



THE TIMES OF INDIA

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TODAY'S EDITION

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STUDENT EDITION

THURSDAY, OCTOBER 29, 2020

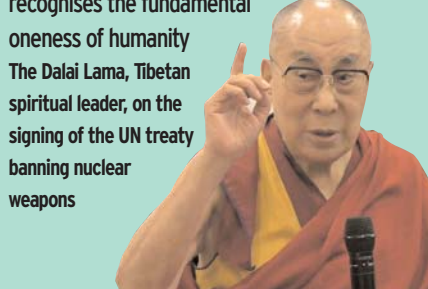


WEB EDITION

[CLICK HERE: PAGE 1 AND 2](#)

Quote unquote

A nuclear-free world is in everyone's interest. The reality today is we need to rely on mutual understanding and dialogue to resolve conflicts. I urge all governments to work to implement this treaty, so that the world becomes a safer place for all. I commend the UN for making this treaty possible. It is an act of universal responsibility that recognises the fundamental oneness of humanity



The Dalai Lama, Tibetan spiritual leader, on the signing of the UN treaty banning nuclear weapons

■ Fifty countries have ratified the Treaty on the Prohibition of Nuclear Weapons (TPNW) to ban nuclear weapons, the UN has announced. It will come into force on January 22, 2021 ■ Honduras became the 50th country to ratify it ■ The treaty, which bans the use, development, production, testing, stationing, stockpiling and threat of use of such weapons, was adopted by the UN General Assembly in July 2017 with the approval of 122 countries

TOWARDS A PLASTIC-FREE PLANET



Google has pledged to make its product packaging 100 per cent plastic-free and completely recyclable by 2025. Currently, the back housing (or the back cover) of the recently-launched Pixel 5 is made with 100 per cent recycled aluminum, Google said. According to Google, it has already made a reduction in plastic use in its packaging since 2016, but it has "a lot of hard work ahead in order to meet this new goal".

OTHERS, NOT BEHIND

IKEA

Ikea has moved to a mushroom-based renewable alternative, which can grow in a controlled environment. According to Ikea, this alternative, like plastic, can be easily formed into shapes. Moreover, it has the capability to decompose fully in 30 days. Early this year, the company also announced to ditch its plastic bags, adding that the company's 363 outlets worldwide will be eliminating single-use plastic plates, cups, drink stirrers, tableware and straws along with freezer bags, garbage bags and packaging

MATTEL

Toy manufacturer Mattel has committed to

use 100 per cent recycled, recyclable or bio-based plastics materials in its products as well as packaging by 2030. In April, it launched its Fisher-Price Rock-a-Stack and Fisher-Price Baby's First Blocks made from sugarcane-based products. It also launched three Mega Bloks sets made from sugarcane-based plastics - the Mega Bloks Polar Friends, Mega Bloks Safari Friends and Mega Bloks Woodland Friends

UNILEVER

Food and cosmetics giant Unilever has also stated that it will cut its use of new plastic in packaging by half by 2025. The company also acknowledged that the move is somewhat aimed at young and environmentally-conscious customers



Spotlight

IPL 2020

IPL world's best tournament: Ganguly

CCI President Sourav Ganguly has been overwhelmed with the response, which the ongoing edition of the Indian Premier League (IPL) is getting in terms of viewership and ratings.

■ The opening week of the tournament was watched by 269 million viewers, 11 million more per match compared to the like period of last year's edition.
■ According to a BARC-Nielsen report, titled 'Television Viewership and Advertising Consumption of IPL-13 2020', the opening week of the ongoing IPL edition saw a 15 per cent growth in viewing minutes as compared to 2019. ■ The IPL 13 has already witnessed many thrilling clashes with matches being decided in Super Overs.



CORONA UPDATE

Air pollution ups Covid-19 deaths by 15% worldwide: Study

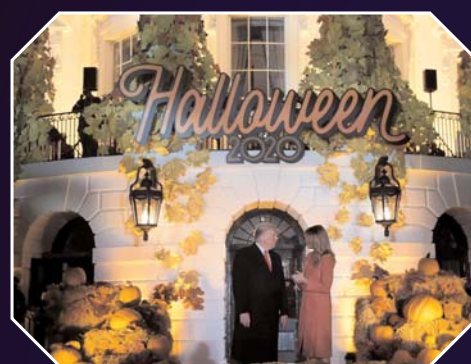
In a major global study, researchers have revealed that long-term exposure to air pollution may be linked to 15 per cent of Covid-19 deaths worldwide...



