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CLICK HERE: PAGE 1 AND 2

World Food Programme wins Nobel Peace Prize

he 2020 Nobel Peace Prize has been awarded to the United Nations agency for its efforts to combat hunger and improve conditions for peace in areas affected by conflict. The pandemic has further boosted the agency's relevance, and strengthened the reasons for awarding the prize, including the need for "multilateralism" in a time of global crisis. "Until the day we have a medical vaccine, food is the best vaccine against chaos ..." the

Nobel committee said

in its citation.

The Rome-based World Food Programme (WFP) estimates that it helps about 97 million people a year in 88 countries. According to the WFP, one in nine people still do not have enough to eat globally

Around 211 individuals and 107 organisations were nominated for the prize this year > While the other Nobel prize laureates are announced in Stockholm, the peace prize is awarded in the Norwegian capital, Oslo

One hundred Nobel peace prizes have been awarded since 1901 to individuals and 24 organisations



DID YOU

KNOW

final list of the Children's Climate Prize 2020 to be held on November 18 A 'Green' thumbs up for INDIAN TRIO

Three Indian students have made it to the

malini.menon@timesgroup.com

inisha Umashankar, 13; Aadya Joshi, 17 and Dhruv Sanjay, 13, are among the seven finalists competing for the Children's Climate Prize 2020. Two out these seven would ultimately be declared the winners and awarded SEK 100,000 (Swedish Krona) and a medal on November 18 via a digital broadcast from Stockholm.

The award honours young innovators and pioneers in the area of climate.

CHILDREN'S CLIMATE PRIZE 2020 USA, India and Mexico dominate the finalists' list this year More than 70 nominations were received from 24 countries; from these,



November 2, 2020; the prize will be awarded on November 18

SPACE

MEET THE CHANGEMAKERS

VINISHA UMASHANKAR, 13 (SOLAR IRONING CART: The making of a sustainable ironing cart) round 10 mi-

A round to ... ing carts that are running on the streets of India, burn about 50 million kg of charcoal every day, contributing to climate change. Vinisha created a solar-powered ironing cart, an innovation that is safer and more sustainable

DHRUV SANJAY, 13 (3E STECHULIKA: Sustainable cooking equipment)

Dand his team developed a pollution-free solarpowered stove that could be a solution to phase out the outdated cooking equipment, eradicating the risk of having respiratory diseases from polluted air







ga Swiatek, an unseeded teenager from Poland, won her _ first tour title at the French Open on Saturday with a 6-4, 6-1 defeat of Sofia Kenin, the reigning Australian Open champion and No. 4 seed at Roland Garros. Swiatek, 19, the youngest woman to reach the French Open final since 18-year-old Kim Clijsters in 2001, became the first from Poland to win a Grand Slam singles title. She entered the tournament with a No. 54 world ranking, and a recently- acquired high school diploma.



ighty Little Bheem is a global hit, courtesy OTT L V L platform Netflix, as viewers seek alternatives to the white-dominated storylines. From his mother's sari to his love of laddoos, everything about the star toddler is Indian. His giant fan base stretches from Seattle to Sao Paulo, making it Netflix's mostpopular show for pre-schoolers. Since its launch last year, it has been seen by more than 27 million households.

JAPAN AIRLINES GOES GENDER-NEUTRAL

adya Joshi founded 'The

oped a database including

Looking for pieces of Venus? Try the Moon

growing body of research suggests that planet Venus may have had an Earth-like environment billions of years ago, with water and a thin atmosphere. Yet test ing such theories is difficult without geological samples to examine. The solution, according to Yale astronomers Samuel Cabot and Gregory Laughlin, may be closer than anyone realised.

Cabot and Laughlin say pieces of Venus, perhaps billions of them, are likely to have crashed on the Moon. The researchers said, asteroids and comets slamming into Venus may have dislodged as many as 10 billion rocks, and sent them into an orbit that intersected with Earth and Earth's Moon. "Some of these rocks eventually landed on the Moon as Venusian meteorites said Cabot, a Yale graduate student and lead author of the study

Cabot said catastrophic impacts, such as these happen rarely, every hundred million years or so, and occurred more frequently billions of years ago

- According to researchers, the Moon offers safe keeping for these ancient rocks
- They have offered two theories on

why samples of Venus can be found on Moon: First, asteroids hitting Venus are usually going faster than those that hit Earth, launching even

more material. Second, a huge fraction of the ejected material from Venus may have come close to the Earth and the Moon

TODDLER ON RECORD BOOKS FOR EXTRAORDINARY MEMORY SKILLS

t only 21 months, a toddler from Hyderabad, Aadith Vishwanath Gourishetty, has bagged five records, including one in the 'World Book of Records' on account of his sharp memory skills. According to reports, Gourishetty has bagged the World Book of Records, India Book of Records, Telugu Book of Records, and two more National Records for his exceptional memory skills.



