## DELHI PUBLIC SCHOOL, MIYAPUR DIPS-BUZZ

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Dear Parent,

Greetings from DPS-Miyapur!

The best preparation for tomorrow is doing and giving your best today.

The secret of change is to channelize all your energy not on fighting the old but building the new. New Year not only marks the beginning of a new year, it also marks the time to unfold new pages and add new chapters of hopes, dreams, aspirations, hard work, and success in our lives. January is the month that brings about a fresh start with infinite possibilities. It is the time to reflect on the year that has gone by, work on our shortcomings, aspire and resolve to accomplish our goals with fresh zeal and enthusiasm. Although the sudden rains in December, dampened the grounds of DPS-Miyapur that halted the celebrations of the Annual Sports Day, it couldn't dampen the undying spirit of the Dipsites.

With fresh zeal and enthusiasm, the New Year commenced with the Annual Sports meet of DPS-Miyapur on 5<sup>th</sup> January 2019 and it goes without saying that it was a gala success.

In the morning of 5<sup>th</sup> January, 2019, the much awaited Annual Sports meet of Pre-primary grades, *Feliz-2018-19* was held. The theme of Feliz was to emphasize on the fact that Happiness and Health go hand in hand. The programme began with the Guard of Honour and the arrival of the Chief Guest Arjuna awardee Mr.Anup Kumar Yama. We were also blessed to have our Pro Vice Chairman, Mr. G Ramesh and Academic Director, Ms Rekha Aggarwala. Our respected Head Mistress Ms Gowri Sarkar welcomed the esteemed gathering and emphasised on the importance of sports in a child's life. To signify the true spirit of courage and sportsmanship, the sports flag was raised by our honourable Chief Guest Mr. Anup Kumar Yama. After the marchpast by the four Houses of DPS, that brought in the sense of pride and dignity in every Dipsites' hearts, the symbolic lighting of the torch by our ace athelete Arjun Mamudala of Grade II an inter district state champion and gold medallist, and introducing the official mascot of the event, Amari by releasing balloons along with our mascot, the programme commenced with the various races and wonderful drills that revolved around the theme of happiness. It was indeed a sight to behold to see the students of LKG to Grade II competing in the races like, sprints, relays, hurdle race, smiley race exhibiting fine

sportsmanship. As ours is a Bucket filling school, to add more colour and happiness to it, the children presented breath-taking performances of Innocence In Bloom- A drill with colourful flowers, a heart drill by Grade I which indeed gladdened everyone's hearts. The students of Grade II presented a captivating and dance of Africa, Mirimba dance. The finale performance of the day made the entire gathering awestruck in wonder where 741 students released balloons with alphabets F-E-L-I-Z. It was a portrayal wrapped with happiness and gratitude.





























On the very same day of 5th January 2019, in the afternoon session, DPS-Miyapur witnessed the most-awaited event of the year, the Annual Sports Day of Grades III to VIII, 'Samanvay 2018-19: Synergy of mind, body and soul'. The theme of the sports day reflected the idea that sports act as an ideal medium to resolve the myriad maladies that the kids encounter on a daily basis. These issues range from emotional upheavals such as anger, envy, isolation to modern lifestyle challenges like fomo, obesity and the need to appear visually appealing. Samanvay or the synergy of mind, body and soul, reflects the ideology of leading a harmonious life by tuning the mind and body with the threads of positive emotions through various forms of physical activities. Sports recharges the body with cosmic energy and facilitate in attainment of perfect equilibrium and harmonynegating the effects of the negative attributes of life. The theme of the event was beautifully portrayed and executed by 720 students of DPS, Miyapur of Grades III to VIII through an amazing assortment of drills, races and an incredible grand finale performance. The children showcased a perfect wheel of maladies using the colours of life, where red represented anger, and stress, green represented envy and jealousy; isolation personified by purple and modern day life challenges were mirrored by yellowish orange. These colours were portrayed as the spokes of the wheel of maladies churning the lives of children ridden with upheavals. With some brilliant and high above the mark performances, the students successfully established the fact that sports and physical activities like cricket, aerobhangra moves, swiss ball drill can negate the effects of isolation, anger and the modern day challenges of obesity and need to appear visually appealing thereby promoting self-healing, selfconfidence and increasing self-awareness. The icing on the cake was the grand finale performance where the ambassadors of happiness came together to depict that yoga helps in the attainment of the perfect communion of hale and hearty mind, heart and body that leads to a holistic life. When they are samanvit or are in sync, one attains the elusive entities happiness, peace and health represented by the colour white.

