BENNETT, COLEMAN & CO. LTD. | ESTABLISHED 1838 | TIMESOFINDIA.COM | NEW DELHI



Want to improve your concentration? Hear it from a memory champion



Students share their week end plans What are you reviewing this



Five things to watch out for when Aus face India





Quote unquote

TODAY'S

I firmly believe that in the next two decades, India will grow to be among the top three economies in the world. More importantly, it will become a premier digital society, with young people driving it. Our per capita income will increase from \$1,800-2,000 per capita to \$5.000 per capita. Therefore, companies and entrepreneurs in the world have a golden opportunity to be in India, to

be part of this economic and social transformation that will accelerate in the coming decades MUKESH AMBANI, chairman, Reliance Industries Ltd

FACTOID

CLICK HERE: PAGE 1 AND 2 NOW, CHECK CALORIE COUNT ON

RESTAURANT MENU Eat rig n a bid aimed at regu-

lating the calorie count of food products, the Food Safety and Standards Authority of India (FSSAI) has made it mandatory for the restaurant chains and online food aggregators to display the calorie count of food products on their menu cards. The new regulations would be applicable from 2022. As per the new regulations, restaurants having central licenses or out-

THE NEW REGULATIONS

According to the new regulations,

E-commerce food business oper-

ators shall get the information

on calorie requirements from

respective food business oper-

ators and provide on their

The regulation

has, however, done 周

website, wherever applicable

The FSSAI was in the process of overhauling the labelling regulations for packaged food products, which have now been notified

ets at 10 or more locations will need to display the "calorific value in kcal per serving and serving size" of food items on menu cards, booklets or boards. Additionally, reference information on calorie requirements shall also be displayed clearly and prominently as "an average active adult requires 2,000 kcal energy per day, however, calorie needs may vary"," the notification said.

Significantly, through these regulaaway with the proposed colour-coded enable consumers to identify products that are high in fat, salt and sugar

tions, the food regulator has for the first time defined children for the packaged food industry. It says, "children or child" means a person under the age of 18 years as defined in **Juvenile Justice Act, 2015**

> IS IT A GOOD MOVE? SHARE YOUR VIEWS AT TOINIE175@GMAIL.COM

> > WITH THE SALIVA BAN,

With the saliva ban, bowlers are

handicapped, if you do not have a

substitute for saliva. Cricket was

always like it- sweat and saliva

were always there. But I would

say saliva is more important than

sweat. Bowlers rely more on sali-

we do not have any substitute

for saliva. There should have

the ball before play recommences

been an alternative

Sachin Tendulkar

va as compared to sweat. Today,

23 to 26 Education mini



he JEE (Main) 2021 exam would be conducted 4 times – February, March, April and May in 2021, education minister has announced. Addressing live on Twitter, the minister said that the students can choose the examination as per their convenience. The minister further said that the first phase exam would be conducted from February 23, 2021 to February 26, 2021, adding that it would be conducted in 13 languages for the first time.

JEE Main will also have a new exam pattern. The candidates have to attempt **75 questions out of 90** Besides, there will be **no negative** marking in the 15 alternative questions.

NTA to calculate best marks to assess ranking. Even **if a student** appears in the four session, the NTA will calculate his/her best marks out of the four exams Agencies

Empty vial of the world's first

VIEWPOINT

labels

labelling, which was intended to

The proposal had raised

concerns that if implement-

ed, it would require majori-

ty of products to display

red-colour coding on their

(HFSS) products



6.9 HOURS

Is the average usage of smartphones by Indians, according to CMR's latest reports, as people depend on these gadgets for work/study from home and entertainment amid the pandemic.

- According to CMR, the average time spent on smartphones in a day has been on the rise, with average usage growing 11 per cent to 5.5 hours in March 2020 (pre-Covid) from about 4.9 hours on average in 2019
- This has grown by another 25 per cent from April onwards (post-Covid)
- There has also been a 55 per cent increase in time spent on social media, and 45 per cent rise in time spent gaming on smartphones
- Interestingly, the average duration of clicking pictures and taking selfies has increased from 14 minutes to 18 minutes in a day

Covid vaccination to go on display at the Science Museum



you heard it the world to receive a right. The vial and Covid-19 vaccine outside of syringe of the firstclinical trials. The eyes of ever Covid-19 vaccination the world were trained on will go on display next year Margaret Keenan as she at the Science Museum. On got the jab, when a nurse December 8, a 90-year-old injected her arm with the grandmother in Coventry mRNA vaccine made by became the first person in Pfizer and BioNTech.

