



THE TIMES OF INDIA

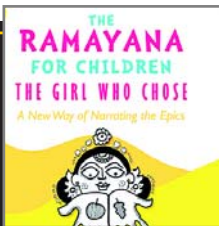
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TODAY'S
EDITION

➤ Is teasing different from bullying? Find out how a small social group can be a telltale sign of bullying in Family Time
PAGE 2



➤ A young reviewer recommends 'Two-Epics-In-One: A Flipbook' by Devdutt Pattanaik to know more about the great Epics of India
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➤ Salah double helps Liverpool dismantle Manchester United
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STUDENT EDITION

THURSDAY, APRIL 21, 2022



February's measurement marks the second record low in five years, and the lowest level since satellites began observing the poles in 1978

CLICK HERE: PAGE 1 AND 2

IISc, ISRO experts develop 'space bricks' for Mars

In what holds the potential of aiding construction of future settlements on Mars – something multiple spacefaring countries have in their long-term plans – a team from the Indian Institute of Science (IISc) and ISRO has developed



According to reports, scientists have created bricks using both lunar simulant soil (LSS) and MSS. Scientists said they have used a "bacterial growth induced biocementation process" for manufacturing the bricks in an organic manner with minimal intervention

a scalable technique to make "space bricks" using Martian Simulant Soil (MSS). Scientists have demonstrated that Microbial Induced Calcite Precipitation (MICP) – where, under the right conditions, certain bacteria can precipitate calcium carbonate – can create bricks using MSS.

HOW IT WORKS

1 Bacteria are very versatile organisms and certain species are capable of bio-mineralisation – a process by which living organisms produce minerals to harden or stiffen existing tissues, which was exploited to make these bricks

2 The team used one specific bacterium (*Sporosarcina pasteurii*), which was introduced into simulant soil, which then hard-

ened. Under ideal conditions, the MSS, which is in powder form, slowly turns into a brick in 15-20 days of introducing the bacteria

3 Just as scientists had done with LSS bricks, the team used guar gum, a naturally-occurring polymer, as an additive to add strength to the bricks from MSS. Extracted from guar beans, guar gum, has thickening and stabilising properties useful in food, feed, and industrial applications

Antarctic sea ice melts to new record low



Global warming has now touched Antarctic as well. A new study has warned that Antarctic sea ice is at a record low, and has shrunk to below two million kilometres since records began. According to researchers, on February 25 this year, the sea-ice levels in the Bellingshausen Sea, Amundsen Sea and the Weddell Sea hit record lows of around 30 per cent lower than the average from 1981-2010. Since the late 1970s, Antarctic sea ice has been enjoying a modest increase of around one per cent per decade. However, measurements taken in February show that sea ice levels in the southern hemisphere are now at a record low.

While the alarming rate of ice melting in the Arctic has been widely reported, the Antarctic has been relatively stable by comparison

THE CAUSE

■ According to scientists, thermodynamics (relations between heat, work, temperature, and energy) dominate the processes in summer, causing the sea ice to melt

■ This, they say, occurs through anomalies in the transport of heat towards the pole in the Bellingshausen/Amundsen Seas, the western Pacific Ocean, and the eastern Weddell Sea

■ Besides, according to scientists, the infrared radiation and visible light also increase in the summer, as a result of positive feedback of 'albedo' – the whiteness of the surface – and temperature

■ The whiter the surface is, the greater the reflection of radiation. Similarly, the darker the surface, the greater the absorption



■ Interestingly, sea ice is whiter than the dark unfrozen sea, thus there is less reflection of heat and more absorption, which in turn melts more sea ice, producing more absorption of heat, in a vicious cycle

WHAT IS SEA ICE?

■ Sea ice is nothing but frozen ocean water. It forms, grows, and melts in the ocean

■ Sea ice occurs in both the Arctic and Antarctic. In the Northern Hemisphere, it currently exists as far south as Bohai Bay, China (approximately 38 degrees north latitude), which is actually about 700 kilometres closer to the Equator

than it is to the North Pole

■ In the Southern Hemisphere, sea ice only develops around Antarctica, occurring as far north as 55 degrees south latitude

■ Sea ice is different from icebergs, glaciers, ice sheets, and ice shelves, as they originate on land

SOURCE: DAILY MAIL

Incredible places ON

TRIVIA

EARTH THAT ARE VISIBLE FROM SPACE!



THE GREAT PYRAMIDS OF GIZA, EGYPT

They make for an incredible sight on Earth! Interestingly, they are also visible from space. Built by the ancient Egyptians around 4,500 years ago, humans have even deciphered a way to see them from outer space. If records are to go by, they were first photographed by NASA astronauts in 2001.



THE HIMALAYAS

With more than 100 peaks towering around 20,000 ft and 14 peaks over 26,000 ft, the mountains of the Himalaya range are the majestic ones that grace the beauty of Earth. While only some with endurance and strength are able to scale these mountains to witness spectacular views from the top, others have been lucky enough to witness them from space.



