



THE TIMES OF INDIA

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**TODAY'S
EDITION**

➤ With diabetes on the rise among kids in India, experts share tips on how to keep children at bay from this disease
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➤ Watch 'Before I fall' movie based on the novel of the same name by Lauren Oliver to understand struggles of tween life
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STUDENT EDITION
THURSDAY, NOVEMBER 18, 2021


VIEWPOINT

**HEALTH MINISTER
SUGGESTS HOUSE
STICKERS FOR THE
FULLY VACCINATED**



The Union health ministry has suggested stickers should be given in houses to notify completion of both the doses of Covid-19 vaccines in order to encourage uptake of the vaccine among the population. Union health minister Mansukh Mandaviya made a suggestion during 'Har Ghar Dastak' Covid-19 vaccination campaign. He said that Jan-Bhagidari (people's participation) is essential for such a mammoth exercise like India's vaccination programme. Giving the example of developed countries whose health system and healthcare delivery have been exhausted with multiple waves of Covid-19, the minister stressed the completion of the Covid-19 vaccination drive with 100% administration of both the doses as an immediate necessity to end the pandemic in India.

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The government recently launched a month-long "Har Ghar Dastak" campaign for house-to-house COVID-19 vaccination of those who are yet to take a dose and those whose second dose is overdue. Around 12 crore people are due for their second dose, according to the government's recent estimates.

TOP 3 BUZZ OF THE DAY

POLLUTION

Delhi: AQI third-worst in country



Air quality in the city slipped into the "severe" category again on Tuesday after hovering in the "very poor" range for the past two days. Experts see no relief any time soon. With an AQI of 403, the capital stood as the third-most polluted city in the country, next only to Jind (AQI 428) and Manesar (AQI 410), data from the Central Pollution Control Board showed. PM2.5 levels remained over three times the safe limit. Experts said the city was in dire need of emergency steps to curb further accumulation of pollutants.

■ On Tuesday, the meteorological conditions allowed further accumulation of pollutants with low mixing height keeping them below the surface, calm winds failing to ventilate the area and low temperature making air heavy and holding the pollutants tighter. Anumita Roy Chowdhury, executive director, research and advocacy, Centre for Science and Environment, said, "What the city actually needs is a long-term action plan to curb pollution throughout the year, but it also needs to stop further accumulation of pollutants through emergency action plans because the ventilation is low."

TRAVEL

Meal, newspaper services to resume on domestic and international flights

The government has allowed airlines to resume food service on all flights across the country, as Covid cases reduce and with record vaccination numbers. Earlier restrictions barred airlines from offering any food service on flights up to 2 hours flight time. The order added airlines, both international and domestic, can provide magazines /reading material to passengers on board.



Meanwhile, IndiGo, one of Asia's biggest budget carriers, is mulling charging passengers for checked-in luggage as the airline prepares for a potentially fierce price war in the cut throat air travel market, which is showing signs of recovery following the worst of Covid.

POTTERMANIA

Relive the Magic: Harry Potter and the cast set to 'Return to Hogwarts'



Daniel Radcliffe, Emma Watson and Rupert Grint are set to reunite, as they will join American filmmaker Chris Columbus and other cast members from all eight 'Harry Potter' films for the 20th anniversary special. Titled 'Harry Potter 20th Anniversary: Return to Hogwarts', the retrospective special by HBO Max, will celebrate the 20th anniversary of 'Harry Potter and the Sorcerer's Stone', as it will feature the making of an incredible story, interviews and cast conversations.

■ HBO Max announced the event recently through a 52-second trailer, which featured exhilarating moments of the adventures of Harry Potter, his friends and the villains as they announced the reunion

'In-person school is key to child's development'

Former chairperson of the Goa State Commission for the protection of child rights, and pediatrician, Dr Sushma Kirtani said, it was time children return to schools in the interest of their future. Here's why...

