

TODAY'S **EDITION**

From increasing attention span to promoting social skills, experts tell us the health benefits of playing outdoors

PAGE 2



A young reviewer tells us how Paulo Coelho's 'The Alchemist' inspires us to get what we dream of achieving

PAGE 1



➤ Premier League: Ronaldo, Fernandes lift Manchester United into top four

PAGE A



STUDENT EDITION

THURSDAY, FEBRUARY 17, 2022



CLICK HERE: PAGE 1 AND 2

Students to get only 2 chances, not 4, to crack JEE-M this year



ngineering course aspirants will get two instead of four attempts to appear for the Joint Entrance Examination (JEE-Main) this year, as the National Testing Agency (NTA) has decided to conduct the entrance test only in April and May. Last year, the Agency conducted four sessions of JEE Main exam and the ministry of education had decided to increase the number of attempts to four from 2021 onwards.

Around 26 lakh engineering, medical and allied programme aspirants took these tests in 2021. The number of attempts allowed to a student was JEE (Main), the multi-session computer-based test, is taken by students for getting admission in top engineering institutions as well as securing eligibility to appear for the JEE (Advanced), the entrance test for the Indian Institutes of Technology

increased from one to two in 2019 and to four from 2021. Some of the results show how aspirants significantly benefited from taking multiple shots at a high-pressure exam. The best of the four attempts was considered the candidate's final score in 2021. TNN

WHY THIS MOVE BY NTA

According to officials, the primary reason for offering four attempts last year was due to Covid-19. "Situation was different due to the second wave. However, things have improved and based on the current situation, it has been decided that two attempts would be as beneficial," they added. The registration will start by the end of this month

Another reason, sources said, is that due to the delay in most exams, including the class XII Board exams, the window for entrance has shrunk, if admissions are to be conducted on time this year. The CBSE class XII exams are to commence from April 26, while the Council for the Indian School Certificate Examinations will conduct exams from the last week of April.

Pollution causing more deaths than Covid: UN

Pollution by states and companies is contributing to more deaths globally than Covid-19, a UN environmental report said, calling for "immediate and ambitious action" to ban some toxic chemicals. The report said pollution from pesticides, plastics and electronic waste is causing widespread human rights violations as well as at least nine million premature deaths a year, and that the issue is largely being overlooked.

The coronavirus pandemic has caused close to 5.9 million deaths, according to data aggregator Worldometer



The UN report urges a ban on polyfluoroalkyl and perfluoroalkyl, man-made substances used in household products, such as non-stick cookware that have been linked to cancer and dubbed "forever chemicals" as they don't break down

■ It also recommends the **clean-up of polluted sites** and, in extreme cases, the
possible relocations of affected communities — many of them poor, marginalised and indigenous — from so-called
'sacrifice zones'

Sacrifice zones, originally used to describe nuclear test zones, was expanded in the report to include any heavilycontaminated site or place rendered uninhabitable by climate change

Ukraine marks 'Day of Unity' as Russia says end of military drills

krainians raised national flags and played the country's anthem on Wednesday to show unity against fears of a Russian invasion that Western powers have said could be imminent. The yellow and blue banner fluttered outside schools, hospitals and many shops to mark 'Unity Day,' a holiday President Volodymyr Zelenskiy created this week after Russia massed troops near borders.

Meanwhile, Russia announced an end of Crimea military drills, as troops were seen leaving Units of the southern military district. Troops are moving to their permanent deployment points, after completing their participation in tactical exercises, Moscow's defence ministry said in a statement

On Tuesday, there were hopes for a breakthrough as President Vladimir Putin met Germany's Chancellor Olaf Scholz to explore a route to a negotiated solution and Moscow said it had begun to pull back some forces

■But US President Joe Biden, who has ordered Washington's embassy in Kyiv closed and urged Americans to leave Ukraine, demanded that Russia prove its good intentions with a verifiable withdrawal

Hours after Moscow's announcement of a withdrawal, Ukraine said defence ministry online networks and two banks were



overwhelmed by a cyber attack

■Western leaders have accused Moscow of positioning the troops in advance of a possible invasion of pro-Western Ukraine, warning that any attack would be met with severe economic sanctions

ALVIDA Bappi Da...



