



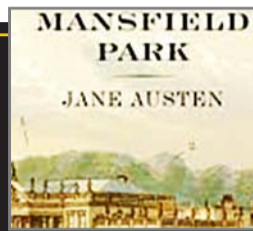
# THE TIMES OF INDIA

[www.toistudent.com](http://www.toistudent.com)
**TODAY'S  
EDITION**

➤ Nip it in the bud, say mental health experts on behavioural issues of kids. Figure out how early attention helps  
**PAGE 2**



➤ Know why Jane Austen, the author of classic novel 'Pride and Prejudice', still get this generation 'booked'  
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➤ IPL 2021: Bottom-placed Hyderabad face uphill challenge against CSK  
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**STUDENT EDITION**  
THURSDAY, SEPTEMBER 30, 2021



**ISRO's next:  
Mission Sun**

**CLICK HERE: PAGE 1 AND 2**

*Spotlight*

## 'EMPTY WORDS'

says Greta; fumes over 'shameless cheering' of inaction



Swedish activist Greta Thunberg opened a youth climate summit on Tuesday by lambasting three decades of government inaction, accusing the world leaders of having "drowned" future generations with "empty words and promises". Speaking weeks ahead of a crunch UN climate meeting in Glasgow, Thunberg accused governments of "shamelessly congratulating themselves" for insufficient pledges to cut emissions and promises of financing. Hurling leaders' own words back at them, the 18-year-old laid bare to delegates at the Youth4Climate event in Milan the gap between words and action. "There is no Planet B, there is no planet blah, blah, blah," Thunberg said.

The three-day event in Milan gathers some 400 youth activists from nearly 200 countries, who will submit a joint declaration to a ministerial meeting at the end of the week as a lead-in to COP26 in November in Glasgow

### FOR THE RECORD

- 1 COP26 is being billed as vital for the continued viability of the 2015 Paris Agreement, which saw countries commit to limit global temperature rises to "well below" 2 degrees Celsius
- 2 The landmark deal aims for a safer warming cap of 1.5C
- 3 But six years after the accord was struck, countries still haven't agreed how it will work in practice

How long must children sleep hungry because their farms have been washed away, because their crops have been dried up because of the extreme weather conditions? How long are we to watch them die of thirst and gasp for air in the floods? World leaders watch this happen and allow this to continue  
**Vanessa Nakate, youth activist**



## Aditya L1 likely to launch in 2022

India's first solar mission to study the sun, Aditya L1, may be launched next year, ISRO officials have confirmed. The mission was pushed from early 2020 to 2022 due to the global Covid-19 pandemic. Talking about the scientific missions at a conference recently, the director of human spaceflight centre, Unnikrishnan Nair, said, "The solar mission Aditya L1 will be launched in the third quarter of next year (2022), and will provide more insights into the origin of the universe and many other unknowns."



### OTHER MISSIONS IN THE TRAJECTORY

- According to ISRO officials, India will also launch its second space observatory in 2022
- Named XPoSat, the observatory will help astronomers study cosmic sources such as pulsars and supernovae
- "XPoSat will allow us to study the polarisation of celestial events. It will be launched by an SSLV, which is under development. The first development flight will be by the end of this year. Academicians are looking forward to the data generated from this mission," said Nair



- The spacecraft in the Aditya L1 mission will be sent 1.5 million km away from the Earth to L1 Lagrangian, a point between the Earth and the sun, where the gravitational pull of both the bodies on the satellite is equal to the centripetal force needed to keep the satellite in orbit
- It is like a parking area in space and is great for observing several phenomena without hindrances from eclipses

## Serum to enrol 7-11 year olds for vaccine trials

The Drugs Controller General of India (DCGI) has given greenlight to Serum Institute of India's (SII) plan to enroll children in the 7-11 year age group for clinical trials of the Covid-19 vaccine developed by US pharma major Novavax. The vaccine is being developed in India by SII as Covovax. SII is already conducting trials for the same vaccine on the 12-17 year old age group and has submitted safety data for trials conducted on the first 100 participants.