The vial will form a part of a special collection built to highlight the role scientists played in the Covid-19 pandemic Other items include prototype medical technology, NHS home swabs and ventilators

Early in 2021, the vial will be exhibited in a display called 'Medicine: The Welcome Galleries' at the Museum in South Kensington, London

BOWLERS ARE HANDICAPPED: TENDULKAR

ricket in the post-coronavirus world has come with its share of restrictions. While limitations off the field include players having to stay inside biosecure bubbles, the biggest challenge on the pitch has been the saliva ban. Pacer Jasprit Bumrah, had during the IPL, spoken about how it could be a big factor in Test cricket wherein reverse swing plays a major role. Former Indian captain Sachin Tendulkar has now echoed the sentiments

CURRENT RULE ON SALIVA BAN

Owing to the pandemic, according to the ICC rules, players are not permitted to use saliva to shine the ball. If a player is caught applying saliva to the ball, the umpires will manage the situwarnings per innings but repeated ation with some leniency during use of saliva on the ball will result an initial period of adjustment for in a 5-run penalty to the batting the players, but subsequent side instances will result in the team Whenever saliva is applied to receiving a warning the ball, the umpires will clean

A team can be issued up to two

DO YOU ENDORSE TENDULKAR'S VIEWS? SHARE YOUR VIEWS AT TOINIE175@GMAIL.COM **AMY ADAMS SET FOR A NEW 'ENCHANTED'** OUTING

ENTERTAINMENT

ctress Amy Adams will be reprising her role as Princess Giselle in the sequel of 'Enchanted'. The six-time Academy Award-nominated star will return to role in the sequel titled 'Disenchanted'. The series will stream on Disney+. The company shared the news during its Investor Day, reports variety.com.

A parody of Disney classics, the first film featured princess Giselle being catapulted into modern New York. where she rejects Prince Edward (James Marsden) and finds her true love in divorce-lawyer Robert Phillip (Patrick Dempsey) 'Enchanted' earned three Oscar nom-

inations in the Best Original Song category for 'Happy working song', 'So close', and 'That's how you know' -all from Alan Menken and Stephen

Schwartz. Adams also earned a Golden Globe nomination for her portrayal of the princess The film was a global hit, and registered business of over \$340 million in worldwide box office



BAAHUBALI

The success of the mag-

num opus 'Baahubali' film

franchise gave way to the

opportunity to explore the

story through a spin-off

series titled 'Baahubali:

will explore life on the

Before The Beginning'. It

streets of the fictional city

of Mahishmati. Slated to

release on Netflix

LEGACY OF HOLLYWOOD HITS ICE AGE GETS OTT REBIRT Titled 'The Ice Age Adventures Of Buck Wild', the spin-off will revolve around three characters: the prankster possum brothers Crash

For many, the success of a film directly translates into a chance to cash on it by spinning a new series. It is in fact a win-win for the audience and the filmmakers, as while the fans get to live with their favourite characters, makers continue to reap on with the benefits of the box office hits, and create a multiverse franchise. As producers plan new series on their hits, we take a look at some big-ticket spin-offs, which are either winning fans all over the global or are in works

THE BATMAN

The show will be set in the world that Matt Reeves is creating for 'The Batman' film. It will build upon the film's dissection of the anatomy of corruption in Gotham City, and go on to launch a new Batman universe across multiple platforms. It is being created for HBO Max

STAR WARS

The saga from a galaxy far, far away continues to live on through various films and spin-off series. The list of 'Star Wars' stories for Disney's streaming platform keeps on growing. It already includes 'The



and Eddie, and the titular weasel,

Buck. Simon Pegg will be returning to

lend his voice to the role of Buck. It is

Mandalorian', and two other previously-ordered series – one based on Cassian Andor prior to the events of 'Rogue One: A Star Wars Story', and another following the adventures of Obi-Wan Kenobi between 'Revenge Of The Sith' and 'A New Hope'



The Princess and The Frog

The spin-off titled 'Tiana'. which was released in 2009, is about an aspiring chef Tiana, who kisses a prince- turned frog, and turns into a frog. They then embark on a journey to defeat a witch to get back to their human form. It is one of the four animated spinoffs. which is expected to launch on Disney+ in 2022



02

"Life is short, but there is always time enough for courtesy." **RALPH WALDO EMERSON, POET**

READ. PLAY. LEARN

THURSDAY, DECEMBER 17, 2020



Watch out for our exclusive selection for Young Adults in the upcoming issue!