Psychological and mental well-being

1 Psycho-social development only happens when a child goes to school and interacts with other children and gets the required attention from teachers. Children need their difficulties cleared by teachers

Personality development

2 Covid has impacted children's language and communication development and socialisation. Children can catch up on their studies, but socialisation is difficult to catch up. Their interaction has been limited and they've missed out on sharing, caring, how to resolve fights, problem solving and conflict resolution. Younger children have been more impacted. Five year olds have spent one fourth of their lives during the pandemic without socialisation. Children are missing out on how to express themselves. Pre-schoolers are having speech delays



Better monitoring

3 Parents are working and cannot monitor their children. If kids get back to school, their overall development can be better monitored by teachers, as it used to be the case in pre-Covid days. Parents should shed their fear and allow the teachers to take care of the kids during school hours

Make them disciplined

4 Students are missing out on the discipline of waking up early and studying and eating on time. They wake up late and watch the pre-recorded sessions uploaded by the school at any time, and have trouble learning over the small screen, with some parents finding it difficult to buy data packs for them

(WITH VIEWS EXPRESSED BY DR IRA ALMEIDA, DIRECTOR OF HEALTH SERVICES, GOA)

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Twitter redesigns warning labels to help users identify fake news, misinformation easily

Twitter users will soon see new warning labels on false and misleading tweets, redesigned to make them more effective and less confusing. The labels, which the company has been testing since July, are an update from those Twitter used for election misinformation before and after the 2020 US presidential contest. Those labels drew criticism for not doing enough to keep people from spreading obvious falsehoods.

- The redesign launching worldwide on Tuesday is an attempt to make them more useful and easier to notice, among other things
- Experts say such labels, used by Facebook as well, can be helpful to users. But they can also allow social media platforms to sidestep the more difficult work of content moderation, that is, deciding whether or not to remove posts, photos and videos that spread conspiracies and falsehoods



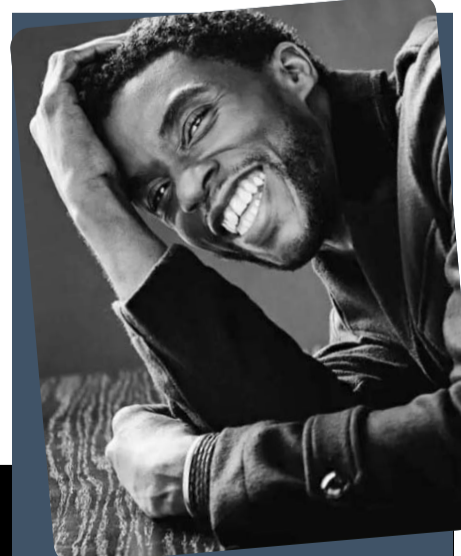
■ Twitter only labels three types of misinformation: 'manipulated media,' such as videos and audio that have been deceptively altered in ways that could cause real-world harm; election and voting-related misinformation and false or

misleading tweets related to Covid-19
■ The new designs added orange and red to the labels so they stand out more than the old version, which was blue and blended with Twitter's colour scheme

Chadwick Boseman's 'Black Panther' character won't be recast by Marvel

Late Hollywood star Chadwick Boseman's King T'Challa/Black Panther will never be recast by Marvel following his tragic death, the studio's VP of Development Nate Moore has confirmed. Moore revealed that he had discussed potential casting decisions with Ryan Coogler, who is returning to direct 'Black Panther: Wakanda Forever', but

the pair ultimately decided that they "couldn't do it" without Boseman. He shared: "We have to figure out how to move this franchise on without that character. Because I think we all feel so much of T'Challa in the MCU on the screen... is tied to Chadwick's performance. "The challenge for 'Black Panther: Wakanda Forever' is telling a story without T'Challa."



Chadwick passed away at the age of 43 in August 2020 after a cancer battle and Coogler previously confirmed that he would have wanted his 'Black Panther' co-stars to press ahead with the story following his tragic death

KARTARPUR SAHIB CORRIDOR REOPENS



The Corridor to the Sikh Pilgrimage Kartarpur Sahib reopened from Wednesday, paving way for thousands of devotees, largely Sikhs, to visit the final resting place of Guru Nanak in Pakistan. The corridor was shut in the wake of Covid-19 pandemic.

The corridor links Gurdwara Darbar Sahib in Pakistan to Dera Baba Nanak shrine in Punjab's Gurdaspur district. India signed the Kartarpur corridor agreement with Pakistan on October 24, 2019. Under the pact, Indian pilgrims of all faiths are allowed to undertake round-the-year visa-free travel through the Kartarpur corridor to Gurdwara Kartarpur Sahib, one of the most revered shrines of Sikhs in Pakistan

■ The first Gurdwara, Gurdwara Kartarpur Sahib, was established in 1522, by the first Sikh Guru, Guru Nanak Dev
■ In 1999, the Kartarpur Sahib corridor was proposed by the then prime minister Atal Bihari Vajpayee when he took a bus ride to Lahore in February during a peace initiative with Pakistan

'THERE IS NO ONE WAY TO RAISE A CHILD'



SANGITA UNNI is the co-author of 'The Midnight Years', published by Hachette India. The Bengaluru-based psychologist and practicing counsellor is also the director of Lyftly India and has launched the Lyftly Minds app

'They have all the freedom - they decide.'

