THE TIMES OF INDIA

TODAY'S

Did you know a simple low-end laptop can be made at home with a few bare minimum equip-



They say, there's no shortcut to success. Rightly so, as we tell you how you can achieve your goal through hard work



FACTOID

Serbia stun Portugal to qualify for the 2022 World Cup football tournament



TUESDAY, NOVEMBER 16, 2021



Man breaks world record after standing on hot air balloon at 13,175 feet



French man broke a world record for standing on top of a hot hair balloon at more than 13,000 feet up in the air. He rode the hot air balloon to raise money for a charity. Remi Ouvrard, 28, posted a view of himself standing on the hot air balloon while he was at 3,637 metres (11,932 feet) above the ground. The altitude represents the phone number of The France's annual ride on the charity campaign Telethon, 36-37. He

hot air balloon broke Ouvrard's previous world aimed to record of 3,992 raise money feet for rare neu-

romuscular diseases. Ouvrard thought it would be great to reach the altitude but the balloon soared even higher to 13,175 feet over Chatellerault in western France. The ride lasted for about 90 minutes and was operated by Juvrarg's tatner. Ouvi live-streamed his adventurous ride on Facebook using a selfie stick during the early part of the

CLICK HERE: PAGE 1 AND 2

CBSE Boards 2022: Students gear up for big offline test

The Central Board of Secondary Education (CBSE) is all set to conduct the first bifurcated board exams for classes X and XII from Nov 17 and Nov 16, respectively. As per the notification released by the Board, the students appearing for the exams will be given 20 minute-reading time. It will have MCQs and the duration for solving them is 90 minutes. Every guestion will have four options, of which the student has to encircle the correct one. As every answer sheet will be scanned, no question can be left unanswered. Source: TNN

INSTRUCTIONS FOR D-DAY FOR STUDENTS

Apart from remembering to carry their admit cards to the exam hall, students must report to the exam centre at least one hour prior to the commencement and be seated on time ■ Covid-19 safety protocols to be followed. Hence, students must wear masks, use sanitisers and maintain social distancing at all times ■ All exams will begin at 11:30 am and students would get 20 minutes of reading time, instead of the previous 15 minutes ■ In case a student is having any symptoms of cold, cough or fever, they must report it to their school immediately ■ Students must take extra care while filling the details in OMR sheet and make sure that all details are correct.



Meanwhile the Supreme Court of India on Monday postponed the hearing of the CBSE and CISCE students seeking an option of online mode along with the centre-based offline exams to November 18. The plea, filed by six students who would be taking the Board examinations, alleged that the entire exercise of the boards in conducting the term one or semester one examinations in offline mode only is"unreasonable"

That's the time when Earth's first continents emerged from the oceans. According to scientists, it's at least 700 million years earlier than previously thought. Researchers from the Monash University studied the sedimentary and igneous rocks of an ancient continental fragment in India called the Singhbhum Craton.

THE RISE OF EARTH'S CONTINENTS



Scientists say, the emergence of Earth's earliest continental landmasses around 3.3-3.2 billion years ago would have had a profound impact on our planet's atmosphere, oceans and climate

The erosion of continental material into the doceans would have provided nutrients to coastal environments, leading to a boom in photosynthetic life that helped to create the oxygen rich atmosphere we breathe today

The presence of beaches at this time shows that a continental landmass must have emerged in what we now know as India by at least 3 billion years ago, in order to provide the material from which the beach formed, they add

Most ancient continents - the Singhbhum Craton 🚣 included – are built up of granite, formed from the melting of pre-existing rocks at the base of the crust

IN OTHER NEWS

Bangladesh calls for inclusive Indian Ocean without any unilateral dominance

angladesh has called for an open, free, peaceful and inclusive Indian Ocean instead of any single country's dominance ahead of the upcoming Indian Ocean Rim Association (IORA) Council of Ministers' (COM) meeting on November 17. Bangladesh will be hosting the 21st IORA COM meeting as it takes up the chairmanship for the first time in 24 years. 'Indo-Pacific Vision' will also come up for discussion.

■ IORA has six priority and two focus areas identified on the basis to promote sustained growth and balanced development in the Indian Ocean Region. These are maritime safety and security, trade and investment facilitation, fisheries management, disaster risk management, tourism and cultural



exchanges, academic, science and technology cooperation, blue economy, and women's economic empow-

Eyeing LA Olympics, ICC could award 2024 T20 World Cup to USA

he USA is likely to host the T20 World Cup in 2024, which could serve as a launch pad in the ICC's bid for cricket's inclusion in the 2028 Los Angeles Olympics. The ICC is expected to award a joint bid by USA Cricket and Cricket West Indies to host the 2024 T20 showpiece.

If all goes as per the plans, it would be the first global tournament not hosted by either India, England or Australia since the 2014 T20 World **Cup in Bangladesh**



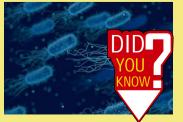
■ The 2024 T20 WC is expected to have 20 teams and 55 matches as compared to the 2021 and 2022 editions, which have seen 16 teams playing 45 matches Between 2024 and 2031, the ICC is set to host several global tournaments

BTS, Ed Sheeran among top winners at MTV **European Music Awards**

t the 2021 MTV European Music Awards held on Sunday, popular Korean band BTS and British singer-songwriter Ed Sheeran emerged as the big winners. As per Variety, BTS won the most awards, including Best Pop, Best Group, Best K-Pop and Biggest Fans, but were not on hand to collect the awards. Sheeran, who was present, won the Best Artiste and Best Song for 'Bad Habits'. Justin Bieber, who was the frontrunner with eight nominations, didn't win any awards.