SII CEO Adar Poonawalla had earlier this month said that he's expecting approval for the vaccine, to be administered to those under the age of 18, by January or February next year. Only Zydus Cadila's ZyCoV-D has so far been granted emergency use authorisation for administering to children in the age group of 12-17 years – which however, is yet to be rolled out



## DEEP POCKETS FOR JEANS?

Cotton futures raced past \$1 a pound for the first time in nearly a decade as adverse weather and shipping snags threaten supplies, driving up costs for clothing around the world...

### MAJOR CAUSES

- Crops in several key-growing countries are seeing problems, from rain-drenched fields in the US to bollworm-infested ones in India
- At the same time, cotton buyers need more of the fibre. Mexico and China are buying record amounts
- Also causing trouble for suppliers are high freight rates and geopolitics, with international backlash about labour violations in Xinjiang, China's biggest producing region.

All of this will lead to the rise of cost of making clothing, squeezing margins for apparel makers like Levi Strauss & Co. It will result in inflation – from T-shirts to jeans, if retailers try to pass on the expense to consumers

## Which was the first Indian film to enter ₹100 crore-club? 'Disco Dancer', claims biography

The Mithun Chakraborty-starrer 'Disco Dancer', which released in 1982, was the first Indian film to gross ₹100 crore worldwide, claims a new biography on the yesteryear's superstar. The film had shattered the record of 'Sholay' (1975) and established the Bengali actor among superstars in the Hindi film industry, says Ram Kamal Mukherjee in 'Mithun Chakraborty: The Dada of Bollywood'.



**BOOK**

"The film introduced India to the world of disco and the audience just went berserk. The film was a roaring success overseas too, including Central Asia, Eastern Europe, Russia, China, the Middle

East, Turkey, and West and East Africa," Mukherjee writes in one of the chapters dedicated to the cult film  
■ The music of the movie was a huge hit and won many accolades

## PUPPET MAKES CROSS-EUROPE TREK TO SUPPORT CHILD REFUGEES



A 11.5-foot-tall puppet depicting a Syrian refugee girl arrived in Geneva on Tuesday, as part of an 8,000-km-walk across Europe to raise awareness of the plight of young refugees. 'Little Amal', which means 'hope' in Arabic, started her journey on July 27 in Gaziantep, Turkey, near the Syrian border. After her stop in Geneva, she will continue towards her last stop in the northern English city of Manchester.

■ The puppet depicts a nine-year-old refugee girl in search of safety and her mother, who never returned from her attempt to find food. The Handspring Puppet Company created her as part of an effort to raise awareness on the plight of unaccompanied refugee children

■ Four puppeteers bring Amal to life, including one inside her frame walking on stilts who also operates a complex system of strings that control the puppet's facial expressions. There are also puppeteers operating each arm, and one supporting her back

**THE TIMES OF INDIA**

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**ONLINE TOI STUDENT EDITION**

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**ON THE WEBSITE**  
Online Debate Session on Gandhi's relevance now where students can send us their videos: #OmGandhiChallenge as students send one daily batch of Gandhi and report back. Reimagine Gandhi as Suphero as we invite them to send us their art, poem, essay on all things Gandhi.

**COLLECTOR'S EDITION**  
OCTOBER 2, 2021

The celebration starts early on our website from Monday, September 27, 2021

**AND MUCH, MUCH MORE**

## POSITIVE PARENTING

# How to talk to your kids about MENTAL HEALTH

RESEARCH HAS REVEALED THAT EVEN YOUNGSTERS STRUGGLE WITH STRESS, LONELINESS AND DEPRESSION. SOME TOOLS TO HELP

We are in the midst of a mental health crisis and even children have been affected. Many feel stress, loneliness and anxiety, and have considered suicide. Given that children lack the necessary tools, parents may need to give them a helping hand. Paula Talman, founder of iSpace, a UK-based mental health and well-being curriculum for schools, and clinical psychologist Dr Nancy Nsiah share some tools you can use:

## I THINK MY CHILD IS DEPRESSED. WHAT CAN I DO?

**YOUNG CHILDREN:** Set aside some time – 20 minutes everyday – for a conversation. With young children, you can do this through play, games like Lego or a storybook could help create a relaxed environment to talk about emotions.