According to the World Book of Records, Aadith is adept at recognising objects, along with an awe-inspiring YOUNG memory to recognise countries' flags, car logos, pictorial objects, and vehicles

from shadows, mapping the professionals with tools, reciting, and identifying alphabets

Facebook launches 'Emotional Health' for your well-being

o help people cope with growing mental health issues during the pandemic, Facebook has introduced 'Emotional Health', a centralised resource centre on the

main app with tips and information from leading experts. The resource will be available globally, with locally-relevant information from mental health officials.

TECH BUZZ

Facebook also launched a WHO 'Digital Stress Management **1** Guide', which provides easy-to-follow techniques designed to reduce stress and promote mental well-being

O It is available on the WHO Health Alert chatbot on WhatsApp

3 The social network has also announced a sticker pack on Messenger designed with the WHO to facilitate conversations around mental health

apan Airlines has stopped using gendered terms like "ladies and gentleman" during its inflight and airport announcements, the company said recently. They have started using "gender-friendly" expressions instead, such as "passengers" and "everyone". This , however, applies only to English-language announcements, as the phrases used in Japanese are already gender-neutral.



THE TIMES OF INDIA

presents SCHOOL SUPER LEAGUE



Do you want to be India's next Quiz Whiz?

Challenge yourself and participate in India's Largest Quiz Contest

Exciting prizes await the winners

Winners of DSSL will win a fully paid trip to NASA

Category toppers of Round 1 from every school will win a 1-year **BYJU'S** subscription

For more details, contact Times NIE Teacher Coordinator.

02

"Life is short, but there is always time enough for courtesy." **RALPH WALDO EMERSON, POET**

READ. PLAY. LEARN

MONDAY, OCTOBER 12, 2020

Kick-start Your Day The Right Way Photo: GETTY IMAGES

Plan the night before

ut down just 1-3 of the most important things you want to get done on a to-do list. By keeping the list very limited it becomes easier to actually get the most important thing(s) done. And to not start procrastinating by doing a few of the less important and often easier tasks that you know you always used to add to a longer to-do list.

Prepare the niaht before SO: educe the stress during your morning by getting the simple depencil case.

Keep a simple reminder on your bedside table

hat you see during your first minutes after you are awake can have quite the effect on the morning and as an extension of that the whole day. Things you could put on that 'positivity note' are:

> ONE OF YOUR FAVOURITE QUOTES

A powerful and timeless quote is one of the easiest ways to charge the mind with positive emotions and to find a helpful perspective. So write down one of the own favourite quotes. Also remember the quote when you go about the



> Put your geometry tails out of the way the box and water bottle night before. near your bag. So you > Pack your bag. can quickly find and > Pack your and grab them before heading out of the door.

Get some positive information into your mind over breakfast

tart your day with something that does not depress you or makes you feel powerless to change your life or the world in some small or bigger way. Add inspiration and optimism like this:

- > Reading one or a couple of new posts from positive, funny or uplifting blogs
- or websites. > Listening to a podcast that boosts your motivation.
- > Reading a chapter from a book that inspires you.
- > Watching a motivating or uplifting video on

Go slow

hen you start your day slowly and keep doing things at a slow pace then it becomes easier to keep the stress away. It becomes easier to focus on what you are doing and keep your priorities in mind. When you go slow, you stay in the present moment more of the time and so less negative feelings come your way. And you appreciate the everyday things in life more because your attention is focused outward and not aimlessly inward towards what happened in the past or may happen in the future. When you start your day slowly, you sometimes get worried that this slow pace will mean that you get less done during the day. But at the end of the day you will discover that you actually got more done.

cant do it



Build a right think string

Doing what you deep down think is the right thing will make you feel good. It will boost your self-esteem and put a spring in your step for an hour or more. One way that you would like to do that is by creating a right think string.

