



THE TIMES OF INDIA

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**TODAY'S
EDITION**

► Captain Marvel is not just a superhero; you can learn many leadership attributes from this comic hero
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STUDENT EDITION

TUESDAY, JUNE 14, 2022


**N ZEALAND TO TAX
CATTLE BURPS**
[CLICK HERE: PAGE 1 AND 2](#)

TOP 5 NEWS

ECONOMY

RUPEE PLUNGES TO ALL-TIME LOW, BREACHES 78/\$1 LEVEL

The rupee slumped to an all-time low against the US dollar on Monday as a higher-than-expected inflation reading in the world's largest economy stoked speculation of aggressive rate hikes by the Federal Reserve, leading to global strength in the greenback. Domestic equities also plummeted on Monday, further worsening the sentiment for the rupee. Forex traders said weak Asian currencies, a lacklustre trend in domestic equities and persistent foreign capital outflows weighed on investor sentiments.



WORLD

'RUSSIA MAY LOSE OVER 40,000 TROOPS BY JUNE END'



Ukrainian President Volodymyr Zelensky said that Russia may lose more than 40,000 soldiers by the end of June. In a video address on Sunday, the President said: "The Russian army is trying to deploy reserve troops in Donbas. But what reserves can they speak of right now?" "It seems that they will

throw poorly-trained conscripts into the battle, as well as those who had been recruited via covert mobilisation efforts. Russian generals consider their people simply as cannon fodder (soldiers regarded merely as material to be expended in war), which they need to ensure they outnumber us in military personnel, in military equipment," he added.

SPACE

£32K TAG ON APOLLO 11 FLAG FROM MOON

An American flag, which was carried to the Moon on Apollo 11 has emerged for sale for £32,000. The 5.75in by 4.25in flag belonged to the astronaut Buzz Aldrin, who accompanied Neil Armstrong and Michael Collins on the 1969 voyage of discovery. Aldrin 92, gave the flag and other items to his stepson David Van Zile in 1975, and it has since passed into the hands of a private collector. He is now selling it with RR Auction, of Boston, US.

On July 20, 1969, Buzz became the second man to step on the lunar surface after Neil Armstrong

ENTERTAINMENT

WITH 'JURASSIC WORLD 3,' DINOSAURS RULE AGAIN AT BO



Move over Maverick, the dinosaurs have arrived to claim their throne. 'Jurassic World: Dominion' took a mighty bite out of the box office, with \$143.4 million in North American ticket sales, according to studio estimates on Sunday. Released globally by Universal Pictures, the film has already

grossed \$389 million. And it's just getting started. The hefty haul is yet another sign that the box office is continuing to rebound this summer along with the blockbuster successes of films like 'Doctor Strange in the Multiverse of Madness', 'Top Gun: Maverick', etc.

NEW LAUNCH

SOLAR CAR UNVEILED

Lightyear, a Dutch startup has launched its first solar-powered electric car, which according to the company can be driven for up to seven months without charging. Called Lightyear 0, it has curved solar panels across the car's hood and roof. According to the company, the power derived from the sun will add as much as 70 kilometres of driving range per day from the sun. Besides, not only the engine (partially) run on renewable energy, the interior consists of vegan and natural materials, the company spokesperson said.



HOW WILL IT HELP environment

New Zealand has said that it plans to tax sheep and cattle burps in an attempt to tackle one of the nation's biggest sources of greenhouse gas emissions. Farmers whose farms produce gas will be taxed from 2025. But those farmers who reduce emissions through feed additives, will get incentives. They can also use on-farm forestry to offset emissions. Animal burping is the biggest contributor to greenhouse gas emissions in New Zealand. The country has a population of five million people, and has 10 million cattle and 26 million sheep. The main greenhouse gas released from burping is methane, and the time for which different gases released remain in the atmosphere varies. Farmers are expected to be taxed for the period of emission of gases. The plan also aims to include incentives for farmers who reduce emissions through means of what they feed their cattle, and by the number of trees they plant on their farms to offset emissions.

According to experts, a single cow belches about 220 pounds of methane every year.

THE COUNTRY IS THE FIRST TO IMPLEMENT SUCH A RULE



HOW WILL TAXING ANIMAL BURPS HELP?