**TEENS:** Let them know you have noticed that they don't seem happy, but in a caring and non-judgemental way. See if they want to and can explain 'why' to you. Let them know you are there for them.

## MY CHILD DOESN'T WANT TO TALK TO ME. WHAT CAN I DO?

**YOUNG CHILDREN:** Questioning children about the things they find hard to verbalise can make them vulnerable. Instead, give them room to process their emotions. Do something you enjoy together and let the conversation flow naturally.

**TEENS:** Teenagers can find it easier to rate how they are feeling rather than going into a full conversation. So, create a sliding scale from one to five, and ask them pertinent questions.

## FLOSSING IS GOOD FOR BRAIN HEALTH OF KIDS!

New research has suggested that besides the obvious reasons of plaque formation, etc., poor dental health may also lead to declining cognitive abilities in children. While brushing teeth is crucial, flossing at least once a day can lead to better brain health in kids of all

## MY CHILD SEEMS LONELY. HOW CAN I HELP HIM/HER?

**YOUNG CHILDREN:** Ask them if they feel left out. Offer to create opportunities where they can meet their friends, such as playdates.

**TEENS:** Some people can be alone and not lonely, while others can be surrounded by people and still experience loneliness. Check what your child is feeling.

## MY CHILD IS ONLY INTERESTED IN COMPUTER GAMES. IS THIS BAD FOR THEIR MENTAL HEALTH?

**YOUNG CHILDREN:** Reflect on your own screen use and make adjustments to model a more balanced relationship. Offer alternate activities and create technology-free zones, such as the dinner table.

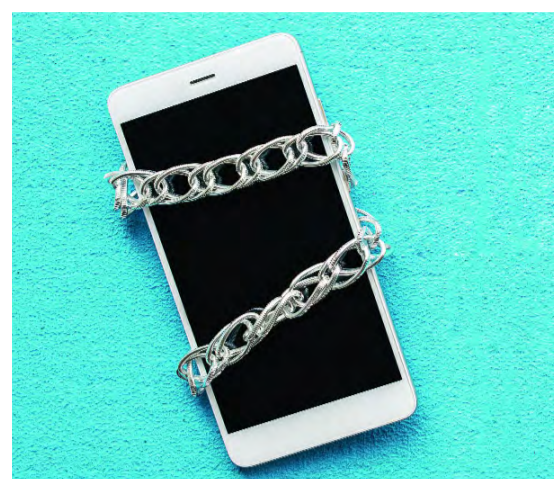
**TEENS:** Teenagers use social media to communicate and socialise. Encourage them to arrange activities in person with friends and also suggest things to do together as a family.

## MY CHILD IS BEING BULLIED AT SCHOOL. HOW CAN I STOP THIS?

**YOUNG CHILDREN:** It's important to listen and reassure them that you won't act without talking to them first.

**TEENS:** Sit with your child and discuss the school's policy on bullying. Keep a diary of this to share with the school. If they are being bullied online, keep screenshots as evidence. Older children often want to try to manage the situation themselves, so be a sounding board for ideas. Ensure they spend time with supportive friends.

## ONLINE LIFE



# Should you opt for a DIGITAL DETOX?

Even before the pandemic, interest in digital detoxing had been growing steadily. A 2018 survey of more than 4,000 people in Britain and the United States found one in five had been on a detox, with 70 per cent trying to limit the time they spent online

## DIGITAL 'NONSENSE'

Taking a break from tech is often billed as a way to boost overall well-being, helping fight sleeping disorders, anxiety and depression. But some researchers are still sceptical. A 2019 study by Loughborough University, UK, found a 24-hour period of abstinence had no effect on mood and anxiety. Wenjie Cai, a lecturer in tourism and hospitality at the University of Greenwich, UK, whose work focuses on digital detox holidays, found that holiday-goers often reported higher levels of anxiety when they separated from their phones at the start of a holiday and again at the end, when they prepare to be reunited with them.