THE GRAND CANYON, USA

This grand destination has the ability to overwhelm visitors from any angle they approach it from. To witness the whole of the Grand Canyon, tourists have to hike every inch of this 446 km-long canyon, which is nearly impossible. From space, the Grand Canyon looks like a winding river.



AMAZON RIVER

The Amazon is the second-largest river after the Nile. Spanning across 6,400 km through nine countries in South America, its distance is believed to be equal to that of Rome to New York City. Reports claim that it's so large that one cannot capture the entire river even if they zoom out their camera from outer space.



PALM ISLAND, DUBAI

Dubai's Palm Islands lives up to its extravagant reputation! Situated off the coast of the UAE, it has proved to be one of the most ambitious engineering projects that the world has witnessed. While there are artificial islands – Palm Jebel Ali, Palm Jumeirah, and Deira Island, Palm Jumeirah is the world's largest artificial island, and is the only one that can be seen from space.



GREAT BARRIER REEF, AUSTRALIA

It's also one of the World's Seven Natural Wonders that is visible from space. Stretching across more than 2,600km, it comprises around 2,500 individual reefs and more than 900 islands. Home to spectacular coral polyps and innumerable tropical marine species, the Great Barrier Reef and its psychedelic colours look spectacular when witnessed from outer space.

Apple used almost 20% recycled materials in its devices in 2021

Nearly 20 per cent of all material used in Apple products in 2021 was recycled, the highest-ever use of recycled content, the company has announced. For the first time, certified recycled gold was used in the plating of the main logic board and wire in the front camera and the rear cameras of iPhone 13 and iPhone 13 Pro.

To achieve this milestone, Apple said it pioneered industry-leading levels of traceability to build a gold supply chain of exclusively recycled content.

Apple also announced its newest recycling innovation, Taz, a machine that uses a groundbreaking approach to improve material recovery from traditional electronics recycling



■ In 2021, 59 per cent of all the aluminum Apple shipped in its products came from recycled sources

■ Since 2015, the company has reduced plastic in its packaging by 75 per cent

■ Apple products in 2021 included 45 per cent certified recycled rare earth elements, a significant increase since the company introduced recycled rare earth elements in its devices.

■ The products had 30 per cent certified recycled tin, with all new iPhone, iPad, AirPods, and Mac devices featuring 100 per cent recycled tin in the solder of their main logic boards

■ They also featured 13 per cent certified recycled cobalt, used in iPhone batteries that can be disassembled by Apple's recycling robot Daisy and returned to market

Severe heatwave across Delhi-NCR; April 19 warmest in last 11 years



The national capital recorded the

warmest day on Tuesday as the maximum temperature hovered at 43 degrees Celsius and above. Eight of the 12 weather stations across the city experienced "heat-wave to severe heatwave conditions," the weather office said. With a record seven days of heat-wave recorded this month, this is also the warmest April since 2010, said IMD officials.



STAY SAFE

Coronavirus infection: THINGS TO DO IF YOUR SCHOOL GOING CHILD IS YET TO BE VACCINATED

Every other day reports of school going kids getting infected with the coronavirus is coming to the fore. While this is an alarming situation for parents, a tough decision is required here as in view of the pandemic, schools were closed for 2 years and the education of the kids has suffered a lot.

While state governments are taking all measures not to disturb the education of school children, rising Covid cases is a thing to worry about. As on Sunday, 27 per cent of the total 51 Covid patients admitted in various hospitals in Delhi were kids. Parents are scared that the number of Covid cases in kids might snowball!

Parents are worried that the number of covid cases in school kids can rise very quickly just like it was in the three waves of the infection. Within no time, people were seen struggling to survive through the



infection during the second wave of the infection. Even the Omicron took over the Delta variant within a few days; though the cases were mild and there were less hospital cases, the fear of the virus has not gone and caution is still required.

Education is required

At this stage, every government and administration is keen to get back students to school. The loss that education has suffered is irreparable. As per a UNICEF report, in low- and middle-income countries, learning losses to school closures have left up to 70 per cent of 10-year-olds unable to read or understand a simple text; this is up from 53 per cent in pre-pandemic life. More than 370 million children globally also missed out on school meals during school closures, losing what is for some children the only reliable source of nutrition.

