



THE TIMES OF INDIA

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**TODAY'S
EDITION**

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► Students relive their school memories by sharing interesting anecdotes about their friends, teachers, and school

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STUDENT EDITION

WEDNESDAY, JUNE 16, 2021


WEB EDITION
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\$28 MILLION

FACTOID


The Amazon founder revealed recently that both he and his brother Mark would take a place on board the company's New Shepard launch vehicle on July 20, to fly to the edge of space and back

Yes, that's the cost of flying into space with the world's richest man, Jeff Bezos! The whopping amount was paid by a bidder at an auction recently for a seat alongside Jeff Bezos on board the first crewed spaceflight of the billionaire's company Blue Origin next month.

The proceeds, aside from a six per cent auctioneer's commission, will go to Blue Origin's foundation— Club for the Future, which aims to inspire future generations to pursue careers in STEM— science, technology, engineering and mathematics

THE JOURNEY

1 Taking off from a desert in western Texas, the New Shepard trip will last for 10 minutes— the passengers on board will spend time above the Karman line that marks the recognised boundary between the Earth's atmosphere and space

2 After the lift-off, the capsule will separate from its booster, then spend four minutes at an altitude exceeding 100 kilometres. During this time, those on board will experience weightlessness, and can observe the curvature of the Earth from space

3 After the trip, the booster will land autonomously on a pad two miles from the launch site, and the capsule will float back to the surface with three large parachutes that will slow it down to about a mile per hour when it lands

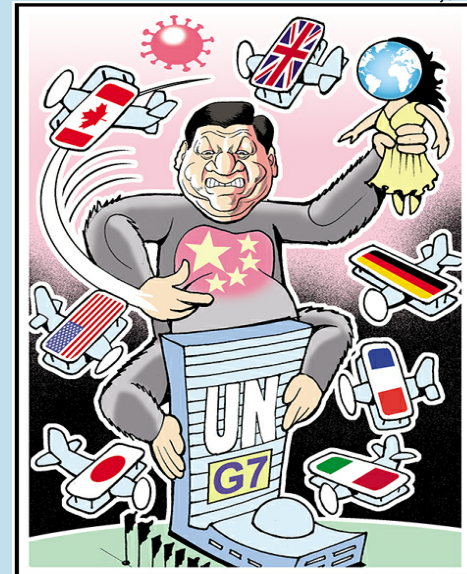
OBOR

WHAT The leaders of the G7 countries have agreed to launch a democratic alternative to China's Belt and Road Initiative (BRI). Also called The One Belt One Road (OBOR), this initiative by China focuses on improving connectivity and cooperation among the Asian countries, Africa, China and Europe.

WHY China over the past few years has had great ambitions to create a Modern Silk Road. The OBOR scheme was launched by Chinese President Xi Jinping in 2013. This project is designed to connect trade routes in more than 70 countries in Asia, Europe and Africa through a number of infrastructure projects, including the construction of railroads, roads, and marine infrastructure projects. China's goal is to enhance regional connections and economic integration, thereby expanding Beijing's economic and political influence.

HOW **G7 PLANS TO CREATE AN ALTERNATIVE TO OBOR:** G7 is exploring a new global cooperation programme that will rival the OBOR initiative. According to the White House, one of the projects designed to rival China is based on green technology. Called the Build Back Better

X-PLAINED



'Ping Kong'

World (B3W) initiative, the project will focus on development cooperation to help the infrastructure needs of the developing and low-income countries that have worsened due to the coronavirus pandemic. The mega-project is estimated to be worth US\$40 trillion.

OBOR AND INDIA

■ Since the initiative began, India has been expressing concerns about the China-Pakistan Economic Corridor (CPEC), the flagship project of BRI, as it traverses through Pakistan-occupied Kashmir (PoK). The massive infrastructure project connects

China's Xinjiang province with Gwadar port in Pakistan's Balochistan province ■ India refused to join the Chinese initiative in the past, and raised its voice against the BRI ■ New Delhi has indicated that it could consider joining the so-called Build Back Better World (B3W) plan of the G7



60% students against using internal marks for class XII score: Survey


Education

While 80 per cent of class XII students are relieved and pleased that the board examinations have been cancelled, nearly two-third of them are concerned about the use of internal school assessments to calculate results, a survey has revealed. The online survey, led by the study abroad platform, The WorldGrad, was conducted among more than 4,000 users, who registered on the platform in the last two months. It showed that 60 per cent of the students do not think that it is a good idea to use pre-boards and internal school marks to calculate their class XII results.