'We are friends - my child and I.'

'We know what's best for them.'

Sounds familiar? So what's the right way or the wrong way to parenting? Is there a 'one way'?



Most of us know that any neglectful, aggressive parenting style is not one we want to lean to. Perhaps the correct starting point would be to ask yourself: 'What do I need to see to believe and decide I did a good job as a parent?' The immediate goal most parents share, would be to just 'get our children to listen to us'. The larger goal agreed on is to develop healthy, happy and successful children. As individuals we adopt different parenting styles and given the fact that each child, even if born in the same home,



is not going to behave exactly the same - there are many different permutations of ways you can

raise children. Having said that, research indicates that consistency is the key to good and effective parenting.

The basic principles recommended by scientific studies con-

ducted, to meet both your long term and short term parenting goals.

► An authoritative (not authoritarian) parenting style, which while being warm, is based on reason, drawing boundaries, negotiating while not being dismissive of the other's feelings - will help them build skills of self-management, accountability and ownership.

► Acknowledging strengths and giving them constructive feedback when met with a challenge is required to help build self-esteem.

► Being a tough parent and allowing them to experience delayed gratification, disappointment, sadness will help

build resilience.

► Having a caring, empathetic and mutually respectful relationship with your child sets the foundation of their future relationships.

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Lead by example, please...

None of us went to parenting schools. We only have our intent to fall back on while we parent our child and we do it as best as we know it at that point of time. And that loving intent is what you need to be attuned to, by putting yourself in your child's shoes and using your wisdom as a parent. That perhaps is the one sure way of raising happy children.

HEALTHY STEPS TO KEEP YOUR CHILDREN SAFE FROM THE RISK OF DIABETES

Photo: ISTOCKPHOTO.COM

Simple lifestyle changes can prevent the onset of type 2 diabetes. Prevention is even more important if you are at an increased risk due to obesity, high cholesterol or a family history of diabetes.

This disease is not just common in adults but kids too. For kids, parents can do many things to prevent the condition. You can make it a family affair by inculcating healthy habits. This is because children learn quickly from what they see you doing. Here are some simple steps you can take for the health of children:



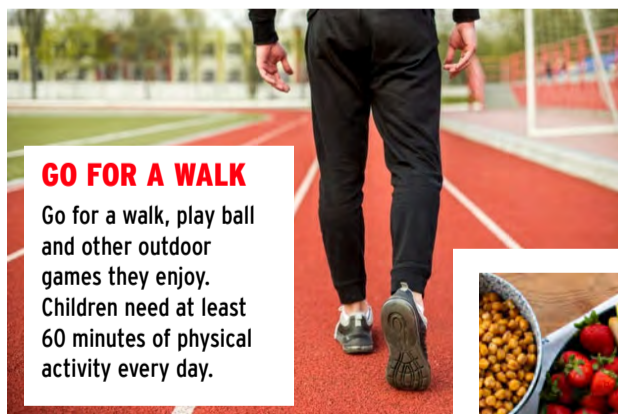
STAY ACTIVE

Kids are glued to the screen most of the time, especially due to Covid. Encourage them to move their body and manage their own chores.



GO FOR A WALK

Go for a walk, play ball and other outdoor games they enjoy. Children need at least 60 minutes of physical activity every day.



CUT BACK ON SUGAR

Kids love sugary foods. But you have to keep an eye on it and limit their sugar intake. Do not offer them candies, packaged juice and other processed foods as treats all the time.



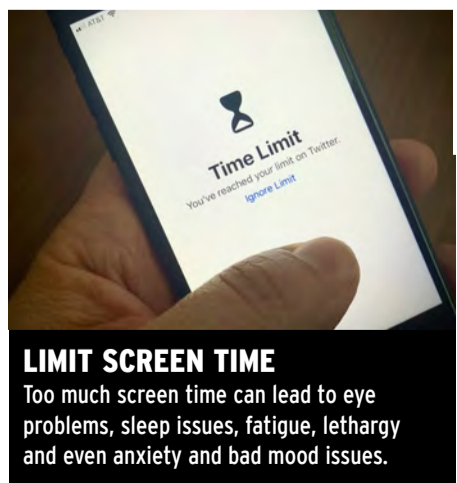
MANAGE WEIGHT

If your kids are overweight, losing weight can help him reduce the risk of diabetes. Talk to them and make them understand why losing weight is important for staying healthy and fit.