COVID SAFETY GUIDELINES PARENTS SHOULD TEACH THEIR KIDS

- 1 Do not scare the child about coronavirus or Covid-19
- 2 Tell them about the virus and how it can affect the health
- 3 Teach them what we should as a family and as a member of the society should do on our part in keeping the virus away
- 4 Explain it to them what would happen if they don't follow Covid guidelines
- 5 Ask them to keep their hands clean by washing with soap and water
- 6 Pack few wipes, a hand sanitiser, few clean handkerchiefs in the school bag
- 7 Encourage them to wear a face mask all the time
- 8 Tell them to be friendly with classmates, instead of acting hostile
- 9 Advise them to speak to you regarding health-related issues
- 10 Suggest them to talk to their teachers in case they feel uneasy in the class
- 11 If they see any classmate not feeling well, they should immediately inform the teacher
- 12 Make them vigilant about anti-Covid activities; teach them to avoid being in such situations

"I DO NOT LIKE MY CHILD'S BEST FRIEND"

ASK THE EXPERT

QUERY: I really hate my child's best friend. She is mean to her, overly possessive, saying mean things if my daughter doesn't do things her way. I have tried to intervene but my daughter is 11 and I don't know how to explain she should put an end to this friendship. She feels too emotionally dependent on her toxic friends. Please help.

Response by Dr Chandni Tugnait: Hi, thank you for writing to us. I completely understand how unnerving this whole situation may be for you. I gather your daughter's friend is very controlling and dominating and despite it all, your daughter is unable to break the bond. You say you hate her friend. 'Hate' is a strong word. Does your daughter feel the same way about her friend? Does she also see her as 'toxic'?

From what you shared, I understand that you are perturbed being a mother and find it difficult

to explain to your daughter that perhaps this friendship is more damaging than good. However, it is also important to see the value this friendship brings to your daughter. There are obviously some good things about her friend that may have been overshadowed by her toxic behaviour.

To begin with, have a compassionate interaction with your daughter (without any judgements or suggestions) and assess her point of view, feelings, expectations and methods deployed to make the friendship healthier. Offer suggestions if she is receptive, else connect her to a counsellor or a therapist who can help her map her emotions as well as the emotional dependency, in a healthier way.

Let her make this decision. Let her answer these questions: What makes her put up with bad behaviour? Would she like

to end the friendship? What are the ways in which this friendship can be made better? Has she tried communicating her feelings to her friend?

Allow your daughter to take ownership for her decision and facilitate whatever is needed in the process. Your daughter is yearning for connection and perhaps is settling for the attention she is getting from her friend (even when it is not favourable). I know how strongly you may feel about all this and would like to put an instant end to your daughter's misery but see this as an opportunity to enable your daughter to master emotions, relations, communication and most importantly instill self love and self worth.

Dr Chandni Tugnait is MD (Alternative Medicines), Psychotherapist, Life Coach, Business Coach, NLP Expert, Healer, Founder & Director - Gateway of Healing, with centres in Gurgaon and Faridabad.

If you have a query to share, please write to us at toinie175@gmail.com



SELF WORTH

Teach your children to value themselves and also to say NO. This will help them deal with toxic people

BEING PREPARED

Teasing Vs bullying: Help your child understand the difference (and red flags to watch out)

Poking and making fun of each other, often called teasing, is normal among kids and teenagers. It is commonly directed to one person or group. But there is a thin line between teasing and bullying, which sometimes kids fail to recognise. While teasing is a way to get close to the other person, bullying can have a grave emotional and mental impact on the person it is directed to. The first step to preventing bullying is to understand how it is different from teasing.

TEASING VERSUS BULLYING

Teasing is making fun of one another playfully and gently without hurting each other's feelings. It is mostly enjoyed through comments or actions that are directed towards like calling each other funny names or pulling fun pranks. Bullying on the other hand, is intended to belittle the person being teased and is not enjoyed by all. It can go even to the extent of physical violence and aggression. Mostly things start with teasing, but then it steps to a point of becoming derogatory, causing emotional and physical pain to the other person like calling other people cruel names or coercing them to do demeaning things.

SIGNS OF BULLYING TO LOOK OUT FOR



Kids, particularly the small ones often fear to confess about these issues to their parents and continue to suffer in silence. It can be because they feel humiliated or are threatened. As parents, it is your responsibility to look for the signs of bullying and take appropriate action to prevent it.

UNEXPLAINED CUTS OR BRUISES: Bullying can even lead to physical abuse. If you see any cuts/bruises on kids' bodies, which they cannot explain, try to talk to them, they may be hiding something. Frequent change in mood can also be due to bullying.

FEW FRIENDS:

A small social group is (usually) a telltale sign of bullying. Kids who are bullied find it hard to interact with others

YOUR CHILD DOESN'T WANT TO GO TO SCHOOL: If your kids usually make excuses to miss the school or dance classes or take the school bus, try to find the reason behind it. It might have a deeper meaning.

THEY LIE OR STEAL MONEY: Frequent lying or stealing money or anything can also be due to bullying. They might be trying to steal to pay the person bullying.

DROP IN GRADES: Bullying can impact kids' mental health, leading to lower grades in exam.