► There are two reasons for it. Firstly, this year all the internal examinations have been conducted online, with most schools struggling with the modality. Students and parents have little confidence in the internal assessments conducted
► Secondly, the students always use the final examinations to prepare and improve their performance and maximise their results, which will not happen this time

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YouTube Music adds 'Replay Mix' for most-played songs

Google-owned YouTube Music has added 'Replay Mix' for several users that include their most-commonly played songs from the past few weeks. The playlist, which currently appears ahead of 'My Supermix' in the 'Mixed for you' section of the app, features the standard record-inspired cover art in cool tones of blue, green and orange. Like My Supermix, it can be up to 100 songs long and of course allows for endless autoplay after you reach the end, 9To5Google reported.

■ YouTube Music's new Replay Mix is directly comparable to Spotify's 'On Repeat' playlist, which similarly highlights songs that users might have been listening to recently

■ It has been spotted by several users on Reddit over the past 24 hours, suggesting a wide rollout to music users in multiple countries


TECHAWAY

VINOO MANKAD, 9 OTHER STALWARTS INDUCTED INTO ICC HALL OF FAME

The International Cricket Council (ICC) has announced a special edition intake of 10 cricket icons, including former India cricketer Vinoo Mankad, into the ICC Hall of Fame to celebrate the prestigious history of Test cricket, coinciding with this month's maiden World Test Championship (WTC) final between India and New Zealand...

■ The stalwarts, who have made great contribution to the game and were inducted into the ICC Hall of Fame are: Aubrey Faulkner of South Africa and Monty Noble of Australia (Early Cricket Era, prior to 1918); Sir Learie Constantine of West Indies and Stan McCabe of Australia (Inter-War Era, 1918-1945); Ted Dexter of England and Vinoo Mankad of India (Post-War Era, 1946-1970); Desmond

Haynes of West Indies and Bob Willis of England (ODI Era, 1971-1995); and Andy Flower of Zimbabwe and Kumar Sangakkara of Sri Lanka (Modern Cricket Era, 1996-2015)

■ These 10 legends have made a significant contribution to the history of Test cricket, and join an illustrious list of ICC Hall of Famers, taking the total number to 103 as a result of this intake, said the ICC

► The ICC Hall of Fame Voting Academy, comprising active Hall of Fame members, a FICA representative, prominent cricket journalists and senior ICC figures, vote online to identify their selections for induction in each of the five eras

► The ICC Cricket Hall of Fame was launched on January 2, 2009, in association with the Federation of International Cricketers Associations as part of the ICC's centenary year celebrations

HONOUR

MEET GRACE, THE HEALTHCARE ROBOT

The Hong Kong team behind the celebrity humanoid robot Sophia is launching a new prototype, Grace, targeted at the healthcare market, and designed to interact with the elderly and those isolated by the Covid-19 pandemic. Grace's resemblance to a healthcare professional and capacity for social interaction is aimed at relieving the burden of frontline hospital staff overwhelmed during the pandemic, said founder David Hanson.

The cost of making the robots, now akin to luxury car pricing, will decrease once the company is manufacturing tens or hundreds of thousands of units

Grace's launch comes as the global impact of the coronavirus has made the need for humanoid robots urgent. Stuck at home during Covid-19 lockdowns, many people have had their mental states affected with negative thoughts

Awakening Health intends to mass-produce a beta version of Grace by August, and there are plans to fully deploy her next year in locations, including Hong Kong, mainland China, Japan and Korea



Seasonal wellness

The soaring temperature in the country is making life difficult for people. It's important to take care of health in such extreme weather. To help you stay comfortable, cool and healthy, here are some tips



EAT LIGHT MEALS

Heavy meals can generate heat in the body and make you feel uncomfortable. After a large meal, your body has to work harder to digest the food and metabolise it. This eventually increases your core temperature and makes you feel sweaty and lethargic afterwards. Consume light and freshly cooked meals in peak summer months. Also, cut down on intake of processed foods and excessively salty munchies.