Reducing carbon dioxide levels in the atmosphere is extremely difficult since carbon dioxide remains in the atmosphere for hundreds to thousands of years. Even if emissions of carbon dioxide are immediately drastically reduced, there still won't be a significant effect until much later in the century. Methane, on the other hand, requires only about a decade to break down, so reducing emissions now will have a critical impact on reducing global warming, feel experts

FOR THE RECORD

After carbon dioxide, methane is the most common greenhouse gas, and it's responsible for a third of current warming from human activities. Methane has more than 80 times the warming power of carbon dioxide over the first 20 years

after it reaches the atmosphere. In other words, methane is also more potent than carbon dioxide because individual methane molecules have a more powerful warming effect than two single carbon dioxide molecules in the atmosphere. How is methane emitted: Around 40% of methane comes from natural

sources, such as wetlands but the bigger share now comes from a range of human activities, ranging from agriculture, such as cattle and rice production, to rubbish dumps. In 2019, methane in the atmosphere reached record levels, around two-and-a-half times above what they were in the pre-industrial era

DHAROHAR: Now, a national museum on customs & GST

As part of the Azadi Ka Amrit Mahotsav iconic week of the ministry of finance, Union finance minister Nirmala Sitharaman recently dedicated Dharohar - the National Museum of Customs and GST in Goa, to the nation...

The newly-inaugurated museum houses eight galleries namely: introductory gallery, history of taxation gallery, guardians of our economic frontiers gallery, guardians of our art & heritage, guardians of flora & fauna, custodians of our social well-being, journey of indirect taxes - salt tax to GST, and the GST gallery. Further, the tour de force of

the museum is a unique 'Battle of Wits' gallery, which showcases the cerebral battle between the smugglers and the customs officers. It contains chronicled seizures of antique coins, statues, endangered wildlife, weapons and narcotics. It also displays the manuscript of Ain-i-Akbari intercepted by the Indian Customs at the Indo-Nepal border at Raxaul, replica



of Amin pillars from Kaurkshetra, medieval period astronomical instruments, seized metal and stone artefacts, ivory items and wildlife items. Beginning with the Vajpayee government initiating

discussions on GST in 2000, the GST gallery chronicles various stages and processes that paved the way for introduction of reformed unified indirect taxation in the form of GST on July 1, 2017.

Publisher re-introduces 2022 International Booker Prize Winner Geetanjali Shree's debut novel 'Mai: Silently Mother'

As a celebration of the recognition given to noted Hindi author Geetanjali Shree and translations by the International Booker Prize 2022, Niyogi Books has re-introduced her debut novel 'Mai', translated to English as 'Mai: Silently Mother' by Nita Kumar. The novel offers an insight to the three generations of women and men around them set in a North Indian middle-class family. The events revolve around the protagonist Mai or the mother, giving the readers a glimpse of the dynamics of relationships, patriarchy, societal prejudices, struggle, survival, and much more. Since childhood, Sunaina, the narrator and also the daughter of the household, aspires to be different than her mother or Mai, whom she perceives as weak, imprisoned, abused and suppressed by her husband and in-laws.



NEWS IN CLUES

THIS HEAD OF THE STATE IS CELEBRATING PLATINUM JUBILEE OF BEING IN POWER

CLUE 1: The ruler occupied the seat of power in 1953

CLUE 2: At least 14 prime ministers have served the ruler

CLUE 3: The ruler's birthday is celebrated on April 21

Answer: **QUEEN ELIZABETH.** On Sunday, she overtook Thailand's King Bhumibol Adulyadej to become the world's second-longest reigning monarch in history, after France's Louis XIV. King Bhumibol Adulyadej reigned for 70 years and 126 days between 1927 and 2016. Louis XIV remains the longest-reigning monarch, with a 72-year and 110-day reign from 1643 until 1715

LEADERSHIP LESSONS FROM CAPTAIN MARVEL: NEVER GIVE UP

FALLING IS NOT FAILURE:

When we first meet Vers (Captain Marvel), she is suffering from nightmarish memories about her past. She goes to her mentor and commanding officer, Yon-Rogg (Jude Law), to work out her frustration through fighting. Although clearly more powerful than her leader, he bests her again and again while admonishing her to keep her emotions under control. Falling and failure recur in her story.

LEADERSHIP LESSON: You've heard the old adage, fall down seven times, get up eight. This is the DNA required of a leader: Resilience, intense spirit, and an undying belief that you will ultimately prevail are qualities that inspire people to follow you.

MAKE YOUR CASE

In a key scene, Talos, the leader of the Skrulls, makes an impassioned plea to Captain Marvel to help him in his cause. And despite the fact that his kind have been the enemy for the past six years, he is able to convince Carol Danvers and her best friend Maria, Nick Fury, and a cat named Goose to align with him and fight side by side.