eteran singer-

music director Bappi Lahiri – who wielded the baton at the age of 17 - passed away in Mumbai in the early hours of Wednesday, an official said. He was 69. Born Alokesh Lahiri in Jalpaiguri, West Bengal in 1952 into a family of musicians, Lahiri's inclination towards music started when he was just three and started learning the tabla. Iconic singer Kishore Kumar, who sang popular songs for him like 'Pag Ghunghroo' and 'Chalte Chalte', was his maternal uncle. Lahiri is credited as a pioneer of synthesised disco music 90s with songs such as 'I am a disco dancer', 'Intehan ho gayi', and 'Laal dupatte wali'. He was also known for his love of gold chains, which he often wore around his neck for luck. President Ram Nath Kovind, PM Narendra Modi and several celebrities from the film industry mourned the death of the legendary music composer.

Instagram update lets users like Stories without sending DM

eta-owned photo-sharing platform Instagram has announced a new feature called 'Private Story Likes' that will change how users interact with other people's Stories. Users who receive the update will be able to like someone's Stories without sending a DM. The news was announced by Instagram head Adam Mosseri on Twitter, reports 9To5Mac.

HOW IT WILL WORK

- While currently any interactions through Instagram Stories are sent by direct messages to the user's inbox, the new likes system will work independently
- As demonstrated in a video shared by Mosseri, the new interface will show a heart icon when you are viewing Stories in the Instagram app, the report said
- Once you tap it, the other person will get a regular notification, not a private message, it added
- Instagram's head said the system is built to be "private" and will not provide counting of likes. This, of course, is expected to differentiate Stories from regular Instagram posts, which will continue to have public counts of likes.



- As for the feature, it will make it easier and more fun for users to show support and appreciation for content shared on Instagram Stories
- The report said that the idea here is make sure that people can express more support for each other, but also to clean up DMs a little bit

Amy Schumer, Wanda Sykes and Regina Hall ALL SET TO HOST OSCARS 2022



anda Sykes, Amy Schumer and Regina Hall will host the 94th edition of the Academy Awards. The Oscars are returning to an emcee format for the first time since 2018, reported Deadline. Last year's telecast ceremony was the lowest-rated ever, hampered by pandemic con-

straints and held with reduced capacity at Los Angeles' Union Station instead of its normal home at the Dolby Theatre. This time, the Oscars return to full capacity at the Dolby as the latest Omicron variant continues to subside. Last week, it was confirmed that the Academy will not be requiring shots, just a recent negative test, to attend.





Facebook renames its News Feed to Just 'Feed'

eta has renamed the Facebook
News Feed to just 'Feed'. The brand
is making the change because the
mention of 'news' in 'News Feed' was apparently confusing for some. The 'news' label has led
some to believe that there are only news stories in the mainstream. "Starting from Feb 16,
our News Feed will now be known as 'Feed',"
announced the company on Twitter. "Happy
scrolling!" it added.



The 'News Feed' name had been in place since the feature was first introduced more than 15 years ago

POATE Ina an

COVID "MAY NEVER GO AWAY", WILL LIKELY TRIGGER NEW WAVES: SCIENTISTS

s a virus-weary world limps through the third year of the outbreak, experts are sending out a warning signal: Don't expect omicron to be the last variant we have to contend with, and don't let your guard down yet. In the midst of a vast wave of milder infections, countries around the world are dialing back restrictions and softening their messaging. Many people are starting to assume they've had their runin with Covid-19 and that the pandemic is tailing off. That's not necessarily the case.

> Omicron may appear to cause less severe disease than previous strains, but it is wildly infectious, pushing new case counts to once unimaginable records > There's also no guarantee that the next mutation, and there will be more, won't be an offshoot of a more dangerous variant such as delta

COLUMN

POSITIVE PARENTING

Why you should avoid giving

BUILDING SELF-CONFIDENCE **ACTIVELY**

hat parents do in infancy and early childhood have a direct correlation to how much selfconfidence children grow up with and the self-confidence they have when they grow up to be adults. The

in infancy and early childhood, the more confident they grow up to be. For infants, this translates into lot of hugs and cuddles from parents. The more warmly embraced, patted or cuddled a baby, the less stress levels they have and the more confident they grow up to be. The same is applicable in

early childhood. As children grow up, a secure household builds self-confidence. This also means parents who are in harmony and treat each other with respect. A child who grows up in a house full of strife is less likely to be self-confident than in a house where

their differences. The respect parents show children for their individuality is an-



more secure and loved a child feels, especially

fronted with failure, discuss the lack of effort or preparedness instead of making them feel that inherently they are

> You need to repeatedly tell children that you love them unconditionally, even when they make mistakes or when they come short in any field. In fact, this should be reinforced by your actions by being kind, and encouraging instead of judging and punishing when confronted with mistakes or shortfalls. Make sure you never make them feel you are disappointed in them, even if you are disappointed with

their actions. Never label your child as parents respect each other and even respect lazy, useless, stupid, ugly, skinny, fat, shy, weak or any other such negative label. Either by telling or implying this to them or by saying this to others in ing self-confidence. front of them.