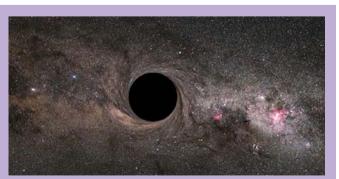
Antarctic bacteria live on air and make their own water using hydrogen as fuel!



umans have only recently begun to think about using hydrogen as a source of energy, but bacteria in Antarctica have been doing it for a billion years. Scientists studied 451 different kinds of bacteria from frozen soils in East Antarctica and found most of them live by using hydrogen from the air as a fuel. These incredible microorganisms come from ice-free desert soils north of the Mackay Glacier in East Antarctica.

Astronomers spot black hole outside Milky Way galaxy

stronomers have discovered a small black hole outside the Milky Way by looking at how it influences the motion of a star in its close vicinity. The newly-found black hole was spotted lurking in NGC 1850, a cluster of thousands of stars roughly 160,000 light years away in the Large Magellanic Cloud — a neighbour galaxy of the Milky Way. The detection in NGC 1850 marks the first time a black hole has been found in a young cluster of stars (the cluster is only around 100 million years old, a blink of an eye on astronomical scales).



The black hole is roughly 11 times as massive as our sun. Astronomers started on the trail of this black hole due to its gravitational influence on the five-solar-mass star orbiting it

Instagram will soon start asking you to take a break if you use the app for too long

acebook (now Meta)-owned photo sharing platform Instagram is all set to start a new feature that helps users take quick breaks from Instagram. Called 'Take a Break', this feature will help users to take a step towards taking a break from the social media platform after spending a certain amount of time on the platform. The feature has been announced in a bid to prevent addiction from the platform and comes at a time when several reports have pointed to the fact that Facebook apps are addictive for users.

This feature won't be enabled by default and users will have to turn it on to receive in-app

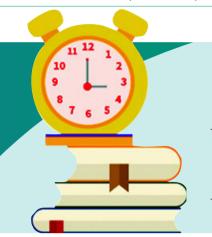


reminders to take a break from the Instagram app after continuously using it for 10, 20, or 30 minutes

MOCK PAPERS

TUESDAY, NOVEMBER 16, 2021

SUM UP YOUR SPEED & ACCURACY IN MATHS





CLASS: X - 2021-22

SUBJECT: MATHEMATICS Time Allowed: 1½ Hours

Maximum Marks: 40

PRACTICE PAPER SET BY MATHEMATICS DEPARTMENT, ASSISI VIDYANIKETAN PUBLIC SCHOOL, ERNAKULAM

SECTION-A

Section-A consists of 20 questions of 1 mark each. Any 16 questions are to be attempted

Q1) The decimal expansion of the ra-

tional number $\frac{10}{2^4.5^2}$ will terminate after [1]

(A) one decimal place

(B) two decimal places (C) three decimal places

(D) more than 3 decimal places

Q2) The pair of equations 5x - 15y = 8 and $3x - 9y = \frac{24}{5}$ has

(A) one solution (B) two solutions (C) infinitely many solutions (D) no solution

Q3) ABC and BDE are two equilateral triangles such that D is the mid point of BC. Ratio of the areas of triangles ABC

[1]

and BDE is (A) 1:2 (B) 2:1 (C) 1:4 (D) 4:1

eggs in the lot is

Q4) If in triangles ABC and DEF, $\frac{AB}{BC} = \frac{DE}{FD}$,

then they will be similar, when
(A) <B=<E (B) <A=<D
(C) <B=<D (D) <A=<F [1]

Q5) The probability of getting a bad egg in a lot of 400 is 0.035. The number of bad

(A) 7 **(B)** 14 **(C)** 21 **(D)** 28 Q6) D and E are respectively the points on the sides AB and AC of a triangle ABC such that AD=2 cm, BD=3 cm, BC=7.5 cm and DE \parallel BC. Then, length of DE (in

(A) 2.5 (B) 3 (C) 5 (D) 6

Q7) If $\sin \theta - \cos \theta = 0$, then the value of $(\sin^4\theta + \cos^4\theta)$ is (A) 1 (B) 3/4 (C) 1/2 (D) 1/4

Q8) If two positive integers a and b are written as $a = x^3$ y^2 and $b = xy^3$; x, y are prime numbers, then HCF (a, b) is [1] (A) xy (B) xy^2 (C) x^3y^3 (D) x^2y^2

Q9) One equation of a pair of dependent linear equations is -5x+7y=2. The second equation can be **(A)** 10x+14y+4=0 **B)** -10x-14y+4=0(C) -10x+14y+4=0 (D) 10x-14y=-4

Q10) The distance of the point P (2, 3) from the x-axis is

(A) 2 **(B)** 3 **(C)** 1 **(D)** 5

Q11) The fourth vertex D of a parallelogram ABCD whose three vertices are A (-2, 3), B (6, 7) and C (8, 3) is **(A)** (0, 1) **(B)** (0, -1) **(C)** (-1, 0) **(D)** (1, 0)