LEADERSHIP LESSON: Leaders need to be able to convince others using facts, data, passion, and guts. Because no one accomplished great feats alone. The role of the leader is to align a group of people to a common interest and then motivate them till the goals are achieved.

BE PROACTIVE:

After crash landing on planet C-53 (Earth), Captain Marvel asserts her confident brand of leadership time and time again. She is resourceful enough to repair her communicator device, escape capture, and even gain the confidence of a young (and two-eyed) Nick Fury. She steps up time and time again in the film even though on the inside she is wracked with insecurity about her identity and place in the universe. Whether using her powers or not, her proactivity in the face of challenges drives the film to its exciting conclusion.

LEADERSHIP LESSON: Stephen Covey writes that there are two types of people in the world: proactive and reactive. Proactive people take control of the situation, get things done, and don't allow worry and doubt to cripple their ability to perform. Reactive people live in a constant state of worry and anxiety over things they mostly have no control over. The most successful leaders are almost maniacally proactive — they are solution-minded individuals who overcome almost every obstacle in their way.

STAND FOR SOMETHING

Carol Danvers's true mentor Mar-Vell (Annette Bening) believes it is her life's work to free the Skrulls from the tyranny of her own people. She abandons her planet and goes to a place where she can put her positive intentions to work. Although she doesn't achieve her ultimate goal, she recruits two passionate acolytes in Carol and Maria who will carry on her legacy.

LEADERSHIP LESSON: The values of a leader permeate the entire organisation. What matters to you will ultimately matter to your team; so it is essential that you know who you are and what you believe in. A strong moral compass is magnetic and will attract like-minded individuals to your cause.

NO ONE CAN TELL YOU WHO YOU ARE

In the film's climax, Carol Danvers finally owns her identity and personal power and in this moment becomes virtually indestructible. She is a one woman army! The cute cat Goose (who steals the movie) keeps being treated like a cat when in fact it is a dangerous Flerkin who is instrumental in saving the day and safeguarding the Tesseract from the Kree.

LEADERSHIP LESSON: Every leader has a brand that precedes them. This brand is a combination of your experiences, beliefs, motivations, and strengths. The sooner you understand yourself, the sooner you will attract followers who will work alongside you and deliver a positive impact on the world.

5 TED Talks

TO HELP STUDENTS BECOME BETTER LEADERS

1. EVERYDAY LEADERSHIP

First on our list of TED Talks on leadership is one by Drew Dudley, Leadership Development Coordinator at the University of Toronto. Dudley calls on everyone to celebrate leadership as the everyday act of improving each other's lives.



2. DARE TO DISAGREE

Next on our list is a leader who stresses on the importance of disagreement. Most people naturally avoid conflict, but entrepreneur Margaret Heffernan shows us in her TED Talk that good disagreement — whether in the workplace to one's relationships — can create positive change.

3. LEAD LIKE THE GREAT CONDUCTORS

Our list of TED Talks on leadership shows that we can gain leadership wisdom from just about anyone — including an orchestra conductor. From Austrian conductor Herbert von Karajan to Germany's Richard Strauss and Italy's Riccardo Muti, there's a lot one can learn about leadership development from conductors, explains Itay Talgam, an orchestra conductor in Israel.

4. HOW GREAT LEADERS INSPIRE ACTION

Inspirational speaker and author Simon Sinek encourages his audience to question why they look to great leaders as role models.

"As it turns out, all the great inspiring leaders and organisations in the world, whether it's Apple or Martin Luther King or the Wright Brothers, they all think, act and communicate the exact same way," says Sinek.

5. THE DIFFERENCE BETWEEN WINNING AND SUCCEEDING



Last on our list of TED Talks on leadership is John Wooden, a legendary college basketball coach who also led the UCLA team to a record-breaking number of wins. In his TED Talk, Wooden shares his perspective on how winning and succeeding are not one and the same.

He shares how leadership roles, like being a coach, is all about showing athletes how being successful goes way beyond winning points.

MEDITATION is for all and everyone

Meditation is an exercise in which a person trains the idea or induces a mode of consciousness. The time period meditation refers to relaxation, constructing interior strength and developing compassion, love, patience, generosity and forgiveness. The phrase Dhyana consists of one of a kind meanings in exclusive contexts.