## BETTER TIME MANAGEMENT

Still, a digital detox retreat can be a good opportunity to evaluate daily habits. Participants in Cai's research reported engaging more in self-reflection during an out-of-town tech break. And while most people returned to reduce the amount of time they spent using their devices, he said. "Many people found there is nothing urgent waiting for them when they turned their phones back on and this gets them to think about how they can actually do away with the device a few hours a day and be more focused on work and leisure," he said.



DAILY MIRROR

# BEAUTY PAGEANT FINALIST TO GO *makeup free!*

A contestant in the Ms Great Britain pageant, Elle Seline, plans to compete without wearing any make-up. She says she used to get bullied for her 'frizzy' hair and body shape back in school and began to wear makeup and straighten her hair to fit in as a teenager. The 31-year-old Seline's goal is to support body positivity and promote realistic body standards.

**STUDENTS, HAVE YOU ALSO FACED BODY SHAMING IN SCHOOL?**

Share your experiences and how it has shaped your thinking and beliefs. Suggest ways to fight it by writing to us at: [timesnie175@gmail.com](mailto:timesnie175@gmail.com)

# Sleeping in the afternoon is far from lazy - it's smart

IT'S OFFICIAL! TAKING 40 WINKS CAN IMPROVE YOUR MOOD AND ENERGY LEVELS, BUT ONLY IF YOU SNOOZE LIKE A PRO

HERE'S HOW YOU CAN ENSURE TO GO ABOUT IT THE RIGHT WAY

## RULE 1: RESTRICT YOUR NAP TO 20 MINUTES

Ten to 20 minutes is the perfect length of time to rest. It gives your body time to enter the first stages of restorative sleep without falling into a deep sleep. The first two stages of sleep – NREM or non-REM sleep – are the lightest. That's when your heart rate, temperature and brain activity slowly decrease. During the third stage of sleep, at around 30 minutes, your heart rate, temperature and brain activity will begin to reach their lowest points. If you wake at this stage – slow-wave sleep – you can feel groggy and confused.

Dr Verena Senn, neurobiologist and head of sleep research at Emma The Sleep Company is also a big fan of naps. She says, "Research has shown that naps help to 'reboot' your brain by allowing your body to enter the early, restorative stages of sleep. This improves your memory, learning, reaction time and logical reasoning. It also lets you approach the rest of your day from a fresh perspective."

"Naps are so effective that even athletes such as Usain Bolt praise them. He's been known to take naps in the hours leading up to competitions, including before his record-breaking 100 metres in 2009." Dr Senn continues, "However, western nations are predominantly set to a monophasic sleep schedule, which means all our sleep comes in one sitting."

## RULE 2: SNOOZE IN EARLY AFTERNOON

Most studies tell us that naps are best taken in the early and mid-afternoon, which is when you are most likely to experience a natural decline in your energy and your alertness. If your naps take you into the later part of the afternoon, you run the risk of impacting the sleep you would usually get at night. Oversleeping during the day can make it much more difficult to rest at night. Your bed is the best place for a snooze.

## RULE 3: BE PICKY ABOUT YOUR NAP ENVIRONMENT

Many people struggle to fall asleep for a short time, especially if they know they have to be up within 20 MINUTES. Find the perfect environment for your nap. It may seem obvious but the best place to rest at any point in the day is your bed, if possible. It's the only piece of furniture built specifically to sleep on. Many people may nap on their sofa but it doesn't offer the same support for your back, neck and head as a mattress, meaning you're more likely to wake up with

aching pains and a sore neck. Try to meditate, listen to relaxing sounds or put earplugs to block out distracting sounds.

## RULE 4: STICK TO A SCHEDULE

Try to stick to a regular nap schedule. After keeping to the same routine for several weeks, our bodies learn when 'sleeping time' is coming and begin to produce hormones and neurotransmitters to prepare you to rest.