HERE'S WHAT YOU DO:

> Do something that you deep down think is the right thing. Do it right now.

- > Give a genuine compliment to someone at school or in your home.
- > Help someone who seems lost with directions.
- > Unclutter your workspace for
- two minutes.
- Go and work out. > Then add another thing that you
- think is the right thing to do. > Have an apple instead of an
- unhealthy snack.

HOW TO

> After you have added a right thing to your string - no matter how small it is - make sure to take a few seconds to pause and to appreciate the good thing you did.

THESE ARE THINGS YOU COULD SAY TO YOURSELF:



Book Cookies

Awesome!

► Well done!

► That was a good thing to do.

► That was fun! (and then smile).

> This boosts the positive mood

another thing to your string.

▶ If you break the string, no

a new string instead.

worries. Don't beat yourself up.

within and ups the motivation to add

> Take a deep breath and then start

created. Do it first thing when checking email or Facebook passes pretty quickly.

easy on yourself instead of trying to rest of the day. Because getting startpush yourself hard. Tell yourself that ed is most often the hardest part. you will only work for 1-3 minutes on

if you like. But you may not want to do that once you have gotten started. When the worst is over then go This will set the tone for you for the

chores for the day.

YouTube

Make your ealthier rom stocking up on house

plants to hoovering cuddly toys, making some tiny tweaks to your living environment could cut stress and boost wellbeing. Here, we reveal some simple ways to help you turn those familiar homes can be full of four walls into a health-boosting sanctuary.

SOUND OF SILENCE

Noise pollution isn't just an irritant, it can impact health too. A 2011 study by the World Health Organization showed that prolonged exposure to excess noise not only increased stress levels and lowered concentration, but also led to a higher risk of heart disease. Soundproofing experts say excessive noise levels are a "proven health hazard". To dampen

sound, invest in some thick curtains and

soft furnishings in plush fabrics such

as suede and chenille. Use rugs on hard

flooring and place wall hangings or

upholstered furniture against walls

that are shared with neighbours or

One of the key elements in feng shui is

letting natural light flow around your

home – and for good reason. Natural light

can improve mood, concentration and

even sleep quality. To maximise

natural light in a room, try hanging a

mirror opposite the window. This will

reflect and double the sunshine coming

in. Also set up your workspace as close

to the window as possible to take

advantage of the light, and give your eyes

a screen break by looking outside.

face roads with heavy traffic.

LIGHT IT UP



Even the cleanest allergens such as dust, which can set off sneezing, runny noses and rashes. Experts suggest to vacuum floors and clean surfaces regularly, as this minimises the amount of dust in the air. Vacuum your beds and fabrics to help remove dust and pet allergen particles. Keep toys in a cupboard to prevent the build-up of allergens (It may help to vacuum the toys too). And if you have pets, keep them off sofas and beds as much as possible. Ensure that they are really well groomed to minimise pet allergens.

BREATHE EASY

The air inside our homes often contains more pollutants than outside, thanks to chemicals released by everything from cleaning products to cooking. But investing in house plants can help redress the balance. Plants are brilliant antipollutants. They increase oxygen levels and have been shown to reduce cold-related illnesses

Peace lilies are one of the best plants for removing indoor pollution, as they purify the air by absorbing pollutants through leaves and roots.

Meanwhile, Boston ferns are ideal for bathrooms as they improve humidity. Aloe vera purifies the air of formaldehyde and benzene - chemicals commonly found in household cleaning products. And snake plants are recognised by Nasa for removing toxins and releasing oxygen at night, helping you breathe easier - so this one is definitely right for your bedside table.

COLOUR BOOST

"Colours don't just change the look of a room, they can affect health too. Many of us don't realise the impact colour has on our mood," says Dr Nerina Ramlakhan, psychologist and sleep expert. A study by Minnesota State University found the colour red increases the body's stress response, while green and white calm it. Soft green is a restful, restorative colour. Another study found that soft pink was also a restful colour. Use only a couple of colours per room and choose accessories in shades you find calming, such as green and white.