Q12) The product of a non-zero rational and an irrational number is al and an irrational number is [1] **(A)** always irrational **(B)** always rational (C) rational or irrational (D) one

Q13) If $\sqrt{3}$ tan θ =1, then find the value of $\cos^2\theta - \sin^2\theta$ (A) $\frac{1}{2}$ (B) 0 (C) 2 (D) 1

Q14) If $4 \tan \theta = 3$.

then $\frac{4 \sin\theta - \cos\theta}{4 \sin\theta + \cos\theta}$ is equal to



(A) $\frac{2}{3}$ (B) $\frac{1}{3}$ (C) $\frac{1}{2}$ (D) $\frac{3}{4}$

Q15) If the sum of the areas of two circles with radii R1 and R2 is equal to the area of a circle of radius R, then (A) $R_1 + R_2 = R$ (B) $R_1^2 + R_2^2 = R^2$ (C) $R_1 + R_2 < R$ (D) $R_1^2 + R_2^2 < R$

Q16) If $\triangle ABC \sim \triangle QRP$, $\frac{(ar(ABC))}{(ar(PQR))} = \frac{9}{4}$ AB = 18 cm and BC=15 cm, then PR is equal to

(A) 10 cm **(B)** 12 cm **(C)** $\frac{20 \text{ cm}}{3}$ **(D)** 8 cm

Q17) \triangle ABC is such that AB=3 cm, BC=2 cm and CA=2.5 cm. If $\Delta DEF \sim \Delta ABC$ and FE=4 cm, then find the perimeter of (A) 12 cm (B) 13 cm (C) 14 cm (D) 15 cm

Q18) The value of $\frac{2 \tan 30^{\circ}}{1+\tan^2 30^{\circ}}$ is: [1] **(A)** $\sin 60^{\circ}$ **(B)** $\cos 60^{\circ}$ **(C)** $\tan 60^{\circ}$ **(D)** $\sin 30^{\circ}$

Q19) For what value of k, the pair of equations 4x–3y=9, 2x+ky=11 has no solution:

(A) $\frac{9}{11}$ (B) $\frac{1}{2}$ (C) $\frac{-3}{2}$ (D) $\frac{2}{3}$

Q20) The probability that a non-leap year selected at random will contain 53 Sun-

(A) $\frac{1}{7}$ (B) $\frac{2}{7}$ (C) $\frac{3}{7}$ (D) $\frac{5}{7}$

SECTION-B

Section-B consists of 20 questions of 1 mark each. Any 16 questions are to be attempted

Q21) The largest number which divides 70 and 125, leaving remainders 5 and 8, respectively, is (A) 13 (B) 65 (C) 875 (D) 1750

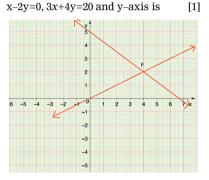
Q22) If the lines given by 3x+2ky=2 and 2x+5y+1=0 are intersecting, then the value of k is

(A) $\frac{-5}{4}$ (B) $\frac{2}{5}$ (C) $\frac{15}{4}$

(D) any real number other than $\frac{15}{4}$

Q23) $\sqrt{3} \cot 2x = \cos 60^{\circ} + \sin 45^{\circ} .\cos 45^{\circ}$, then x equal to **(A)** 15° **(B)** 30° **(C)** $1/\sqrt{3}$ **(D)** 60°

Q24) The area of the triangle formed with the graph of equations



(A) 20 sq. units (B) 10 sq. units **(C)** 7 sq. units **(D)** 6.5 sq. units

Q25) The LCM of two prime numbers p and q (p>q) is 143. Find the value of (A) 20 (B) 28 (C) 38 (D) 48

Q26) A jar contains 24 marbles, some are green and others are blue. If a marble is drawn at random from the jar, the probability that it is green is 2/3. Find the number of blue balls in the jar.

(A) 16 **(B)** 8 **(C)** 14 **(D)** 12 Q27) The probability of selecting a prime number from numbers lying between 10 and 30 is [1]

(A)
$$\frac{1}{5}$$
 (B) $\frac{3}{10}$ (C) $\frac{1}{3}$ (D) $\frac{6}{19}$

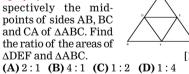
 $\frac{\mathbf{Q28}}{1 + \cos\theta} + \frac{1 + \cos\theta}{\sin\theta} = [1]$ (A) $2\cos\theta$ (B) $2\cos\theta$ (C) $2\sec\theta$ (D) $2\sin\theta$

Q29) A line intersects the y-axis and xaxis at the points P and Q, respectively. If (2, –5) is the mid-point of PQ, then the coordinates of P and Q are, respectively

(A) (0, -5) and (2, 0) (B) (0, 10) and (-4, 0)(C) (0, 4) and (-10, 0) (D) (0, -10) and (4, 0)

Q30) \triangle ABC is an isosceles triangle with AB=AC=13 cm. The length of the altitude from A on BC is 5 cm. Find BC. (A) 20 cm (B) 26 cm (C) 24 cm (D) none of these

Q31) D, E and F are respectively the mid-points of sides AB, BC and CA of \triangle ABC. Find the ratio of the areas of $\triangle DEF$ and $\triangle ABC$.