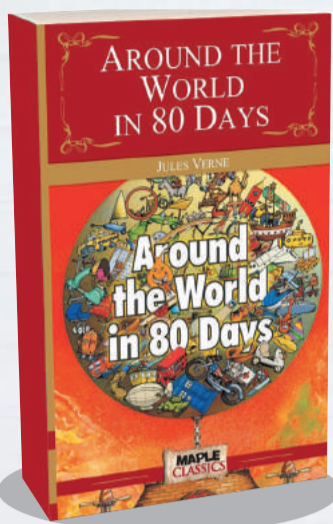
## RULE 5: DO WHAT WORKS FOR YOU

It's vital that you assess whether your body will be able to manage such a shift in sleep patterns by introducing a siesta into your day. Changing too much too quickly could have implications for both your physical and mental health. Proceed with caution and stick to a routine to avoid deprivation.

SUNDAY MIRROR



## BOOK REVIEW: AROUND THE WORLD IN 80 DAYS



**A**round the World in 80 Days is an adventure novel written by French author Jules Verne. In this, Phileas Fogg, the protagonist, is a knowledgeable person with an eccentric personality. Despite being wealthy he lives a modest and solitary life. After getting into an argument at the club that he frequently visits, he makes a wager with his fellow members for £20000, about half of his fortune, to prove that travelling around the world in 80 days is possible! And so without any delay, he quickly boards a train with his newly appointed assistant Passepartout and starts his journey!

I personally liked this book a lot due to the adventures which are thrilling and makes the book a real page-turner. I like travelling to different places and meeting new people and thus I thoroughly enjoyed this novel. So I would give this novel an 8 out of 10 and I would definitely recommend it to all young readers out there due to its well thought out characters and dramatic plot.

**ARAV JAIN,**  
class: IX, The  
Global Edge  
School, Madhapur



## BOOK REVIEW: DETECTIVE STORIES

**O**ne of the best books on my shelf is 'Detective Stories'. It is a collection of 10 classic mystery tales that are great fun to read. This book is from Rupa Publications. The purpose of this course is to thrill us, but trust me this book got me thinking "How did the detectives ever solve such cases?"

My most favourite story in this book is 'The Crooked Man' written by Arthur Conan Doyle, and the detective in this story is the great Sherlock Holmes.

In this story, Holmes once again dons the cap of a perfect detective to catch the murderer. The other stories include 'Hunted Down' by Charles Dickens and 'The Confession' by Guy de Maupassant. This story book is certainly one of my favourites.

It has got a 'Glossary' to understand the meaning of the words in the stories. Even though there are whole lot of plots and twists, it's just a collection of simple stories. Now, who wouldn't call this book a perfect thriller?



**KESHAV PRASEEN,**  
class IV C, Gitanjali  
Primary School, Begumpet

## MULTIPURPOSE SHELF

### THINGS NEEDED

- Old magazine or newspaper sheets.
- Waste cardboard or old calendar board.
- Colours to paint.
- Fevicol gum.

### DO IT YOURSELF

By recycling the waste products, we can go one step towards Swachh Bharat. Here is how you can make a multipurpose shelf from discarded cardboard and newspaper.



- Take old newspapers and cut them into rectangular shapes.
- Then fold those rectangular sheets into paper rolls.
- Make many paper rolls/straws and apply colour of your choice.
- As soon as the colour dries up stick those paper rolls one by one together.
- Take a cardboard and place the joined paper rolls on it with the help of glue in such a way that you have a drawer and shelf as shown in the picture.
- The shelf can be decorated using lace, or old buttons.



**R POORNIMA,**  
class V, Sri Gopal  
Naidu Children's  
School, Coimbatore



## Stay strong with a healthy heart

**"TO FEEL GOOD FROM HEAD TO TOE, KEEP A HEALTHY HEART-BEAT"**

**W**orld Heart Day is an annual observance and celebration held on September 29 that intends to increase public awareness of heart problems, including their prevention and global impact. To promote the same, at Ganges, a class assembly on World Heart Day was conducted by the class II C students.

The assembly began with a prayer. The students spoke about the significance of the day, followed by a speech on how it is celebrated.

### Ganges Valley School

They recited a poem and performed a dance to a song to convey the importance of the heart. They also shared a few important facts and tips to keep us healthy.

The objective of conducting this assembly was to highlight the importance of a healthy heart and stay strong. The students concluded the assembly with the National Pledge and the National Anthem.