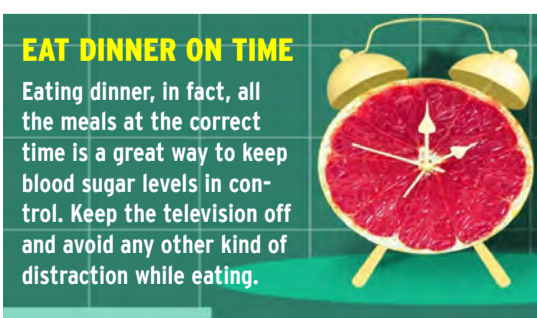
LIMIT SCREEN TIME

Too much screen time can lead to eye problems, sleep issues, fatigue, lethargy and even anxiety and bad mood issues.



OFFER THEM HEALTHY SNACKS

Focus on giving kids fresh seasonal fruits and whole grains from an early age. Make sure to introduce one food at a time, so that they can develop a taste for it.



EAT DINNER ON TIME

Eating dinner, in fact, all the meals at the correct time is a great way to keep blood sugar levels in control. Keep the television off and avoid any other kind of distraction while eating.

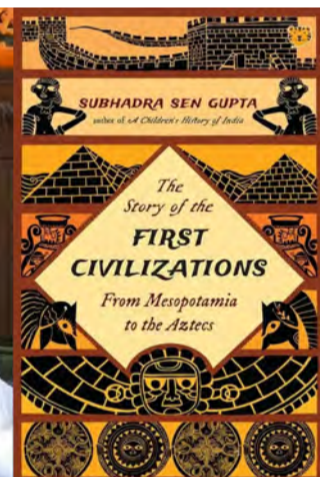
Micro review

'THE STORY OF THE FIRST CIVILIZATION'

by Subhadra Sen Gupta

Bal Sahitya Akademi Puraskar winner Subhadra Sen Gupta wrote over 40 children's books before her untimely demise earlier this year due to Covid. Her last book titled 'The Story of First Civilizations' was published posthumously on October 27, 2021, by Talking Cub. 'The Story of First Civilizations' is a historical non-fiction for young readers aged 10 and above. The book traces our origins across the world; starting from the most basic lessons in our genesis and development. It evolves further to include the complex gradual procedures that we underwent in order to become the social animals that we are today.

'The Story of First Civilizations' is divided into nine chapters, the very first out of which talks about the evolution of man. Starting from an ape, evolution helped human beings to turn into the most developed species in nature that could then build an entire civilisation. The following eight chapters cover one civilisation each, describing the



beginning and development of each, along with a few amazing facts that will startle the readers. Covering China, Greece, Rome, the Americas, Africa, Mesopotamia, Egypt and the Indus Valley - the book is comprehensive and covers all the major sites that were home to the principal pioneer civilisations of the world. With accompanying illustrations, the book offers insights about the various civilisations. The Indus Valley civil-

isation has been the cleanest and most organised of all, whereas Africa was the store house of gold. The Egyptians believed in life after death and buried their dead with all the luxury that would more than suffice for a living being. Meanwhile, mathematicians and philosophers are gifts of the Greek civilisation to the world and examinations were that of China's.

Revealing more such mind-boggling facts, the book is a perfect read for curious little minds because it educates as well as nurtures the inquisitiveness of the ones growing up. There is also enough humour in the writing, making it a fun read too.

Ready to head back to theatres? How to stay safe while watching movies

With the easing of restrictions and slow return to pre-pandemic life (in some ways), movie halls and theatres have now opened up

crowds gathering or being confined to a closed space for more than 1.5 hours can induce some Covid anxiety in people. So, how do you make your movie watching experience free from

How safe is it to venture into a movie hall right now?

While Covid cases have certainly ebbed, and many vaccinated, there's a lower than ever risk of transmission and virus



spread. The only way theatres can become safer is by practices of frequent disinfection, proper diligence of protocols and awareness. Avoid peak time movie shows and choose halls in areas where transmission rate of Covid is low - you can get this information from govt websites that track the number of cases in an area. And don't go when you are not too well as that's the time when immunity is low.

health risks? Do you avoid movie time snacks, look for a seat that's the farthest or opt for non-peak viewing hours to escape the crowds? Here's a guide to safer and Covid appropriate movie screenings:

transmission rate of Covid is low - you can get this information from govt websites that track the number of cases in an area. And don't go when you are not too well as that's the time when immunity is low.