Q32) The value of sec A $(1 - \sin A)$ (sec $A + \tan A$) is (A) 1 (B) 3 (C) 2 (D) 4

Q33) In a school there are two sections, namely A and B, of class X. There are 30 students in section A and 28 students in section B. Find the minimum number of books required for their class library so that they can be distributed equally among students of section A or section B.

(A) 58 (B) 420 (C) 2 (D) None of these.

Q34) D and E are points on the sides AB and AC respectively of a \triangle ABC such that DE || BC. Find the value of 'x' when AD = x cm, DB = (x - 2) cm, AE = (x + 2) cmand EC = (x-1) cm. (A) 2 cm (B) 3 cm (C) 4 cm (D) None of the above

Q35) The point on x-axis which is equidistant from the points (5, -2) and (-3, 2)**(A)** (0, 1) **(B)** (-1, 0) **(C)** (1, 0) **(D)** (0, 9)

Q36) In the below figure, ABPC is a quadrant of a circle of radius 14 cm and a semicircle is drawn with BC as diameter. Find the area of the shaded region

(A) 98 cm² (B) 154 cm² (C) 210 cm² (D) 406 cm²

Q37) Area of the largest triangle that can be inscribed in a semi-circle of radius r units is (A) r^2 sq. units (B) $1/2 r^2$ sq. units (C) $2 r^2$ sq. units (D) $\sqrt{2} r^2$ sq. units

[1]

Q38) If α , β are the zeroes of the polynomial x^2 -16, then $\alpha^2 + \beta^2$ is [1] (A) 32 (B) -16 (C) -32 (D) 16

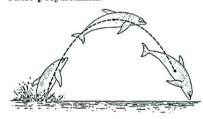
Q39) The solution of pair of equations $2^{x+y}=16$ and $3^{x-y}=9$ is **(A)** (1,3) **(B)** (3,1) **(C)** (-1,3) **(D)** (-3,1)

Q40) Three horses are tethered with 7metre-long ropes at the three corners of a triangular field having sides 22 m, 34 m and 40 m. Find the area of the plot. which can be grazed by the horses. [1] **(A)** 77 sq. units **(B)** 154 sq. units (C) 33.5 sq. units (D) 11 sq. units

SECTION-C

Section-C consists of 10 questions of 1 mark each. Any 8 questions are to be attempted. Q41-Q45 are based on Case Study-1

The figure given below shows the path of a dolphin when it takes a dive. Clearly it is a parabola which is the graphical representation of quadratic polynomial.



Q41) If the above parabola is represented by the polynomial $P(x)=ax^2+bx+c$ then

'a' should be (A) less than zero (B) greater than zero (C) equal to zero (D) greater than or equal to zero

Q42) The number of real zeroes for the quadratic polynomial is (A) exactly two (B) at least two (C) at most two (D) less than two

Q43) If one zero of the quadratic polynomial $P(x)=kx^2+4x-1$ is 1/2 then the value of k is **(A)** 2 **(B)** -4 **(C)** 4 **(D)** -12

Q44) If α and β are the zeros of a quad-

ratic polynomial $P(x) = -3x^2 + 2x - 1$ then the value of $\frac{1}{\alpha} + \frac{1}{\beta}$ is **(A)** 2 **(B)** 2/3 **(C)** 1/3 **(D)** None of these

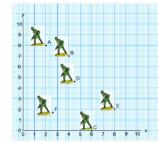
Q45) If α and β are the zeros of a quadratic polynomial $P(x) = -3x^2 + 2x - 1$ then the polynomial whose zeros are

 $\frac{1}{\alpha}$, $\frac{1}{\beta}$ is [1] **(A)** $P(x)=3x^2-6x+1$ **(B)** $P(x)=3x^2+2x+1$

(C) $P(x)=x^2-2x+3$ **(D)** None of these

Q46-Q50 are based on Case Study-2

Our military deserves to be honored and appreciated. The freedom and liberty we enjoy is much because of the brave men and women of the military who dedicate their lives to protecting the nation. In the below figure the soldiers are ready for the action and have taken positions A.B.C.D.E and F. Observe the co-ordinates of A,B,C,D,E,F and answer the following questions.



Q46) The co-ordinates of A and E are [1] (A) (8, 2) and (6, 0) (B) (8, 2) and (8, 2) **(C)** (2, 8) and (8, 2) **(D)** (2, 8) and (2, 8)

Q47) The distance AE is (A) $36\sqrt{2}$ units **(B)** $6\sqrt{2}$ units **(C)** $2\sqrt{6}$ units **(D)** None of these

Q48) The distance of point B from the Origin is A) $\sqrt{65}$ units (B) 11 units

Q49) The mid-point of BC is (A) (5, 3.5) (B) (7/2, 5) (C) (-1, 3.5) (D) (10, 7)

(C) $\sqrt{5}5$ units (D) None of these

Q50) The point on y-axis which is equidistant from the A and B is **(A)** $(\frac{3}{2}, 0)$ **(B)** $(\frac{7}{2}, 5)$ **(C)** (0, 1.5) **(D)** $(\frac{3}{4}, 0)$

These questions are meant for practice purpose only. Students are advised to check format, syllabus and marks for Board test papers with their teachers. Questions have been given by teachers and NIE is not responsible for them.