WEAR LOOSE COTTON CLOTHES

Wearing tight fitted and dark coloured clothes can make you more sweaty. If you intend to stay cool and avoid excessive sweating, opt for loose, light-coloured cotton clothes. Your sweat does not evaporate when you wear thick clothes. Besides, dark colours absorb more wavelengths of light, making you feel hotter. Invest in comfortable cotton clothes and breeze through warm summer months. ^{TNN}

COOL YOUR TOES

If you are feeling too hot, an easy way to bring your temperature down is by cooling your toes. Putting a wet cloth on your feet or soaking it in cool water for some time can relax you and make you feel less warm.



TAKE LUKEWARM SHOWER

Taking a cold shower in hot weather seems relaxing, but scientists suggest that this makes you feel even hotter. That's because when you take a cool shower your body has to work harder to warm up again. Studies suggest that warm water cools your bloodstream. So, opting for a lukewarm bath is a good idea.



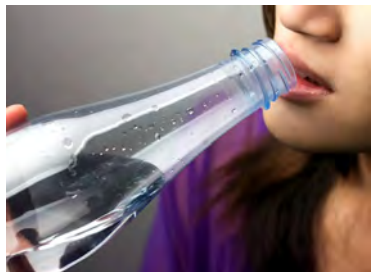
6 ways to

stay cool in summer

STAY HYDRATED

It's the most simple rule of surviving the summer heat. Drinking water helps to maintain the amount of fluid in your body, which is lost easily in the form of sweat.

Consuming two litres of water is important for every individual in all seasons. But, in summer, you need to up your intake due to easy water loss from the body. Have fresh fruit juice, coconut water and hydrating fruits such as watermelon, cucumber, etc.



Know it all



Lesser-known herbs & spices

If your spice cabinet only has the basic, chilli, jeera, cloves, cinnamon, bay leaf - then you are missing out on some serious flavours!

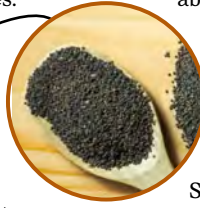
Ratanjot

Found in Kashmir, it is the reason for the red colour in everyone's favourite dish Rohan Josh. Kashmir is home to unique spices and herbs, which cannot be found anywhere else. Ratanjot also known as Alkanet root is a dried herb which is used to impart a natural red food colour to curries.



Kanthari Malagu

Another chilli to add in one's spice box would be Kanthari Malagu or white bird eye chilli, which is grown in Kerala. It's pungent and hot and used to add in pickles, salads and even curries.



Jakhiya

This is a tiny dark seed full of earthy aroma and a crunch which is nothing close to cumin. It is used in tempering of many dishes like the famous Jakhiya Aloo, and in most of the curries and vegetable dishes up in the mountains.



Jaiur

Another lesser known ingredient found in Meghalaya is Jaiur, also known as winged prickly ash seeds. These seeds have lemon like notes, which is great to add in spicy dishes like curries.



Kashmiri Lehsun

Another rare and popular ingredient is the Kashmiri Lehsun, which is strong and up to seven times more pungent than the regular garlic. It can be consumed raw or cooked.



Radhuni

In Bengal a spice called Radhuni is a secret spice used in many dishes, it's the seed of wild celery which has been dried. A pinch of this can bring a distinct flavour to any curry. The whole Radhuni when fried in hot oil is a great tempering.



Bhut Jholakia Chilli

It is the 'hottest' chilli found in North east India. A small amount can add heat to any curry and add a flavour bomb unlike regular chillies. Now fiery Bhut Jholakia sauces are available in North east-based stores and online too.

Kalpasi

Also known as Dagad Phool or Black Stone Flower, it is popular for its unique flavour and is used extensively in Maharashtrian, Chettinad and Hyderabadi cuisine. It's a lichen that grows on trees and when added to dishes, lends a woody aroma and a blackish dark hue.



Recipe

Healthy Movie Snack

A weekend movie night is incomplete without popcorn. So what if you can't go to theatres? Try this easy-to-make popcorn recipe that is tasty and healthy too.

HOW TO MAKE

STEP 1: Preheat the oven to 150 degree Celsius and in a large roasting pan, combine together popcorns, roasted almonds, muesli and peanuts. Set it aside.

INGREDIENTS

- > 2 cup popcorn
- > 3/4 cup roasted muesli
- > 3/4 cup roasted peanuts
- > 1/4 cup dried figs
- > 3/4 cup roasted almonds
- > 1/4 cup melted butter
- > 1/2 tablespoon cajun pepper
- > 1/4 cup dried black raisins



STEP 2: In a small bowl, combine melted butter and cajun pepper. Pour this on the popcorn mixture and mix gently to coat.

