Bhavan
Hyderabad

Bathukamma on traditional songs. Principal K V Raghava Charyulu addressed the students about this festival which is celebrated predominantly in Telangana.

Class IX girl students too danced to the tune of Bathukamma songs. A vote of thanks was proposed by teacher Bhavani.

The celebrations concluded with the teaching and non-teaching coming together for a colourful photo session.

DANCE CONTEST HELD

The students of Delhi World School took part in a solo dance competition on the occasion of Bathukamma festival.

The most exciting part of dance is the competitions, where one performs in front of an audience. Before the performance, one needs to make sure of the right costume, hair and makeup. When the music starts, it's time to show the

Delhi World School
Shadnagar

world they have learned about dancing over the years.

It was a wonderful display of talent and the best dancers received prizes from chief guest Nallapati Venkateswar Rao, the chairman of Delhi World School, Shadnagar.



CRAFTWORKS ON GANDHI

"If you want real peace, start with children"
-Mahatma Gandhi

The young scholars of Gitanjali Vedika paid a glowing tribute to the life and philosophy of the Father of the Nation by celebrating Gandhi Jayanthi. Teachers narrated stories from Gandhiji's life. The children of PP1 showcased the Gandhian principles by making

the three monkeys with ice-cream sticks saying, "See no evil, Speak no evil, Hear no evil".

The students of PP2 celebrated this occasion by making a charkha with ice-cream sticks and thread while the little ones of Nursery enjoyed making spectacles and walking stick with clay.

Gitanjali Vedika
Hyderabad

Don't GIVE UP!

"It's fine to celebrate success but it is more important to heed the lessons of failure,"
-Bill Gates

We all have dreams and want to achieve them, but often it is difficult to turn them into reality and we give up easily. But, we should not lose hope and courage. If we do not succeed, we should try again and again and we will automatically succeed. We should also learn from our mistakes.

There are some people who never lose courage and hope. A fine

Krishna Tejas Reddy, class V,
Gautami Vidya Kshetra
Hyderabad

example is J K Rowling who wrote the Harry Potter series. Her book was rejected 12 times by publishers but she didn't lose hope and tried again and she ultimately achieved unbelievable success!

THE MULTIPLE TALENTS OF MOMS



The Nursery students of Gitanjali Devashray were in for a surprise as they witnessed their mothers showcase their talent and take an active part in their school Talent Show. The children were amazed and excited to see their Super Moms take on the challenge in the virtual event.

Gitanjali Devashray believes in Team (Together Everyone Achieves More) Work. The event was a successful one

Gitanjali Devashray
Hyderabad

with the combined effort of Pre-Primary coordinator Sabrina Gardner, Nursery teachers and the mothers of Nursery children. The interactive sessions helped teachers know more about the parents in person. Together they put in best efforts to make children be aware of the different tasks their mothers take on in the family.

Express YOURSELF

Strays need compassion too!

sometimes wonder, why do we shower so much love on our pet dogs, whereas leave the stray dogs to starve? Don't they deserve to live? I see so many people buying dogs from breeders when there are so many dogs lying on the road. Can't we just adopt them? Are they not as beautiful as the bred dogs?

Yes, they are as cute and as adorable as any breed of dogs. We just do not find them as appealing as they are born on the roads. This is human nature. We like foreign items and foreign countries, whereas we do not like our own products and our own country.

We can at least do our bit by feeding the stray dogs, right? A very little amount of money from our



SAHANA, class VII-B, The Global Edge School,
Kokapet

earning can surely be used to feed the dogs. It does not involve so much of an effort, but you get the joy of feeding a helpless animal. I feel very sad when I see these dogs on the roads. They too deserve to live! I wish to change this community, and make it a better place for animals as well. This earth is not only for humans. It is for animals too. The day we humans realize this, the earth will become a better place for living.