## YOUNG LEADERS TAKE CHARGE

**'Leaders are not born, but they are created in school.'**

**R Laxman, class X,**  
**Sree Narayana Vidya Bhavan**  
**Hyderabad**

**S**ree Narayana Vidya Bhavan School held its Investiture Ceremony recently with great energy, pride, and enthusiasm. The programme began with a prayer and the dignitaries were given a warm welcome. Students leaders from classes IX and X who were elected came forward to take up the responsibility and took the oath to perform their duties with dedication. Groups of students performed dance,

karate and others presented impressive speeches on the occasion.

The spirit of leadership, discipline was observed during the ceremony with young leaders set to take the responsibility on their shoulders. The dignitaries, principal, teachers and the students were all thanked for making the ceremony a grand success.



## Making fitness a part of life

**T**he prefectorial board of Delhi Public School, Nadargul, took part in the Fit India Freedom Run 2.0 on the school grounds. The Union government's initiative FIT India Mission had conceptualized the run as a part of its efforts to make fitness an integral part of everyone's life.

Fit India Mission encourages people to join the Fit India Movement by incorporating 30-60 minutes of physical activity into their daily routine. The mission of the movement is to bring about behavioural changes and move

**Delhi Public School**  
**Nadargul**

towards a more physically active lifestyle.

The students received certificates for their enthusiastic participation in building a fit nation through this involvement, motivating all the spectators in the process and being an idol for their peers.

DPS Nadargul strives to promote a physically active lifestyle among students with many such campaigns and activities.

## Painters' Gallery



**COOL CLIMES:**  
**SABAHATH FATIMA,**  
class VII, Springfields  
International School,  
Bandlaguda



**EXPRESSIVE:**  
**SHREYAS SAHOO,**  
class VII, DDMS P Obul  
Reddy Public School



**TACTICS:**  
**MADADI AKSHAYA**  
**REDDY, class VII B,**  
**P Obul Reddy**  
**Public School**



**LOVE & CARE:** **VAIBHAVI MEHTA,**  
class VIII, Sister Nivedita School

## Bidding a fond farewell to patron



**"Great is the art of beginning, but greater is the art of ending."**

**Army Public School**  
**Bolarum**

**A**rry Public School, Bolarum, organised a farewell for Maj Gen RK Singh, General Officer Commanding, Telangana and Andhra Pradesh Sub Area and Patron, Army Public School Bolarum, recently. The farewell ceremony was also graced by Brigadier Sarabjeet Singh, Commandant 1 EME Centre and Chairman Army Public School, Bolarum.

Principal Smitha Govind welcomed the dignitaries and the audience following which students presented a cultural programme. Students from classes IX and XII who did significant work in Atal Tinkering Lab (ATL) were felicitated with mementos.

Maj Gen RK Singh blessed the children with many good wishes. The patron appreciated the exemplary leadership skills of Principal Smitha Govind and appreciated the students, mentors and staff for the school's success in various fields.

Smitha Govind handed over a small token of remembrance of this glorious association, a memento and a book of memorable moments to Maj Gen RK Singh. The ceremony concluded with a vote of thanks by Senior Wing Academic Coordinator Aruna Dommati and a rendition of the National Anthem.

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## IPL 2.0

HYDERABAD FACE  
UPHILL CHALLENGEWill hope to keep up winning momentum  
against table toppers CSK

Ravindra Jadeja

Virtually out of the play-off race, bottom-placed Sunrisers Hyderabad will hope to keep their newfound momentum intact when they face table toppers Chennai Super Kings in the IPL, in Sharjah on Thursday.

Kane Williamson led from the front with an unbeaten half-century to help Hyderabad return to winning ways after five losses on the trot. It lifted the morale of the side as they have suffered eight losses from 10 matches. The biggest decision for Williamson-led think tank has been to drop their big hitting opener David Warner, who aggregated just 181 runs at an average of 24.37. This was twice this season that their only IPL-winning (2016) skipper was axed after losing captaincy to the New Zealander. With speculation rife about the Aussie's future at his favourite franchise Hyderabad, the onus would be on the Kiwi skipper to revive the fortunes of the Orange Army.