People practice meditation considering that it is an aspect of several non-secular traditions and beliefs. Meditation frequently includes an inner effort to self-regulate our thoughts in some way. Meditation clears the idea and ease many fitness issues, such as excessive blood pressure, depression, and anxiety.

Meditation in Buddhism

Buddhist meditation refers to the meditative practices related with the faith and philosophy of Buddhism. Buddhists pursue meditation as section of the direction toward enlightenment and nirvana. The closest words for Dhyana in the classical languages of Buddhism are bhāvanā, jhā-

na/dhyāna, and vipassana. Buddhist meditation methods have emerged as increasingly more famous in the wider world, with many non-Buddhists taking them up for a range of reasons.

Hinduism

Meditation is also known as Dhyana. There are many colleges and patterns of meditation in Hinduism. Yoga is a part of meditation. People generally practise meditation to recognise union of one's self, one's ātman, with the



omnipresent and non-dual Brahman.

Jainism

In Jainism, meditation has been a core religious practice. Contemplation is a very historic and necessary meditation technique.

Sikhism

In Sikhism, Simran (meditation) and right deeds are integral to attain the devotee's spiritual goals. When Sikhs meditate, their sole purpose is to experience God's presence and emerge in the divine light.

-SPEAKING TREE



How meditation can help you relieve stress during exam season

Meditation can help students handle exam stress, and it can be done with the following stepwise procedure for a few weeks to feel its benefits. The meditation technique stated below is to increase concentration and lower stress within a couple of weeks of practice. And with consistency or regular practice of meditation for exams, it will work wonders to handle exam stress. They are:

1. Close your eyes and secure yourself comfortably on a chair.
2. Keep the mind blank without thinking or focusing on anything.
3. Take deep breaths by inhaling through the nose and exhaling through the mouth.
4. Focus on the body muscles while performing a proper breathing technique.
5. Now take note of the body weight and pay attention to the contact with the chair.
6. Concentrate keenly on all the sounds in the room.
7. Again, by focusing on the breathing, one should count from numbers one to ten, continuing to watch each breath (in your mind).
8. Take a few more deep breaths and keep feeling the contact with the sitting chair.

Team Leaders In Comics...

AND WHAT YOU CAN LEARN FROM THEM



MR FANTASTIC DOESN'T BALANCE HIS DUTIES WITH HIS PERSONAL LIFE WELL BUT IS STILL A GREAT LEADER

The Fantastic Four is one of the greatest teams in the history of comics, dealing with threats unlike what any other team faces. Protecting the Earth from interdimensional incursions, battling hostile alien races, and solving scientific problems is a lot of work. But Mr. Fantastic has done a great job leading the group, using his brains and the team's skills in the best way.

While his personal life often takes a backseat 'due to his work, Mr. Fantastic is one of the best leaders in comics. He knows when to take command and when to let his fellows use their skills and experience, allowing the FF to solve all manner of problems.



WOLVERINE WENT FROM LONE WOLF TO LEADER

Wolverine has changed a lot over the years but one of the biggest changes came when Cyclops made him leader of an all-new X-Force, one meant to destroy threats before they could hurt mutantkind. This was only the beginning, as the events of X-Men: Schism would splinter the X-Men between Wolverine and Cyclops.

Wolverine would re-open the Westchester school and field his own team of X-Men, doing a surprisingly good job as both headmaster and leader of the X-Men. Though Wolverine was a lone wolf, when the situation demanded, he became an exemplary leader. His transformation from fighting alone to leading his students is a great leadership lesson.

Teams are a big part of superhero comics. Whether it be DC's teams full of powerful beings who are like pantheons of gods or Marvel's more grounded superheroes coming together — teams are integral to the medium. Look at the Avengers — it rose from humble roots to a cultural phenomenon, which wouldn't be possible without the Justice League, which inspired the creators of Marvel to re-start their own superhero universe



BATMAN'S TACTICAL ACUMEN HAVE SAVED MANY OVER THE YEARS

Batman is one of greatest street-level heroes in comics, but he's also a great leader. The superhero of Gotham is a master of tactics, and while he can be a bit hard to deal with, his plans have saved the day many times over the years. Plus, his leadership of the Bat-family has turned the family into one of the most formidable groups of vigilantes ever, protecting Gotham from the gravest threats. Batman can be exacting and rub people the wrong way, but there's no doubting his skills as a leader. Few heroes are as good as he is at making plans that can defeat even the most powerful foes, and his skills make him an asset to any group he leads.