Start your day with the

F ind the most important task on the very limited to do list

your day starts. This task is often

quite hard so it is easy to fall for the

temptation to procrastinate. If you

feel that urge, then just be still and

do nothing. The most powerful part

IDEAS TO TRY

most important task

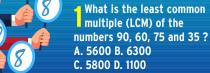
nspired by literature, her love for books and baking, a Twitter user @lauren1750 has been baking and posting pics of cookies that look like her favourite books! The talented baker, who goes by the name

Lauren Farrell, has painstakingly Activities BOX decorated the cookies to resemble her favourite novels. We certainly like her in-

> 5 ⁽⁾Q.1) In which city did President **Ram Nath Kovind** inaugurate the first-ever World Youth Conference? A. Delhi B. Punjab C. Delhi D. Tamil Nadu Q.2) is known as the "Lungs of the

World". A. The Himalayas B. Amazon C. Sundarbans Reserve





C. 5800 D. 1100 **2** Which of the following statement is true?



genious lockdown creativity. The secret?

D. Visakhapatnam and

Q.4) In which year

was the Paper

enacted by the

British Government

ANSWERS

1381 (A **.4** ebeweyejiV

3. C) Visakhapatnam and

nozemA (8 .5 idled (A .1

A. 1 is not a prime number

C. 1 is a composite number

D. 2 is not a prime number

3 The place value of zero in 1341.01 is:

B. 1 is a prime number

A. Hundreds B. Tens

C. Units D. Tenths

Currency Act

of India?

A. 1861 B. 1865

C. 1961 D. 1878

Chennai

A combination of simple sugar cookie

recipe, perfectly mixed coloured icing,

and a love for reading.

QUIZ TIME (MIXED BAG)

D. Congo Basin Forest

Q.3) Indian

Decker Air

between

A. Cochin and

Secunderabad

Vishakhapatnam

B. Hyderabad and

C. Visakhapatnam and

Railway's 2nd

double-decker Uday

(Utkrisht Double-

Conditioned Yatri)

Express will run

Forest

> Readers, did you make something based on your love for reading? Art perhaps or a book cover? Share with us via FB or Twitter. Get your folks to upload it online and give us a shout saying, 'Hi @TOIstudent, I made art!' And we'll share it.



KNOWLEDGE BAN

Elephants

Elephant families are led by females. They don't need much sleep. They are emotional creatures. Elephants not only

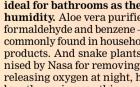


have huge bodies, they also have a brain that weights five kilograms, so it's no surprise that they are very intelligent animals. With their large size and brain capacity, they can store information and remember things for years.

> Three-fourth of the number 4 of girls in a school is equal to half of the number of boys. If the school has 1420 pupils, how many of them are boys? A. 345 B. 678 C. 852 D. 655

> > 3. Units 4. 852 2. 1 is not a prime number **VISMER: 1. 6300**







CLICK HERE: FOR PAGE 3 AND 4

SCHOOL IS COOL

It's not just a place where you get to learn Einstein's Theory of Relativity. It's also a place where you can think beyond the classroom. Hence we say, SCHOOL IS COOL!

MONDAY, OCTOBER 12, 2020

precincts of my school. As a

principal, I get to meet and

interact with several people,

some I silently observe and

try to learn through their ac-

tions not their words. For me

every person I interact with

gives me a take away. For me

learning is happening in

every moment. The pandem-

ic has brought me clos-

er to many more peo-

ple as we connect

with them online to

hear them, see them

and learn from them.

October 2 every year is cele-

Students from different class-

HE EDUCATIONIST ING FOR MY LIFELINES

CLICK

HERE TO

READ

ONLINE

Sunir Nagi, Principal, **Pallavi Model School** Alwal, Hyderabad

here comes a time when we all feel we are content with materialistic stuff but crave to acquire more knowledge.

The best place to acquire it for me were never lofty libraries full of books, or any other channels telecasting great ideals.

For me it was always my school, where I studied, the school, where I work. Human interaction and sharing of ideas are the best ways to acquire knowledge.



Social media tells us more than any chantemple of learning - the nel would offer and I get to see a variety of activities happening around. But when I go to school the eerie silence disturbs me as I miss the hustle and bustle of students and staff. They are my lifelines, I long to see them, interact with them. The empty amphitheatre echoes noises of the past. Be safe my lifelines, corona requires social distancing. My longing for you can wait, the cause is gen-

uine. Be home, Be safe. Till we meet again, you and me.