1 The results are based on the epidemiological data collected up to the third week in June 2020. The researchers said that a comprehensive evaluation will be needed to follow after the pandemic has subsided

2 Estimates for individual countries show, for example, that air pollution contributed to 29 per cent of coronavirus deaths in the Czech Republic, 27 per cent in China, 26 per cent in Germany, 22 per cent in Switzerland, 21 per cent in Belgium, 19 per cent in The Netherlands, 15 per cent in Italy, and 14 per cent in the UK

3 According to researchers, the particulate matter seems to increase the activity of a receptor on cell surfaces, called ACE-2, which is known to be involved in the way Covid-19 infects cells



HELLO-EEN AMIDST CORONA

President Donald Trump and First Lady Melania Trump hosted a Halloween party for the kids at the White House in Washington, DC, ahead of the Halloween day that falls on Oct 31



An underwater coral 'skyscraper' IN THE GREAT BARRIER REEF

Researchers have announced the discovery of a detached skyscraper in Australia's Great Barrier Reef. Standing at 1,640 feet-high, it is taller than the Empire State Building. According to a Daily Mail report, researchers from the US and Australia mapped out the blade-like coral mount — the first to be discovered in some 120 years — off the coast of Cape York on October 20. Towering above the surrounding seafloor, the spire grew separately to the larger, plateaux-like mass of coral reef to its west.

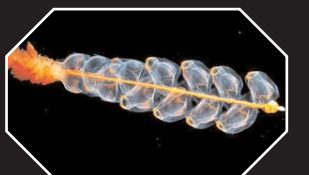


1 According to experts, reefs form from the growth of successive generations of corals — first attached to rocks on the seafloor and later to the skeletons of their predecessors

2 They grow up until they reach the ideal depth beneath the sea surface — and over thousands of years can form vast structures as they adapt to changing sea levels

EXPLORING THE CORALS

■ In April, researchers discovered the longest-recorded sea creature — a 148 feet (45 metres)-long siphonophore, a creature related to the jellyfish, in Ningaloo Canyon — as well as 30 new species



■ In August, five previously-undescribed species of black coral and sponges were unearthed by the team — who also recorded Australia's first observation of rare scorpionfish in the Coral Sea and the Great Barrier Reef Marine Parks



■ Back in February, researchers discovered deep sea coral gardens and graveyards in Bremer Canyon Marine Park



TECH BUZZ

Lava unveils 'Pulse 1' feature phone with contactless thermometer

Domestic mobile handset brand Lava on Tuesday unveiled a feature phone 'Lava Pulse 1' with a contactless thermometer for ₹ 1,999.

- > The feature phone will enable users to measure their body temperature without touching the sensor.
- > The users have to simply place the back of their hand or forehead a few centimetres away from the sensor and it will immediately display their body temperature on the screen, the company said
- > Users also have an option to save up to 10 readings on the phone for future reference and share the data with others through messages
- > Lava Pulse 1 also comes with features, including photo icons for saving contacts, wireless FM with recording and dual SIM support
- > The phone provides auto call recording and enables users to type in seven languages, the company said

Let's build a future

In an exclusive interview with Times NIE, award-winning children's author, artist and TED speaker, **Oliver Jeffers** speaks about his latest book, 'What We'll Build: Plans For Our Together Future'

nitya.shukla@timesgroup.com

In the book, a dad and his daughter decide to build some things together. Their plans include a house to fill with love; a boat that won't break; a tower to watch the starry skies and other worlds and finally, a fortress to keep them safe and their enemies out. Initially, the dad's toolkit seems to be a bunch of basic tools like a hammer, brush, pencil – things that a toolkit will contain. It is only by reading further we realise that the 'real tools' dad's talking about are love, compassion and empathy... the values that connect humanity.

■ Jeffers has also addressed the challenges of parenting in an increasingly divided world, currently wrecked by the ongoing pandemic

THE BONDS OF LOVE

Beautifully illustrated and succinct, Jeffers offers a touching depiction of parental love. When his son was

born in 2017, Jeffers wrote 'Here We Are' as a simple introduction to what the Earth is as a way of reacting to the 'immediacy and the right now.' In contrast, the author has written 'What We'll Build' for his daughter Mari and said it was about looking at the future.

Jeffers has also addressed the challenges of parenting in an increasingly divided world currently wrecked by the ongoing Covid19 pandemic. So the story is about things he observed Mari liked and his 'projected fears' as a parent. The characters build stuff together, and take magical trips, but it's also about dealing with things that are less than agreeable. Jeffers shows the reader that it is possible to simply talk to our enemies. Calling empathy 'the greatest tool', Jeffers



says that it is key to how children will navigate the world in post pandemic times. He says, "I'm very aware of what walls do. They divide, they separate. For any kind of reconciliation for a peaceful future, there has to be a sense of reconciliation. And so in this story there is a door that's built. So those who were once enemies, can become friends." According to Jeffers, children should understand that it is not about them, it's about everybody. He said, "We have to go from a mindset of 'what's in it for me' to 'how can I help?'"