> RamG Vallath is an IITian, international life coacn, motivationai speaker and the best[.] selling author of 'Active Parenting: How to Raise Children with Boundless Potential'

boundless

other factor for build-

potential

Do not expect them to be replicas of yourself. Encourage them when they have a different opinion from yours by listening to their point

Do not criticise children for their shortcomings. Instead, praise their achievements and praise the effort that went

view and understanding their rationale.

into the achievement. When con-

ith these tentative answers, you may have distracted the child's mind from the real question for a moment, but in reality you did not realise what impression this interaction has created on the child's mind.

You might have felt good that instead of saying no directly you succeeded in evading the request by putting another they want.

'MAYBE'

answers to kids

WITH TENTATIVE ANSWERS, YOU DISTRACT THE CHILD'S MIND FROM THE REAL **QUESTION JUST FOR A MOMENT**



"Can I go outside and play with friends"

"Maybe. If you complete memorising the multiplication table of 2, then you can go"

(after completing the multiplication table)

"Can I go now"

"It's too late, you can't go now"



condition which is unattainable. While you heave a sigh of relief with the win, you should contemplate on what wrong you have done with this approximate answer. Most parents resort to tentative

'maybe' answers when the child insists on knowing about certain things or makes repeated requests for something



This is because how you deal with the child largely shapes the personality of the child. If he/she is used to living with uncertain conditions, it is likely that he or she will stop having faith in people all around or may develop an anticipation of the outcomes.

YOU ARE YOUR CHILD'S

Kids consider their parents and

elders as role models. For even an

iota of doubt they look up to the

elders for an answer. A mind as in-

quisitive as a child's always needs the

exact answer. Nothing works in ap-

ROLE MODEL

proximation or tentative for a kid.

breakdown. When the child comes to you and tells you

that the multiplication table has been memorised he or

she should be allowed to play. It is wrong to dodge the child

with another seemingly unattainable condition.

At times this could trigger an emotional

Kids who are always given tentative answers are left with uncertainty. The curious mind of the child tries to engage itself with whatever condition is put forward by

the parents without having their own will power. A 2019 research study published in the journal 'Frontiers in Psychology', suggests that when presented with uncertain situations people build mental simulations anticipating the outcome. "Most of the time, these imagined

outcomes are biased towards negativity," the study says. When parents try to conveniently evade the requests of a child with 'maybe', the child may stop trust-



A straight 'yes' or a straight 'no' as an answer will make more sense than any explanation. Depending on how adamant the child is about the request and the nature of the request, give an affirmation but with a less stringent condition. The condition should not tire out the child, and it should not make the child do rigorous work. If you have constraints in fulfilling the demand of the

child, explain it to the child properly and in a minimal way. Bring in the child to your diswill develop a friendly bond with your child and will also encourage the child to talk to you about his or her problems without any hesitation.



ASK THE EXPERT

My daughter is a people pleaser

QUERY: Mv daughter takes a lot of time to open up. And even when she opens up, she is always trying to please people. Even in her friend's group, she always agrees with what others say even if she doesn't feel that way. How can I help her be her own person?



Response by psychologist: It is understandable that as a parent you would want your daughter to grow up to become a person with her own mind, who can judge situations and make her own choices without any outside influence.

However, children go through phases where they find themselves closer to their friends and peers rather than their parents. They also believe their friends to understand them more and hence trust their decisions and choices. In other cases, children feel pressured to accept and go with their friends' choices in order to fit in.

While this is not uncommon, it is important to make sure your daughter is able to speak for herself, and this can only happen when you talk to her, not as a parent but as a friend.

Making her understand that she as an individ-

ual is unique, valued and loved and that her choices matter will make her more confident in going after what she wants, even if it is against her friends' wishes.