10-MINUTE healthy lunch box ideas for kids

NUTRITION MATTERS

We are what we eat and that's why it is important to develop the habit of healthy eating since childhood. While kids often dislike healthy options, it is up to the parents how smartly they make them eat nutritious things without compromising on taste. Here are a few 10-minute healthy lunch box ideas for kids that parents can try at home to make school lunch fun yet healthful



POHA

To make this delicious lunch box recipe, saute 4 tbsp peanuts in oil along with mustard seeds, and curry leaves. Next, add ½ chopped onion, ½ capsicum, and ½ carrot. Saute all for 2 mins covered and then add salt, and 1 tsp turmeric powder. Mix well and cook for 40 seconds. Add 1 cup soaked flattened rice and cook for 40 seconds. Garnish with coriander leaves and a tablespoon of ghee.



ATTA MUG CAKE

Take a microwave safe cup, and add 4 tsp flour, 4 tbsp sugar, 1/4 tsp baking soda, 4 tbsp milk, 1 tbsp cooking oil and 1/4 tsp vanilla essence. Mix it all in the mug, and bake in a preheated oven for 7-10 mins at 180 degree celsius and your homemade atta mug cake is ready to be devoured.



CUCUMBER SANDWICH

Take two bread slices, layer them with melted butter, tomato ketchup, and mayonnaise. Next, add slices of cucumber, carrot, and tomato on one slice. Sprinkle salt, ground pepper, chilli flakes, oregano and cover with the other. Toast in a sandwich maker and it's ready.



MASALA CORN

Steam corn 1 cup kernels for 3-4 minutes, add them in a mixing bowl, along with 2tbsp melted butter, salt, pepper to taste, 1 tsp chilli flakes, 1 tbsp oregano, and 1 tbsp lime juice. Mix well and it's done.

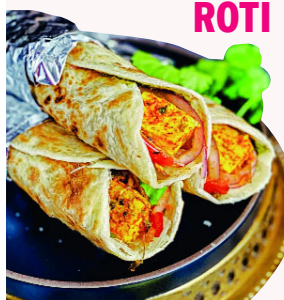
AJWAIN & TURMERIC PARATHA

Knead a soft dough with 1 cup flour, 1 tbsp ajwain, salt, 1 tsp turmeric powder and some red chilli powder. Roll out parathas using a rolling pin and dry flour and cook on tawa using oil or ghee. This tasty paratha goes well with curd and even pickles for lunch.



ROTI ROLL

Take leftover roti, apply some ghee or butter on it and reheat on a tava. In the meantime, make a mixture of ½ cup scrambled paneer, ½ onion, salt, pepper, chilli flakes, lemon juice, and coriander leaves. Saute the mixture in a pan for 2 minutes and place it in the centre of the roti and shape it into a roll. Serve fresh.



UPMA

In a pan, add 2 tsp oil, 1 tsp mustard seeds, 6-7 curry leaves and allow them to splutter. Now, add 4 tbsp peanuts and sauté for 50 seconds. Now, add chopped ½ onion, ½ carrot, and ½ capsicum. Cover the pan and cook and cook for 2 minutes. Now, add ½ cup sooji (semolina), mix and saute for 3-4 minutes. Add salt, black pepper, and lemon juice, mix well. Next, add 1 cup of water and cook till water is absorbed. Garnish with fresh coriander leaves and it's ready to be packed in your precious one's tiffin.



FRENCH TOAST

Whisk 3 cup milk, 2 eggs, 1 tsp vanilla essence, ½ tsp cinnamon powder, sugar and salt in a mixing bowl. In the meantime, heat a non-stick pan and grease it with unsalted butter. Next, dunk the bread slices in the mixture and then cook the slices until they turn golden brown in colour. Once done, let them cool and pack the toast in the lunchbox.

SCHOOL IS COOL

THURSDAY, APRIL 21, 2022

It's not just a place where you get to learn Einstein's Theory of Relativity. It's also a place where you can think beyond the classroom. Hence we say, **SCHOOL IS COOL!**

03



Gitanjali Devshala bid its students of 2021-2022 batch a fond farewell with the theme 'Wild West. Heightened emotions and pulsating music kept the fun quotient of the event high.

In keeping with the theme, students were awarded apt titles - Trail Blazer, Maverick, Rodeo Rider, Montana, Dude Wrangler and more. Founder Director Gita Karan, Managing Director Jai Karan and Associate Director and Principal Madhvi Chandra shared their thoughts and wished the outgoing batch a bright future.

The judges for the day were Manasi Choudhry and Muskaan Kothari, both alumni of the school.

A skit 'Reminiscence- Your Happy Memories' presented by the little ones catapulted everyone to those memorable days in school, leaving the students of class X teary-eyed,

for it reflected the great time they had had in Devshala.

Dressed as Rodeo Riders and Montanas, class IX students set the tone for the day with an energising medley of foot-tapping dance numbers, leaving the audience grooving to the music. The boys dressed in dapper suits walked onto the dais with confidence and grace to receive their mementos.