THE ART OF STORYTELLING AND INSPIRATIONS

With over 20 picture books to his credit, Jeffers has consistently offered interesting characters and themes. For example, his book 'How

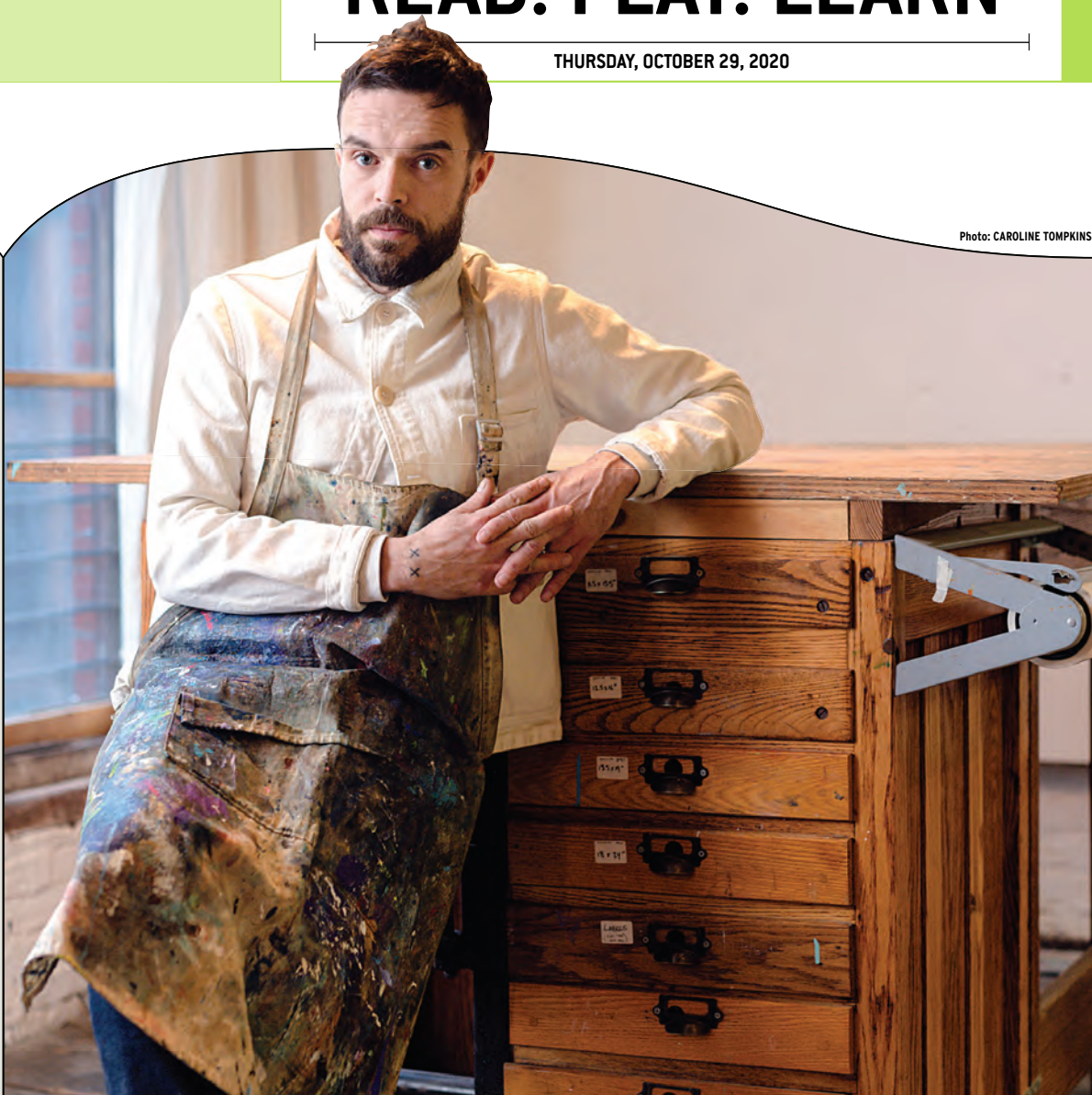


Photo: CAROLINE TOMPKINS

to catch a star' is about a boy who covets a celestial star, an unlikely ambition but finds it because he doesn't give up. In 'The heart and the bottle', he addresses the grief of a young girl who locks away her heart in a bottle (literally) to avoid getting hurt. Asked about what inspires him, the author says, "My stories come from people, and from watching the world and watching how people feel about

The best piece of advice I was ever given was to look at why somebody does something rather than looking at what they do



the world. I think anybody who's doing anything with absolute sincerity and authenticity,

and not providing the world with what they think the world wants but just inviting the world to come along with them on their own internal journey." Now that's a future full of people we know we'll love.

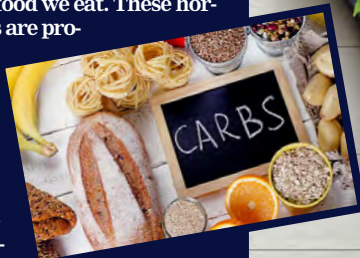
Health is wealth

Here is why despite eating healthy, you are feeling low

Once we make any significant changes in our diet, it's normal to have an adjustment period where you don't feel your best mentally, physically and emotionally. You may experience an upset stomach, brain fog, irritability, pains and aches, even when you switch to healthier eating, which can be extremely frustrating. But fret not, it's short-lived and in fact, a good indicator that your changes are for the better.