English opener Jason Roy seized the opportunity on his debut to set it up with a quick 60 before Williamson sealed the challenging chase of 165 with nine balls to spare. The trio of Siddharth Kaul, Bhuvneshwar Kumar and Jason Holder also shone at the

death without conceding a boundary in the last 17 balls and also dismissed the dangerous Sanju Samson in the final over to contribute to their first win in five months.

SRH look  
to win again

Even as the odds are high against them, the Williamson-led will look to win all their remaining four matches and also pray that the other results go in their favour. For a side that relies heavily on their



overseas recruits, the onus will be on the likes of Wriddhiman Saha and Priyam Garg to step up. "We can say the performance was improved. There was clarity in roles to, want to build on this, want to see the younger players take their opportunity and enjoy the cricket," Williamson had said after their seven-wicket win.

On the match against table toppers CSK, Williamson said, "It's a new venue, and CSK, top of the table, tough to beat. But

as we know every team in this tournament is good. Hopefully we can play with a smile on our faces."

CSK in  
comfortable  
position

The MS Dhoni-led side on the other hand are coming on the back of a hat-trick of wins and have virtually sealed their Play-off chances.

It was Ravindra Jadeja who once again proved to be their game-changer on Sunday as his eight-ball 22 runs came off last ball two-wicket win over Kolkata Knight Riders on Sunday. The duo of South African great Faf du Plessis and Ruturaj Gaikwad have shown great chemistry up front while the likes of Moeen Ali, Suresh Raina and Ambati Rayudu form the core of their batting. Young Indian opener Gaikwad especially has been in the form of his life with scores of 40, 38 and 88 not out as he has given the side strong starts in the power-play.

The bowling department may look to be their weak link as it remains to be seen if Hyderabad is able to capitalise on it. West Indian star all-rounder Dwayne Bravo was rested against Kolkata as it would be no surprise if he returns to the side in place of Sam Curran who leaked 56 runs from his four overs against KKR. **PH**

Kane Williamson

SALAH, FIRMINO  
NET DOUBLESLiverpool ruthlessly thrash injury-hit Porto for  
5-1 victory in seemingly-tricky fixture

Mohamed Salah struck twice as Liverpool sauntered to a 5-1 victory against injury-struck Porto to seize command of a daunting looking Champions League Group B on Tuesday. Substitute Roberto Firmino also grabbed a brace as Liverpool negotiated a tricky-looking fixture on paper with ease.

## Porto's night of woes

It was a miserable night for Porto, who have now conceded 14 goals in three home games against Liverpool, especially keeper Diogo Costa, who produced a woeful display.

Porto were dealt a blow before kickoff when captain and centre back Pepe was injured in the warm-up and the hosts were handicapped when midfielder Otavio lasted only 13 minutes before hobbling off with a hamstring injury.

Liverpool took advantage of Porto's woes with Salah tapping in following a mistake by Costa after 17 minutes and they doubled their lead before halftime when Sadio Mane scored from close range with Costa again culpable. Salah made it 3-0 on the hour with a typically neat finish before Porto rallied with Mehdi Taremi heading past Alisson.

Any hope of a late Porto comeback was extinguished,

when Costa made a mad dash from his goal and substitute Firmino rolled a shot into an empty net. Porto's misery was complete when Firmino grabbed his second of the night in the 81st minute.

## Good start

Liverpool top the group with six points from two games. After being drawn in the toughest group, Liverpool will be hugely satisfied with their start, having beaten Milan in a scintillating opener at Anfield a fortnight ago. They were far too good for a Porto side. **REUTERS**



Mohamed Salah

Photos: GETTY IMAGES

MESSI SCORES  
SUPERB 1ST FOR PSGShows his electric skill in 2-0 win against  
Guardiola's Man City

Lionel Messi

Messi's superb first goal for Paris Saint-Germain was well worth the wait and delivered a timely reminder of the electric skill that has helped him win six Ballon d'Or trophies. It also punished his former coach Pep Guardiola's team as PSG beat Manchester City 2-0 in Champions League group stage. Messi charged from midfield toward the penalty area in the 74th minute, opening up more space as Achraf Hakimi made a dummy run to his

right, and received a clever flick from Kylian Mbappe before curling a fine strike into the top right corner with the most famed left foot in world soccer. The ecstatic crowd rose to their feet.