FOR THE TINY TOTTERS

5 MORE SLEEPS 'TIL CHRISTMAS by Jimmy Fallon Illustrated by Rich Deas A young boy anticipates the arrival of Christmas. (Ages 3 to 6)

THE CRAYONS' CHRISTMAS by Drew Daywalt Illustrated by Oliver Jeffers Duncan's crayons prepare for Christmas. (Ages 3 to 7)

THE WORLD NEEDS WHO YOU.... by Joanna Gaines Illustrated by Julianna Swaney An inspirational message of acceptance and celebrating uniqueness.

m

(Ages 4 to 8)

HOW TO CATCH A UNICORN by Adam Wallace Illustrated by Andy Elkerton Children attempt to capture the mythical creature.

THE OFFICE: A DAY AT DUNDER

THE UFFICE. A DAT AT DUNDER	
by Robb Pearlman. Illustrated by Melanie Demi	mer
A kid-friendly adaptation of the workplace come	edy.
(Ages 4	to 8)
• • • • • • • • • • • • • • • • • • • •	

PETE THE CAT'S 12 GROOVY DAYS....

by Kimberly and James Dean Pete's spin on the holiday classic 'The Twelve Days of Christmas'. (Ages 4 to 8)

HOW TO CATCH A MERMAID

Adam Wallace Illustrated by Andy Elkerton A young girl attempts to catch a mermaid and befriend her. (Ages 4 to 8)

A MEMORY CHAMPION'S TIPS ON IMPROVING CONCENTRATION

Aditi Singhal co-author of 'How to Improve Your Concentration' has featured in 'The Limca Book of Records' thrice for memory and fast calculation. Here, the memory expert shares some of her best tips on how you can improve your memory

thought will be attended to able near you so that getting

and then don't disturb your

Apply traffic control

Before starting any task, sit in silence for a minute and observe the traffic of thoughts coming in your mind. Acknowledge all the thoughts, including the ones which are not relevant to the present task and tell yourself the task availthat you will address

them later. Instruct your mind saying, "Now I am go-

may not be your fault, but managing them is your task and wish to finish at this particular time. So, I need to be present here with all my thoughts and energies focused on this task only.' Show yourself completing the task with full focus. A clear and well thought goal helps us to focus

task and completing them on If an irrelevant time. This visualisation thought comes in behelps to give your brain a tween, acknowledge blueprint of your day and it and write it on a sepprograms it accordingly to arate sheet of paper improves your focus while to address later. As your mind knows that the

EXPERT SPEAK

ing to start this particular

In the morning, plan and visualise your day. See yourself concentrating on each better. later, it will not bother you up for small things every now again. Be verv organised Keep all necessary things

focus. But if you are using and then. your computer to do your task or to study, then Visualise keep your mobile phone out of while the room. learning If you have

being tempted to

check the mes-

sages every now

to use your phone for While studying your work then something, do turn off all the not just read or notifications to listen, visualise avoid distractions of it in your mind. This helps mind to focus on

what you are studying because mind understands the language of images. What you read or listen, if you can visualise the same thing in our mind, that is concentration. But if you are listening one thing and some other images are coming in our mind not related to what we are listening, then that is distraction. Visualising while studying works as a great memory tool to register things properly in brain. Do follow this to improve your memory skills.

Mono-tasking

Switching your attention from one task to the other does not allow you to concentrate deeply on one thing. It divides your attention,

HOW TO IMPROVE

CONCENTRATION

ADITI SINGHAL AND

SUDHIR SINGHAL

BALA KISHORE

which is required for deep learning, deep reflections and thus reduces your efficiency to come up with solutions to problems. Concentrate on only one task at a time as multitasking is a myth.

Electronic-Free Sleep

Sound sleep plays a very important role on your concentration levels of the next day. One very important habit that most of us need to change is of using your phone as an alarm clock.

Keep your phone out of your room, turn off all your gadgets, be it TV or laptop at least one hour before bedtime. This will increase the quality of your sleep manifold, which will further help in increased focus throughout the day.

Photo: GETTY IMAGES

required for

SHARE SOME KINDNESS, BRING SOME LIGHT by Apryl Stott

Coco and Bear attempt to share kindness throughout the forest. (Ages 4 to 8)

DASHER

by Matt Tavares The origin story of Dasher, the first of Santa's flying reindeer. (Ages 4 to 8)

HOW TO CATCH AN ELF

by Adam Wallace Illustrated by Andy Elkerton A tiny narrator dodges traps while making the Christmas rounds. (Ages 4 to 8)

FOR THE MIDDLE GRADERS

THE ICKABOG

by **J K Rowling** TCKaE96 A fearsome monster threatens the kingdom of Cornucopia.