The Chief Guest for the programme was Shri. G.P Palguna, the ace footballer, the honorary secretary of Telangana Football Association and the member of the Technical Committee of the All India Football Federation. The program was also graced by the school's Pro- Vice Chairman Mr. G Ramesh and the school's headmistress Ms. Gowri Sarkar. The programme commenced with welcoming the Chief Guest and the esteemed dignitaries and lighting the lamp by them. It was followed by the flag hoisting and the headmistress maam Ms. Gowri Sarkar's welcome address. Ms Gowri Sarkar addressed the gathering and presented the annual report for academic year 2018-2019. She spoke about how the school has taken the initiative to set up r.ain water harvesting pit, compost

pit and make the school a radiation free school. She also presented a dynamic report on the incredible and eventful year laden with joyful festivities, unforgettable field trips, thought-provoking competitions and fun-filled happiness curriculum.

The energetic march past of the DPS was next in sequence. The parade was lead by the head boy, head girl, the sports captains and the four houses of DPS, Miyapur, Agni, Akash, Jal and Prithvi, and the official mascot of the event, 'Amari'. Amari, or eternally lovely being, the lovely little sparrow, is presently endangered because of urbanisation, radiations and use of inorganic fertilizers in their feed and DPS rallied for their right, for their peaceful existence on Earth also conveying the message that the school is a radiation free school. Following the marchpast, the sports captain administered the oath and the torch lighting ceremony took place where the proud torch bearers of the schools, Arihant. R, Sai Nehal, Sneha Yadavalli, Rahul Macha and Tanmay Saxena ran with the torch lit by the Chief Guest. All of them have represented the school in the nationals, state and district level in various sports competitions and have brought laurels to the school. To motivate and applaud the prodigies, the school congratulated and awarded them with cheques of appreciation. The Chief Guest in his addressstressed on the fact that sports should be encouraged at all levelsand exercises should be done every day to keep oneself mentally as well as physically fit.

The entire event was a stupendous show of teamwork, coordination, nail biting races and mind blowing performances. The day ended on a highly positive note with everyone applauding and appreciating the hard work, and efforts of the entire team of DPS that culminated in a great show.



































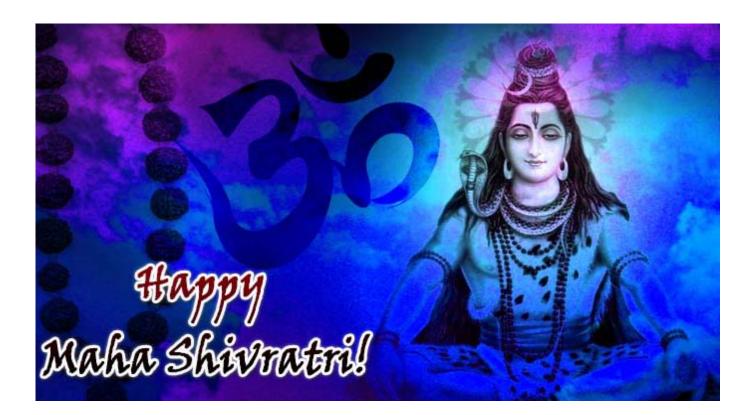


On 25<sup>th</sup> January 2019, the students of Grade I F presented an assembly on the importance of the Indian Freedom Fighters who sacrificed their lives to make our country Independent on the eve of Republic Day. The assembly began with the short talk on our freedom fighters and great leaders like Subash Chandra Bose, Mahatma Gandhi Bhagat Singh, Lal Bahadur Sastri & Bal GangadharTilak who gave their lives for our country. The patriotic song sung by the students inspired the audience. The performances of the students were applauded and praised by all the other students, teachers and the Head Mistress.

After an incredible and eventful year laden with joyful festivities, unforgettable field trips, thought-provoking competitions and fun-filled happiness curriculum, the time has come for the students to concentrate on their studies for the Annual Exams. So, with the final exams in tow, the students should study sincerely, be regular to school, and keep themselves healthy and hearty.







Until our next issue STAY – HEALTHY, HAPPY & BLESSED