STEP 3: Bake for 30 minutes, stirring once in between. Cool this down on a foil paper, mix the dried fruits.

STEP 4: You can store this popcorn for three days. Snack and enjoy. ^{TNN}

QUIZ TIME (LITERATURE)

Q.1) In which century were Geoffrey Chaucer's Canterbury Tales written?

- A. 13th-14th B. 14th-15th
C. 15th-16th D. 16th-17th

Q.2) What was the nationality of Robert Louis Stevenson, writer of 'Treasure Island'?

- A. Scottish B. Welsh
C. Irish D. French

Q.3) 'Jane Eyre' was written by which Bronte sister?

- A. Anne B. Charlotte
C. Emily D. None of the above

Q.4) What is the book 'Lord of the Flies' about?

- A. A round trip around the USA
B. A swarm of killer flies
C. Schoolboys on the desert island
D. None of the above

ANSWERS

1. A) 13th-14th 2. A) Scottish 3. C) Emily 4. C) Schoolboys on the desert island

KNOWLEDGE BANK (PLANT)

Aloe Dichotoma

It is a Southern African tree species which can grow up to 9 m tall. The tree is found in very dry habitats in Namibia and South Africa and provides food and shelter for many insects, mammals and birds. It has a striking appearance with yellow flowers in summer. These trees are used for various purposes. The English name, Quiver tree, refers to the use of its hollowed branches by the San people to make quivers for their arrows. Medicinally, the roots can be used to treat asthma and tuberculosis.



WAKE UP AN HOUR EARLIER THAN USUAL TO KEEP DEPRESSION AWAY!

A new study published in the journal 'JAMA Psychiatry' indicates that waking up an hour earlier than your usual time can lower the risk of depression by 23 per cent. It means that if someone who normally goes to bed at 1 am goes to bed at midnight instead and sleeps the same duration, they could cut their risk by 23 per cent; if they go to bed at 11 pm, they could cut it by about 40 per cent. "We found that even one-hour earlier sleep timing is associated with significantly lower risk of depression," said researcher Celine Vetter from the University Of Colorado At Boulder, US.

WHY IS THAT?

Some research suggests that getting greater light exposure during the day, which early-risers tend to get, results in a cascade of hormonal impacts that can influence mood. Others note that having a biological clock, or circadian rhythm, that trends differ-



Revelation

ently than most people's can in itself be depressing.

WHAT THE STUDY FOUND...

More than 340 common genetic vari-

ants, including variants in the so-called 'clock gene' PER2, are known to influence a person's chronotype, and genetics collectively explains 12-42 per cent of our sleep timing preference. The researchers assessed

de-identified genetic data on these variants from up to 850,000 individuals. In the largest of these samples, about a third of surveyed subjects self-identified as morning larks, 9 per cent were night owls and the rest were in the middle. Overall, the average sleep mid-point was 3 am, meaning they went to bed at 11 pm and got up at 6 am

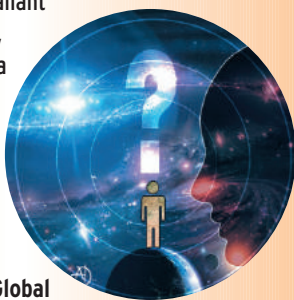
LARKS ARE LESS PRONE TO DEPRESSION!

With this information in hand, the researchers turned to a different sample which included genetic information along with anonymised medical and prescription records and surveys about diagnoses of major depressive disorder. Using novel statistical techniques, they asked: Do those with genetic variants which predispose them to be early risers also have a lower risk of depression? The answer is a firm yes, the study noted.

INFINITE MIND

With the depths of the ocean
and the shallow trail of thought,
With the will of a leader
and the doubt of someone lost,
With the imagination of the universe
and the sight of the blind,
With the sense of a genius
and the stupidity of the unbounded materialist,
With the strength of the gallant
and the worry of a mother,
I can say this with million a verse,
But they only become
A point representing the universe.
This is the mind.

KEERTHANA, class X A, Global Edge School, Madhapur



Helping children deal with emotions during pandemic

THE EDUCATIONIST



SHAZIA JIWANI,
Counselling
Psychologist,
Niraj Public
School

Covid-19 has impacted children's emotional well-being the most as compared to any other group. Children have been experiencing stress because their parents are dealing with tough times as well.