THE COMPLETE COOKBOOK FOR YOUNG CHEFS by America's Test Kitchen Kids Over 100 kid-tested recipes. (Ages 8 and up)

ROWLEY JEFFERSON'S AWESOME

*

ADVENTURE by Jeff Kinney Roland and Garg embark on a quest to save Roland's mom from the White Warlock. THE COMPLETE BAKING BOOK FOR

COMPLET YOUNG CHEFS by America's Test Kitchen Kids BAKING BOOK One hundred plus kid-tested baking recipes. (Ages 8 to 12)



THE ONE AND ONLY BOB by Katherine Applegate and Patricia Castelao Bob sets out on a long journey in search of his lost sister. (Ages 8 to 12)

THE BIG FUN KIDS COOKBOOK

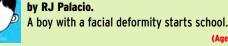
ESSENTIALLY CHARLI

by Food Network Magazine Over 150 fun, easy recipes for young cooks. (Ages 8 to 12)



by Charli D'Amelio The TikTok personality shares intimate details of her life. (Ages 9 to 12) MAX AND THE MIDKNIGHTS: BATTLE... 10 by Lincoln Peirce DAX Bodkins, foes from another dimension, take on the form of Byjovian residents. (Ages 8 to 12)

WONDER



BECOMING MUHAMMAD ALI by James Patterson and Kwame Alexander A biographical novel of the prolific boxing champion.

When it comes to workouts, fix a time

WHAT'S NEW

t is important to do at least 30 minutes of exercise every day, but it is equally important to stick to a routine. Fixing your time for workout and punctually sticking to it can actually help you lose

THE STUDY

more weight.

(Ages 8 to 18)

(Ages 8 to 12)

(Ages 8 to 12)

(Ages 8 to 12)

ADITI SINGHAL

n a world full of dis-

tractions, concentrat-

ing on work at hand

seems to be a daunting

task. Especially so for

the students. Distractions

responsibility. Here are a few

tips that can help you to con-

centrate better in any given

Ten minutes

morning focus

task or situation.

doing that task.

A study published in the journal 'Obesity', stated that consistency of sticking to a set time while exercising can help a person lose weight more easily. The findings of the study also suggested that sticking to the same time lead to higher physical activity levels. This is regardless of whether a person exercised at the same time in the morning,

afternoon or evening. In the study, researchers took a total of 375 healthy adults who were successful in maintaining their weight by engaging in regular moderate to vigorous physical activity.

FINDINGS

Those who worked out at the same time of the day logged 4.8 workouts per week on average, compared with 4.4 among people who varied their workout times. This meant that those who had a fixed time of working out were able to work out more than those had different times.

At least one-half of those exercising at the same time of day got 350 minutes of

TME (INDIA)

a smile'?



physical activity a week, compared with 285 minutes being the median amount of exercise for those who varied workout times. This too meant that

those who exercised at a fixed time could stretch their workout timings more than those who exercised at different times.

It is believed that working out at the same time helps exercise become a habit, which further helps people automatically set aside time for working out.

KNOWLEDGE BANK

Screw pine craft This traditional occupation in Kerala has got the GI tag. The craft made with screw pine leaves by artisans, especially women, is believed to be more than

800 years old. Visitors were invited to be seated on the mats in traditional customs. Children used little bags to pluck flowers for Onam and the mats in weaves of varying sizes were used to pack things; finer varieties of these mats were used for sleeping. Today door mats, wall hangings, bed mats and prayer



Aavishkar Academy, Bengaluru

Answer each question on the last month of the year by choosing correctly from the four options.

WHO AMONG THESE **DECEMBER-BORN** PERSONALITIES WAS A MATHEMATICIAN? A. Atal Bihari Vajpayee B. Srinivasa Ramanujan C. Raj Kapoor D. Dhirubhai Ambani



FROM THE RULE OF WHICH COLONIAL POWER WAS GOA LIBERATED ON **DECEMBER 19, 1961?** A. British B. Danish C. French **D.** Portuguese

WHICH OF THESE IS ASSOCIATED WITH AN ARMED FORCES OBSER-VANCE ON DECEMBER 7? A. Flags B. Flowers C. Fields D. Firearms

IN WHICH YEAR DID AN INDIAN OCEAN EARTHQUAKE AND TSUNAMI OCCUR **ON DECEMBER 26?** A. 1984 B. 1994 C. 2004 D. 2014



WHICH OF THESE SPECIAL DAYS IS NOT IN DECEMBER? A. Christmas Day B. Human Rights Day C. Nobel Prize Day **D.** World Wildlife Day

ANSWERS:

Wildlife Day

1) B. Srinivasa Ramanujan 2) D. Portuguese 3) A. Flags 4) C. 2004 5) D. World

D. George Orwell A. Malala Yousafzai B. Mother Teresa Q.2) In which 'Die Hard' C. Nadia Murad movie does Mclane D. Barack Obama barely survive when a

Q.1) Who declined the

1964 Nobel prize in lit-

erature because he had

consistently declined all

B. Roald Dahl C. Dan Brown

official honours?