MY SCHOOL PROJECT DIV COMPUTER A CUSTOM-made connect with cyber world

top/PC costs a lot of money, but did you know that we can make one for about half the price of the original one. So, to build a PC that performs exceptionally

lectronics prices peaked during the time of

the pandemic. Today, a simple low-end lap-

well, we need a few things:

- Single-board computer SD card
- Peripherals

Hard Drive (optional) And that's it! That's all we need. Also, no need of power supply like in those huge PCs, as these are powered by a normal phone charger and these single

We can use either a Raspberry Pi or a **NVIDIA Jetson Nano.**

Raspberry Pi, it is a sin-

board computers have inbuilt RAM. For those of you who don't know about

gle board computer made in UK for teaching basic computer science in schools and Jetson Nano is a low-power system and is designed for accelerating machine learning applications and computing. Both have different RAM configurations and do not need an SSD or a HDD to boot, as they use an SD-card as primary storage and for the booting process. Raspberry Pi comes with a RAM configuration

of 1GB, 2GB, 4GB and 8GB. (prices vary based on

less options, ie: 2GB and 4GB.

RAM configuration). Jetson Nano has comparatively

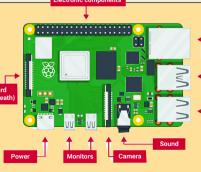
while Raspberry Pi has a wide range OS to be used with it, ranging from Linux to Windows10, 11 to gaming OS and many more, only a special image (OS) of Ubuntu that is

Nano has a more powerful GPU in it,

but Jetson Nano has made by NVIDIA. You can buy them from trusted websites.

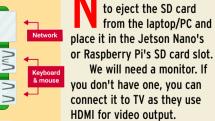
HOW TO SET IT UP

- An SD card of at least 8GB is required, one of up to 1TB capacity can be used. Now we need a laptop/PC for the next step. We need to install SD card formatting app, and an application that writes or flashes the respective OS to SD card like etcher.io.
- You can find more information online about supported images and how to flash them. We need to download the OS or image from their webiste for eg: https://www.raspberrypi.org/software/operating-systems/#raspberry-pi-os-32-bit. We can use a HDD, SSD or a thumb drive as extended storage. Both of these boards have 4 USB ports, an ethernet port, HDMI.
- In addition to this Raspberry Pi has wifi and bluetooth built in unlike Nano (Nano doesn't have built-in wifi or bluetooth). Both of these have GPIOs (general purpose input output pins) using which you can build projects based on robotics.
- "Rasbian OS" is the basic OS for Raspberry Pi



based on Linux. Like this there are many operating systems for the Raspberry Pi and Ubuntu for Jetson.

Now we need to format the SD card using SD card formatter (formatting will delete all the files on it). After downloading the OS file, locate it (the OS zip file) extract it and open up etcher.io and flash the image (OS) to the SD card. (Instead of the etcher, we can also use the original Raspberry Pi flasher app built by their team. It has more options like in-built OS downloader and flasher, SD card formatter and third party OS).



Connect it to a charger and watch it boot. After booting, connect it to a mouse and keyboard and you can use it as a PC. (If you don't have a computer to flash OS to SD card you can buy a kit that comes with NOOBS SD card. NOOBS is in-built setup os for Raspberry Pi).

ow all we have to do is



M PUNEETH, class X D. DDMS, P Obul Reddy **Public School** Hyderabad

CLICK HERE: FOR PAGE 3 AND 4

Delhi Public School

Nacharam

SCHOOL IS COOL

TUESDAY, NOVEMBER 16, 2021

It's not just a place where you get to learn Einstein's Theory of Relativity. It's also a place where you can think beyond the classroom. Hence we say, SCHOOL IS COOL!

EDUCATION, THE KEY TO PROGRESS



Azad, the freedom fighter, eminent education minister, Novem-

ber 11 is celebrated as the National Education Day or Rashtriya Shiksha Diwas every year. The day remembers the contributions of Maulana Azad in laying the foundation of the education system in an independent India. Celebrating the day, the stu-

dents of classes III and IV took part in various activities including 'Back to School' and 'Making a Graduation Cap' art and craft activities based on the theme of importance of education.

The students of class III made DIY paper

commemorate the birth an- school backpacks as part of the 'Back to School' niversary of Maulana Abul Kalam activity under the guidance of their teachers. The students of class IV made graduation educationist and the first Union caps with paper. The students looked like little scholars after adorning the graduation

caps. The teachers explained to the students about the significance of the day and the contributions made by Maulana Azad in bringing a change in the quality of education in India. They also shared how education plays a life-changing role in our lives and the well being of society.

This endeavour aimed at creating awareness among the students on the importance of literacy and education in society. The students took keen interest in the activities and in all it was a great learning experience

Time to scare!

"DOUBLE, DOUBLE TOIL AND TROUBLE; FIRE BURN AND CALDRON BUBBLE."

PS Mahendra Hills in its pursuit of providing a global cultural perspective to students organised a Hal-

The school campus was decked up with Halloween-themed decorations. Students from Pre-Primary to class VIII had a gala time being part of the event. The atmosphere was vibrant as the children were dressed in their scariest best. They and denjoyed making Hal-spect.