## Messi adapting slowly

"I'm very happy to have scored. I've not been playing much recently and I'm adapting to my teammates little by little," Messi said through a translator. "The more we play together the better it will become. We need to grow together and increase our level."

"The goal was fantastic," Guardiola said.

PSG started its dream attack of Messi, Neymar and

Mbappe, but it was unheralded midfielder Idrissa Gueye who opened the scoring in the eighth minute. The Senegal international thumped the ball into the top corner after Neymar's scuffed shot fell to him just inside the penalty area following Mbappe's cross from the right.

## Costly miss for city

City had not lost its five previous meetings with PSG, winning 2-1 in Paris and 2-0 at home in last season's semi-finals before losing to Chelsea in the final. City should have equalized in the 26th, but missed. De Bruyne's shot in the 54th as City exposed poor defending. **AP**

## QUIZ TIME!

## Q1: Who is the current World Boxing Association's Middleweight female Champion?

- a. Alicia Napoleon
- b. Claressa Shields
- c. Hanna Gabriel
- d. Liliana Palmera

## Q2: Which of the following were part of the Panhellenic Games?

- a. Pythian Games
- b. Nemean Games
- c. Isthmian Games
- d. All of the above

## Q3: Which country has hosted the Commonwealth Games

maximum number of times?

- a. Australia
- b. Germany
- c. Canada
- d. India

## Q4: Which team won the EPL game in 2003-04 season?

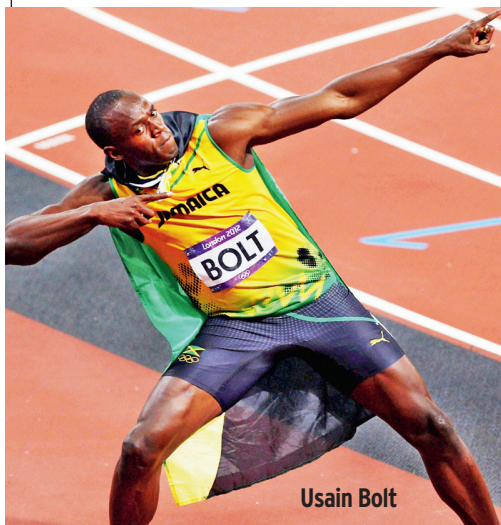
- a. Arsenal
- b. Chelsea
- c. Liverpool
- d. Manchester United

## Q5: Which of these events are not a part of the Olympic Games but are part of the Commonwealth Games?

- a. Lawn Balls
- b. Netball
- c. Squash
- d. All of the above

Q6: Usain Bolt is still the fastest man in the world, running 100m in 9.58 seconds. In which year did he set that record?

- a. 2006
- b. 2007
- c. 2009
- d. 2010



Usain Bolt

Photo: GETTY IMAGES

## Q7: Which Sri Lankan cricketer recently announced his retirement from all forms of cricket?

- a. Angelo Mathews
- b. Kumar Sangakkara
- c. Lasith Malinga
- d. Kusal Perera

## Q8: Who won the Asian Snooker Championship 2021?

- a. Pankaj Advani
- b. Geet Sethi
- c. Aditya Mehta
- d. Sourav Kothari

## Q9: Which former Indian player has been roped in to mentor the Indian team in the

upcoming T20 World Cup?

- a. Rahul Dravid
- b. Anil Kumble
- c. MS Dhoni
- d. Sachin Tendulkar

## Q10: Who won the Italian Grand Prix 2021?

- a. Lewis Hamilton
- b. Max Verstappen
- c. Lando Norris
- d. Daniel Ricciardo

**ANSWERS:** 1. b. Claressa Shields  
2. d. All of the above 3. a. Australia 4. a. Arsenal  
5. d. All of the above 6. c. 2009 7. c. Lasith Malinga  
8. a. Pankaj Advani 9. c. MS Dhoni  
10. d. Daniel Ricciardo