Children take time to process what is happening around them. Their life has come to a stand-still as they are not able to meet their friends, not able to go to school, members of their family are unwell, some of their parents have lost their jobs and many such factors. As a result, children develop a range of emotions, of which sadness is the most common.

Sadness may not always look like sadness. It is an emotion that has an underlying cause or another overwhelming emotion. A child throwing tantrums at the dinner table has nothing to do with the food but is a displaced frustration on the food being served to them. A child not wanting to study a particular subject and

throwing the book away does not necessarily mean they hate the subject. The behaviour has an underlying sadness which is displayed by resisting to do the given task. The sadness may also sometimes look like their naughtiness, tiredness, or boredom.

Parents need to identify, recognise and acknowledge these behaviours and their underlying reasons. Parents should also be able to deal with such behaviours by 'holding space' for their

children. To 'hold space' means to support without trying to cheer them up and talk to them about what they have been feeling. However, parents will only be able to do this when they recognise and acknowledge their own emotions and 'hold space' for themselves. Parents can do this by spending some time doing what they enjoy doing, talk to a friend or a loved one, meditate, and go to therapy.

Parents must take expert care of themselves to deal with their children's emotions. It is crucial to understand that children are in a crisis, just like we are. They are dealing with sad, frustrating and overwhelming changes in their life. Instead of getting frustrated with them, we can hold a gentle healing space for them and help them through these uncertain times.



A CANVAS OF CREATIVITY



Gitanjali Devshala
Hyderabad

Gitanjali Devshala conducted an art workshop 'ARTISTRY' for the students and their parents from classes IV to VIII. The programme was conceptualised under the guidance of principal, Madhvi Chandra. The workshop gave an opportunity for the participants to transport themselves to a world of imagination where the splash of colours played the magic and the outcome was simply amazing.

The workshop included two family bonding art activities- The Family Tree & The Yummy Family Platter. Conducted by art teachers Nivedita Mishra and Premalatha Bhaskaran, students from all the branches of the Gitanjali Group of Schools & their participating family members were engaged in the completion of the activities.



The benefits of coconut

Students of Gitanjali Devashray celebrated Coconut Day to create an awareness about the various uses of coconut.

The students of pre-primary I were colourfully dressed up in Hawaiian costumes and performed a ramp walk holding the coconut craft made by them.

Some of the creative activities done by them included coconut shell water melon, musical coconut drum, coconut shake, cray-

Gitanjali Devashray
Hyderabad

on stand and flower pot. Teachers informed them where coconut trees are found, what they are used for and how it is considered healthy in all its forms like coconut juice, milk, kernel, oil. The tiny tots looked adorable and won hearts with their exuberance and enthusiasm.

Learning the importance of biodiversity

Delhi Public School
Nacharam

"The best time to plant a tree was 20 years ago, the second best time is now"

Delhi Public School, Nacharam has always been in the forefront when it comes to promoting a clean and green world. On June 5, a colourful and memorable Vanmahotsav Special Assembly was conducted by the secondary and senior secondary wings. The theme of the assembly was 'Forests and Biodiversity'.

Dr Shilpi Sharma, a noted scientist from Telangana State Biodiversity Board, was the guest speaker. The event was held online where more than 800 students attended and enhanced their knowledge on biodiversity through the informative celebration.

The event began with the lighting of the lamp and a melodious prayer song. Principal Sunitha Rao



addressed the gathering with her valuable insights on conservation. She also released a logo depicting biodiversity.

A special pledge was taken by the entire school where they promised to work hard to make their en-

vironment healthier. An exquisite presentation was also shown reminding the glorious moments of the much-cherished Green School initiatives undertaken by the school in the previous years.

A survey, under the guidance of

vice-principal Surekha, was conducted on the eve of the World Environment Day to sensitise and acquaint people about the environment. The result was announced in the assembly by Shakuntala and Asha, science faculty members.

Guest speaker Dr Sharma shared her words of wisdom with the students, enriching and inspiring them to take steps towards biodiversity conservation. This was followed by a spectacular display of talent by the students of classes IX and X. Head girl Shreeta and literary ambassador Sujay delivered their speeches on green DPS and sustainability of the environment. They also welcomed the students of class XI into the school, promising to guide them.