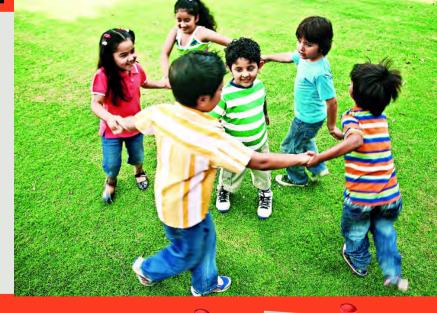
People often tend to care about others' happiness over their own, when they do not feel confident in themselves. While confidence comes with time, make sure you groom your daughter in ways that helps her shine and feel stronger. This can happen by helping her pursue hobbies and tasks she is

passionate about. People often tend to be most confident when they enjoy what they are doing and are good at it.

Dr Rachna Khanna Singh is HOD - Holistic Medicine, Artemis Hospital, Gurgaon, Relationship, Lifestyle & Stress Management Expert

FITNESS FUNDAS

These days children have few open spaces to play. However, even your building compound as an outdoor play area may suffice since there are quite a few scientific benefits to playing outside. Read on...



Improves Vision

A study has found that children who spend time outside have better distance vision than those who primarily play indoors.

Increases Attention Span

Studies have shown that green outdoor settings can reduce ADHD (attention deficit hyperactivity disorder) symptoms in children. Exposure to natural settings through after-school and weekend activities may be widely effective in reducing attention deficit symptoms in children. Also, the fact that kids want to investigate things helps them in being more self directed.

Reduces Stress

Spending time outside playing is a huge outlet for stress. It is relaxing and healing. There is even research showing that seeing green spaces can help reduce kids' stress levels.

Promotes Social Skills

Experts believe that getting kids outside promotes a wide range of skills. On a playground not everyone gets to go down the slide first. The fact that kids negotiate among themselves promotes social skills, executive functions and behavioural learning.



Provides Vitamin D

Many kids suffer from vitamin D deficiency. This vitamin has several health benefits, including preventing kids from future bone problems, diabetes and even heart disease. The sun is a great source of the essential vitamin. So, have your kids play outside for a few minutes without sunscreen around 20 minutes - and then you can apply a sunblock. TNN

THURSDAY, FEBRUARY 17, 2022

It's not just a place where you get to learn Einstein's Theory of Relativity. It's also a place where you can think beyond the classroom. Hence we say, SCHOOL IS COOL!

CULTIVATING A LIFETIME

READING HABIT

Books are the quietest and most constant of friends; they are the most accessible and wisest of counselors, and the most patient of teachers.



Gitanjali Devashray

he studies and media reports of the impact that the pandemic has had on education are quite alarming, if not deeply worrying. It has had a devastating effect on the literary and numeracy skills of children, with half of them unable to read more than just a few words. It has therefore been a challenging task for the management and teachers at Gitanjali Devashray to empower children with good reading skills. In a bid to encourage children to read books, Book Talk, a book review competition, was held for the students of classes IV, V and







It was an initiative to help inculcate a life-long reading habit in children. Reading is an essential aspect of learning. In students, it helps

to build vocabu-

and fluency which results in their linguistic development. With heady enthusi-

asm, our young readers appraised books of varied genres. Some of the students reviewed clas-

sics like David Copperfield, Black Beauty, while others chose to articulate on the contemporary works of authors like Roald Dahl, Eoin Colfer, Rick Riordan, CS Lewis, J K Rowling to the adventure series of Enid Blyton's Famous Five and Secret Seven and a few also took up literary works of Indian authors like Sudha Murty, R K Narayan and Dr APJ Abdul Kalam.

The children spoke confidently about the authors and brought out important aspects of the book giving their ratings and recommendations at the end.

One could see that this activity reinforced the joy of reading in children and this is something to celebrate and build upon in these try-



Parents, read stories to your child!

any parents these days are turning to the convenience offered by technology to put their chil-

Delhi World School Chintal

dren to bed. Kids are getting used to falling asleep after watching a video or their favorite cartoons, but nothing compares to the beauty of storytelling to our kids. Story telling plays a critical part in preschooler's overall devel-

Instills virtues

 \mathbf{Y} oung kids love listening to stories; we are instilling virtues they can carry with them as they grow old.

Boosts listening skills $\mathbf{I}^{ ext{t}}$ isn't always easy to hold a child's attention for long. Storytelling helps to improve listening skills.