FESTIVE VIBES: AAKHYA, class V E,
Delhi Public School, Nacharam

Painters' Gallery



MOTHER'S LOVE:
SRI MAHASWETHA
KONDA, class VII C,
DDMS P Obul
Reddy Public
School, Hyderabad

THE ARRIVAL OF
DEVI: ANEESHA M,
class VII, Delhi
World School,
Chintal



Art By:
M. Anusha
Grade VII
Delhi World School

KOHLI'S RCB FACES MORGAN'S KKR IN IPL ELIMINATOR

It will be a test of Virat Kohli's tactical acumen against the ice-cool demeanour of Eoin Morgan

Kohli, who has decided to step down from captaincy after this edition, has led RCB to the finals in 2016 besides reaching the play-offs twice in 2015 and 2020, and he would like to end things on a high in his last hurra as captain. For Morgan, it is about regaining the lost glory for KKR, a team which achieved great success under Gautam Gambhir, who had led them to two IPL titles in a space of three years in 2012 and 2014. On paper, it would be a battle between two evenly-poised teams, but overall, KKR has a slight edge, having won 15 out of 28 matches they played over the years. However, RCB will be brimming with confidence after securing a thrilling win over Delhi Capitals with a last-ball six in their final league match, finishing third in the standings with 18 points from 14 matches.

EMERGENCE OF SRIKAR BHARAT

RCB possess a formidable batting line-up that includes AB de Villiers, Glenn Maxwell and Devdutt Padikkal apart from Kohli but they have failed to find a perfect combination so far. While their top-order has given starts on most occasions, the middle-order looked unsure with the play to get Daniel Christian at number 3 backfiring. Also AB de Villiers has been wasted at number 5 but Srikar Bharat's emergence has been a big positive. The wicketkeeper-batsman scored a 52-ball 78 at num-



ber 3 and etched his name in the record books with a last-ball six for RCB in the last game. One man who has stood out for RCB is Glenn Maxwell. The Australian power-hitter has 498 runs and has been Kohli's go to man this season. The RCB skipper, however, has misfired in the last two innings and would need to find his touch quickly. In bowling, Harshal Patel has been simply sensational with 30 wickets in 14 games, which includes a hat-trick

Playing with Virat is a very big feeling. He loves youngsters and encourages them. He is a thorough professional and playing with him gives an element of confidence to us. Winning the cup and giving Virat the IPL title will be a cherry on the cake.
RCB batter SRIKAR BHARAT

against Mumbai Indians. Mohammed Siraj and George Garton too have been impressive, while Yuzvendra Chahal has answered his critics with 16 wickets this season.

MORGAN'S FORM A CONCERN

KKR, on the other hand, scripted a terrific turnaround, finishing fourth with 14 points after winning five of seven games in the UAE leg following a lackluster performance in the first phase. Morgan's men had notched up a massive 86-run win over Rajasthan Royals to seal their play-offs spot and would look to carry the momentum into the Eliminator. But past records will count for little and it will boil down to winning small moments in the match, something which Kohli and Morgan would know pretty well. Both the captains have enough ammunition in their disposal and it will be all about managing the resources. KKR has been served well by the bowlers, who has churned out some terrific performances. While pace duo of Lockie Ferguson and Shivam Mavi have peaked at the right time, sharing seven wickets in their last match, the spinners led by Varun Chakravarthy, Sunil Narine and Shakib Al Hasan too have been impressive. In batting, Shubman Gill, Venkatesh Iyer, Rahul Tripathi and Nitish Rana hold the key and it will be interesting to see how they handle the variations of Patel and guile of Chahal at the slow Sharjah pitch. Skipper Morgan has been woefully out of form and that remains a concern. **PH**



Photo: ANI

TOP-SEEDS MEDVEDEV, PLISKOVA ROLL TO WINS AT INDIAN WELLS

US Open champ Emma Raducanu ousted in the opening match at Indian Wells

Top seeds Daniil Medvedev and Karolina Pliskova rolled to straight-set victories at the BNP Paribas Open when several lower-seeded players were knocked out. Medvedev beat American Mackenzie McDonald 6-4, 6-2, extending his winning streak to eight matches dating to his U.S. Open championship last month. Medvedev never faced a breakpoint against McDonald, who was broken three times. "I'm actually really pleased because usually I haven't played well in Indian

Wells and I haven't been playing that well in practices," Medvedev said. "I'm really happy with my performance. That's the most important thing no matter how I played before the tournament."