Why does this happen?

Our body relies on enzymes, hormones and numerous other physiological processes to digest, absorb and excrete nutrients from the food we eat. These hormones and enzymes are produced only at the level needed. If the body is suddenly asked to increase the production because you are eating differently, you can experience uncomfortable symptoms.



Have you finally started eating healthy but don't really see any positive changes? Instead, you are feeling worse? When we quit junk and start eating healthy, we expect to feel better quickly. But you may be feeling gassy, moody and fatigued. Here's why that may be happening

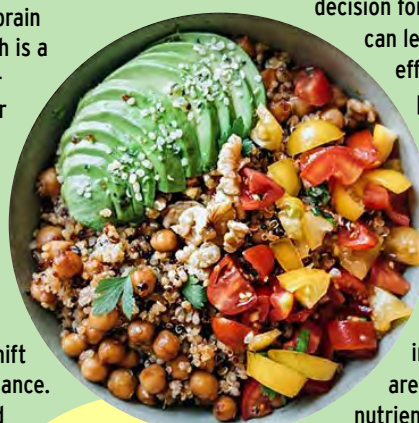
HERE ARE THREE REASONS YOU ARE FEELING LOW DESPITE EATING HEALTHY

1 You have really cut down your sugar intake

When we eat sugar, our brain releases dopamine, which is a pleasure-inducing neurotransmitter. If you earlier relied on sugar to boost your mood, removing it from your diet can lead to strong sugar cravings, feeling of sadness and anxiety. You can even experience nausea and fatigue due to the shift in the gut's microbial balance.

What you can do: Instead of completely cutting sugar from your diet, you can slowly reduce the intake and eventually eliminate it from your diet.

2 You have switched to a plant-based diet



WHAT YOU CAN DO

Start with smaller changes like swapping white bread for 100 per cent whole grain bread. If you persistently feel awful after going low carb, it can mean you are going too low. In such a case, you must consult a physician.

Eating more plant-based foods and lesser animal products might be an excellent decision for your health, but it can lead to some side effects. **Switching to a plant-based diet can lead to nutrient deficiencies.** If this is happening with you, you must figure out the nutrients you are losing out on. Vitamin D, iron and vitamin B12 are the most common nutrients people become deficient in when they switch to a plant-based diet.

3 YOU ARE CUTTING BACK ON CARBS

Carbohydrates increase the serotonin release (the happy hormone). When you cut refined grains from the diet, you might experience mood swings.

3 reasons you are eating better but feeling worse



5 habits to de-stress better



Research has linked chronic stress with diseases ranging from obesity, diabetes to cancers and degenerative conditions. **When we overload our bodies with too much stress, it can cope only till a certain threshold.** After that, our body can collapse, immunity may dip and lead to serious health problems. Here is a list of things that can be done to handle stress in a better way. These steps will not take away the stress factors, but will give you the power and faith to handle it better.

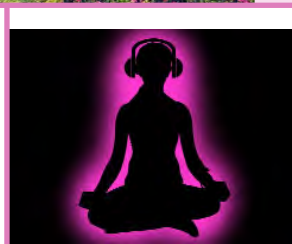
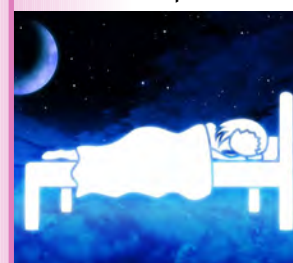


DEEP BREATHING

When we are stressed, our fight-or-flight mode is switched on and no relaxation can happen when we are in this mode. To initiate any relaxation response, one needs to move out of this mode and enter rest mode. **Deep breathing is one of the quickest ways to turn on this switch, because it is also that first thing to get affected when we are stressed.** A long, slow and deep inhale and a long, slow and deep exhale is known to immediately shift us to a state of calm and peace.

SOUND SLEEP

Why do we feel so good and fresh after sleep? Because our mind is put to rest and relaxation when we sleep. **Unfortunately, when we are stressed, sleep is the first aspect that also bears the brunt.** However, sleep is the deepest meditation known and works as an anti-anxiety pill. A few practices like deep breathing, meditation, affirmations, switching off gadgets and dimming the lights could help sleep better and deeper.



MUSIC

The power of music in managing stress levels and anxiety is immense. Research has shown how listening to music you enjoy may help improve mood and increase serotonin levels, a hormone that helps regulate mood as well as sleep, appetite, digestion, learning ability and memory. A handy playlist helps unwind.

The human body can only handle a certain amount of stress and an overload can open gateways for multiple ailments

FIND A LINCHPIN

A linchpin is a pin that passes through the end of an axle on a wheel to keep it in position. If it is removed, the wheel loses balance and falls. Similarly, everyone has a linchpin which keeps them going. Your linchpin could be a morning cup of tea or juice, gardening or spending time with your family. Identify your linchpin and make sure to use it every single day.