Fosters imagination

Their imagination widens as the story unfolds, en-▲ hancing their creativity and making them open to new

Increases cultural understanding and communication skills

 $R^{
m eading}$ stories to children increases their willingness to express themselves and communicate their thoughts and feelings with a broader vocabulary to new words.

Makes learning easier

Develops a sense of empathy as children are encouraged to put themselves in the position of the story's protago-

Improves social skills

Story telling can teach young kids many things about the world and life. Good storytelling is an art and a skill

Self Worth and Self Respect:

THE DRIVING INNER FORCE

Aruna Peri, English Faculty, **UNICENT School**

Nagole

lieve in this L quote, as Self Worth and Self Respect are what we think and value about ourselves. It is about who you



are, not about what you do. For in- material possessions or his/her postance, if we assume that we are sition in society, nor by failures, the best and deserve the best things negative opinion of others or a few or vice versa. Self Worth is indis- successful accomplishments. It is pensable as it has a profuse impact

on our preferences and commitments .Precisely it is a driving force that aid an individual to delve into their full potential. On numerous oc-

casions we are often checked by our inner conscience which says, 'Am I good enough to deserve the best?' This one sentence overthrows our morale and self confidence. When we suspect our value, we start hurt- we are more vulnerable to attacks ing and shelling ourselves. Before we love someone we should love

loveable, acceptable just as we are, Siegel "COAL" attitude, which then we have a strong sense of self means being Curious, Open, Acesteem. A person's self esteem or cepting and Loving toward yourself worthiness is neither judged by and your experiences rather than his/her good looks, bank balances, being self-critic.

When our actions do not match our words, we are more vulnerable to attacks from our critical inner voice and less likely to respect ourselves.

defined by his/her preferences, habits, attitudes, perspective and what are we passionate about. There is no scale or

checklist that can measure the self worthiness of a person. The major mantra in building self-worth is to stop comparing yourself to others and evaluating your every move. When our actions do not match our words, from our critical inner voice and

less likely to respect ourselves. Before I conclude I would like If we are emotionally secure, to share the viewpoints of Dr. Dan

DOITYOURSELF

Create wonders with discarded bottles

t gives me immense joy to convert waste into something beautiful. I am interested in bottle craft and I try to ready, you can place any indoor turn all the discarded bottles at creeper plant in it and do your home into decorative pieces. I look at the shape and size of the bottle before I explore my imagination and creativity to make aesthetic pieces. The craft work helps you relax as it is therapeutic.

Let's try out a bottle craft. You need a long bottle, acrylic paint (blue and orange), pompoms, satin ribbon, sequins, white lace, broken wheat, jute and glue.

Paint the top half of the bottle blue and the bottom half orange. Glue the satin ribbon around the middle portion bordering the blue and orange colours. Glue the jute thread below the opening as shown in the picture. Apply some glue on the lower part of the bottle and sprinkle the broken wheat. After the broken wheat is dry and sticks to the bottle, stick the lace with glue in the area where the broken wheat border merges with orange

colour. Now you can embellish the bottle with sequins and pompoms. Your bottle craft is bit for the



Raima Tony, class IX, Assisi Vidyaniketan Public School,



SPELLING CONTEST TO HONE LIFE-SKILLS

Oasis School

Raidurg

"Words cast spells. That's why it's called SPELLING. Words are energy, Use them wisely'

asis School, Raidurg, hosted a week-long Spell Bee competition virtually for students of classes I to X. The objective of the competition was to enhance the spelling and literary skills of children by tion provided valuable exencouraging them to ex- perience in developing self- and life skills that they deexpand their vocabulary and improve their communication and comprehension skills. In addition to and shared the spirit of



ies, Spelling Bee participaskills, and study habits.

participants The showed great enthusiasm improving spelling skills sportsmanship and friend-communication.

The literacy, cognitive plore the English language, confidence, public speaking velop through study and competing have benefits far beyond the scope of mere spelling ability, reaching into every aspect of life and

Celebrating the traditional Raga



Bharatiya Vidya Bhavan's Public School, Vidyashram

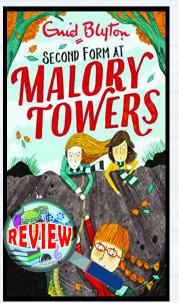
Jubilee Hills

yagaraja Aradhana was conducted at Vidyashram on the virtual platform. All the classical singers of Bhavan's participated in the programme enthusiastically which was anchored by students of class VI.