Fun unlimited on Children's Day



'We don't really have to think of God when we are blessed with the presence of children around us.'

Children of classes I and II of Delhi Public School enjoyed a week-long celebration to commemorate the birth anniversary of Pandit Jawaharlal Nehru.

Beginning with Movie Mash-up, the week was packed with activities like Dumb Charades, Let's Get Crafty and Action Replay. Teachers presented a bouquet of mesmerising shows like a skit, song and magic show. Much to the children's delight, there was a marvellous puppet show put up by teachers.

The highlight was Pride of Junior Wing which displayed beautiful pictures of children with a

tagline 'We are unique, yet we are one'. Principal Sunitha Rao shared her kind words and talked about the importance of the right to education, care, and a safe childhood. Headmistress Uma Kasinadhuni urged students to enjoy their childhood to the fullest.

The day became even more special as all the children were invited to school after more than a year of online school. The children's faces brightened on seeing their classes and meeting their teachers after a long time. They were given gifts as a token of love from their teachers.

**Delhi Public School
Nacharam**



The teachers of DDMS P Obul Reddy Public School came together to celebrate Children's Day on the school premises. The students were happy to be back at school and enthusiastically waited for the events to unfold.

DDMS P Obul Reddy Public School

ed with an hour-long cultural programme by the teachers which included dance performances, skit and songs. The students were joyous and thanked the teachers for their meticulous efforts in making the day special for them.

Principal Latha Shankar extended warm greetings of the day to all the children. The students were treat-

**Delhi World School
Chintal, Hyderabad**

Every child is a different kind of flower and all together makes this world a beautiful garden.

Children's Day or Bal Diwas was celebrated by DWSians in remembrance of India's first prime minister Jawaharlal Nehru who was fondly called Chacha Nehru.

The celebrations began with the morning prayer by the teachers, followed by a variety of fun-filled activities and games planned by the teachers for the students. Chairman Dr Nallapati Venkateswara Rao shared his childhood memories with the students and teachers.

Principal Sujatha Naidu



addressed the students and told them how important and enjoyable childhood is. Teachers made the day more special by presenting a skit donning the role of students.

Later, a group dance was performed by the young and talented stars of middle school. The day was amazing with memorable refreshing moments.

**Tanmay Sarkar, Secondary
English Facilitator, TNR
Excellencia Academy**

A drama with roles reversed, a story with enlightening morals, a meet with lots of fun, a day on which nobody wanted the sun to set. That's the sort of glory the staff members of TNR Excellencia Academy, brought on to the floor for their students on Children's Day.

Right from a mind-blowing special assembly conducted and performed by the teachers to a hair-raising bilingual skit, the cultural extravaganza rose to its pinnacle with a live concert by the music coaches of the academy. Speeches by the chief guests, the Chairperson and the Managing Director of TNR Educational Society, were a bag full of life lessons.

The highlight of the day was a mega food carnival organised by and for the students of the academy. This activity was solely intended to inculcate in them the lessons of investment, marketing strategies: sales promotion, customer satisfaction, revenue generation and profit sharing, and overall business management. The best part was that a major share of the profit earned thereby was donated for the welfare of orphans. The students learned and practiced how sharing is caring.



Gautamians celebrated Children's Day in remembrance of Chacha Nehru. Principal Sarada graced the occasion and lit the ceremonial lamp and later addressed the children.

The programme began with a welcome dance followed by a fancy dress competition which was conducted for the tiny tots. Dances and group songs

by students of classes I to V lifted the spirits and energy levels of the audience. Students of the higher classes showed their exemplary talent by performing dances, group and solo songs, skits and even stand-up comedies.

Teachers added to the excitement of the special day as they came up with a hilarious comedy skit and energetic dances. It was a wonderful occasion that brought a lot of smiles and laughter.

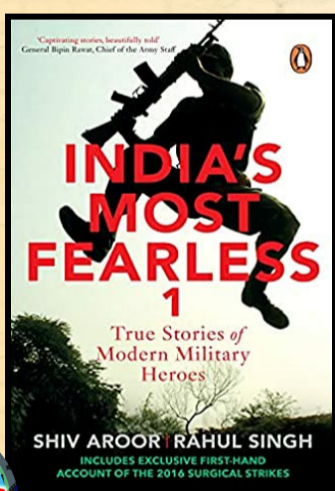
**Gautami Vidya
Kshetra**

BOOK REVIEW: INDIA'S MOST FEARLESS

The book 'India's Most Fearless' has stories of true courage from the legendary experiences and wars of our Armed Forces.