NATURE THERAPY

Research says that spending time in nature has the ability to lower cortisol levels, reduce blood pressure, improve symptoms of depression, and help in reducing fatigue, anxiety and confusion. **The Japanese practice of forest bathing is an effective tool to relax and de-stress.** In this, one simply spends time in nature, notices the breeze, soaks in the sun, feels the wind, consciously. Even 10-20 minutes can be relaxing.

Source: Luke Cutinho/Mumbai Mirror

BOOK: THE DIARY OF A YOUNG GIRL BY ANNE FRANK

ANNE FRANK WAS A JEWISH GIRL WHO KEPT A DIARY AND RECORDED HER EXPERIENCES IN IT WHEN SHE AND HER FAMILY WENT INTO HIDING TO ESCAPE THE NAZIS DURING WORLD WAR II.

I liked the book because Anne's age and my age are almost the same, and I think the holocaust is really fascinating. It's one of the most horrifying episodes in history. Reading about Anne and her relationship with the other residents of the secret annex, the fear of being caught and taken to concentration camps was very sad. Not being in contact with friends and relatives for two and a half years must have been very hard. They weren't allowed to make any noise and with eight people huddled in such a congested place, life must have been a nightmare. The clothes were too small, they didn't have enough food

and weren't allowed to open the curtains even a little bit until it got dark. Anne described everything so vividly that you feel like you're in the secret annex with her. Anne and the rest of the members of the annex were caught on the 4th of August, 1944 and sent to concentration camps. The person who betrayed them is still unknown. Anne died in the camp and later, the war ended and the Jews who survived were released. Otto Frank, Anne's father, was the only survivor of the eight residents in the annex. He later published the diary where it became world famous.



TANVI VALLURI,
class VII H, The Hyderabad
Public School, Begumpet

BOOK: FOURTH FORM AT MALORY TOWERS

In Enid Blyton's 'Fourth Form at Malory Towers,' the main character, Darrel Rivers, returns to Malory Towers accompanied by her younger sister Felicity Rivers who is in the first form.

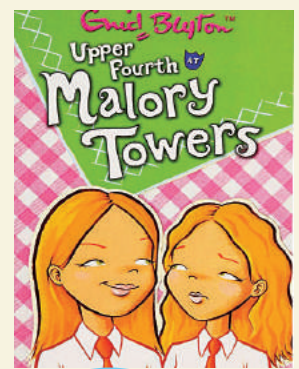
Darrel is happy to see her friends and is delighted to be the head girl of her form. Her best friend Sally Hope gives her sound advice as she was the head girl of the second form. Delighted to be accompanied by her friend, Darrel gives good orders to her form.

This book also tells us about things that happen to

AUTHOR: Enid Blyton
SERIES: Malory Towers

each character and many happy moments. Enid Blyton has once again written a brilliant book for children. This book teaches children about manners, friendship, caring and being independent. Enid Blyton has written many books for children that are always fun to read.

DHANYA RAGHU,
class V C, Bharatiya Vidya
Bhavans Public School,
Jubilee Hills,
Vidyashram, Hyderabad



WEEKEND PLAN

Indoors can be fun too!

Shriya Shastry, class VI A,
The Shri Ram Universal School
Hyderabad

After rigorous classroom sessions, homework and studying during the course of the week I eagerly wait for a restful, but a fun filled and exciting weekend. Considering the prevailing situation, I've had to tweak the ways I have fun on the weekends. So, instead of going out with my family, I have found ways in which I can spend time with them at home. And instead of going out to meet my friends or cousins, we have virtual meetings very often. I also love to cook with my mother. My mom and I have been making new dishes at home during the weekends.

We have a lot of fun. I love drawing and painting but hardly ever find time to do so on weekdays. So, I make sure to set aside ample time on the weekends to draw and paint.

And who doesn't love to read a good book? Every weekend I make sure to read a book. My family and I love watching movies, so during the weekends we have a movie night together where we watch fun and amazing movies.

This pandemic has taught us to innovate and adapt to a new environment. My weekends were initially boring when the lockdown was first announced. However, over a period of time, I adapted to the new normal and my weekends are now more fun and fruitful.

It's better to look at the good side of any situation and ignore the bad side.



ADAPTING TO INNOVATIVE ASSESSMENT TECHNIQUES

"Open your arms to change, but don't let go of your values." - Dalai Lama

We at Pallavi Model School, Alwal believe in the above quote -- we accept change, but not at the cost of our values. We always try to bring something new which will help us to gain the confidence and trust of our stakeholders in every situation. The art of life lies in a constant 'readjustment' to our surroundings. We cannot change anything until we accept it. So, keeping this in mind, we planned our academics in an innovative way to reach out to our children by still being far from the school campus.

Parents embraced the changes made during this pandemic year. We didn't stop here and also planned their assessments in an ingenious way by naming it Reflective Practices.

Maninder Kaur,
pre-primary coordinator,
Pallavi Model School
Alwal

This meant we were also assessing ourselves on how effectively we were reaching out to our young students.