The assembly concluded with an address by the vice-principal reminding students about the importance of biodiversity and encouraging them to embark on a journey of being a rejuvenated environmentalist.



encouraging reviews, discussions and interpretations of K A Abbas' 'Sparrow' and other literary works written in different languages.

They were asked to pen down their thoughts on their favourite plants and trees, their interpretations of songs by birds and thus increasing their bond with nature. The celebrations braced students for the re-opening of virtual school by enabling them to decorate their study corners with adopted plants using recycled pots made out of discarded material available at home.

to spread awareness on how to be eco-friendly and also eco-intelligent. They put forth progressive ideas such as investing in eco-friendly technology, using eco-friendly cleaning products, minimising wastage of food for consequential reduction in CO2, adopting vegetarian lifestyle to reduce carbon footprint, growing and eating organic food items and so much more. The objective

was to enable everyone to come up with solutions and establish a sense of 'ownership' of what needs to be done for our home that is our planet. Students were also brought closer to nature by



Missing the school buzz

When I look through the window and descry a buzzing bee busy building a honeycomb with its peer bees, I yearn for the morning buzz. Oh! I wish I could be on the school campus!

The vacation is over, and we are virtually back to school but there is no school bell nor the classroom chatter. I miss the days I have spent in school with my friends, learning and teaching amusing new things.

Racing for water, gripping the football, stumbling down the steps, and laughing with friends. Amid Covid, my friends and I do meet now, but virtually.

I love countless things about my school, the sheer silence before the announcement of a competition's results during the Morning Prayer and obviously, the adrenaline rush when the anchor announces our top

name. Now, amidst online classes, it's just utter silence before and after the announcement of the results.

Striking a deal to get a free period and play until we overtired ourselves. Dining table conversations with teachers that helped us build an extraordinary rapport with them. Now, we just play a game of online chess which is no fun compared to playing on campus grounds. During the end of every academic year, we used to watch

movies, listen to songs, play a bunch of games, and of course, resurrect our memories of the year.

The funny thing is that when I could go to school, I never felt like moving a limb to wake up and go, but now, the entire time I wish to be at school and enjoy the most precious part of our life.

KARTHIK VANKINENI, class IX A, Birla Open Minds International School, Kollur



FUN & LEARNING

A school is a place where we study and play. It is a place where we, learn more and explore more.

We will have fun with our teachers and friends. Teachers are the special friends we have. They share with us their knowledge and skills. They teach us in a way that makes us love them.

The schools are like roots, The Management is like a Stem, The Teachers are like Leaves and The Students are like Flowers That makes the plant look beautiful! I LOVE MY SCHOOL!



YASHASHREE PANIGRAHI, class VII, Jubilee Hills Public School, Hyderabad

EXPLORING EUROPEAN CITIES



Iwent on a Europe trip in 2019. Oh! Those memories and that feeling! Well, we did not travel the whole of Europe but only some of the places that were near the city we were staying. We were actually staying in Dusseldorf, Germany. We stayed in one of the flats in an apartment there. After settling in, we started our exploration. We went to Paris, Amsterdam, Brussels and many other cities.

When we went to Paris, we visited the Eiffel Tower and the Louvre museum, a garden, a temple and The Grand Disneyland! It was so

much fun. I even went on a roller coaster with my mother for the first time! Oh, that screaming!

We went to many places in Amsterdam. I got chocolates from Brussels for my friends. We even got many gifts and souvenirs for our relatives. In Germany, we visited Cologne where we went to a chocolate museum and bought many chocolates.

It was all so much fun! I wish things were back to normal, so that we could go out again. But, for now let us follow all the guidelines and stay safe.

BHAVYA MANGRAUTHIA, class VIII A, Delhi School of Excellence, Attapur



Delhi Public School
Nadergul

Realising the importance of giving back to Mother Nature, Delhi Public School, Nadergul, Hyderabad, asked its students to 'Nurture the Nature for Future' in the wake of World Environment Day, which was celebrated through a number of recreational activities and awareness campaigns.

More than 300 students participated to turn trash into treasure by recycling discarded materials and reusing and reimagining them into bird feeders and home décor items, all from the safety of their homes.