A. Jean-Paul Sartre

helicopter gunship rams into the building? A. Die Hard

B. Die Hard with a Vengeance Q.4) Name the only C. Die Hard 2: Die Harder woman who won the D. A Good Day to Die Hard Nobel prize twice in two different fields?

Teresa

D. Betty

Williams

Q.3) Which Nobel . Marie Curie Prize winner said, B. Betty Willams 'Peace begins with C. Mother

1. A) Jean-Paul Sartre 2. D) A Good Day to Die Hard 3. B) Mother Teresa 4. A) Marie Curie



CLICK HERE: FOR PAGE 3 AND 4

SCHOOL IS COOL

THURSDAY, DECEMBER 17, 2020

It's not just a place where you get to learn Einstein's Theory of Relativity. It's also a place where you can think beyond the classroom. Hence we say, SCHOOL IS COOL!

BLOOM

An ugly, hairy, monstrous beast made me sick and ill at ease. But, the charming butterfly, a phoenix of the monstrous beast made me realise the beauty of the least. A gloomy, diggy dark night made me yellow and dull. But, the sunshine which followed the light made me realise the beauty of wait. After every storm the sun will smile So if you, your problems will run a mile. If a tiny key can open a gateway, A good thought can bring sucess in your way

PRANAVEE, class VIII A. Delhi Public School, Nacharam

IMAGINATION

Imagination is something, that has an everlasting roof, And goes forever and never ends.

Imagination is like a sky, without an end, And vast. Imagination is without any limit. Enjoy it. There's none to stop it, It's just long lasting.

SHAZIA ANAM RAZA, class X B Literary Secretary. Madina Public School, Himayathnagar

LIFE OF MATHS

Some feels it's a boring subject, Some feels it's an interesting one, But the world of maths is completely different one, The world of maths is full of tricks and formulas, Some read the formulas as cos0 = BASE/HYPOTENUSE....

While some read it assuming it, Maths is full of theorems and calculations, Which is difficult to understand,

But if you know the tricks to do the sum, Maths becomes easy to understand, Maths is necessary in life, Without it, It is difficult to survive.

RUPKATHA CHAKRABORTY, class X, Sister Nivedita School, Hyderabad



nternational Day of Niraj Public School persons with Disabil-Ameerpet ities is celebrated on December 3 all over

the world. The theme of nect, disrupted routines this year 'Not all Disabiliand diminished services ties are Visible' focuses on have affected the lives and mental well-being of people with disabilities around learn like his counterparts and to attend online classes every day.

ferences and cognitive dysfunctions, among others. According to a study, during the Covid-19 pan- School. A plethora of activ- esteem and confidence.

demic, isolation, disconthe world. A differently trained in self-care, motor International Day of

Persons with Disabilities

ities were conducted for the students of a Special section like dance, singing, yoga, art and embroidery which showcased their excellent motor skills and put them on a par with normal children. The students attended the online sessions with a lot of enthusiasm and excitement. Today they can complete all their tasks with perfection because they are

skills, academics, interactive, cognitive skills and relaxation techniques effecwas celebrated virtually tively. Such activities help this year at Niraj Public to boost the student's selfGitanjali Devashray Hyderabad

itanjali Devashray celebrated the International Day of Persons with Disabilities with great fervour. The Special Education Section at the school was the brainchild of

the school. Being a visionary, Karan envisioned the need for education of the differently abled students and the importance of inclusivity. The main goal being the inclusion of these special children into the mainstream.

At the school, they have constantly been equipped and empowered so they can be on their own, self-sufficient and capable individuals. To celebrate their special day there was an enthusiastic

presentation organised by the prefects of and a big smile on their faces. class VIII to help highlight and commemorate this significant day.

Various activities were taken up with the Special Education class to showcase their different abilities and their triumphs extolled. Addressing the parents and children, Gita Karan appreciated the efforts

put in by all and asked them to be more compassionate and inclusive in their thoughts in the future also. The celebrations included different ac-

03

tivities such as the prayer song and dances. The prefect made a collage of all their achievements and highlighted it with a song sung by them as a tribute to their efforts. They also played an online game 'Si-Gita Karan, founder principal/director of mon Says' which brought lots of laughter



It was a wonderful opportunity for the prefects of class VIII to interact with them and thus help in promoting the underlying message that encompassed the entire event: 'Together We Are Special'.