We planned Parent Partnership wherein we asked the parents to assess their child according to eight Multiple Intelligences. We gave them a number of activities to know the growth of their children. These activities helped parents to assess their child genuinely, which in turn helped us to make improvements in certain areas. We got a good feedback which is ultimately the key for our development. Parents appreciated the new approach towards the assessment.



I would like to share one of the responses shared by the parent of a student from nursery, "I am so much impressed that my child learned everything that you explained. I thought that she is not listening to the class properly, so she won't know anything. But after the assessment I am overwhelmed that she is understanding by absorbing the teaching happening in the class." Reflections like these from parents keep us motivated and we get the assurance about being on the right path to guide the child.

CREATIVE CAHOOTS

Gitanjali Devashray **Hyderabad**



Gitanjali Devashray organised a first-of-its-kind online art and craft exhibition titled Creative Cahoots. The programme saw enthusiastic participation from students from classes I to X, showcasing a wide array of creative works.

The programme started with a welcome address and was followed by Ganesh Vandana, which was accentuated by showcasing different idols of Lord Ganesh made with varied items like clay, pulses, dry fruits, utensils, etc., by the students.

The various artistic displays came to life by the seasoned strokes of the children's mastery over different techniques of the art like pencil sketch, mandala art, 'bandhni' designs, monochrome shades and doodling, to name a few.

The chief guest of the event was Alka Lal, senior art teacher from Nasr School.

She lauded each and every piece on display for their artistic importance. Principal Kasturi Chatterjee spoke about the significance of art in life and urged the parents to encourage their children to express themselves creatively.

The programme concluded with the rendition of the national anthem.

World Maritime Day

World Maritime Day focuses on the importance of shipping safety, maritime security, the marine environment and to emphasise a particular aspect of IMO's work. It is a observed globally.

World Maritime Day is celebrated in many countries across the world, including Australia, Canada, the United Kingdom, and the United States. This year the theme for Maritime Day celebrations was about women empowerment in maritime and gender equality.

A woman must not accept; she must challenge. As once Nelson Mandela had said, "Freedom cannot be achieved unless women are emancipated from all kinds of oppression."

This gender disparity is a hindrance in the growth rate of a country. When women participate in the workforce, it helps in the economic growth of the country. Gender equality increases the overall wellbeing of the nation along with economic prosperity.

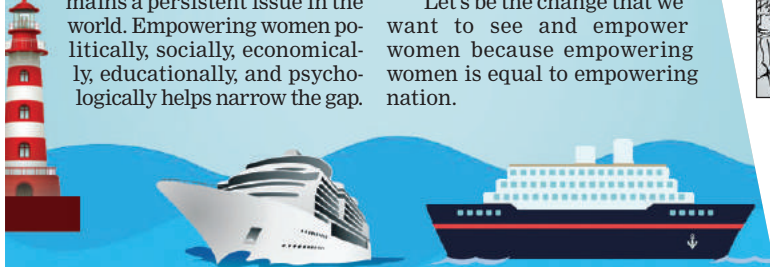
While there has been progress, gender inequality remains a persistent issue in the world. Empowering women politically, socially, economically, educationally, and psychologically helps narrow the gap.

Aditi, class
XII E, Delhi
Public School
Nacharam

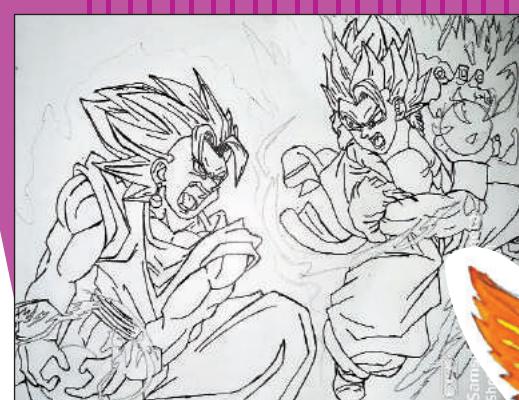
They say women can't do this and can't do that or they have no time as they are busy with housework and taking care of their child and family, but Tamara Schwarting is the CEO of 1628 LTD, a co-working community space of independent professionals in Ohio. She is also an executive-level consultant in supply chain purchasing and business processes. She describes herself as an "urbanist" and has a passion for creative, empowering work environments.

Let's not just stand for success of a women, let's insist on it.

Let's be the change that we want to see and empower women because empowering women is equal to empowering nation.