Head Boy Janith Rajuri and Head Girl Pranathi Vemuri were declared the Devshala Icons. There was a lot of emotion and nostalgia as students took photographs around the majestic school building where they had spent their childhood. The day gifted an unforgettable experience that shall be etched in the minds and hearts of the students.

Gitanjali Devshala
Hyderabad

Bharatiya Vidya Bhavans Public School (Vidyashram), Jubilee Hills organized a farewell for students of classes X and XII for the academic year 2021-22.

The organizing committee included students of Classes IX and XI, guided by their teachers. The event took place in the quadrangle of the school, which was decorated with paper flowers, balloons and ribbons. The programme started on an auspicious note by the lighting of the lamp and a prayer to invoke the divine blessings. Vedic scholars were invited to bless the outgoing batches of students, and later the 'Vidya Jyoti- Lamp of Knowledge' was handed over by the senior outgoing students to their juniors.

The next part of the programme began with a welcome address by the prefects. Speaking on



the occasion, Principal Arunasree advised the students to adopt a positive attitude, be thankful and cherish values and culture imparted by the noble institution, Bhavan's Vidyashram.

Venkata Lakshmi, the Vice-Principal, wished the students and expressed to see each one of them pursuing distinguished careers. This was

followed by awarding 'Certificates of Excellence' for academics, sports and co-curricular events to the students.

The stage was then taken over by the juniors who entertained their seniors with enthralling performances which included rendition of popular songs, dance performances for a mashup of Tollywood songs, humorous skits etc. This was followed by an interactive session with the students of outgoing batches who shared their experiences with the audience. It was indeed

a splendid show which thrilled the students and the magnificent event that was planned passionately made the last day at school memorable for the senior students.

Bharatiya Vidya Bhavans
Public School (Vidyashram)
Jubilee Hills



SO LONG, FAREWELL!



In an emotional yet joyful note, the students, staff and management of Pallavi Model School, Boduppal bid adieu to the class X students of 2021-22 batch at a grand farewell function titled as 'Hasta - la - Vista: A New beginning with fond memories.'

The students of the outgoing batch dressed in an elegant and smart Indo-western attire were welcomed with artistic hand-made eye masks based on the theme of the function - Masquerade. The lighting of the lamp by the dignitaries, and the Head Boy and Head Girl of the class X batch marked the beginning of the function.

The students of class IX put forth a mix of scintillating dance performances, entertaining skit, melodious songs and pulsating music that rocked the school ground.

The students of the outgoing batch delivered speeches, recited poems, presented stand-up comedy and performed foot tapping dance, expressing grat-

Pallavi Model School
Boduppal

itude to their mentors and teachers for their invaluable contribution in making the journey a memorable one. The highlight of this momentous occasion was the Ramp Walk by the students of the outgoing batch followed by a Q/A round. The winners of various categories including Ms. & Mr. Pallavi were felicitated by Principal T Tanuja with sashes. Thereafter, the students were given gifts as a token of memory and blessing from all their teachers and mentors.

Principal Tanuja wished the outgoing batch and urged them to make a mark in the world outside. After the cultural programme, everyone assembled for group photographs and refreshments. The students were seen clicking pictures of friends and teachers - capturing memories of school forever.

Meridian School

Banjara Hills



Meridian School, Banjara Hills organised 'Sayonara', a farewell for its outgoing batch of Class XII students. The quadrangle of the school premises took a new shape and a vibrant look as it was decked up for the farewell party.

The event was graced by Dr D Usha Reddy, CEO of Meridian Group of Schools, newly appointed Principal Nishi Rana, Vice Principal Rahat Rashed and other dignitaries.

The Ramp Walk was not only a display of grace and fashion but also students' talents. The parade was judged by fashion designer Sahil Gulati, entrepreneur and model Suraj Rohra, budding economist and alumnus Srishiti Nicole Basile. Together they declared Nayaab Yamin as Miss Meridian and Siddharth Srinivas Tirupati as Mr Meridian.

Sayonara also honoured Yasha Anchaliya and Ria Munshi as 'The Student

of the Year' for Commerce and Science streams respectively. 'The Star Student' award was presented to Alekhya Vemuri, the Head Girl of the school, for her all round performance and remarkable contribution to the activities of the school in the past two years.

The next step was to convey the message - a message of character, a message of integrity and a message of responsibility to humanity. The votive lights ignited by the gurus were received with gratitude by the students. Usha Reddy and Nishi Rana addressed the students, focussing on the guiding philosophy and motto of the school. The idyllic setting and serene surroundings of the campus lit by the candles and a prayer delivered by Vice Principal Rahat Rashed, created the perfect atmosphere to express gratitude to the alma mater. The day was marked by mixed feelings of happiness, pride, contentment and nostalgia.