Covid-19 and its impact on education

Shivam Pandey, class VIII A, Army **Public School** Golconda

Exploring the

science around us



have been taken by the govschools and colleges. Many competitive exams and several entrance tests have been postponed. No doubt this is a crucial time for education sector. Along with them how can we forget about board exams and nursery school admissions. Due to the closedown of educational institutes, it is

estimated to affect around 600 million

During lockdown many students

learners across the world.

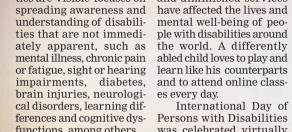
missed their education. Schools and colleges take surveys for asking parents to open school and col-

ernment towards shutting down of leges, but the situation makes the parents helpless and they are against sending their ward to school and colleges.

But education has still not stopped. Faculty and teachers are continuing to provide quality education on virtual platforms. But the worst thing is that many students, specially the financially backward children who reside in rural areas









DRAWN INTO THE WORLD OF BOOKS



"A room without books is like a body without a soul." Marcus Tullius Cicero.

Delhi Public School

'Flash Book Talk Corner'

had students enthusiasti-

cally discussing books they

had recently read or had

innovative

which aroused curiosity

among the students such as

'Reading Nook', reading time

a great learning experience

for the students. It not only

engaged them in several fun-

filled activities, but also re-

minded the children that

books are indeed a man's

The Library Week was

with family.

best friend!

been moved by, in some

way. The students

were delighted and

encouraged while

podcasting their

stories on vari-

ous themes and

morals. The stu-

ideas

dents came up with

Nadergul

ational Library Week is an annual celebration highlighting the valuable role libraries play books, paintings by students in transforming lives and and many more. strengthening our commu-

nities Delhi Public School, Nadergul celebrated Library Week 'Pick-a-Book Time' through various pro-

grammes to enable students to know about the importance of a library. This event was the first of its kind and witnessed the participation of students from pre-primary to

class X. Various literary competitions had set the tone for Library Week day wise. The celebrations started with the alluring work of art in the form of a poster for school library wall. It was followed by enthralling bookmarks

designing competition and

roleplay of characters from

Delhi Public School ith the objective of developing skills of scientific inquiry and investigation using

in nurturing children's natural sense of adventure and curiosity and help them to develop their own practical techniques, the understanding of the natstudents of pre-primary ural world. "We encourage wing of Delhi Public our children to be a per-School, Mahendra Hills obsistent problem solver," a served science week and teacher stated. Science demonstrated few concepts Week celebration was a through simple experigreat learning experience ments. The school believes for the children.

Mahendra Hills

W ε ε *κ* ε *ν Ω* Ρ L A N

JUNK FOOD AND MOVIE AFTERNOONS!

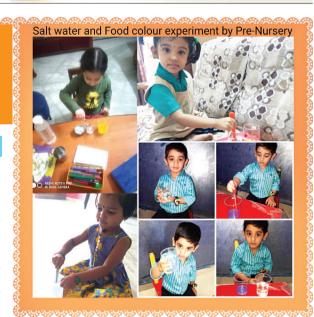
eekends are always special though I am forever indoors as there is Covid fear outdoors. Saturdays start with a round of badminton at home with my sister. Evenings are special as I ask my mom to make French fries, chicken nuggets and pasta for dinner. I call this 'Junk

Nights' because my parents allow us to eat junk food only once a week. Sundays are spent with family and we watch a Hindi comedy movie in the afternoons. We then indulge in our favourite hobby, gardening on our terrace. At night we play cards and then go to bed

where my sister and I chit chat for some time, making plans for the next weekend.

VARSHINI MUTHYALA, class VI C, Bharatiya Vidva Bhavan's Public School, Jubilee Hills, Hvderabad

face the most difficulty as they don't own the required gadgets and connectivity. As a writer of this article, I praise the hard work and determination of teachers and students on a virtual platform rather than being in physical class. It's my humble request to parents that they should help their child to understand concepts better and help them. Cooperate with your child and we can build a better future for the child and subsequently the country.



THE PHANTOM

TOLLBOOTH

NORTON JUSTER

Road signs and their

he class III students of Gitanjali Devshala performed an activity on road signs as

Gitanjali Devshala Hyderabad

part of safety and first aid. Traffic signals are the silent speakers on the road. Traffic signals give information about the road conditions ahead, provide instructions to be followed at the major crossroads or junctions, warn or quide drivers, and ensure proper functioning of road traffic.