Orientation session helps new teachers bond with school

The New Teachers' Orientation for Gitanjali Group of Schools was hosted by Gitanjali Devshala, to help new teachers get into the fold of the school, connect with each other and their mentors. Pre-primary coordinator Indu Hari Kumar began the day with a prayer 'The Teacher's Rainbow' emphasising on how the teacher is a rainbow of possibilities for students.

The Vision and Mission of Gitanjali was made aware to the new entrants, instilling a sense of belonging and identity.

A fun quiz was conducted by Headmistress Shalini Singh, with puzzle makers, creating a timeline, etc., to help the teachers know their different schools, management and leaders better.

The Joy of being a Gitanjalian was reinstated by Jaishree Narayan where she equated her feeling of being in Gitanjali with contentment and euphoria.

The next session was taken up by Vice Principal Anjana Murthy on how to build a classroom filled with positivity, encouragement and excitement for learning. To mark the school's 25th sil-



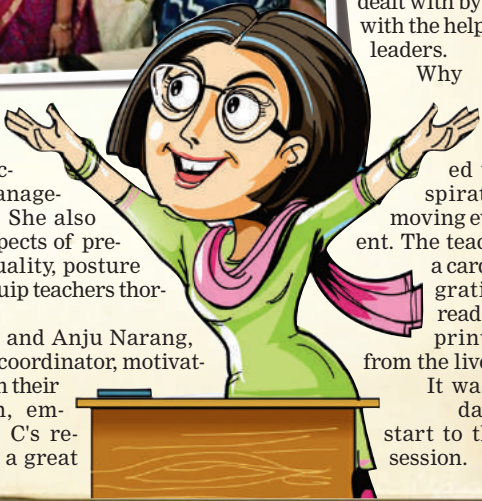
Gitanjali Devshala
Hyderabad

teacher. Thinking Critically, Working Collaboratively, Communicate Effectively, Develop Creativity, Utilize Connectivity, Embrace Culture and build Positive Character. Scenarios and real-life situations were dealt with by new teachers with the help of the school leaders.

Why should a teacher be a mother too? The day ended with this inspirational video, moving everyone present. The teachers carried a card as a token of gratitude which read - "Our fingerprints don't fade from the lives we touch." It was a fulfilling day for a great start to the academic session.

ver jubilee year, she presented more than 25 effective classroom management techniques. She also emphasized on aspects of preparedness, punctuality, posture and planning to equip teachers thoroughly.

Shalini Singh and Anju Narang, the middle school coordinator, motivated the teachers with their engaging session, emphasising on the C's required to become a great



Teachers learn tips to make science interesting



"In learning you will teach, and in teaching you will learn"

A science workshop was conducted for teachers at Pallavi Model School, Alwal, with the objective being to provide the teachers with practical teaching strategies and techniques in combination with a lot of activities.

The workshop was conducted by resource person Jyoti Parruck. It went on with hands-on experience activities with curiosity to know more from cluster to high school level. The exercise awakened the hidden child among the teachers, as everyone got involved with activities like constructing a CD car followed by race, Bobius strip, listening to heartbeat, magic colour changing bottle, sound, natural indicator, simple electric circuit, wiggle bot and invisible writing.

The professional development workshop ended with lots of happy learning and building of the 21st century skill in students. It was an interactive and enlightening workshop. The second day started with great enthusiasm, with the resource person training them in microscopy activities followed by bin bag parachute, stamen mounting, simple orrery, balancing doll, doppler effect, inclinometer activity, hinge join, balloon rocket, etc. The thrust of learning could be recorded by the energy level of the teachers. Overall the two days' workshop was successfully conducted with teachers learning tips on ways to implement various techniques in the classroom.

Pratima and Anita,
Science department,
Pallavi Model School,
Alwal, Hyderabad



Coding clicks with teachers!

A training workshop on coding was conducted for teachers at Gitanjali Senior School. As per NEP 2022, every teacher should be digitally literate and trained in coding.

The workshop was conducted by K Madhavi, senior programme manager in Creya learning. The school in collaboration with Creya learning has been providing STEM education to students for the past 10 years. Now teachers from different departments are geared up to learn 21st century skills

Gitanjali Senior School
Hyderabad

i.e. coding. After a lot of brainstorming they not only completed the programme but also gave suggestions to implement coding in their respective subjects. As per the Instructions of Principal Maya Sukumaran, every department will submit at least three projects by the end of this year. At the end of the session, certificates were distributed by Venkatesh, Co-founder, Creya Learning & Research.