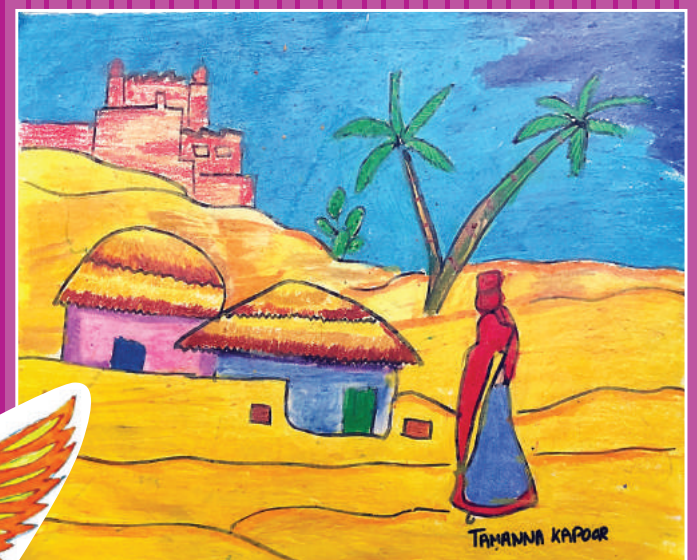


Painters' Gallery



STORY LINES: CHARITHARTH,
class VII B, Delhi School of
Excellence, Manikonda

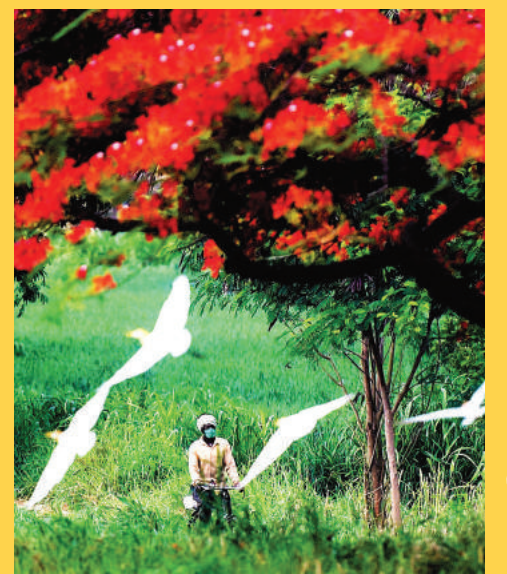
FAN CLUB:
B VARSHIT, class
VII A, Army Public
School, Golconda



SCENIC: TAMANNA KAPOOR,
class VII A, Delhi Public School,
Mahendra Hills, Hyderabad



OH CORONA!



Oh Corona, what do I say to you?
Call you a killer or should I say saviour?
Desperate handful bunch of us could never achieve that you made happen.
Skies are clean and pollution has dropped to record low for entire century!

Oh Corona, What do I say for your humanity?
Call you a killer or should I say saviour?
Families struggled in this age to meet each other; for one meal together.
Now opportune enough to sit and chat; plan and eat all three meals altogether!

Oh Corona, How to say we are humbled?
Call you a killer or should I say saviour?
Populace across borders now mean it from heart; standing as one in pause.
No region separates, nor religion divides us; joint honestly from your cause!

Oh Corona, mark us when I say...
You challenged us, changed us, dreaded us, and made us cry,
Weights high on our souls and has charged too much of freight.
Thank you but we won't hide from this fight!
Our hopes are even higher, though we know option are few, We will win for sure; and come back even more human anew.

ANITA JADHAV,
English Teacher of Primary School,
Johnson Grammar School, ICSE, Habsiguda

5 WORST BOWLING FIGURES

While IPL 2020 has witnessed some brilliant bowling spells by the likes of Kagiso Rabada, Anrich Nortje and Mohammed Siraj, some bowlers have been at the receiving end of the batsmen. A look at five worst bowling figures so far

SIDDHARTH KAUL (SRH)

Kaul conceded 64 runs in his four overs against Mumbai Indians in match number 17 on October 4. Mumbai Indians posted 208/5 in their allotted 20 overs and went on to win the match by 34 runs.

LUNGI NGIDI (CSK)

Ngidi conceded 56 runs in his four overs against Rajasthan Royals in match number four on September 22. Rajasthan posted 216/7 while batting first and then restricted the MS Dhoni-led side at 200/6 in their allotted 20 overs, winning the match by 16 runs.

DALE STEYN (RCB)

Steyn, one of the premier bowlers in international cricket, was found wanting as he went for 57 runs in his four overs against Kings XI Punjab in match number six, played on September 24. Kings XI posted a monstrous target of 207 riding on a brilliant 132* and then bowled out RCB for 109.

ANKIT RAJPUT (RR)

Ankit conceded 60 runs in his four overs against Mumbai Indians in match number 46 on October 25. He faced the brunt in particular from Hardik Pandya as Mumbai Indians posted 195/5 in their allotted 20 overs. However, Rajasthan Royals rode on a brilliant unbeaten century from Ben Stokes to go across the line with 10 balls to spare.

CHRIS JORDAN (KXIP)

Jordan conceded 56 runs in four overs against Delhi Capitals in match number two, on September 20. Capitals posted 157/8 in the stipulated 20 overs and Kings XI matched the score. The Shreyas Iyer-led side won in the Super Over.