The army major who led the legendary September 2016 surgical strikes, a bleeding pilot whose jet had become a screaming fireball while flying, a soldier who killed 10 terrorists in 11 days, all are included in this book. It has a glossary of the short forms. This book depicts the most extraordinary fearlessness and courage of the personnel from our defence forces.

There are a few pages with pictures of soldiers, soldiers and their crew, pilots with their helicopters, choppers and jets and naval officers with their naval ships. Here there are few quotes of the soldiers themselves narrating parts of inci-



ents. This book should be read by all of us so that we get to know their struggles, sacrifices and determination to protect our nation, our country, India.

**SOM MUKHERJEE, class VIII,
Sister Nivedita School, Ameerpet**

Forming a connect with Haryana

In an effort to strengthen cultural ties with Haryana, which has been paired with Telangana state under the Ek Bharat, Shreshtha Bharat programme, Unicent School held a assembly presentation on the heritage and culture of the northern state.

The assembly was hosted by M Harsha Raj of class X. To start off, students sang a Haryanvi prayer song and continued with the pledge translated in Haryanvi.

The students learnt a new word, its meaning and its usage in a sentence which were presented by students of class IX and X. An informative and

**K Sri Ganesh, class X-A,
Unicent School
Nagole, Hyderabad**

interactive quiz about Haryana's heritage followed.

Dance plays a very important role in representing a culture, therefore the students of class X performed a dance on a Haryanvi song.

These special assemblies on different regions and cultures should be held regularly as they help students realise the country's diversity.



Ek Bharat Shreshtha Bharat is an initiative by the Union government to promote unity in diversity in India. Under this programme, two states are paired, and the cultures of each other are explored, promoted and showcased in schools. Telangana has been paired with Haryana.

To celebrate the Haryana Formation Day, a special assembly was held on November 1. Students presented speeches and performed dances, songs and also

**Springfields International School
Bandlaguda**

conducted a quiz reflecting the culture of Haryana. The stage was vibrant with colourful costumes and energetic performances. The school is also working on a partnership with a school in Haryana to promote cultural exchanges between the two states.

Make your own flower pot

DO IT YOURSELF

Many of us have balconies which we beautify with flowers and plants. However, instead of going to the market for a flower pot, we can make one from plastic bottles. Here's a great craft activity that makes it really fun to recycle. Make a plastic bottle hanging planter out of an old plastic bottle and then put fresh flowers in it to beautify your balcony.

MATERIALS USED:

- Plastic bottle
- Spray colour
- Cutter knife
- Marker
- Plastic loop lock

STEPS:

- Peel off the plastic labelling of your

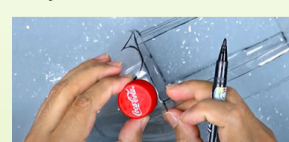
bottle and clean the stickiness.

- Prepare the drawing pattern that you will place on the plastic bottles with a marker. Then cut it out with a cutter knife. For example You can draw simple stripes and



cut stripes in alternatives.

- Using the circular bottle cap, draw circles on top of the wedge of the bottle to give the planter an aesthetic look.
- Cut out the part of the circles jutting out from the bottle to



smoothen it.

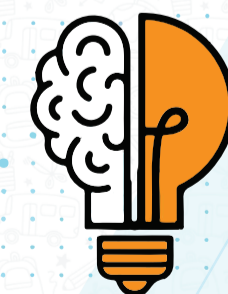
- Drill two holes in the bottle cap at equal distance. Insert a plastic loop lock through both holes.
- Paint your planter in the spray colour of your choice.
- When it is dry, close the open plastic bottle with the cap. Put the mixture of compost and loose soil that has been prepared in the bottle and plant the flowering plant.

Your DIY Plastic bottle planter is ready to be hung on your balcony!

**MADIHA KHAN,
IBDP Year 2
The Heritage School**



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Note:- Parents should attend the webinar along with the child.

MUGURUZA, KONTAVEIT TO PLAY WTA FINALS

First-time finalists, the Spaniard dominated Paula Badosa while the Estonian fought off Maria Sakkari to progress

Garbine Muguruza dominated Paula Badosa in a 6-3, 6-3 victory on Tuesday and will play Anett Kontaveit for the title at the WTA Finals. Eighth-seeded Kontaveit beat Maria Sakkari 6-1, 3-6, 6-3 to advance, ensuring two first-time finalists at the women's season-ending championship. Kontaveit lost to Muguruza in the last match of the round-robin stage, and has a 2-3 career record against the two-time major winner. The sixth-seeded Muguruza, a losing semi-finalist in 2015, is the first Spanish woman to reach the singles final since 1993, when Arantxa Sanchez-Vicario was runner-up to Steffi Graf.