Delhi Public School Mahendra Hills

loween crafts, playing games and danced on the tunes of Halloween

Teachers shared the tradition and history of Halloween. The event encouraged the students to appreciate the differences in cultures and customs and develop mutual re-

Celebrating important days together



nicent School, Nagole, conducted a special assembly on Diwali in school. The regular proceedings of the assembly were followed by an informative speech on the significance of Diwali. A group of students then sang a spirited song on the

The school also marked the UN Child Rights Day with a speech presented by a student of class VI. Later, a pledge on Nation-

Saanvi Sinha, class VIII-A, Unicent School Nagole, Hyderabad

al Unity Day was taken by everyone on the occasion of the birth anniversary of Sardar Vallabhai Patel who had played a major role in the political integration of India. All students along with the teachers took part in the assembly.

IIMUN MEET HELD



he IIMUN, Hyderabad chapter, was hosted by Gitanjali Senior School. The opening ceremony marked by a beautiful classical Kalangan dance.

Aleifiya Bagasrawala of Flame University gave a presentation while Maya Suku-Senior School, addressed the

audience and inspired them with her motivational speech.

The occasion was graced by the presence of Vishnu Vimaal, a Telugu singer, actor and dancer, and film director Harish Shanker, who gave an insight into their profession. The guest of honour was Salmaran, Principal, Gitanjali im Merchant of the Hindi film

The delegates who were allotted different agendas addressed various issues. The second day was marked by a yoga session conducted by Rina Hindocha. This was followed by the committee session. It was an informative session with fruitful interactions on an array of topics of im-

INSPIRING ICONS ARUNIMA SINHA

NOTHING IS IMPOSSIBLE

runima Sinha, the world's first female amputee to scale the Mount Everest, inspires me as she proved to the world the heights a person can reach with dedication and determination.

Her left leg was amputated below the knee following an altercation with robbers on a running train. Despite her injury, she managed to scale the highest peaks of the world and received the Padma Shri.

Her immense self-belief and determination is an inspiration and what I like about her is that she doesn't seek sympathy. She just proved everyone wrong and portrayed the real power of a woman.

Arunima Sinha's commendable control over the mind is what kept her going to make and break world records. She inspires me not to look back and always move forward until we reach our goal. She proved that nothing is impossible.

M MOKSHA, class VIII, Sister Nivedita School, Hyderabad

addha Padmasana is a Sanskrit word. 'Baddha' means locked or closed, 'Padma' means lotus flower and 'asana' means pose or

INSTRUCTIONS

1. To start this asana get on the yoga mat and sit in Padmasana. 2. Try to keep your feet high on your thighs.

3. Place your right arm behind your back and try to reach round till your right hand is close to your left hip and try to grasp the right thumb of the toe. 4. In the same way, place your left arm behind your back crossing over the right arm and try to reach round till your left hand is close to your right hip.

5. Now little bend forward and try to 6. Try to be in this position for few second. Now your arms and legs are tightly locked in this position, try to keep your spine, neck and head straight.

grasp the left thumb of your toe. 7. Look straight and breathe nor-

mally.



8. For beginners, try to be in this posi-

tion for 2 to 3 breaths. 9. To release from this position, breathe out and slowly get on to the starting position. Now keep your both the hands alongside your body, keep your leg straight and take a deep breath and relax 10. Initially, when you start this yoga asana, you feel some pain in your abs, nip, thigh, and shoulder but as you practice more you can do this asana more

PE DEPARTMENT, Lakshmipat Singhania Academy, Kolkata

- It stretches the joints of shoulders, wrists, back, elbows, hips, knees, ankles and makes them more flexible.
- Beneficial for shoulders and back pain.
- It improves the posture of the spine.
- It helps to ease constipation and improves the functions of the digestive system.
- Daily practice of this asana helps arthritis patients.

People who suffer from back pain, knee pain or stomach ache should avoid Padmasana. Also, people who suffer from a spine injury, leg injury, ankle weakness or injury, sciatica or pregnancy should avoid this asana.

easily.

Good company matters

poor farmer couple living in a small village used to toil day and night in the fields. They had an eightyear-old son studying in class III.

One day, as usual, the parents went to work. The son joined his friends to play in a field that had coconut and mango trees. They played for some time and then had some coconuts. These coconuts were stolen by the boy's friends from a farm nearby. The boy did not know that they were stolen coconuts and even he ate some. Later in the evening the owner of the coconut

plantation came to the boy's house and informed his parents about the incident. In a rage, the parents thrashed him with a tamarind stick and left him outside the house as punishment. In the evening when it got dark, the boy's grandmother who returned after working in the fields, let him inside the house.

The boy realised that his friends had kept him in the dark that they had stolen the coconuts. He took the blame as he had also eaten the coconuts along with his friends, but also realised that the company he was keeping was not right.

The boy also understood that he was punished by his parents as they wanted him to lead an honest life. It was their intense love for him that made them rebuke and punish him.

This generation of children must realize that even if they are punished, it is only to make them lead a better

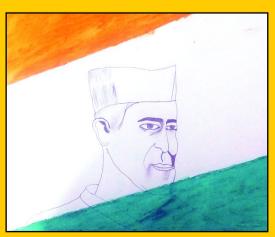
PRABHAKAR RAO. DASI, Social faculty, Gayatri Grammar High School, Adarsh Nagar, IDPL colony

life in the future.



Yoga should be practiced under the supervision of Yoga Guru. The views expressed in the above article are those of the author and the newspaper takes no responsibility for it.