Students joined hands digitally to create short films, E-posters and podcasts



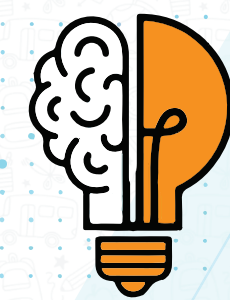
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SLOVAKIA SINK 10-MAN POLAND

Slovakia defender Milan Skriniar capped a memorable afternoon as he complemented a superb all-round display with the winner in their 2-1 win over Poland in the opening Euro 2020 Group E clash on Monday

Milan Skriniar of Slovakia celebrates after victory

The 26 year old Skriniar brought down Poland's 10 man army as he netted with a superb 69th-minute shot into the bottom right corner after Poland had midfielder Grzegorz Krychowiak sent off in the 62nd minute for a second yellow card. Slovakia took an 18th-minute lead out of the blue through an own goal by Poland goalkeeper Wojciech Szczesny before Karol Linetty equalised in the 46th. Too reliant on their top-scorer Robert Lewandowski who made no impact on the game, Poland failed to spark as coach Paulo Sousa's unfamiliar 4-3-2-1 formation struggled against a compact Slovakian outfit. Lewandowski's big-stage goal drought continued as he has now scored once in his last 11 European Championship and World Cup games with Poland stretching their poor record in opening matches at major tournaments to one win in their last 10.

Four wins out of five

Slovakia, rated as rank outsiders in a group including former world and European champions Spain and Sweden, celebrated their fourth win in the last five games against the Poles with a gritty performance. Slovakia coach Stefan Tarkovic heaped praise on Skriniar who has scored three goals in 41 games for Slovakia. Lewandowski acknowledged Poland were below par and needed to improve ahead of their next match with group favourites Spain in Seville on Saturday. "Such mistakes as with the second goal are unforgivable at the Euros," he told Polish television. "If we eliminate today's mistakes we hope to play better against Spain but we are aware that they are a stronger rival. We need to take the responsibility ourselves."

A no show from Lewandowski

Poland were on the front foot in the opening stages but fell behind as Robert Mak beat two defenders on the left flank with neat footwork and cut inside before his shot hit the post and rebounded off Szczesny into the net. Slo-

Skriniar put in a great performance today but I think the whole team played very well. We prepared for Poland's attack and Lewandowski was a focal point of course. It was a battle between Skriniar and Lewandowski, but I am really happy that other players like (Peter) Pekarik and (Lubomir) Satka also managed to neutralise a great player like Lewandowski.

STEFAN TARKOVIC, Slovak football manager

vakia continued to soak up pressure but always looked dangerous on the break and their central midfielder Juraj Kucka curled a long-range effort over the bar in the 27th minute. Krychowiak came up with Poland's first meaningful effort when his shot from 25 metres sailed over, with Slovakia's compact defence cutting out the supply routes to striker Robert Lewandowski. Poland's top scorer Lewandowski failed to make any impact in the first half and scuffed an attempt from inside the penalty area woefully wide in the 42nd minute. Poland levelled 30 seconds after the break as Mateusz Klich released Maciej Rybus and the left back squared the ball back for Linetty to scramble a close-range shot into the far corner.

Latest from Euro 2020

Christian Eriksen has sent his first public message from the hospital thanking supporters for their "sweet and amazing" well-wishes after his collapse at the European Championship. The message was accompanied by a photo of him giving a thumbs up from the hospital bed. In the other group matches, Spain settled for a 0-0 draw against Sweden as neither of the two teams managed to convert a goal on Sunday. Meanwhile, the defending champions Portugal are all set to take on Hungary in their first match of the tournament. Cristiano Ronaldo is one goal from breaking a tie with Michel Platini for most goals scored at the tournament. REUTERS



INDIAN WOMEN RETURN TO TEST CRICKET

A favourable record in England and "positive mindset" will spur the Indian women's cricket team who take on England in the first test in nearly seven years from today

After multiple quarantines in India and UK, the Mithali Raj-led squad got little over a week to prepare for its first red ball game since November 2014. Mithali was among the seven current players, who were a part of that victorious eleven against South Africa in Mysuru. Harmanpreet has already conceded they got limited time to get ready for the one-off Test but said India go into the game "mentally prepared", having got some valuable advice from men's team

vice-captain Ajinkya Rahane.

Shafali to open

There is a good chance that 17-year-old batting sensation Shafali Verma opens in the game alongside Mandhana. She goes into the game with no baggage and could well make a big impact at the top of the order. The experienced trio of Mithali, Harmanpreet and Punam Raut will be expected to do the job in what will be challenging conditions for them also.