Painters' Gallery



SAMEERAJA RAVULA, class VIII, Bharatiya Vidya Bhavan's Public School, Jubilee Hills

Making of sunflower

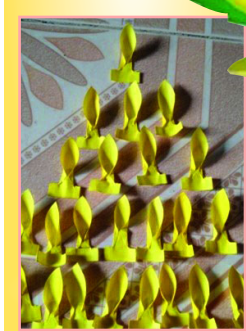
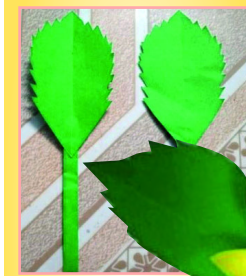
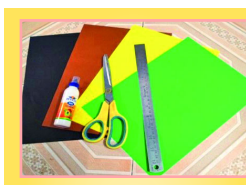
DO IT YOURSELF

MATERIALS REQUIRED

Coloured paper

Yellow, brown, black, green,

Scale, Scissors, Glue



L MOHANA, class VII, Lalaji Memorial Omega International School



THE METHOD

Step 1: Take green coloured paper and roll it as a stem for the sunflower. Cut the green paper in Leaf shapes.

Step 2: Take Black coloured paper in size 30cm, 5cm. Fold it into half. Leave a little space above and cut small strips. After cutting, open it and apply glue on any one side. Stick it together.

Step 3: Take brown colour paper and cut 3 strips and give small cuts on it and roll it as a 2nd layer after black. Make 5 strips same as this one. Roll all the strips on to the stem.

Step 4: Take yellow coloured paper and cut it in size 20 cm, 5 cm. Fold it in half, and a half and a half and draw a small horizontal line. Draw petal shapes and cut out petals. Make 32 petals and stick one by one on the brown stem. Attach the green leaves.

Step 5: Paper sunflower is ready.

Making summer cool!



Gitanjali Devashray

Summer days are here and students at Gitanjali Devashray demonstrated that all it takes is some innovative idea to beat the heat. In keeping with the theme of 'Summer is Cool', the students churned out a day full of fun-filled and creative activities.

Students of classes I and II participated enthusiastically in the Rock-the-Ramp competition. The little ones looked their very best in stylish summer wear. They were attired in cool and sporty clothes and accessories ideal for the season. Students of classes III and IV were at their best in a mother & child Summer Salads contest; those from classes V and VI concocted Mocktails Mazaa along with their mothers.

The young chefs and their talented parents put forth a wide array of delicacies, impressing the judge with their elaborate presentations, exquisite taste with high nutritional value. There was an overwhelming and enthusiastic participation from all classes with parents also getting to gather innovative insights and practical tips from the judges as invaluable takeaways.

Saakshi Gupta, an established soft skills trainer and an image consultant from ICBI, judged the event along with Dr Kavita Reddy, food and nutrition expert from the IIHM (International Institute of Hotel Management).

Summer is Cool proved to be an excellent example to showcase the well rounded nature of education provided by the school.



'The Girl Who Chose' and 'The Boys Who Fought' is a flip-book edition written by well-known author, Devdutt Pattanaik.

The book combines the two legends. But Pattanaik leads us through the story in perspectives different from what is commonly known. Mahabharat, the epic battle of cousins of the same blood but of different family trees, clashing for power and inheritance from their lineages. Ramayana, the saga of repossessing what once belonged to the virtuous princes from the insatiable and remorseless emperor residing in the city of gold.

Ramayana normally speaks of the valour of Raja Ram, the viciousness of Ravana and the resourcefulness of Hanuman but seldom speaks about the several naive decisions taken by Devi

TWO-EPICS-IN-ONE!

Sita, as a result of which she gets trapped.

The story also talks of the adversities Sita faced, the accusations and rumours flying around the place about which there is little mention in The Ramayana.

The flip side, 'The Boys

Who Fought' tells the story of the rivalry between cousins. It tells an intriguing story about the Pandavas' walk to heaven and all that occurred thereafter.

The book underlines the importance of wise choices, about dharma and principles to be practised to make the human society an equitable and peaceful one. The book has several illustrations along with footnotes and facts related to this great epic not known to many.

It was a delightful experience reading this book and one which I would most definitely recommend.

AARNA BHATIA, class VII, The PSBB Millennium School OMR, Chennai



REVIEW: SHARK TANK INDIA

Shark Tank India is an awesome TV show, a platform where entrepreneurs come seeking investment from the Sharks by giving some equity to them. Equity means the ownership of a company. If the sharks think that the equity or the amount, they are asking is not proper, they give a counter offer to them. Some entrepreneurs come up with very innovative ideas and solve major problems but some come up with silly ideas. The show is in fact very informative where you can learn many things about business if you want to become an entrepreneur.