DDMS (AMS) P Obul Reddy Public School Hyderabad

ahatma Special assembly was conduct-Gandhi or ed for the whole week under the more lovtheme Ahimsa, Gandhi's tenet ingly known as 'Bapu' by all that shook the world. Indians is internationally ac-

Students of classes IV and V were dressed up like Gandhi and spoke about Gandhian values and his greatness. They shared the quotes of Gandhi on education, ahimsa, satyagraha and many more. They spoke about how Gandhi's ideals have remained indestructible till date.

The students from classes VI to VIII presented their assemblies on the theme, along with PPTs extolling the greatness of Mahatma Gandhi.

The senior students also presented PPTs on Gandhi's tenets. All in all, the event evoked an enthusiastic response from students and they were imbued with Gandhian values and thoughts

Gitanjali Senior School Hyderabad

he students from class XI and XII Humanities-History stream of Gitanjali Senior School organized various competitions for the students from classes VII to X on the occasion of Gandhi Jayanti. It was organized on the Google Meet platform

NB

The competitions organised were poster making for classes VII and VIII, quiz for class IX and slogan making for class X

All the students of class IX attended the quiz that was organized virtually because of the Covid-19 pandemic induced lockdown. It was an interhouse competition in which there were two participants from each of the four houses, that is, Coral, Emerald, Diamond and Sapphire. All the participants were well prepared for the quiz.

On the whole, the students and teachers enjoyed the event and went back with Gandhi's thoughts and philosophies

'Be the change you wish to see'

andhi Jayanti and Lal Bahadur Shastri Jayanti Т were celebrated in a grand way in Pallavi Aware International school, Saroornagar. Students from all classes participated actively in the celebrahe stutions and gave speeches, re dents cited slokas, sang songs from class conducted role plays and I of Gitanjali Deenlightened the audivshala had a fun ence about the imsession while redisportance of the covering the secret beday. As it was hind the phenomenon of the birth rainbow by making the Newton's disc and the rainbow at home. Through this activity children learnt that not only can white light be broken up into rainbow colours but also that rainbow colours can be

Pallavi Aware International School Saroornagar



anniversary of Lal Bahadur Shastri as well, a power point presentation was shared highlighting the lives of these great people. Principal Sudeshna spoke about the relevance of the principals of Ma hatma Gandhi in today's time. She also narrated a story about simplicity of Lal Ba hadur Shastri.



Showcasing science in art form

THE JOY OF

Gitanjali Vedika Hyderabad

IN MAIN

he 'Joy of Giving' week was celebrated at Gitanjali Vedika from October 2 to 8. True joy and lasting happiness are possible when all of us come together to take care of each other.

The attention of the students was drawn towards this idea. The children were made aware about some people being less fortunate, by way of class discussions. Students took the initiative and came forward to spread a smile by contributing whatever they

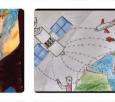
could. Students from all the classes participated in this generous initiative and the gleaming feeling of joy was clearly evident on their faces.

The students could experience the proverb, 'Be someone's sunshine, when their skies are grey', as the school joined hands with the Robinhood Army, who will be disturbing the essentials collected to a tribal community.

The collected essentials • included rice, pulses, turmeric and other grocery items which were handed over to the Robinhood Army in the presence of principal Sonia Nagpal, coordinator Natasha Karan and a few other staff members.













Ramanthapur he students from class IV of The Hyderabad Public School, Ramanthapur, activity participated in the 'World Space Week-2020' from

October 4 to 10 conducted by Satish Dhawan Space Centre SHAR, Sriharikota. As a part of it, a painting competition on the theme 'Satellites Improve Life' was conducted for students. The participants showcased their talent with innovative ideas like using the satellites to locate the locust movement, finding out new landmasses, defence, communication, weather forecast, entertainment, television, navigation and climate monitoring. It was a fruitful way of expressing scientific knowledge in the form of art.