Keerthanas of Shri Tyagaraja, guided by teachers, with a lot of devotion. All the songs were made into a video and screened in all the classes. The audience enjoyed the mellifluous rendi-The young and passionate

A JOURNEY OF FUN & ADVENTURE

BOOK REVIEW: MALORY TOWERS-SECOND FORM



alory Towers-Second Form is part of the 12-book Malory Towers series, written by Enid Blyton. It follows the journey of Darell Rivers and her friends in Malory Towers.

The first book of the series should definitely be read for better understanding. This book is amazing! It has a lot of suspense, and it is also realistic. The pranks, the situations, the children's attitudes, different kinds of parents, and different kinds of teachers can also be found in real life. It also teaches moral values about true friendship. It is very easy to connect to the book as it has a clear narration. However, there is not much vocabulary that can be learnt from this book. This doesn't mean that students from higher grades can't read it. In my opinion, even adults might find it interesting!

Darell Rivers goes to the second year of school at Malory Towers. There are three new girls in her term. There is a lot of adventure and misunderstanding that happens between the new and the old girls. Darell, as usual, loses her temper in this Form too, even after promising her parents not to. Will this term pass on easily? What will happen? Read this book to find out. On the whole, the book is a funpacked, adventurous, suspenseful, entertaining book, and I would surely encourage everyone to read the series!

SAHANA SUKUMAR, The Global Edge School, Kokapet, Hyderabad



AGICAL AND LIVELY!

his book is unbelievable and amazing, especially for kids! The author is Indian, Asha Nehemiah. The story has magic, imagination, taking off from an extremely ordinary situation that captures our attention. Let me take you through the pages of the story.

'Trouble with Magic' is a lively short story with just two characters showcasing their bond and relationship and the story unfolds like this: Aunt Malu is eager to start her own business and Veena tries to help her make herbal cures but it fails. Nine-year-old Veena is brimming with ideas that send her and her beloved aunt on a roller coaster ride. These wellintentioned enterprises often end in disaster, but that doesn't

deter Veena. She's always back with another brilliant idea - this time to help Aunt Malu get rich.

Then she gets an idea to

make magic paint! One is snow, and when you paint it it is so cool. And the other is sky, when you paint it you can feel the sky. And the last one is leaves, when you paint it, you feel the breeze! But this idea too doesn't take off. Both

Veena and Aunt Malu have their flaws. and while they may not see their own, they observe the drawbacks of one another. Yet, this doesn't stop them from loving and believing in one another. A good lesson in patience and trust that will introduce us to the foundations of all long-term relation-



SHRIHAN KOTA class IV, Taiwan, Silver Oaks International School, Mighty Oaks Campus, Hyderabad



LDO ENDS BARRE

MAN UTD CLIMB BACK INTO EPL TOP FOUR WITH 2-0 WIN OVER BRIGHTON

ristiano Ronaldo ended his six-game goal drought by lashing in a 51st-minute goal to set United on its way to a 2-0 win over Brighton that moved the team into fourth place in the Premier League on Tuesday. Bruno Fernandes added a second goal in the seventh minute of stoppage time, with virtually the last kick of the game, following a rapid break as Brighton committed men forward.

UNITED BREAK JINX

United had failed to win any of its last three games despite taking the lead each time _ twice in the league, against Burnley and Southampton, and in getting eliminated from the FA Cup by second-tier Middlesbrough. "First half was Mr. Hyde, second half Dr. Jekyll," United manager Ralf Rangnick said, "and for a change it



Forward Anthony Elanga and midfielder Fred came into United's starting line-up for Marcus Rashford and Paul Pogba, with defender Raphael Varane also missing out due to illness. Jadon Sancho was denied early on but the hosts created precious little as mid-table Brighton controlled the game, onioning pearly 60 percent of page controlled the game, enjoying nearly 60 percent of possession in the first half. David de Gea was forced to make a spectacular save to keep out a Jakub Moder header and the half-time whistle drew boos from a frustrated home crowd, with United fortunate to be level at 0-0.

Helping United's cause against Brighton at Old Trafford was visiting defender Lewis Dunk getting sent off three minutes after Ronaldo's goal for a professional foul, bringing down Anthony Elanga as the winger was through on goal. Dunk was initially shown a yellow card but it turned to a red after a video review.