Chasing is a concern, we've to reset right now: Ponting

After a flying start, the Capitals suffered a hat-trick of losses, two of them while chasing, to slip to the third spot in IPL standings. The most recent of those defeats was on Tuesday, when the side lost to Sunrisers Hyderabad. DC will now have to dish out superlative performances against table-toppers Mumbai Indians and second-placed Royal Challengers Bangalore in their last two games to seal their play-off spots. **ANI**

It's been a concern. When we decided to bowl first, we've given away big totals. We have to get better at that, we need to be better at bowling first and at chasing totals because so far, it hasn't worked for us.
Ricky Ponting, DC coach



I just go with a clear mind, that's my biggest strength

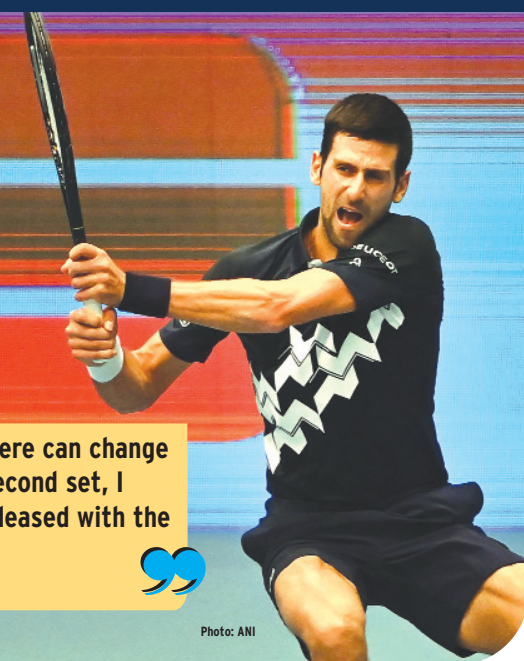


DJOKOVIC WINS VIENNA OPENER TO CLOSE ON SAMPRAS RECORD

Novak Djokovic defeated Filip Krajinovic 7-6(8/6), 6-3 in the first round in Vienna to edge closer to Pete Sampras' all-time record of ending the year as world number one on six occasions

A few points here and there can change the momentum. In the second set, I played better and I am just pleased with the way I finished the match.

Novak Djokovic



TEST YOUR KNOWLEDGE

SPORTS QUIZ | Football Clubs

Q1: Which stadium is also known as the home of Chelsea football club?

- a) Emirates Stadium ☐ b) Old Trafford ☐
c) Stamford Bridge ☐ d) Wembley Stadium ☐

Q2: In which year was Chelsea Football Club founded?

- a) 1904 ☐ b) 1905 ☐ c) 1906 ☐
d) 1907 ☐

Q3: Which team did Liverpool defeat in December 2019 to secure the FIFA Club World Cup for the first time?

- a) Monterrey ☐ b) Flamengo ☐
c) Corinthians Paulista ☐ d) None of the above ☐

Q4: In the year 2019, Liverpool lifted their sixth European Cup by defeating ____ in the Champions League final in Madrid.

- a) Monterrey ☐ b) Flamengo ☐
c) Tottenham Hotspur ☐ d) Corinthians Paulista ☐

Q5: Who holds the record of most Premier League goals in Arsenal Football Club?

- a) Thierry Henry ☐ b) Ian Wright ☐
c) Cliff Bastin ☐ d) David Jack ☐

Q6: Who holds the record of most UEFA Champions League goals in Arsenal Football Club?

- a) Thierry Henry ☐ b) Ian Wright ☐
c) Cliff Bastin ☐ d) David Jack ☐



Q7: In which year was Manchester United Football Club first formed under a different name - Newton Heath LYR (Lancashire and Yorkshire Rly)?

- a) 1845 ☐ b) 1857 ☐ c) 1864 ☐ d) 1878 ☐

Q8: Who is Manchester United's all-time leading scorer and the only player to have scored 250 goals for the Reds?

- a) Wayne Rooney ☐ b) David Beckham ☐
c) Cristiano Ronaldo ☐ d) None of the above ☐

Q9: In which year did Alex Stepney earn Old Trafford immortality, the night Manchester United became European champions?

- a) 1988 ☐ b) 1978 ☐ c) 1968 ☐
d) 1998 ☐

Q10: In which year did John Houlding famously break away from the board of Everton to form a new club - Liverpool FC?

- a) 1707 ☐ b) 1887 ☐ c) 1892 ☐ d) 1900 ☐

Q11: In 1893, Liverpool played their first-ever Football League game against...

- a) Israeli football club ☐ b) Middlesbrough Ironopolis ☐ c) Paris Saint-Germain ☐ d) None of the above ☐

Q12: In which year did Liverpool win their first Premier League title, with seven matches remaining?

- a) 2017 ☐ b) 2018 ☐ c) 2019 ☐ d) 2020 ☐

ANSWERS: 1 c) Stamford Bridge 2 b) 1905 3 b) Flamengo 4 c) Tottenham Hotspur 5 a) Thierry Henry 6 a) Thierry Henry 7 d) 1878 8 a) Wayne Rooney 9 c) 1968 10 c) 1892 11 b) Middlesbrough Ironopolis 12 d) 2020