NATURE

The gift of god, the almighty lord The sky, the clouds, And the winter nights with fog

The morning and the night A beautiful moon sight and The bright sunlight The sunrise, the sunset The horizon on the earth is stretched The adult bird and the egg that hatches The beauty of nature, no one can ever match The waterfalls or the oceans The earth that revolves around the sun In slow motion, The deserts the hill stations The garden and the orchards, The fruit and flowers That the plants and the trees bear This is the beauty of nature Astonishing and rare. The dark and the fair The joy of being humans, Let us all share To hurt this nature no one of us, Should ever dare Nature is a peaceful and calming word It comprises trees, animals and birds We have learnt to call it Mother Nature But sadly all we do is ruthless torture

Nature is so beautiful it blows our mind You can lose yourself in it or find yourself At the same time

Let's be sensible humans and show our humanity Let's protect our mother nature For our community

SHRADHA SARDIWAL, class VI A, Little Flower High School, Abids

would like to share a story about 'Sharing the Happiness' that my aunt had told me. One day the head of the school brought some balloons and asked the students to blow as the time ran out nobody could find them and write their names on the their own balloon. balloons. All the students did so. The Then, the teacher asked them to pick principal asked the teachers to mix all the balloon near them and give it to the balloons and tossed all the balthe person whose name was written loons into the hall. After some time, on it. In less than five minutes, everyall the students were assembled and one got their balloons. Finally, the asked to pick up the balloons with teacher said, "Balloons are like happi-

their names in 10 minutes. The chil-

VALUABLE LESSON dren ran around, looking eagerly but ness. No one will find it if they keep

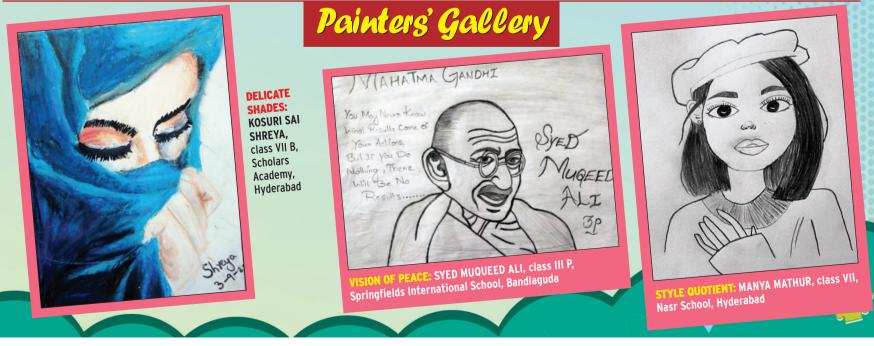
looking for theirs only. Instead, if everyone will start caring about other people's feelings, they will be able to find theirs as quickly as possible."

HARINI SAI SUDHA KULKARNI, class VI, Amaltas Green School, Indresam, Patancheru

WHAT IS HOME TO ME?

I want to go home with my shattered heart Where I can be myself Where my soul feels comfortable Where my heart is healed Where I am besieged by real people Where I am me, completely whole In the warmth of the embrace Of such an amazing place A place where I am not fake, A place where I am free Without the fear of embarrassing myself.

AMENA SAFA, class X D, Madina Public School, Himayathnagar, Hyderabad



BANNAN NALMANAN A MAMANAN ANA MANANA A MAMANAN A MAMANANA A MAMANANA A MAMANANA A MAMANANA A MAMANANA A MAMANAN

lt's about battles on the field. It's about do-or-die situations. It's about just one goal. It's about victory. In short, it's about playing fair. Howzzat? Well, that's **SIMPLY SPORTS!**

FOREIGN PLAYERS WHO

SIMPLY SPORTS

MONDAY, OCTOBER 12, 2020

A look at the overseas stars who were expected to take the IPL 2020 by storm but are yet to fire on all cylinders

ANDRE RUSSELL (KKR

04

TOP

Andre Russell, one of the standout performers of last season, has fared way below expectations with the bat so far, scoring just 55 runs in six matches. The only saving grace for KKR has been his performance in death overs with an economy rate of 8 and 5 wickets. **Russell's performance** with the bat is central to how far KKR will go in the series. KKR batsman Shubman Gill says Russell is saving his best for the last.

JOS BUTLER (RR)

5

Jos Butler's has been a huge disappointment. The Englishman has failed to give RR a strong opening stand, scoring a meagre 130 runs in 5 innings. Time has come for Buttler to deliver or else the Royals will make a quick exit before the playoffs.

GLENN MAXWELL (KXIP)

In seven IPL games **Glenn Maxwell has** scored 58 runs at an average of 14.50 and a strike rate of less than 100. With the ball, the Australian all-rounder has taken just 1 wicket, conceding at over 9 per over. No wonder, his team is at the bottom of points table. On his disappointing show, former cricketer Virender Sehwag said, "It has to be kept in mind that he scored his last half-cene tury in 2016."