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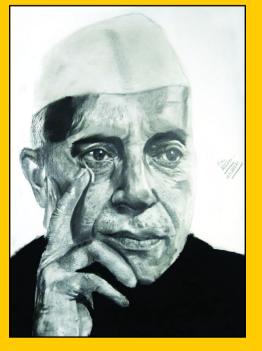
LEADER WITH A VISION: P SAI SREE, class IV, Little Flower High School, Abids

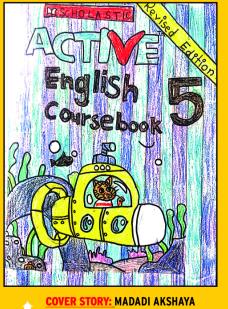
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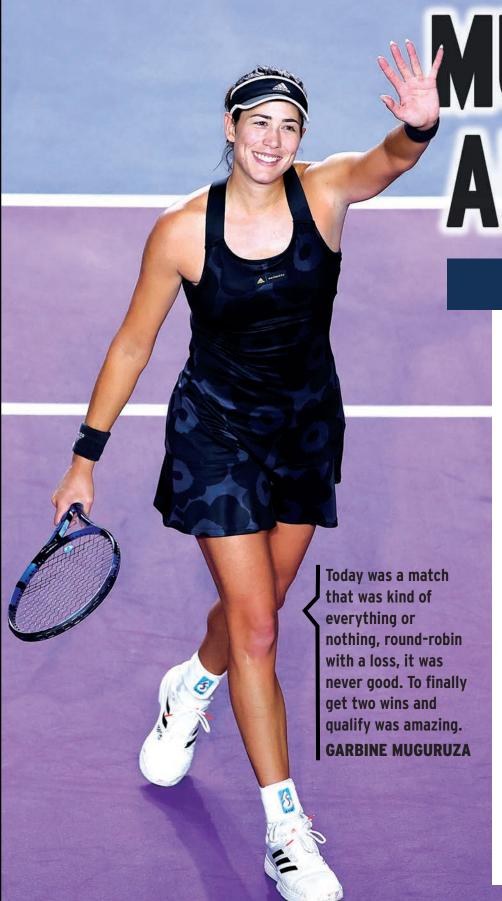
LASHYA, class IV-J, Delhi Public School, Nacharam

> TADEPALLI SRIRAM, class VIII, Bharatiya Vidya Bhavan's Atmakuri Rama Rao School, Hyderabad





REDDY, class VII B, P Obul Reddy Public School, Hyderabad



MUGURUZA SETS UP ALL-SPANISH SEMIS

Pliskova beats Krejcikova but fails to make the cut

reached the semi-finals of the season-ending WTA Finals in Guadalajara, Mexico, after beating Anett Kontaveit, while Karolina Pliskova missed the cut despite her comeback victory over Barbora Krejcikova. Muguruza ended Kontaveit's 12-match winning streak with a 6-4 6-4 win over the Estonian, booking a spot in the knockout stage for the first time since her tournament debut in 2015. She won a remarkable 80% of her first serve points and fired seven aces in Sunday's victory as she finished second in the 'Teotihuacan Group" behind Kontaveit, with both posting a 2-1 record. "Today was a match that was kind of everything or nothing,' Muguruza told reporters. "Starting the roundrobin with a loss, it was never good. To finally get two wins and qualify was amazing.3

pain's Garbine Muguruza

ALL-SPANISH CONTEST

Two-time Grand Slam champion Muguruza will face compatriot Paula Badosa in Tuesday's semi-final. The winner of the contest will be the first Spanish woman to reach the final since Arantxa Sanchez Vicario finished runner-up in 1993. "I didn't know all of this history," Muguruza said. "1993, I was born that year. It's amazing that there are four players left and two of them are Spaniards. That just shows that Spain has a great level of tennis.'

PLISKOVA BEATS COMPATRIOT

Earlier, Pliskova came out on top in an all-Czech showdown, storming back to stun compatriot Krejcikova 0-6 6-4 6-4. Despite the win, Pliskova failed to reach the semi-finals as she finished third in the group, with Kontaveit ond-seeded Krejcikova ended bottom after losing all three matches.

"The first game was super long and I somehow lost my focus and of course I was a bit nervous to play a Czech woman," Pliskova said after the match. "It wasn't easy at all, at some point I thought it is almost over in the second when she broke me to go up 4-2. I am proud that I kind of stayed there and fought for it."

Having never taken a set off Pliskova in two career meetings, Krejcikova quickly took care of that little bit of business with the French Open champion steamrolling through the opener in just 26 minutes. Pliskova committed 12 unforced errors in the opening set

but the former world number one steadied herself in the second. She still found herself in a hole when Krejcikova grabbed an early break on her way to a 4-2 lead.

With her opponent on the ropes, Krejcikova could not deliver the knockout blow as Pliskova dug deep sweeping the next four games to level the contest. Pliskova's powerful serves and pinpoint forehands helped her fend off break points at 2-2 and 4-4 before she completed her comeback in a closely contested

The WTA Finals divides the top eight players into two groups of four, with each player competing in three matches. The top two from each group advance to the semi-finals. REUTERS

ZVEREV WINS AFTER BERRETTINI INJURY

018 champion Alexander Zverev won when local favorite Matteo Berrettini of Italy retired early in the second set with an apparent abdominal injury. Zverev won the first set 7-6 (7) and was leading 1-0 in the second when Berrettini dropped his racket to the ground, covered his face and bent over in apparent pain. "The atmosphere was one of the best I felt ever in my life and that's why it feels so bad right now," Berrettini said. "The worst thing that could have happened happened." The result moved



Zverev ahead of Medvedev atop the Red Group in the round-robin format.