R GIRISH, class VIII, Jasmine, Sister Nivedita School, Hyderabad



LIVERPOOL DISMANTLE MANCHESTER UNITED

Salah's double, one goal each by Diaz and Mane drive team to victory



It was a top performance from us here and away also
MOHAMED SALAH

Liverpool is back where Manchester United is far from reaching, top of the Premier League. To know why there is such a deficit in quality now between English football's most successful clubs, just look at how Liverpool's forwards tormented United in a 4-0 rout on Tuesday. It wasn't just Mohamed Salah scoring twice at Anfield, following a hat trick in the 5-0 humiliation in the reverse fixture. Salah also assisted Luiz Diaz's opener. Salah's first was set up by Sadio Mané. And Mané's goal was provided by Diaz's pass. All before Salah compounded another night of misery for United with a chipped finish for his second provided by Diaz's replacement - Diogo Jota. "They make our life easier in the midfield and at the back," Salah said. "They always try to give us the ball in a one-against-one situation, so it makes our life much easier."

FIGHT FOR TITLE

United is struggling to secure one of the four Champions League qualification places, let alone win its first title since Alex Ferguson retired in 2013. "Liverpool is fighting for the title," United midfielder Bruno Fernandes said. United's five-man defense - featuring Phil Jones making his second league appearance of the

season - was unpicked by a sweeping break launched from inside Liverpool's penalty area. By the time the ball reached the halfway line, Mané had Salah running forward to release a pass to. Then Diaz arrived unmarked centrally to strike beyond goalkeeper David de Gea. "That was not part of the game plan to be that high up and to try to press high up and concede a transitional moment," Rangnick said.

RONALDO'S ABSENCE

Cristiano Ronaldo missing the game following the death of his new-born son. A chant of "Viva Ronaldo" was started by the United fans. Their Liverpool counterparts launched a rendition of their anthem - "You'll Never Walk Alone" - and applause to back United's No. 7 who missed the game to grieve with his family and surviving newborn twin. Ronaldo's absence was not the reason for United's struggles. It was another passing move that led to Liverpool's second. Receiving a pass from Joel Matip, Mané lofted the ball to Salah, who had time to take it past Diego Dalot before slotting low into the net in the 22nd minute. Perhaps the only surprise at halftime was that United limited the damage to 2-0.

VISITING THREAT

There was more of a visiting threat after the break, sparked by Jadon Sancho as the replacement for Jones. But the formation changes by Rangnick, the interim manager following Ole Gunnar Solskjaer's firing in November, could not stir a comeback. Any home anxiety was eased once Mané netted in the 68th. Andrew Robertson gained possession and ran with the ball unchallenged before feeding Diaz to cut-back to Mané to finish. It would get worse for United. Hannibal Mejbri replaced Anthony Elanga and within a minute he was giving the ball away. Robertson pounced and fed Jota whose pass to Salah allowed the Egypt forward to make it nine goals in six games against United, via a deflection off visiting defender Aaron Wan-Bissaka.



Sadio Mané (left) celebrates scoring their third goal with Jordan Henderson

APPLAUSE FOR RONALDO WAS 'MOMENT OF THE GAME', SAYS LIVERPOOL'S KLOPP

■ Liverpool manager Juergen Klopp said the show of support for Cristiano Ronaldo during their 4-0 win over Manchester United on Tuesday was the "moment of the game", as both sets of fans stood for a minute of applause following the death of his newborn son.

■ Ronaldo and his partner Georgina Rodriguez had announced in October last year they were expecting twins but said on Monday that one of the two babies had died.

■ The Portuguese forward, who did not play on Tuesday, was given a standing ovation by fans in the seventh minute, with Liverpool supporters singing, "You'll Never Walk Alone" while their United counterparts applauded.

■ Both sets of players walked onto the pitch wearing black armbands.

■ "Pretty sure if you ask anybody about it, my moment of the game, even when it was very important and a great result, was the seventh minute when our people showed pure class," Klopp told reporters.



Photo: REUTERS

DO OR DIE FOR MI AGAINST CHENNAI

MUMBAI FACE CSK IN BATTLE TO SAVE IPL ELIMINATION



On the verge of elimination after six losses on the trot, a horribly out of form Mumbai Indians would need to notch up their first win of this IPL to remain afloat when they face Chennai Super Kings on Thursday. Five-time champions Mumbai have not won a single match this season and a loss on Thursday would send them packing from the tournament. Defending champions CSK, who are just a rung above bottom-placed MI, have also faltered as a team though there has been a few instances of individual brilliance. With five losses from six games, a defeat on Thursday would also send them on the brink of elimination. For Mumbai, the biggest concern is the form of skipper Rohit Sharma, who has gathered only 114 runs from six innings. If Mumbai have to chase or set up a big total, he will have to do the bulk of scoring.