BOOK: THE PHANTOM TOLLBOOTH

By Norton Juster

he Phantom Tollbooth is a wonderful book for all ages and people, both adventure and fantasy lovers

The protagonist, Milo thinks life is useless. One day, he finds a parcel containing a toy tollbooth, sets it up, and drives straight into an unforgettable adventure. Norton Juster symbolises

what can happen if you stopped thinking. Milo lands in a dull place called the Doldrums where the lesser you thought, the slower you went. Luckily, Milo discovers that the only way to get out of Doldrums is to start thinking hard. My favourite excerpt in it is: "Oh, don't worry about that, we use the broken ones for fractions.'

What fascinated me is that everything in it is unexpected and the opposite of what I expected would happen. This kept my interest in the story. Surprisingly, Milo's adventure, which in the world of the Tollbooth seemed like days, is actually just an hour in the real world!

> On the whole, the book is simply wonderful. At first it may seem to be hard to comprehend, but soon you get the hang of it. The way words are 'played around' with, and the wonderful description, sarcasm and humour added flavour and made the read gripping. I felt undoubtedly sorry when the book ended.

> > VARNIKA VAISH, class VII B, The Shri Ram Universal School, Hyderabad

"Do not let what you can not do interfere with what you can do." John Wooden, former basketball player

SIMPLY SPORTS

THURSDAY, DECEMBER 17, 2020

Ind vs Aus, 1st Test **FIVE THINGS TO WATCH OUT FOR**

Australia and India renew their fierce rivalry in a four-Test series that begins with a day-night game in Adelaide on Thursday. India won a Test series for the first time Down Under when the sides clashed two years ago and Australia are determined to regain the Border-Gavaskar Trophy. Here are five things to watch out for in the highly anticipated series

Kohli's lone shot

India captain Virat Kohli will be desperate to make a winning contribution in his only chance of a Test victory against Australia this series, having decided to return home after Adelaide to be with his Bollywood actress wife, Anushka Sharma, who is expecting their first child. After India lost 2-1 in the recent one-dayers, Kohli showed his importance to the side during the Twenty20 series victory. And pundits, including Indian batting great Sachin Tendulkar, believe his departure will leave a "void" in the batting line-up. But other India veterans have suggested Kohli's absence could enable a new star to emerge in the side, which will be led by vicecaptain Ajinkya Rahane once Kohli leaves.

2 Smith returns

Steve Smith is playing down calls for him to become Australia's captain again, insisting he is just "excited" to feature in the Border-Gavaskar Trophy clashes after missing out two years ago. The prolific 31-year-old batsman was left powerless on the sidelines as India won their first series in Australia in 2018-19 while he and David Warner served out bans for ball-tampering. Smith, who amassed 774 runs, including three centuries as Australia retained the Ashes in England last year, said "I will do what is best for the team" despite former players such as Adam Gilchrist calling for him to step up for a second crack at the captaincy.

Hard day's night

Australia start as overwhelming favourites in the opening Test, having never been beaten in their seven day-night matches to date, while Virat Kohli's India play their first overseas game under lights after their maiden pink-ball outing in Kolkata last year against Bangladesh. India long resisted twilight encounters, but Tendulkar told AFP he believed their players would be ready, having played warm-up games and having had intensive net sessions with the pink ball this week.

Pitch battles

India's fast-bowling attack, led by Mohammed Shami and Jasprit Bumrah, are ready to fight fire with fire in Australia's own den. The pacey pair shared five wickets as they bundled out Australia A for 108 and signalled their intent to enjoy bowling on wickets Down Under that are renowned for providing extra pace and bounce. Australia's three-pronged attack of Mitchell Starc, Pat Cummins and Josh Hazlewood "can surpass any era" of quicks, according to former paceman Brett Lee, but India coach Anil Kumble countered that his attack was their equal. "We probably match our fast bowling to their fast bowling," he said.

Send in the crowds

Australia and New Zealand have been the first countries to welcome back spectators to cricket since the pandemic - the Adelaide Oval will be half full for the first Test while 30,000 should be allowed into the Melbourne Cricket Ground for the Boxing Day. Indian cricket chief Sourav Ganguly tweeted a picture of a full house as New Zealand played a Test last week against the West Indies at Basin Reserve, Wellington, writing "the game needs this". But players, with a lucrative series on the line, will be wary of sticking to coronavirus prevention protocols after other tours were disrupted this month.