STEVE SMITH (RR)

The woeful run of form of Captain Steve Smith is giving Rajasthan Royals sleepless nights. In six innings, he has scored a meagre 157 runs. This has led to Royals slipping to seventh position. Acknowledging 🗟 his poor batting, Smith said, "We have not been able to get a good start and the top four just haven't been able to score a lot of runs in games. We'll have to address that."

AARON FINCH (RCB)

Australia limited-overs captain Aaron Finch, the first to play for eight franchisees in IPL, was expected to take the load off Virat Kohli and AB de Villiers. But his performance has been below par. Despite playing every match this season, he



111

'Was putting too much pressure on myself'



ack-in-form Royal Challengers Bangalore skipper Virat Kohli said he was "putting too much pressure" on himself but the Super Over game against Mumbai Indians "opened his mindset" and helped him turn it around for the better. Kohli, who was struggling with his form, blasted an unbeaten 90 off 52 balls in RCB's 37-run win over Chennai Super Kings. Virat credited the pull shots against Jasprit Bumrah in the super over against Mumbai Indians in a September 28 clash for freeing him up.

I was trying to do too much, taking focus away from what I need to do - watch the ball and bat. Sometimes you forget you're only a player out there, and the responsibility kicks in. RCB skipper Virat Kohli



'It's crazy'

Iga Swiatek reacts after becoming first Polish to win Grand Slam singles title

I'm overwhelmed. Two years ago I won a junior grand slam and now I'm here. It feels like such a short time. It's crazy for me because I watched Rafael Nadal lift the trophy every year and now I'm in the same place.

Iga Swiatek, Winner, French Open 2020

Messi could be convinced to stay at Barcelona: Suarez



TEST YOUR KNOWLEDGE

SPORTS QUIZ Theme: Cricket

The first official
international cricket match
was held in 1844 between which
countries?
a) India and Afghanistan

b) England and
Australia
c) The United States and
Canada
d) England and India

Q2. Test matches are the most extended format of International Cricket. It lasts for how many days? a) Six days b) One day c) Five days d) Eight days O3. Which of the following statements is associated with Duckworth-Lewis method? a) The awarding system for victory in matches interrupted by the weather b) A training schedule in which the batsmen practice blindfolded c) A tactic that requires every fielder to be placed on a side d) None of these

. In a cricket match, LBW
. stands for?
a) Loss by weather
 b) Last ball win
 c) Leg before wicket
 d) None of the above

Q5. What is the meaning of the phrase 'bowl the maiden over'?

FINCORF

a) Colliding with other fielders when attempting to catch the ball \Box b) When the batsmen do not score any runs in six successive balls bowled \Box c) Having 100 runs and taking five wickets in the same game \Box d) None of these \Box

a) Ravi Bishnoi D b) Yashaswi Jaiswal C
c) Kamlesh Nagarkoti D d) Abdul Samad D



Q7. Who is the Sri Lankan right-arm fast bowler commonly used as a specialist death bowler, and is well known for his distinctive round-arm action, sometimes referred to as a sling action?

a) Lasith Malinga 🖵 b) Muttiah Muralitharan 🗋 c) Kumar Sangakkara 🗔 d) Mahela Jayawardene 🗔

OS. Who is the current president of the board of control for cricket in India? a) Rahul Dravid D b) Virender Sehwag C c) VVS Laxman D d) Sourav Ganguly D

O. Which cricketer was announced as the inaugural recipient of the BCCI's Lifetime Achievement Award for Women? a) Mamta Maben D b) Mithali Raj D c) Shantha Rangaswamy $\hfill \Box$ d) Harmanpreet Kaur $\hfill \Box$

O 1 O . Who has been named as Coach of India A and Under-19 cricket teams after the first meeting of BCCI's advisory committee in Kolkata? a) Sourav Ganguly D b) Rahul Dravid C c) Ravi Shastri D d) VVS Laxman D

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ANSWERS: 1 c) The United States and Canada 2 c) Five days 3 a) The awarding system for victory in matches interrupted by the weather 4 c) Leg before wicket 5 b) When the batsmen do not score any runs in six successive balls bowled 6 a) Ravi Bishnoi 7 a) Lasith Malinga 8 d) Sourav Ganguly 9 c) Shantha Rangaswamy 10 b) Rahul Dravid 11 a) Steve Waugh