END TO GOAL DROUGHT

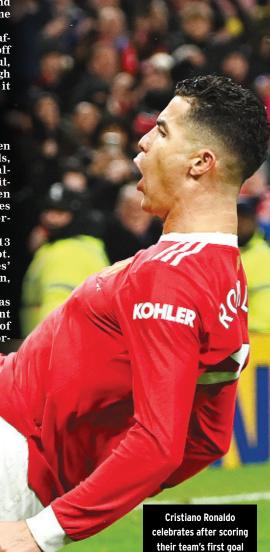
The home side took the lead in the 51st minute when Scott McTominay found Ronaldo, who darted forwards, cutting past Adam Webster and firing beyond goal-keeper Robert Sanchez from the edge of the box. United wrapped up the victory in the 97th minute when substitute Pogba took a quick free-kick and Fernandes collected the ball inside his own half and raced forward before firing home. ward before firing home.

Ronaldo had been on his worst scoring run in 13 years at club level but ended that with a curling shot. The Portugal forward headed wide from Fernandes' cross later in the half, kicking the post in frustration,

but his display was praised by Rangnick.

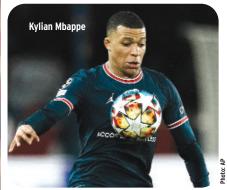
"Very important not only that he scored but it was an outstanding goal," Rangnick said. "It was important for all of us, but his overall performance was one of the best since I arrived here." It was the Portugal forward's 15th goal since he returned to United from ward's 15th goal since he returned to United from Juventus in August.

The three points lift United into the fourth Champions League qualification spot, two points ahead of West Ham and four behind third-placed Chelsea, who have a game in hand. Arsenal, Wolves and Tottenham are also within striking distance of the top four and all have games in hand. AGENCIES



MBAPPE LATE WINNER LIFTS PSG

Kylian Mbappe produced a moment of brilliance deep into added time to give Paris Saint-Germain FC a slender 1-0 lead against Real Madrid. After teammate Lionel Messi missed a penalty, Kylian Mbappe saved the team scoring a brilliant solo goal deep into stoppage time. After



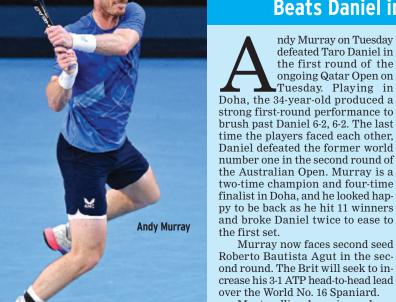
taking a back-heeled pass from substitute Neymar in the fourth and final minute of stoppage time of the first leg, Mbappe cut inside two players down the left and shot the ball between the legs of goalkeeper Thibaut Courtois. "I got free and then it's a one on one. The forward is always the master of the penalty area when the defenders start backing off," Mbappe said. "I decided where I wanted to go."

CITY BEAT SPORTING

Manchester City scored five for the third time in this season's UEFA Champions League to beat Sporting CP in their last 16 tie. Goals from Riyad Mahrez, Bernardo Silva (2), Phil Foden, and Raheem Sterling helped Manchester City to a convincing first-leg win. Riyad Mahrez grabbed the opener, an effort which was initially ruled out for offside before being overturned by VAR, before Bernardo Silva crashed a shot in off the crossbar. Phil Foden prodded in a third and Silva struck again before the break as City took a strangehold on the tie with less than a quarter of it played. Raheem Sterling curled in the fifth - the pick of the goals - just before the hour to give his side a big advantage ahead of next month's second leg.

MURRAY MAKES WINNING START

Beats Daniel in first round of Qatar Open to ease into round two



defeated Taro Daniel in the first round of the ongoing Qatar Open on Tuesday. Playing in Doha, the 34-year-old produced a strong first-round performance to brush past Daniel 6-2, 6-2. The last time the players faced each other, Daniel defeated the former world number one in the second round of the Australian Open. Murray is a two-time champion and four-time finalist in Doha, and he looked happy to be back as he hit 11 winners and broke Daniel twice to ease to

Roberto Bautista Agut in the second round. The Brit will seek to increase his 3-1 ATP head-to-head lead over the World No. 16 Spaniard.