There could be some respite in store for the batters with England choosing Kookaburra over Dukes

ball, which does more, for the game as the home team builds up to the Ashes Test against Australia later in the year.

It also remains to be seen if veteran pacers Jhulan Goswami and Shikha Pandey were able to bowl long spells, having not done so for a long time. The spinners, who had a forgettable time at home in the limited overs series against South Africa, would be itching to make amends. The visitors can surely take heart from their past record in England where they have not lost in eight games, having won two out of them. England's star all-rounder and new-

ly-appointed vice captain Nat Sciver is among the six squad members who played in their last Test match against India back in August 2014. The tourists had won that game in Wormsley by six wickets.

England remain the favourites to win the upcoming contest but Sciver expects India to play fearlessly. "Last time we played India, we weren't very good in that Test match and we didn't play to our potential so hopefully we can do better this time," she said. PTI



RAHUL DRAVID TO COACH INDIA TEAM IN SL

The Board of Control for Cricket in India Secretary Jay Shah has confirmed that former India skipper Rahul Dravid will coach the team for the limited-overs series against Sri Lanka.

The Shikhar Dhawan-led team will play three ODIs and three T20s at the R Premadasa International Cricket Stadium in Colombo. This will be Dravid's second stint with the Indian team after working with the boys as batting consultant during the England tour in 2014. The team leaves for Colombo on June 28 and will undergo 3 days of hard quarantine before training in quarantine till July 4. After that, they will be allowed to train normally before the series gets underway. ANI



QUIZ TIME!

Q1: Who is the only cricketer to score a century in the debut match of Ranji Trophy, Duleep Trophy and Irani Trophy?

- a) Virat Kohli ☐ b) Sachin Tendulkar ☐
c) Rohit Sharma ☐ d) Sunil Gavaskar ☐

Q2: Which tennis star became the first player in 52 years to win all four majors twice?

- a) Rafael Nadal ☐ b) Roger Federer ☐
c) Novak Djokovic ☐ d) Andy Murray ☐

Q3: Who is the first Indian batsman to score a triple

century in a test match?

- a) Virender Sehwag ☐ b) Rohit Sharma ☐
c) Karun Nair ☐ d) Shubman Gill ☐

Q4: Which one of the following is the oldest running Grand Slam tennis tournament?

- a) US Open ☐ b) French Open ☐
c) Australian Open ☐ d) Wimbledon ☐

Q5: How many times has MC Mary Kom won the Women's World Boxing Championships?

- a) Three ☐ b) Four ☐
c) Five ☐ d) Six ☐

Q6: Rafael Nadal lost a set first time since 2019 at the French Open quarter-finals. Name his opponent.

- a) Diego Schwartzman ☐ b) Stefanos Tsitsipas ☐
c) Lorenzo Musetti ☐ d) Novak Djokovic ☐



Photo: AFP

Q7: Phil Mickelson has created history by becoming the oldest player to clinch a major title. He is associated with which sport?

- a) Tennis ☐ b) Badminton ☐
c) Golf ☐ d) Chess ☐

Q8: For which English football club team did Baichung Bhutia play?

- a) Manchester City ☐ b) Aston Villa ☐
c) Fulham ☐ d) Bury ☐

Q9: Who is the only referee from India who will be officiating in wrestling matches in the upcoming Tokyo Olympic Games?

- a) Aravind Kumar ☐ b) Ashok Kumar ☐

c) Amitab Kumar ☐ d) Anand Kumar ☐

Q10: Who has won the French Moro Grand Prix 2021?

- a) Jack Miller ☐ b) Lewis Hamilton ☐
c) Max Verstappen ☐ d) Sebastian Vettel ☐

Q11: Who has won the Men's Singles title at the Geneva Open tennis?

- a) Stefanos Tsitsipas ☐ b) Cameron Norrie ☐
c) Denis Shapovalov ☐ d) Casper Ruud ☐

ANSWERS: 1. b. Sachin Tendulkar
2. c. Novak Djokovic 3. a. Virender Sehwag
4. d. Wimbledon 5. c. Five
6. a. Diego Schwartzman 7. c. Golf
8. d. Bury 9. b. Ashok Kumar
10. a. Jack Miller 11. d. Casper Ruud