Zverev saved two set points at 5-6 in a long first set, with the crowd erupting into soccer stadium chants whenever Berrettini won big points.

Berrettini is slated to play on Italy's team in the Davis Cup finals - also in Turin the week after the ATP Finals. "Tomorrow with my team and the doctors I'll do some checks," Berrettini said. "I really hope it's not something that keeps me from playing." AP

BIA SHOCKS PORT



IN OTHER MATCHES

▶ Spain only needed a draw in its last game sia aren't - not yet, anyway. Poragainst Sweden to qualify, but Álvaro tugal still has a chance to qualify, but it must navigate a four-team Morata made sure in the 86th minute with bracket in the playoffs in March. the only goal in a 1-0 win to leave veteran Aleksandar Mitrovic's 90th-Sweden star Zlatan Ibrahimovic's hopes of minute header left Cristiano another World Cup appearance depending Ronaldo and Portugal stunned in

Photo: AFP

on the playoffs. D Croatia laid siege to Russia's goal on a waterlogged field for a 1-0 win.

▶ Greece and Kosovo drew 1-1.

▶ Ireland won 3-0 at Luxembourg. ▶ Slovenia beat Cyprus 2-1.

North Macedonia remains in contention to reach a World Cup for the first time after beating Iceland 3-1 to secure a spot in the

bia, but Dusan Tadic kept Serbia in the

game with an equalizer in the 33rd. Mitrovic's late header silenced the crowd and shocked Portugal's players, including Ronaldo, who sat on the field at the final whistle. "It was an amazing game, fully deserved," Mitrovic said. "I think we deserved to win the game and to be in Qatar."

Mitrovic said Serbia's confidence ahead of the game was vindicated by a bold performance. "We came here to play $\,$ football and having been the better side, we earned it all. We are reaping the rewards of hard work and the belief that we would be able to defy the odds and beat Portugal. We are overjoyed, for our country and the people first and foremost."

Portugal's comparatively strong record in the group means it will be one of the seeded teams for the playoffs in March and will get a home draw for the single-leg bracket semifinal game. AGENCIES

HAMILTON HAS STUNNING VICTORY

ercedes driver Lewis Hamilton ended "the had" with a stunning victory at the Brazilian Grand Prix, and gained momentum in his Formula One title fight with Red Bull driver Max Verstappen, with a 10-second advantage. Hamilton, a seven-time world champion, beat Verstappen despite starting from 10th position on the grid due to a penalty, the second Hamilton faced this weekend in Sao Paulo. Verstappen, the winner of the race's previous edition in 2019, finished second and saw his lead in the driver's championship shrink to 14 points, with three races left. The winner of a race gets 25

"Let's keep pushing," Hamilton said on team radio after his sixth victory of the season. He took a Brazil flag to celebrate his win in the car and on the podium, just as his idol Ayrton Senna did.



He, however, received a further penalty from stewards after the race ended - a 5,000 euro (\$5,700) fine with an additional 20,000 euros (\$23,000), which is suspended through the end of 2022, for undoing his seat belts on the in-lap at the end, to take the flag. Hamilton's teammate,

Valtteri Bottas, finished third. Mercedes is now 11 points ahead of Red Bull in the constructor standings. AP

QUIZ TIME!

• Which of the following Indian Sports Team is also known as "The Bhangra Boys"?

a. Cricket Team b. Hockey Team

c. Kabaddi Team

d. Football Team

Q2. Which female Australian cricketer carried her team home against India in the recent T20Is?

a. Tahlia McGrath

b. Meg Lanning c. Darcie Brown

d. Alyssa Healy

• Who was the first **.** international player to use a Kookaburra released carbon fibrereinforced polymer support bat?

a. Virat Kohli b. Kapil Dev

c. Chris Gayle

d. Ricky Ponting

Q4. What was the lowest ever total in an IPL game? a. 56 b. 49 c. 64 d. 40

05. Who is at the top of the Group A table in the World **Cup Qualifiers?**

a.Ireland b.Serbia c.Portugal d.Azerbaijan

6 How many international centuries does Virat Kohli have? a. 45 b. 70 c. 66 d. 34



'• When was the first UCI Mountain Bike World Cup held? a. 1999

b. 1996

c. 1989 d. 1985

Q8. What is the normal time difference between which both the Summer Olympics and Winter Olympics are held?

a. 1 Year

b. 2 Years

c. 3 Years d. 4 Years

9. In which year, the first Winter Olympic Games was held?

b. 1920 c. 1928

d. 1932

Q10. In which country were the first Paralympic Games held?

a. France

b. Finland

c. United Kingdom

d. Russia

NSWERS: 1. d. Football Team

2. a. Tahlia McGrath 3. d. Ricky Ponting 4. b. 49 5. c. Portugal 6. b. 70

7. c. 1989 8. b. 2 Years 9. a. 1920

10. c. United Kingdom