Laxman questions Kohli's constant chop and change policy

Couple of things I think Virat Kohli can improve. There were certain times when I felt that he becomes little defensive, especially with his field changes. The second thing is chopping and changing the playing 11. With experience, I can say that any player, whether experienced or a newcomer, wants that stability, security, so that he can focus on performing to the best of his abilities for the team. That's something which Virat Kohli can definitely improve on.

VVS Laxman, former Indian cricketer

Jasprit Bumrah is all set to play a pink-ball Test for the first time

Lionel Messi's salary at Barca 'unsustainable': prez candidate

Messi was named the top-earning footballer in the world by French newspaper L'Equipe earlier this year, claiming an estimated 8.2 million euros (\$9.97 million) per month from Barca

04



If India bowl short at Steve Smith, they'll play into his hands



c) New Zealand 🖵 d) Pakistan 🖵

7. Which player holds the record of most a) Ikar Casillas 🖵 b) Pele 🖵 c) Diego



Chelsea could be suffering from fatigue, admits Lampard



Q8. In which year did London host the Olympics,

commemorating the 30th Olympic

a) 2016 🗋 b) 2000 🗋 c) 2010 🔲 d) 2012 🗋

Who is the first Indian

a) Rutuja Bhosale 🖵 b) Sania Mirza 🖵

a Grand Slam doubles title?

a) Yuki Bhambri and Saketh Myneni 🖵

Bhupathi and Sania Mirza 🖵

of FIFA World Cup?

b) Leander Paes and Sania Mirza 🖵 c) Leander

1. Who is the youngest to

• score a goal in the history

Paes and Mahesh Bhupathi 🔲 d) Mahesh

c) Karman Kaur Thandi 🔲 d) Ankita Raina 🔲

Which Indian pair

became the first to win

woman to win a WTA title?

Games?

After suffering a 2-1 defeat against Wolves in the Premier League, Chelsea manager Frank Lampard said that his side is suffering from fatigue. In the match against Wolves, Chelsea got the first goal as Olivier Giroud got among the scoring charts but Daniel Podence first scored the equaliser for Wolves before Pedro Neto netted the winner. Chelsea are currently at the fifth position in the Premier League 2020-21 standings with 22 points from 13 games. ANI

There could be some fatigue. I hate to say it after a defeat because it could sound like an excuse but even the first 60 minutes when we were the better team we didn't have a zip about us. Frank Lampard, manager Chelsea

a) Salomon Olembe 🖵 b) Pele 🖵 c) Norman Whiteside 🖵 d) Samuel Eto'o 🖵

• Who is the founder of **L**. the modern **International Olympic Games?** a) Baron Pierre de Coubertin 🖵 b) Juan Antonio Samaranch 🖵 c) Demetrius Vikelas 🖵 d) Thomas Bach 🔲

13. Which Indian javelin thrower won the gold medal at the 2018 Asian Games in Jakarta, setting a national record of 88.06 m in the process? a) Neeraj Chopra 🔲 b) Shivpal Singh 🔲 c) Devendra Jhajharia 🔲 d) Vipin Kasana 🔲

1 d) Lucas Braathen 2 d) Mexico 3 c) 2007 4 c) Pakistan 5 a) 1934 6 c) New Zealand 7 c) Diego Maradona 8 d) 2012 9 b) Sania Mirza 10 c) Leander Paes and Mahesh Bhupathi 11 b) Pele 12 a) Baron Pierre de Coubertin 13 a) Neeraj Chopra

TEST YOUR KNOWLEDGE

• Who became the first male skier born in the new millennium to win a World Cup race? a) Gino Caviezel 🔲 b) Henrik Kristoffersen 🔲 c) Marco Odermatt 🖵 d) Lucas Braathen 🖵

7. Which country has Q2. qualified for the Football World Cup the most times, without winning it? a) Cuba 🗅 b) Pakistan 🗅 c) India 🖵 d) Mexico 🛛

^ In which year was the 03. inaugural match of the ICC T20 World Cup played?

5. In which year was the Badminton Association of India formed? a) 1934 🗅 b) 1935 🖵 c) 1936 🖵 d) 1937 🖵

a) 2003 🗋 b) 2005 🗋 c) 2007 📮 d) 2009 📮

a) Bangladesh 🖵 b) Australia 🖵 c) Pakistan 🖵 d) India 🖵

Who is the current holder

of ICC Champions Trophy?

26. Against which country did India first win a Test series abroad, in 1967-68? a) Australia 🖵 b) England 🖵

appearances as captain in FIFA World Cup?

Maradona 🖵 d) Zinedine Zidane 🖵