"I'm very happy with my performance. It was the best match I played here in Guadalajara," Muguruza said. "It's the first time we encountered each other. I'm very proud of Paula, she started the year back in the rankings and made it all the way to the top 10."

A STEADY BOUNCE BACK

The 28-year-old Muguruza now has a 13-2 record in Mexico, where she won back-to-back titles in Monterrey in 2018 and '19. She opened this year's WTA Finals with a loss to third-seeded Karolina Pliskova but bounced back with victories over second-seeded Barbora Krejickova, Kontaveit and

Badosa. The former No. 1-ranked Muguruza broke seventh-seeded Badosa's serve in the third game and took the first set in 35 minutes. In the second, Muguruza had a service break in the second game, saved a couple of break points in the third and never looked back. Badosa finished a breakthrough season that saw her crack the top 10 for the first time.

"It was a tough day, I did not feel myself and she played good, all the credits go to her," said Badosa, who earlier in the tournament said that Muguruza had been her tennis inspiration. "I don't really know what happened today. I'm sad that I could not compete."

KONTAVEIT ON WINNING SPREE

On the way to the final, Kontaveit beat Krejickova and Pliskova before her group-stage loss to Muguruza. She now boasts a 29-3 record at her last eight tournaments and could rise to No. 6 in the rankings if she wins the title here. Her win on Tuesday gave Kontaveit her 48th win of 2021, equalling Ons Jabeur for the most this season.

"When I came here, I had nothing to lose but then I started to win and felt like I can win," Kontaveit said.

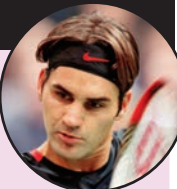
The WTA Finals are being played in Guadalajara for this year only, with the event scheduled to return in 2022 to Shenzhen, China. **AP**

FEDERER TO SKIP AUS OPEN, RETURN IN 2022

Roger Federer will miss the Australian Open in January and is unlikely to return to competition until mid-2022 as he recovers from multiple knee surgeries, the former world number one told Swiss media. Federer, 40, also said he would be "extremely surprised" if he was able to play at Wimbledon, a Grand Slam he has won a record eight times

with his last title coming in 2017. The 20-times Grand Slam champion said he would be able to resume running in January and return to training on the court in March or April. "I need to be very patient and give my knee the time to heal. The next few months will be crucial," Federer told Le Matin newspaper. Federer is tied with Rafa Nadal and

Novak Djokovic in the race to be the most successful men's singles Grand Slam champion of all time. His coach Ivan Ljubicic had said earlier this week that Federer was unlikely to play at Melbourne Park in January as he was not going to be at 100%. **REUTERS**



I don't feel like a favourite, maybe on paper or for the TV, but I don't feel like it. I started here losing and I thought that I could be eliminated, so for me to say that I feel like a favorite for the final is complicated.
GARBINE MUGURUZA

I'm very excited to reach the finals. I was already so proud to make it to this tournament. The last few months have really showed me that I can play really well and beat great players consistently and to have self-belief..
ANETT KONTAVEIT

Photo: GETTYIMAGES

Photo: GETTYIMAGES

CANADA EYE WORLD CUP DREAM AS MEXICO FREEZE

Canada took a giant stride towards their first World Cup finals appearance in 36 years after beating Mexico 2-1 to vault to the top of the CONCACAF qualifying standings

Two goals either side of half-time from Turkey-based forward Cyle Larin fired the Canadians to a victory, which leaves them one point clear of the United States with 16 points from eight games. Hector Herrera's 90th-minute goal for Mexico set up a frenzied finish at Edmonton's Commonwealth Stadium, where snow had been cleared from the pitch shortly before kick-off as temperatures plunged to minus 9 degrees Celsius (15.8 degrees Fahrenheit). The fi-

nal whistle was met with a mass confrontation involving players from both sides as tempers flared.

The result means Canada are now firmly on course to qualify for next year's finals in Qatar. Canada's only other World Cup appearance came at the Mexico finals in 1986. Canada's win saw them leapfrog over the United States for top spot in CONCACAF's eight-team final round of qualifying.