EYES ON THE GOAL

I am inspired by Avani Lekhara, the first woman to win a gold medal for India at the Paralympics. She broke the records after finishing first in the R-2 women's 10-metre air rifle and standing in the SH1 Event in Tokyo. She had met with a major car accident when she was eleven, which left her waist down paralyzed. However, her father encouraged her to join sports. Her early motivation was Abhinav Bindra. Her training started in 2015.

Within months of starting shooting, she won a gold in the 2016 Nationals. Her immense self-belief and determination are an inspiration. She made her

parents proud with her hard work.

She inspires me not to look back and always move forward until the goal is reached. She has truly become an inspira-

AVANI LEKHARA

INSPIRING ICONS

tion for not only disabled athletes and women but also for people around the globe. Avani Lekhra is a ray of hope for everyone.

M MOKSHA, class IX, Marigold, Sister Nivedita School, Hyderabad



Songs that brighten up the day!

"I could've reached you faster if I was snow flying in the air..."

Have I always been so comforted by rhyming words and rhythmic dances? How is it that every tune I heard made me happy? Listening to songs that give me a moment of hope, seeing dances that make every nerve in the body move are those notes of glee everyone needs. The boy troupe, possessing singers, dancers, rappers, actors, and musicians debuted on June 13th, 2013 with their title track 'No More Dream' for their album '2 Cool 4 Skool'.

The band has given us insights into their lives as trainees and the hardships every man on earth faces. Despite sharing numerous moments of their lives, fans share that



BTS

INSPIRING ICONS

they bring a lot of joy and comfort to the listeners with their exceptional lyrics based on true events.

These boys stand as living examples to prove that "Hard work beats talent when talent doesn't work hard."

AAMUKTHA, class IX-A, The Global Edge School, Hyderabad

FIGHT EYE FATIGUE WITH BHARAMARI PRANAYAMA

It is rightly said that a healthy mind resides in a healthy body.

There are many ways by which we can lead a healthy life. Doing yoga is one of the most effective ways to remain fit. During the year 2020 and 2021, the students had to shift towards online learning due to the Covid pandemic.

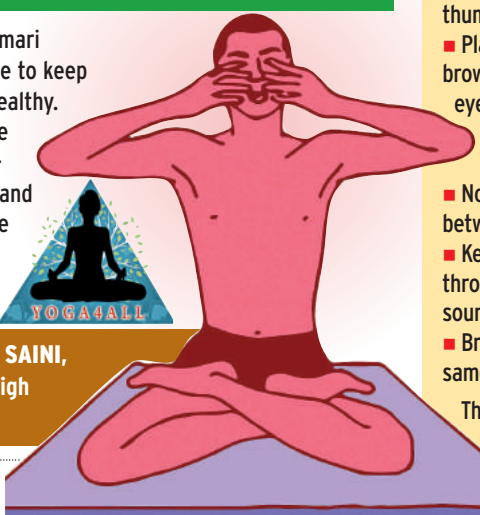
It wasn't easy to sit in front of the digital screens for long hours. The yoga asana that

helped me a lot was Bhramari pranayama that helped me to keep my throat and eyesight healthy.

Yoga has helped to reduce stress on my eyes. It lowered the risk of diseases and conditions that could have been detrimental to my eyes.



TEJASVEER SINGH SAINI,
class X, St John's High School, Chandigarh



TO DO THIS YOGA ASANA ONE MUST

- First, sit in a cross-legged position in a well-ventilated corner and close your eyes.
- Now cover your ears lids or flaps with your thumbs.
- Place your index finger just above your eyebrows and the rest of your fingers over your eyes with your middle fingers.
- Apply very gentle pressure to the sides of your nose.
- Now concentrate your mind on the area between your eyebrows.
- Keep your mouth closed; breath out slowly through your nose with making a humming sound of Aum.
- Breathe in again and out and continue the same pattern for around 6-7 times.

This type of eye workout can be done at any given time of the day, all you need are a few minutes.

Yoga should be practiced under the supervision of Yoga Guru. The views expressed in the above article are those of the author and the newspaper takes no responsibility for it.

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SPAIN DEFEAT CZECH REPUBLIC

GO TOP OF GROUP AFTER HARD-FOUGHT 2-0 WIN

Spain showed their squad depth with a 2-0 defeat of the Czech Republic which maintained La Roja's unbeaten record in UEFA Nations League Group A2 and moved them top of the section.