NEED UNISON TO EXPLODE

The likes of Dewald Brevis, Tilak Varma and Suryakumar Yadav have played some scintillating knocks individually but together need to take responsibility in the middle-order. Another

Upcoming IPL Match

MUMBAI INDIANS VS CHENNAI SUPER KINGS

APRIL 21 7.30 PM

Dr DY Patil Sports Academy, Mumbai

er disappointment so far has been all-rounder Kieron Pollard, whose ability to win matches has been on the wane. With just 82 runs, Pollard has been a complete failure, even as questions have cropped up over his retention. Mumbai have the batting ammunition, at least on paper, but they have not exploded in unison as yet. They would be hoping that to happen against CSK, whose bowling attack is rather inexperienced. If batting is a worry, bowling is a far bigger concern for Mumbai. Save for Jasprit Bumrah, Mumbai bowlers have had a torrid time, be it Tymal Mills, Jaydev Unadkat, Basil Thampi

or lead spinner Murugan Ashwin.

HOPE FOR BETTER SHOW

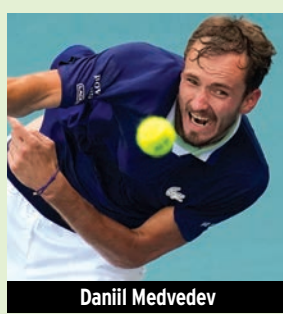
For Chennai, the biggest positive is Rituraj Gaikwad finding his mojo back with a 48-ball 73 against Gujarat Titans. Robin Uthappa and Shivam Dube did shine in the team's solitary win against Royal Challengers Bangalore with their brutal hitting but the duo faltered against Gujarat. Dube will have to shed his one match wonder tag and shoulder more responsibility along with Ambati Rayudu and Moeen Ali. Captain Ravindra Jadeja and Mahendra Singh Dhoni can play the finisher's role. Jadeja has not looked threatening with the ball and needs to put up a better show. CSK bowlers, save for Dwayne Bravo and Maheesh Theekshana, have been far from being up-to the mark. With Deepak Chahar ruled out and Adam Milne yet to regain fitness, CSK will have to bank on these bowlers and expect them to come good.

Young batter Ishan Kishan has also not justified his heavy price tag of ₹15.25 crore

RUSSIAN PLAYERS TO BE BARRED FROM COMPETING AT WIMBLEDON

Russian players will not be allowed to compete at Wimbledon this year due to Moscow's invasion of Ukraine, according to a report in sports industry news site Sportico on Tuesday. Earlier this month, the All England Lawn Tennis Club (AELTC), which organises the grasscourt Grand Slam, said it was in talks with the British government on the participation of players from Russia and Belarus.

The organisers said it planned to announce a decision in mid-May ahead of the entry deadline for the June 27-July 10 tournament. The AELTC did not immediately respond to request for comment on the report. A ban on Russian players would prevent world number two Daniil Medvedev and Andrey Rublev, ranked eighth, from



Daniil Medvedev

competing in the men's draw. Anastasia Pavlyuchenkova is 15th in the women's rankings.

The report said it was unclear whether players from Belarus would also be banned. Tennis governing bodies banned Russia and Belarus from international team competitions. Individual players are allowed to compete on tours but not under the name or flag of their countries.

QUIZ TIME!

Q1: Who took the most wickets in the first Women's Cricket World Cup held in 1973?

- a. Mary Pilling
b. Rosalind Heggs
c. June Stephenson
d. Julia Greenwood

Q2: Who is the coach of the Indian Davis Cup team?

- a. Mahesh Bhupathi
b. Vijay Amritraj
c. Ramkumar Ramanathan
d. Zeeshan Ali

Q3: How many medals have been won by the India Men's Hockey team at Asian Games till date?

- a. 11 b. 9 c. 15 d. 3

Q4: Which Grand Slam tennis tournament is also known as "Roland-Garros"?

- a. French Open
b. Australian Open
c. Wimbledon Championships
d. US Open

Q5: Vikas Gowda won a Gold Medal in 2014 Commonwealth Games. Which sport does he represent?

- a. Discus Throw
b. Javelin Throw
c. High Jump
d. Long Jump



Photo: GETTY IMAGES

Q6: What is the other name of Sir Garfield Sobers Trophy?

- a. ICC Cricketer of the Year Award
b. ICC Test Captain of the Year
c. Spirit of the Cricket Awards
d. Test Player of the Year Award

Q7: Who holds the current record for most hundreds in a single cricket World Cup?

- a. Martin Gupthill
b. Chris Gayle
c. Sachin Tendulkar
d. Rohit Sharma

Q8: Who was the "player of the series" in the 2011 Cricket World Cup, in which India won its

second world cup champion title?

- a. Tillakaratne Dilshan
b. Sachin Tendulkar
c. Kumar Sangakkara
d. Yuvraj Singh

Q9: Who was the "Man of the Match" in the 2019 Cricket World Cup?

- a. Adam Gilchrist
b. Rohit Sharma
c. Ben Stokes
d. James Faulkner

ANSWERS: 1. b. Rosalind Heggs
2. d. Zeeshan Ali 3. c. 15
4. a. French Open 5. a. Discus Throw
6. a. ICC Cricketer of the Year Award
7. d. Rohit Sharma 8. d. Yuvraj Singh
9. c. Ben Stokes