Pliskova advanced to the third round with a 7-5, 6-2 win over Magdalena Frech at the combined ATP and WTA event. Pliskova fired six aces, giving her a Tour-leading 387 this year, and converted five of her six breakpoints. Bianca Andreescu, the 2019 champion, beat Alison Riske 7-6 (2), 7-5. Fifth-seeded Garbine Muguruza was the

highest-seeded woman to lose. Muguruza, who won last week's event in Chicago, lost to Ajla Tomljanovic 3-6, 6-1, 6-3. It was Tomljanovic's first win in seven tries over a Top-10 player this year. She was a quarterfinalist at Wimbledon in July.

Other results

Emma Raducanu crashed out at Indian Wells, losing in her first match since her stunning US Open triumph to Aliaksandra Sasnovich 6-2, 6-4. Britain's Raducanu looked rusty in her first tournament since her US Open Grand Slam title. Anna

Kalinskaya outlasted No. 28 Sara Sorribes Tormo 6-3, 4-6, 6-2 and American Amanda Anisimova defeated No. 30 Camila Giorgi 6-4, 6-1. No. 12 seed Ons Jabeur, who lost to Muguruza in the Chicago final, advanced with a 6-2, 6-7 (5), 6-3 win over Anastasiya Sevastova for her Tour-leading 45th match victory of the year.

Coco Gauff, seeded 15th, outlasted Caroline Garcia 6-3, 6-7 (2), 6-1, offsetting 12 aces with seven double faults. No. 18 Anett Kontaveit retired trailing 6-3, 5-2 against Martina Trevisan. **AP**

ENGLAND INCHES CLOSER TO SEALING WORLD CUP FINAL BERTH

Jack Grealish came off the bench to score his first goal for England and complete a 5-0 rout of Andorra which edged his side a step closer to sealing their place in next year's World Cup finals. Grealish, who came on for his 16th cap in the 73rd minute, produced a trademark dribble and finish to round off a satisfactory night for England manager Gareth Southgate who rested most of his big guns. Ben Chilwell began the scoring in Andorra's tiny national stadium, also with his first England goal, and Bukayo Saka made it 2-0 shortly before the interval. AS Roma's Tammy Abraham, given the first start for four years, making it 3-0 with a tap-in and James Ward-Prowse then had a 79th-minute penalty saved before converting the rebound. Grealish dribbled around a tiring Andorra defence before slotting in a low shot. **REUTERS**



Photo: REUTERS

QUIZ TIME!

Q1: Who is the captain of Indian Women's Cricket team?

- a. Harmanpreet Kaur
- b. Jhulan Goswami
- c. Mithali Raj
- d. Smriti Mandhana

Q2: Which of these are included in the UCI Track Cycling World Championships?

- a. Time Trial
- b. Team Pursuit
- c. Scratch Race
- d. All of the above

Q3: Who won the Gold Medal in category in 2016 Rio Olympics?

- a. Valarie Allman
- b. Denia Caballero
- c. Sandra Perkovic
- d. Li Yanfeng

Q4: Who won the bronze medal for women in the 2018 ISSF Junior World Cup?

- a. Ganemat Sekhon
- b. Anna Zadnova
- c. Yufei Che
- d. Wendi Gao

Q5: The British cyclist Joss Lowden set a new world

record recently. How far did she cycle in one hour?

- a. 31.196 km
- b. 42.675 km
- c. 48.405 km
- d. 60.421 km



Photo: REUTERS

Q6: Thirty-two countries have hosted a Formula One grand prix. Which two countries will join that list before the year is out?

- a. Chile and Peru
- b. Indonesia and Bangladesh
- c. Qatar and Saudi Arabia
- d. North Macedonia and Finland

Q7: Who took the most wickets in the 2019 Cricket World Cup?

- a. Jasprit Bumrah
- b. Lockie Ferguson
- c. Mitchell Starc
- d. Jofra Archer

Q8: Which style of Kabaddi is followed in international

games like Asian Games?

- a. Standard style kabaddi
- b. Square style kabaddi
- c. Rectangle style kabaddi
- d. Cycle style kabaddi

Q9: Which country's national football team is nicknamed "The Three Lions"?

- a. Argentina
- b. Italy
- c. Germany
- d. England

ANSWERS: 1. c. Mithali Raj 2. d. All of the above
3. a. Valarie Allman 4. a. Ganemat Sekhon
5. c. 48.405 km 6. c. Qatar and Saudi Arabia
7. c. Mitchell Starc 8. a. Standard style kabaddi
9. d. England