HOLD POSSESSION

Spain had almost 75% possession when these sides drew on Match day 2, and the hosts continued where they left off by dominating the early stages in Malaga, Alvaro Morata forcing Ales Mandous to tip his cross out of Dani Olmo's path.

The patience their opponents showed in that game initially served the Czech Republic well again, readily punishing misplaced passes with slick attacking moves. Unai Simon pawed Vaclav Cerny's low strike away, then Jan Kuchta was denied by the goalkeeper. Jaroslav Silhavy looked on disbelieving that his side had not gone ahead, and the Czech coach's frustration was compounded six minutes later. Carlos Soler produced a ruthless finish after Marco Asensio picked out the Valencia livewire's late



Photo: AFP

Pablo Sarabia

Barcelona teenager's turn of pace was pivotal in Spain's second, launching a sweeping move that culminated in Ferran Torres tailoring a cross to meet an expert run from Pablo Sarabia, who tapped in to put his side out of sight.

IN TOP SPOT

Victory earned Spain the top spot in the section by a point, capitalising on Portugal's defeat in Switzerland and moving La Roja four clear of Silhavy's third-placed side.

Spain's coach Luis Enrique said after the match: "I am happy for many players who played a great game today. We could have finished the game in the first half with a couple more chances besides the goal. It was a hard-fought match and we had to work for it because our opponents played at a high level. The atmosphere was wonderful and I want to thank the fans in Malaga."

Spain have scored in 18 successive matches and in 15 of their last 16 UEFA Nations League matches. La Roja are unbeaten in their last seven meetings with the Czech Republic, winning five times. Excluding penalty shoot-outs, Spain have lost only two of their last 27 games. **ANI**

SEFEROVIC'S QUICK GOAL SEALS WIN FOR SWITZERLAND

■ Switzerland secured their first win of the UEFA Nations League campaign and turned Group A2 on its head with a 1-0 win against Portugal in Geneva on Sunday.

■ Haris Seferovic's goal was timed at 57 seconds, the fastest-ever in the UEFA Nations League. With this win, Switzerland have claimed victory in their last three home meetings against Portugal.

■ The hosts belied their position at the bottom of Group A2 by starting on the front foot against a much-changed Portugal side, who were without their talisman Cristiano Ronaldo. It took just

57 seconds for Switzerland to go in front, Silvan Widmer's teasing delivery from the right picking out Haris Seferovic in the box. The Benfica forward showed great awareness to direct his powerful header into the far corner of the net, just out of the reach of the helpless Rui Patricio.

■ Portugal took time to adjust after the early shock and created their best opportunity of the first half 17 minutes in. Bruno Fernandes' deep corner was nodded back into the danger area by Ruben Neves and Danilo's powerful header was pushed away expertly by Jonas Omlin.

■ The visitors looked a different proposition after the interval and it took just four minutes for the 2019 champions to test the Swiss goalkeeper. Andre Silva collected a Nuno Mendes pass, side-footing a low strike that Omlin kept out with his legs.

■ Granit Xhaka, Switzerland captain after the match said: "I had a good feeling before the game because I knew we could beat a team like Portugal, a bigger team, because we have the quality to. I'm more than happy for the team, for the people outside who are always supporting us. A big three points for us today."



Haris Seferovic

Photo: REUTERS

Carlos Soler produced a ruthless finish after Marco Asensio picked out the Valencia livewire's late run inside the penalty area, then shot wide when the pair combined again as Spain threatened to overwhelm the visitors



Photo: AFP

PRESSURE ON SPINNERS, RUTURAJ AS INDIA TAKE ON SA IN MUST-WIN GAME

RISHABH PANT IN TIGHT SPOT AS INDIA STRUGGLE ON MULTIPLE FRONTS

Under-performing spinners, an out-of-form opener and his own poor show, skipper Rishabh Pant will have a lot on his mind when India take on a buoyant South Africa in the third T20 on Tuesday in their bid to keep the five-match series alive.

India came into the series on a 12-match winning streak but South Africa took the wind out of India's sails with two crushing defeats. Pant's side is now struggling on multiple fronts and it would take a herculean effort to plug all the holes with just one day between the second and third game. If bowling let India down in the first game, a poor batting show cost them the second match and now they have their backs to the wall.