Montepellier champion and seventh seed Alexander Bublik beat Slovakian qualifier, Jozef Kovalik, 6-2, 6-4 with a powerful performance earlier on Tuesday. The World No. 31

MUGURUZA, SABALENKA ADVANCE, **BADOSA UPSET**

Defending Dubai Tennis Championships champion Garbine Muguruza needed three sets to get past Katerina Siniakova and kick off her title defense on Tuesday with a tricky 7-6(5), 2-6, 6-2 first-round win. Top-seed Aryna Sabalenka joined her in the second round with a straight-sets win over Marta Kostyuk.

Kudermetova dispatched former World No.1 and 2010 Dubai finalist Victoria Azarenka in straight sets earlier on Tuesday.

■ No.1 seed Aryna Sabalenka of Belarus was the last player to claim her spot in the second round, winning the late-night match over 19-year-old Marta Kostyuk of Ukraine 6-4, 6-1.

Kazakh hit 25 winners including seven aces, breaking his opponent four times to reach the second round in Doha for the third consecutive year. He now faces Frenchman Arthur Rinderknech, who defeated Jiri Vesely 3-6, 7-6(4), 6-4.

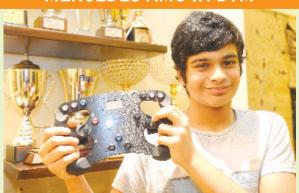
Photo: GETTY IMAGES

Pune runner-up Emil Ruusuvuori continued his strong start to 2022 with a 4-6, 6-4, 6-1 win over David Goffin. The 22-year-old now faces sixth seed Karen Khachanov in the second round

Marton Fucsovics knocked eighth seed Lloyd Harris out in Doha for the second year in a row with a 6-4, 7-6(4) victory. The World No. 36 Fucsovics will now face South Korean Soonwoo Kwon in the second round. ANI

SANIA MIRZA advances to doubles quarter-finals of Dubai Tennis Championship lick here to read the full repo

ARJUN MAINI TO RACE WITH **MERCEDES AMG IN DTM**



fter a successful rookie season in Germany's premier racing series, Arjun Maini will look to build on his solid foundation as he joins the team that brought 2021 champion, Maximillian Gotz, to the title. The Indian racer joins reigning drivers' title holders HRT for a second season of Germany-based DTM Championships.

The 2021 season marked a new chapter in Maini's life, as first Indian race winner in

backed racing driver became the first Indian to compete in the German Championship. Maini demonstrated incredible one-lap speed, finishing in the top five in several practices and qualifying sessions, and his perseverance was ultimately rewarded with a fine second place in the season-ending race at the Norisring.

"I'm thrilled to be joining HRT. My goal is to become the the Omega Seiki Mobility- DTM," said Maini. PTI

QUIZ TIME!

Which country hosted the • Winter Olympics in 1988?

- a. USA
- b. Japan c. Canada
- d. India

• Which athlete has the ✓ ∠ . most World Championship medals in track and field?

- a. Kenta Bell
- b. Allyson Felix
- c. Bryan Clay
- d. Chris Benard

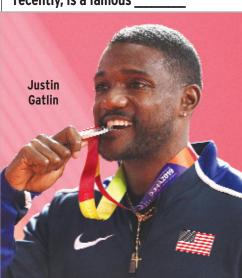
USA topped the medal **.** table at the 1984 Olympics with 83 golds. Which country came second with 20?

- a. Canada
- b. USA
- c. Romania
- d. Germany

4. Who won the gold medal for the women's javelin at the athletics World Championships in 1987?

- a. Fatima Whitbread's
- b. Mervyn Richard Luckwell
- c. Nick Nieland
- d. Peter Sydney Cullen

_ Justin Gatlin, who announced his retirement recently, is a famous



a) Swimmer b) Sprinter c) Cricketer d) Footballer

Q6. How many cricketers did

Australia play in the 1989 Ashes series in England?

a. 17 b. 19 c. 12 d. 10

7. How many times did Joe • Davis win the World **Snooker Championship?**

a. 20 b. 15 c. 17 d. 05

By how many seconds did.

Greg LeMond win the Tour de France in 1989?

a. 6 seconds

- b. 7 seconds
- c. 8 seconds d. 9 seconds

Who won the Formula One world title by half a point in 1984?

- a. Niki Lauda
- b. Nelson Piquet
- c. Alain Prost
- d. Ayrton Senna

WERS: 1. c Canada 2. b Allyson Felix 3. c Romania 4. a Fatima Whitbread's

- 5. b Sprint 6. c 12 7. b 15
- 8. c 8 seconds 9. a Niki Lauda