USA held

The USA were held to a 1-1 draw against Jamaica after a spectacular equaliser from West Ham striker Michail Antonio secured a share of points for the Reggae Boyz. Antonio's 22nd-minute long-range effort cancelled out a superb individual goal by US forward Timothy Weah, at the 11th minute. The Lille forward showed great strength, angling a deft shot across goal and in off the far post. **AFP**

ARGENTINA QUALIFY AFTER CHILE, URUGUAY LOSE

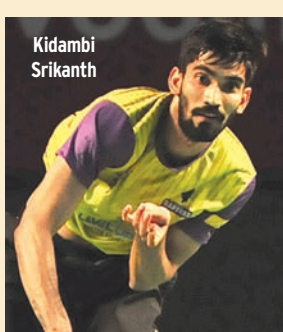
Argentina joined Brazil in qualifying for next year's World Cup in Qatar despite the arch-rivals playing out a dull 0-0 draw in San Juan. Defeats for Uruguay (3-0 to Bolivia) and Chile (2-0 to Ecuador) ensured Argentina, unbeaten in 27 matches, booked their ticket, leaving just two more automatic spots available in South American qualifying, with four matches left. It caps a fine year for Argentina and Lionel Messi, who won their 15th Copa America in July with a 1-0 final victory over Brazil at Rio de Janeiro's iconic Maracana stadium. It is also the 13th time in a row that Argentina have qualified for the World Cup, except in 1970 finals in Mexico. Brazil secured their qualification on Thursday with a 1-0 win over Colombia. Ecuador look set to join the two continental giants, sitting in third with a six-point gap and only four matches left to play. But the fourth automatic qualification spot will go down to the wire with five teams separated by just two points. **AFP**

DHRUV-SIKKI, SRIKANTH ADVANCE IN INDONESIA MASTERS

India ace Kidambi Srikanth staved off a stiff challenge from France's Christo Popov to progress to the men's singles second round at the Indonesia Masters Super 750 badminton tournament at Bali.

Former world no 1 Srikanth, who had claimed the Indonesia Open Super Series premier in 2017 at Jakarta, saw off world no 71 Christo 21-18 15-21 21-16 in his opening match that lasted an hour and 15 minutes. The Indian, currently ranked 15th, is likely to face Indonesia's sixth seed Jonatan Christie next.

In mixed doubles, the pairing of Dhruv Kapila and N Sikki Reddy notched up a stunning 21-11 22-20 win over second seeds and world no 5 Indonesian duo of Praveen Jordan and Melati Daeva Ok-



Kidambi Srikanth

tavianti to also advance to the second round.

However, it was curtains for former Commonwealth Games champion Parupalli Kashyap after he went down 10-21 19-21 to Denmark's Hans-Kristian Solberg Vittinghus.

Two-time Olympic medallist P V Sindhu and Lakshya Sen had reached the second round on Tuesday. **AP**

QUIZ TIME!

Q1: What are the four most important tennis tournaments in the world termed as?

- Grand Slams
- World Series
- World Cup
- WTA

Q2: When is the ball considered out of play in football?

- When it has crossed the goal or touchline on the ground
- When the referee starts the game.
- When a player heads it
- When it is a bicycle kick

Q3: Where was the first Ranji Trophy match played?

- Mumbai
- Chennai
- Kolkata
- Bangalore

Q4: Which tennis player was the first to win 3 straight titles at Wimbledon?

- Peter Sampras
- Andre Agassi
- Andy Roddick
- Novak Djokovic

Q5: Serbian forward Mitrovic became his country's all-

time top scorer with 44 goals, in how many appearances?

- 72
- 69
- 50
- 65



Aleksandar Mitrovic

Q6: Which former captain was named head coach of Indian men's cricket team?

- Rahul Dravid
- Anil Kumble
- Sachin Tendulkar
- V V S Laxman

Q7: Who among the following was the first to receive the Rajiv Gandhi Khel Ratna?

- Viswanathan Anand
- Geet Sethi
- Karnam Malleswari
- N Kunjarani

Q8: With which sport are Maana Patel, Saloni Dalal, Richa Mishra associated?

- Boxing
- Swimming
- Shooting
- Basketball

Q9: Who is the only athlete to participate in 8 Winter Olympics?

- Nathan Chen
- Sven Kramer
- Noriaki Kasai
- Wu Dajing

ANSWERS: 1 a. Grand Slam
 2. a. When it has crossed the goal or touchline on the ground
 3. b. Chennai 4. a. Peter Sampras
 5. b. 69 6. a. Rahul Dravid
 7. a. Viswanathan Anand 8. b. Swimming
 9. c. Noriaki Kasai