STRIKE-RATE WOES

India's batting left a lot to be desired with the

openers failing to give the team a good start in the powerplay Rituraj Gaikwad (23, 1) has pulled the team down with questions being raised over his technique against quality pacers. Shreyas Iyer too has looked vulnerable against the fast bowlers. Hardik Pandya, who was in sensational form in the IPL, produced some big hits in the first T20 but failed to impress with the ball and leaked 49 runs in four overs across the two matches.

CAPTAINCY UNDER SCANNER

Shoehorned into captaincy, Pant (29, 5) has not fired himself so far. He has only three fifties in 45 T20Is with an average of 23.9 and strike-rate of 126.6. As someone, who is touted as a future leader, Pant has not inspired confidence with his leadership abilities. His decision to promote Axar Patel over designated finisher Dinesh Karthik was baffling.

UNINSPIRING BOWLING

In bowling, the spin duo of Yuzvendra Chahal and Axar Patel have been a big letdown, put under the pump with the likes of David Miller, Rassie van der Dussen and Heinrich Klassen feasting on their pedestrian bowling. The hosts, save Bhuvneshwar Kumar, have looked bereft of ideas getting breakthroughs.

SA LOOK IN COMMAND

South Africa, on the other hand, have looked like a well-oiled machine with bowlers and batters working in partnerships. If Miller and van der Dussen took it away with a stellar show in the first T20, comeback man Klassen proved to be the difference on Sunday with his fluent 81-run innings. Skipper Temba Bavuma played the perfect foil. In bowling, the likes of Kagiso Rabada, Anrich Nortje and Wayne Parnell have hunted in a pack. **PII**



Rituraj Gaikwad

Photo: AFP

WEIGHTLIFTER GURUNAIDU SANAPATHI BECOMES YOUTH WORLD CHAMPION

Gurunaidu Sanapathi has become India's first weightlifter to win a gold at the IWF Youth World Championships in Leon, Mexico. The 16-year-old claimed the yellow metal with a total effort of 230kg (104kg+126kg) in the boy's 55kg event late on Sunday night.

While Sanapathi, the 2020 Asian Youth Weightlifting Championships bronze medalist, stood on top of the podium, Kingdom of Saudi Arabia's Ali Majeed came in second and Yerassyl Umrov of Kazakhstan third.

Besides Sanapathi, compatriot Soumya S. Dalvi bagged the bronze in her event on the second day of compe-

titions. Maharashtra's Dalvi, a two-time Khelo India Youth gold medalist, heaved 148kg (65kg+83kg) to claim the third spot in the 45kg girls event behind Rose J Ramos of Philippines and Venezuela Kerlys M. Montilla.

The other Indian in the fray, R Bhavani finished eighth with a best effort of 132kg (57kg+75kg).

India's tally at the word event now stands at four medals. On the opening day of competition, Akansha Kishor Vyavhare and Vijay Prajapati had won silver medals in their events. India had not participated in the previous edition which was held in Jeddah, Saudi Arabia last year. **PII**



QUIZ TIME!

Q1: Where were the first Women's World Chess Championships held?

- England
- Germany
- Austria
- Poland

Q2: Which was the first multilateral competition in cricket at the international scale?

- The Ashes
- The World Cup
- World Series Cricket
- Triangular Tournament

Q3: Against which team did India score 405, the highest total at the 2022 U19 World Cup?

- Uganda
- Pakistan
- England
- Sri Lanka

Q4: Who among the following sportsman to boycott the Olympic torch relay in support of the Tibetan independence movement?

- Baichung Bhutia
- Dhanraj Pillay
- Chandu Borde
- Dibyendu Barua

Q5: How many times has Rafael Nadal lifted the French Open cup?

- 10
- 12
- 9
- 14



Rafael Nadal

Photo: AFP

Q6: Who was 2018 World Boxing Association's female middleweight champion?

- Alicia Napolean
- Claressa Shields
- Hanna Gabriel
- Liliana Palmera

Q7: Thomas Cup is related to following sports?

- Table Tennis
- Lawn Tennis
- Badminton
- Golf

Q8: What is the meaning of the phrase "umpire calling stumps"?

- The batsman is out
- It is a no ball
- The game is over for the day
- The match is complete

Q9: Where is the headquarters of the World Chess Federation?

- Switzerland
- Russia
- Greece
- Turkey

ANSWERS: 1. a. England
2. d. Triangular Tournament 3. c. Uganda
4. d. Baichung Bhutia 5. a. 14
6. d. Claressa Shields 7. c. Badminton
8. c. The game is over for the day
9. a. Switzerland